



Experience Medical Fitness

***Directions to Integrated Health Campus for November 12, 2007
Middle Atlantic House of Delegates Meeting***

From the West or South

- Northeast extension of the Turnpike to the Lehigh Valley Exit
- Route 22 East to 309 South
- First Tilghman Street Exit, once on Tilghman immediately get in one of the two left lanes
- Left at First traffic light, Cetronia Road
- At third light turn right into the Campus
- Park where ever you want, go in main entrance of the main building
- Take the elevator behind the fountain to the 3rd floor
- Meeting Room is left off elevator and slightly to the left look for MA signs

From the East

- Route 22 West to 309 South
- First Tilghman Street Exit, once on Tilghman immediately get in one of the two left lanes
- Left at First traffic light, Cetronia Road
- At third light turn right into the Campus
- Park where ever you want, go in main entrance of the main building
- Take the elevator behind the fountain to the 3rd floor
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Mike Seip's cell # if lost 610-393-5714, address is 250 Cetronia Road, Allentown, PA 18104