

## 2009 LONG COURSE SCHEDULE

Revised 4 10 09

<b>Date</b>	<b>Event</b>	<b>Type</b>	<b>Host</b>	<b>Location</b>
<b>MAY</b>				
May 1-3	May Maelstrom	LC – ABBC	Trident	F&M
May 2-3	GPAC SPRING MEET - New meet	LC- ABBC	GPAC	GCIT
May 16-17	Spring Fling	LC – ABBC	JW	GCIT
May 16-17	GAAC SC	SC - ABBC	GA	GA
May 17	Summer Mini	Mini	FCA	FCA
<b>JUNE</b>				
June 6-7	WSY Summer Long Course Classic	LC - ABBC	WSY	Bucknell
June 11-13	Summer Storm	LC – ABBC	Trident	F&M
June 19-21	Summer Solstice LC	Senior A (P & F) Age Group ABBC (TF)	JW	GCIT
June 20	Mack Meet	<b>cancelled</b>		
June 21	Mack River Swim	OW	EMAC	EMAC
June 25- 28	Swim Fest	LC - ABBC	BCAT	Penn State
<b>JULY</b>				
July 10-12	LAC Speedo Classic	LC - A/BB/C	LAC	LAC
July 7 - 11	World Championship Trials	LC	USA	IU Natatorium Indianapolis, IN
July 16-19	JO's (all age groups)	LC	BCAT	Penn State
July 22-25	MA SR Champs	LC	MA	Bucknell
<b>August</b>				
Aug. 4 - Aug 8	US OPEN	LC	USA	Federal Way, WA
Aug 9	10K Open Water	OW	USA	Federal Way, WA
Aug 10-14	USA Jr. Nationals	LC	USA	Federal Way, WA
Aug 6-9	Super Sectionals	LC	E Zone	ECC, Buffalo, NY
Aug 12-15	Eastern Zones	LC	E Zone	TBD