

**EASTERN ZONE  
AGE GROUP ALL STAR  
SWIMMING COMPETITION  
SUMMER LONG COURSE  
AUGUST 7-10, 2002**

**also at [www.starswimming.org](http://www.starswimming.org)**

**SPONSOR/HOST:** USA Swimming, Inc. and STAR Swimming, Inc.

**SANCTION:** Niagara Swimming, Inc. Sanction # 2559

**LOCATION:** #1 - Erie Community College Flickinger Aquatic Center  
21 Oak Street Buffalo, New York 14203  
#2 - University at Buffalo Alumni Arena Pool  
North Campus Amherst, NY 14226

**FACILITIES:** Flickinger Aquatic Center - Fifty (50) meter eight lane indoor course with continuous flow through gutters and Kieffer-McNeil lane dividers. Separate 25 yard five lane pool for continuous warm-up and warm-down. Colorado 5000 Electronic Timing Systems, OMEGA touchpads – flat wall mounted at the bulkhead end, and gutter mounted at the start end of the pool - horn start and two separate scoreboard readouts.

Alumni Arena Pool - Fifty (50) meter eight lane indoor pool with continuous flow through gutters and Kieffer-McNeil lane dividers. Separate twenty (20) yard diving tank for continuous warm-up and warm-down. Colorado Timing System, Colorado touchpads, horn start and two separate scoreboard readouts.

**VENUES:** **10 & Unders** swim timed finals and 11-12 swim prelims at the University at Buffalo Alumni Arena Pool.  
**13 & Overs** will swim prelims at the Erie Community College Flickinger Aquatic Center.  
All finals at Erie Community College Flickinger Aquatic Center

**RULES:** This meet will be governed by USA Swimming Inc. rules .  
The Eastern Zone and Niagara Swimming rules of conduct will apply.  
No recall False Start Rule will be used.

**EVENTS:** The meet will be conducted in accordance with the enclosed Schedule of Events.

**MEET DIRECTOR:** Bill Steger  
79 Grafton  
Blasdell, NY 14219  
(716) 823-8687  
[steger@SMSDK12.org](mailto:steger@SMSDK12.org)

**ENTRY PROCEDURES:**

1. INDIVIDUAL EVENTS: \$4.00 per entry  
RELAYS: \$8.00 per entry

Entry times must be in long course meters.

**HY-TEK DISK ENTRIES ARE STRONGLY ENCOURAGED!** Computer disk entries will also be accepted from L.S.C.'s who use other programs which use the USA Swimming standard data interchange format.

Because of the short turn around time for entries, and the time needed to print the programs, we urge you to enter on disk. If you need assistance, please call the Meet Entry Director:

2. Completed entries and fees should be sent by e-mail, Express Mail or FedEx with a waiver of the express mail signature requirement to:

**REV. BOB MATLACK**  
**83 LONG AVENUE**  
**HAMBURG, NEW YORK 14075-6208**  
**716-649-4295**  
**email: age@localnet.com**

3. Make checks payable to: **STAR SWIMMING, INC.**

4. Meet Director for this meet is:

**ENTRY DEADLINE: Wednesday, July 31, 2002 at 5:00 PM**

Entry disks and fees must be received by the Meet Entry Director no later than the above date and **NO FAX OR TELEPHONE ENTRIES WILL BE ACCEPTED!** Next day air advised. Hy-Tek disk entry is encouraged. Swimmers' full first name, last name and middle initial must be on entry. The current USA Swimming number must be listed with each swimmer. **ENTER LONG COURSE TIMES ONLY!**

#### **PROOF OF TIMES:**

All swimmers must be entered with their actual time. This time must have been achieved by the swimmer between the start date of the previous years' Eastern Zone Long Course Championship Meet and the entry deadline for this years' meet. Each LSC is responsible for proof of time for its' entries. Proof of time has been defined as official meet results, including cover sheet, (printed copy) or a printout from records maintained by the LSC. Along with their meet entries, each LSC must provide written certification, via a LSC officer's signature, attesting to it's accuracy of its' entries. Within ninety (90) days of the completion of the meet, the Chair of the Meet Coordination Committee will conduct an audit of entry times vs. meet results and based on the results of this audit, LSC's may be required to provide proof of time for selected swims. Failure to prove a time will result in a fine of One Hundred (\$100.00) Dollars per swim and the LSC will be responsible for paying the fine. Failure to pay the fine will result in exclusion from future zone meets. (It is understood that LSC's entering the guaranteed minimum of two (2) swimmers are exempt from proof of time). **No converted times are allowed for entry to this meet.**

