

APPROVED 2007 LONG COURSE SCHEDULE

<u>Date</u>	<u>Event</u>	<u>Type</u>	<u>Host</u>	<u>Location</u>
May 4-6	May Maelstrom	LC – ABBC (550 swimmers)	Trident	F&M
May 19-20	Spring Fling	LC – ABBC	JW	GCIT
May 19-20	BCAT Timed Finals	LC - A	BCAT	Penn State
May 19-20	GAAC SC	SC - ABBC	GA	GA
May 17/19/21	Open Water Champs	5k / 10k / 25k	USA	Ft. Myers, Fl
June 7-9	Summer Storm	LC – ABBC (550 swimmers)	Trident	F&M
June 16	NRG Mini	Mini	NRG	Neshaminy school
June 22-24	Summer Solstice LC	Senior A (P & F) Age Group ABBC (TF)	JW	GCIT
June 23	Mack Meet	LC - ABBC	EMAC	EMAC
June 24	Mack River Swim	OW	EMAC	EMAC
June 29 July1	Swim Fast	LC - ABBC	BCAT	Penn State
July 6-8	Cloister Classic	LC - ABBC	LAC	Ephrata
July 1	Open Water Grand Prix Qualifier	Bridge to Bridge 2.5k / 5k	ACAC	Atlantic City
July 11-14	MA SR Champs	LC	MA	Bucknell
July 19-22	Super Sectionals	LC	E Zone	St. Marys College, MD
July 26-29	JO's	LC	LAC	LAC
July 31-Aug4	Nationals	LC	USA	Indianapolis, IN
Aug 5	OW Grand Prix	Open Water	USA	Indianapolis, IN
Aug 6-10	JR Nationals	LC	USA	Indianapolis, IN
Aug 8-11	Zones	LC	E Zone	Buffalo, NY
Aug 12	OW Zones	Open Water	E Zone	TBA
	OW MA Champs	Open Water		