#### **ENTRY RESTRICTIONS:**

1. Each swimmer must be a 2002 USA Swimming registered athlete in the LSC which he/she represents.
2. Each swimmer must be entered by the LSC on the official entry form provided OR the Hy-Tek disk submitted by the LSC.
3. Competition is restricted to Eastern Zone LSCs.
4. Athletes who have competed in the USA Swimming Phillips 66 National Championships or USA Olympic Trials class meet in an individual event are not eligible to enter this meet.
5. Athletes aged 13 and over who have ever achieved USA Phillips 66 National Championship or USA Olympic Trials class meet qualifying times in an individual event may not enter that event or compete in a relay for that stroke and distance, nor may their times be used to enter an LSC relay for that stroke and distance.

6. Athletes aged 12 years and younger who have achieved USA Swimming Phillips 66 National Championship or USA Olympic Trials class meet qualifying times in an individual event but who have not competed in an individual event at any of the above mentioned meets may enter that event in this meet.
7. Each LSC may enter all swimmers who have achieved the time standard. If an LSC does not have two (2) swimmers who have achieved the time standards, the LSC may enter no more than two (2) swimmers in that event. These swimmers shall be entered with their actual time. Entry times must be in long course meters.
8. Each swimmer may be entered in a total of six (6) events in the meet, exclusive of relays, not to exceed three (3) events per day. Relays must be made up of swimmers entered in the meet in individual events.

**ENTRY SUBSTITUTIONS:**

1. Each LSC is entitled to substitutions only in the event that fewer than two (2) swimmers or relays would be available to compete in an event.
2. No adjustment in seeding will be made to accommodate the substitution.
3. The entry deadline for substitutions will be thirty (30) minutes prior to the starting time of each session.
4. A form for making substitutions will be provided in the manager's packet.

**SEEDING:** This is a pre-seeded meet. Eight (8) swimmers will advance to the finals. The Zone's Substitution rules will apply for this meet.

**AWARDS:**

Individual events:	Medals through 8th place.
Relays:	Medals through 3rd place.
Team Awards:	A Championship Banner (traveling) will be awarded to: <i>The Winning Girls team</i> <i>The Winning Boys Team</i> <i>The Winning Overall Team</i>
Individual Awards:	Members of the overall Championships Team will receive a pin and Championships certificate.
Participants:	All participants will receive a Participation Certificate
Record Breakers:	All record breakers will receive a Commemorative Certificate.

**SCORING:**

Individual Events:	9-7-6-5-4-3-2-1 (1st thru 8th)
Relays:	18-14-12-10-8-6-4-2 (1st thru 8th)

**STARTING TIMES:** *All Days (subject to change, pending entry numbers)*

12 & Under Events	13 & Over Events
Warm-up: 8:30 AM	Warm-up: 7:00 AM
Prelims Start: 9:30 AM	Prelims Start: 8:30 AM
UB Alumni Arena	ECC Flickinger Aquatic Center

**FINALS:** **ALL FINALS SESSIONS WILL BEGIN AT 6:00 PM**  
Warm-up for finals will begin at 4:30 PM at ECC Flickinger Aquatic Center

**RELAYS:** All relays will be conducted as timed finals in the evening session with the exception of 10 & Unders which will swim as timed finals in the morning session.

**WARM-UPS:** Lanes for warm-ups will be assigned for each LSC. There will be no diving from the blocks or side of the pool unless the supervising coach has designated that lane as a one way sprint lane. No paddles or

ancillary equipment may be used during the official warm-up period. LSC's are expected to patrol their assigned lanes to ensure a safe warm-up procedure.

**MEET MARSHALS:**

Marshals have the authority through the Meet Referee over warm-ups. A swimmer and/or coach may be removed from the deck for non-compliance with warm-up procedures.

**PROTESTS:** A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing. Protests regarding eligibility as stated in Rule 102.11 will not be accepted from anyone other than the Team Manager or his/her designee. The Meet Jury will consist of the Meet Director, the Meet Referee and depending on the session in which the protest originated, an Athlete, a Coach and a Team Manager appointed by their LSC when a Meet jury is called according to the following:

Session:	1	2	3	4	5	6	7	8	9	10	11	12
Athlete:	AD	AM	CT	ME	MD	MR	MA	NE	NJ	NI	PV	VA
Coach:	AM	CT	ME	MD	MR	MA	NE	NJ	NI	PV	VA	AD
Team Mgr:	CT	ME	MD	MR	MA	NE	NJ	NI	PV	VA	AD	AM

If the designated LSC is an interested party to the protest, Meet Jury representation will be made by the next disinterested LSC in rotation. Any member of the Meet Coordination Committee may provide support to the Meet Jury as an Ex-officio member at the Meet Director's discretion.

**OFFICIALS:**

Each LSC will provide at least one (1) stroke and turn judge at each session. Additional officials are always welcome. The Meet referee will be recommended by Niagara Swimming, Inc. and be approved by the Championship Meet Coordination Committee. Key officials, referees, starters, as endorsed by each LSC, will be assigned where possible. Final assignment and schedule of personnel will be established by the Meet Director.

**MISCONDUCT:**

Any issues of conduct which occur with in the meet venue will be adjudicated by the meet jury. Misconduct includes but is not necessarily limited to: violation of safety guidelines outlined in the meet announcement; disrespect to meet management personnel, officials or fellow athletes; stealing, destroying, vandalizing or possessing the property of others; possession or use of alcoholic beverages, tobacco products or illegal drugs. More serious violations may result in legal action by the host and local authorities.

**PRACTICE:**

The Flickinger Aquatic Center will be open from 4:00 PM to 9:30 PM on Tuesday, August 7, 2001 for warm-up. Each team will be assigned lanes.

**TIMERS:**

Each LSC will be responsible for providing timers for a specific lane at each session. Lane assignments will be provided to the Team Manager.

**SEATING AND DECK CREDENTIALS:**

Seating will be on a first come first serve basis. Deck credentials will be provided only for working officials, members of the Meet Coordination Committee and designated LSC team representatives listed on the Team's Meet Summary. Each team is limited to eight (8) coaches plus the Team Manager.

**HOTELS:** Hotel information enclosed. **PLEASE RESERVE EARLY.**

**PARKING:** Parking in large municipal lots adjacent to the Flickinger Aquatic Center and college parking lots at University at Buffalo.

**PROGRAM & ADMISSION:**

Meet programs will be on sale for \$12.00.

Final heat sheets will be \$2.00 each night.

Spectator admission fee is \$2.00 per session for both prelims and finals.

All session passes will be available for \$10.00.

Children under 12 admitted free of charge.

UB: Spectator area for 1000.

ECC: Spectator area for 1300

**LSC ENTRY:**

The submission of an entry by an LSC represents a contract between the LSC and the host team. Entry in this meet represents the entering LSC's intention to comply with the rules and regulations of the meet as stated.

**TEAM MANAGER:**

Each LSC must provide the name of an individual to serve as official Team Manager. An alternate may also be named. Team Managers or alternates must represent the LSC at any meeting called by the Meet Director to discuss matters concerning the meet. Only the Team Manager or alternate is permitted to represent the LSC. Protests will not be accepted from anyone other than the Team Manager or alternate.

Because of the dual pool operation, it is highly recommended that each LSC provide an Alternate Team Manager AND a Team Manager

**MEETINGS:**

**The Team Manager's meeting will take place at the ECC Flickinger Aquatic Center on August 6th at 6:00 pm. Team Managers or Official Alternate Team Managers from each LSC MUST be present at the meeting.**

The coaches/scratch meeting will take place forty-five (45) minutes prior to the start of each session.

The Officials Meeting will take place one (1) hour prior to the start of each session.

**REFRESHMENTS:**

Large refreshment concessions located in lobby of the Alumni Arena Pool and Flickinger Aquatic Center.

Coaches and officials hospitality located in separate area.

**CONDUCT:**

Proper conduct at all times will be enforced by coaches, chaperones, parents, meet marshals, meet directors.

**ANY SWIMMER FOUND IN OUT-OF-BOUNDS AREAS WILL BE BARRED FROM THE REMAINDER OF THE MEET.**

### Wednesday, August 7, 2002

Morning Prelim Session:		13-14 and 15-18		
Warm-up: 7:00 am		Prelims: 8:30 am		
Girls	QT	Event	QT	Boys
7	1:04.89	13-14 100 Free	1:01.29	8
9	1:04.39	15-18 100 Free	58.69	10
17	1:24.89	13-14 100 Breast	1:18.59	18
19	1:22.59	15-18 100 Breast	1:14.09	20
25	2:37.39	13-14 200 Fly	2:30.69	26
27	2:31.59	15-18 200 Fly	2:20.89	28
1*	9:54.59	13-14 800 Free	9:42.79	2*
15*	9:48.39	15-18 800 Free	9:14.29	16*

Morning Prelim Session:		10 & Unders and 11-12		
Warm-up: 8:30 am		Prelims: 9:30 am		
Girls	QT	Event	QT	Boys
3	1:15.29	10 & U 100 free	1:15.29	4
5	1:06.79	11-12 100 Free	1:06.79	6
11	45.59	10 & U 50 Breast	45.59	12
13	39.69	11-12 50 Breast	39.69	14
21	1:30.49	10 & U 100 Fly	1:30.49	22
23	1:15.49	11-12 100 Fly	1:15.49	24
29	No QT	10&U 200 R-Free	No QT	30

Finals Session:		11-12, 13-14, 15-18	
Warm-up: 4:30 pm		Finals: 6:00 pm	
Girls	Event	Boys	
1*	13-14 800 Free	2*	
5	11-12 100 Free	6	
7	13-14 100 Free	8	
9	15-18 100 Free	10	
13	11-12 50 Breast	14	
15*	15-18 800 Free	16*	
17	13-14 100 Breast	18	
19	15-18 100 Breast	20	
23	11-12 100 Fly	24	
25	13-14 200 Fly	26	
27	15-18 200 Fly	28	
31	11-12 200 R-Free	32	
33	13-14 400 R-Free	34	
35	15-18 400 R-Free	36	

\* The fastest heat (top 8) of each 800 Free will be swum at finals.  
All other heats of the 800 Free will be swum fastest to slowest,

alternating girls and boys and age groups (i.e., 13-14 girls, 13-14 boys, 15-18 girls, 15-18 boys), as the last event in the preliminaries following the 200 Fly. All entrants for the 800 will be required to declare, to the Meet Director, their intention to swim the event prior to the conclusion of the preliminary warm-up.

### Thursday, August 8, 2002

Morning Prelim Session:		13-14 and 15-18		
Warm-up: 7:00 am		Prelims: 8:30 am		
Girls	QT	Event	QT	Boys
41	2:38.59	13-14 200 Back	2:32.99	42
43	2:35.49	15-18 200 Back	2:21.99	44
49	2:18.99	13-14 200 Free	2:12.99	50
51	2:16.99	15-18 200 Free	2:07.69	52
57	5:38.19	13-14 400 IM		5:21.99 58
59	5:30.49	15-18 400 IM		5:07.09 60

Morning Prelim Session:		10 & Unders and 11-12		
Warm-up: 8:30 am		Prelims		
Girls	QT	Event	QT	Boys
37	1:27.19	10&U 100 Back	1:27.19	38
39	1:17.69	11-12 100 Back	1:17.69	40
45	2:44.69	10&U 200 Free	2:44.69	46
47	2:25.39	11-12 200 Free	2:25.39	48
53	38.19	10&U 50 Fly	38.19	54
55	33.29	11-12 50 Fly	33.29	56
61	No QT	10 & U 400 R-Medley	No QT	62

Finals Session:		11-12, 13-14, 15-18	
Warm-up: 4:30 pm		Finals: 6:00 pm	
			Boys
39	11-12 100 Back		40
41	13-14 200 Back		42
43	15-18 200 Back		44
47	11-12 200 Free		48
49	13-14 200 Free		50
51	15-18 200 Free		52
55	11-12 50 Fly		56
57	13-14 400 IM		58
59	15-18 400 IM		60
63	11-12 400 R-Medley		64
65	13-14 200 R-Medley		66
67	15-18 200 R-Medley		68

83	13-14 200 Breast	84
85	15-18 200 Breast	86
89	11-12 100 Breast	90
91	13-14 100 Fly	92
93	15-18 100 Fly	94
97	11-12 400 R-Free	98
99	13-14 200 R-Free	100
101	15-18 200 R-Free	102

\* The fastest heat (top 8) of the 11-12 400 Free will be swum at finals.  
All other heats of the 11-12 400 Free will be swum in preliminaries.

### Friday, August 9, 2002

Morning Prelim Session:  
and 15-18

Warm-up: 7:00 am		Prelims: 8:30 am		
Girls	QT	Event	QT	Boys
69	1:14.19	13-14 100 Back	1:10.49	70
71	1:12.69	15-18 100 Back	1:06.69	72
77	4:52.69	13-14 400 Free	4:40.69	78
79	4:46.99	15-18 400 Free	4:28.89	80
83	3:00.79	13-14 200 Breast	2:51.49	84
85	2:56.29	15-18 200 Breast	2:39.79	86
91	1:12.29	13-14 100 Fly	1:08.19	92
93	1:09.89	15-18 100 Fly	1:03.69	94

Morning Prelim Session:		10:U and 11-12		
Warm-up: 8:30 am		Prelims: 9:30 am		
Girls	QT	Event	QT	Boys
73	35.89	11-12 50 Back	35.89	74
75	40.29	10&U 50 Back	40.29	76
81*	5:04.69	11-12 400 Free	5:04.69	82*
87	1:38.79	10&U 100 Breast	1:38.79	88
89	1:27.29	11-12 100 Breast	1:27.29	90
95	No QT	10&U 400 R-Free	No QT	96

Finals Session:		11-12, 13-14, 15-18	
Warm-up: 4:30 pm		Finals: 6:00 pm	
Girls	Event	Boys	
69	13-14 100 Back	70	
71	15-18 100 Back	72	
73	11-12 50 Back	74	
77	13-14 400 Free	78	
79	15-18 400 Free	80	
81*	11-12 400 Free	82	

13-14

Qt

### Saturday, August 10, 2002

Morning Session:		13-14 and 15-18		
Warm-up: 7:00 am		Prelims: 8:30 am		
Girls	QT	Event	QT	Boys
103	2:37.99	13-14 200 IM	2:30.79	104
105	2:35.89	15-18 200 IM	2:24.59	106
113	29.69	13-14 50 Free	28.09	114
115	29.69	15-18 50 Free	26.99	116
111*	19:11.49	13-14 1500 Free	18:37.09	112*
121*	18:46.09	15-18 1500 Free	17:46.09	122*

Morning Prelim Session:		10 & U and 11-12		
Girls	QT	Event	QT	Boys
107	3:03.59	10&U 200 IM	3:03.59	108
109	2:44.19	11-12 200 IM	2:44.19	110
117	33.89	10&U 50 Free	33.89	118
119	30.59	11-12 50 Free	30.59	120
123	No QT	10&U 200 R-Medley	No QT	124

Finals Session:		11-12, 13-14, 15-18	
Warm-up: 4:30 pm		Finals: 6:00 pm	
Girls	Event	Boys	
103	13-14 200 IM	104	

105	15-18 200 IM	106
109	11-12 200 IM	110
111*	13-14 1500 Free	112
113	13-14 50 Free	114
115	15-18 50 Free	116
119	11-12 50 Free	120
121*	15-18 1500 Free	122*
125	11-12 200 R-Medley	126
127	13-14 400 R-Medley	128
129	15-18 400 R-Medley	130

\* The fastest heat (top 8) of each 1500 Free will be swum at finals. All other heats of the 1500 Free swum fastest to slowest, alternating girls and boys and age groups (i.e., 13-14 girls, 13-14 boys, 15-18 girls, 15-18 boys). As the last event in the preliminaries. Following the 50 Free. All entrants for the 1500 Free will be required to declare, to the Meet Referee, their intention to swim the event prior to the conclusion of the preliminary warm-up.