

JERSEY WAHOOS SWIM CLUB
4101 CHURCH ROAD, MT. LAUREL, NJ 08054
MEET DIRECTOR 856/779-1035 - FAX 856/778-7533

SUMMER SOLSTICE "A"/"A/BB" LONG COURSE MEET

JUNE 21-23, 2002

HELD UNDER THE SANCTION OF MIDDLE ATLANTIC SWIMMING, SANCTION # 0269A.

FACILITY:

GLOUCESTER COUNTY INSTITUTE OF TECHNOLOGY
1360 TANYARD ROAD
SEWELL, NEW JERSEY
TELEPHONE: 856/468-1445 - EXTENSION 2657

THIS FACILITY CONTAINS AN 8 LANE/50 M. POOL EQUIPPED WITH LANE LINES, STARTING BLOCKS/12 FT DEPTH AT STARTING END. COLORADO TIMING SYSTEM WITH 8-LANE DISPLAY. SEPARATE SPECTATOR AREA/UNLIMITED PARKING. REFRESHMENTS WILL BE AVAILABLE .

FORMAT/RULES:

SENIORS - TRIALS AND FINALS

AGE GROUP - TIMED FINALS

CURRENT USA RULES WILL GOVERN THE MEET.

THE WHISTLE START AND NO RECALL FALSE START RULES WILL BE IN USE.

FRIDAY, SATURDAY, & SUNDAY

SENIOR TRIALS*	WARM-UPS - 7:00 AM	MEET - 8:00 AM
SENIOR CONSOLATION & FINAL HEATS*	WARM-UPS - 5:00 PM	MEET - 6:00 PM
AGE GROUP EVENTS	WARM-UPS -12:00 PM	MEET -12:45 PM

THE SENIOR 800 AND 1,500 FREESTYLE EVENTS WILL SWIM FASTEST TO SLOWEST, ALTERNATING WOMEN/MEN. THE 800 AND 1,500 FREESTYLES ARE TIMED FINAL EVENTS; THE FASTEST HEATS (WOMEN/MEN) WILL SWIM AT FINALS. RELAYS WILL BE LIMITED TO NO MORE THAN TWO HEATS WHICH WILL SWIM AT FINALS. WARM-UP/WARM-DOWN WILL BE PROVIDED AT SENIOR TRIALS/FINALS AT THE DISCRETION OF MEET MANAGEMENT.

CHECK IN:

POSITIVE CHECK-IN WILL BE REQUIRED FOR ALL SENIOR 200, 400, 800, AND 1,500 METER EVENTS. ALL OTHER EVENTS WILL BE PRE-SEEDED. PARTICIPATION IN SENIOR 200, 400, 800 AND 1,500 METER EVENTS MUST BE CONFIRMED NO LATER THAN THIRTY MINUTES PRIOR TO THE START OF EACH SESSION TO PERMIT SEEDING OF THESE EVENTS. SENIOR SWIMMERS ARE RESPONSIBLE FOR CHECK-IN FOR THEIR 200, 400, 800, AND 1,500 METER EVENTS AND FOR IDENTIFYING ANY AFFECTED EVENT(S) IN WHICH THEY WILL **NOT** PARTICIPATE (SCRATCH) IN ORDER TO PERMIT ACCURATE SEEDING. SENIOR SWIMMERS WHO FAIL TO CHECK-IN FOR A 200, 400, 800, OR 1,500 METER EVENT WILL NOT BE SEEDING AND WILL BE PERMITTED TO SWIM IN THE EVENT ONLY IF AN OPEN LANE(S) IS AVAILABLE. SENIOR SWIMMERS WHO CHECK-IN AND DO NOT PARTICIPATE IN A 200, 400, 800, OR 1,500 METER EVENT WILL NOT BE PERMITTED TO SWIM IN THEIR NEXT INDIVIDUAL EVENT. ADDITIONAL HEATS WILL NOT BE ADDED FOR ANY 200/400/800/1,500 METER EVENT AFTER SEEDING IS COMPLETED BY MEET MANAGEMENT. SEEDINGS FOR SENIOR 200, 400, 800, AND 1,500 METER EVENTS WILL BE POSTED ON DECK. SWIMMERS ARE RESPONSIBLE FOR ASSURING THAT THEY ARE AVAILABLE IN THE APPROPRIATE HEAT AND LANE FOR THESE EVENTS.

ELIGIBILITY:

THE MEET IS OPEN TO ANY USA REGISTERED SWIMMER WHOSE BEST TIME MEETS OR BETTERS THE 2001-2004 USA SWIMMING "A" MINIMUM TIME STANDARD FOR SENIOR EVENTS AND THE MIDDLE ATLANTIC "BB" MINIMUM TIME STANDARD FOR AGE GROUP EVENTS. ENTRY TIMES NOTED IN THE SCHEDULE OF EVENTS ARE EXPRESSED IN LONG COURSE METERS. SHORT COURSE METER AND SHORT COURSE YARD ENTRY TIMES ARE AVAILABLE AT www.usa-swimming.org/Top_16/top16bas.pdf. SEE ADDITIONAL INFORMATION CONCERNING ENTRY TIMES UNDER ENTRIES LISTED BELOW. PENALTIES WILL BE IMPOSED UPON THE SWIMMER IN ACCORDANCE WITH USA RULES WHEN ANY COACH, PARENT, OR SWIMMER ENTERS ANY TIME OTHER THAN THE SWIMMER'S BEST TIME, FOR ANY EVENT. **THE SWIMMER'S AGE AS OF JUNE 21, 2002, GOVERNS AGE GROUP PARTICIPATION FOR THE ENTIRE MEET.**

PROOF OF TIME MUST ACCOMPANY ENTRIES IN THE 800 AND 1500 FREESTYLE EVENTS AND ANY ENTRIES USING NON-CONFORMING TIMES FROM SHORT COURSE YARDS AND SHORT COURSE METERS EVENTS. TEAM MANAGER PROOF OF TIME PRINTOUT. A PRINT OUT FROM THE MA DATABASE OR OFFICIAL RESULTS ARE ACCEPTABLE PROOF OF TIME FOR THIS MEET WHICH MUST BE INCLUDED WITH THE ENTRY. ENTRIES FOR THE 800, 1,500 AND NON-CONFORMING TIMES THAT ARE NOT ACCOMPANIED BY PROOF OF TIME WILL BE REJECTED. MEET MANAGEMENT RESERVES THE RIGHT TO REQUEST PROOF OF TIME FOR ANY SENIOR EVENT AND TO REJECT ANY ENTRY FOR WHICH PROOF OF TIME IS NOT PROVIDED UPON REQUEST.

SUMMER SOLSTICE "A/BB" LONG COURSE MEET
JUNE 21-23, 2002

LIMITATIONS:

JERSEY WAHOOS RESERVES THE RIGHT TO LIMIT THE NUMBER OF ENTRIES, EVENTS/HEATS, AND/OR TO ELIMINATE EVENTS TO COMPLY WITH THE 4-HOUR RULE. JERSEY WAHOOS ALSO RESERVES THE RIGHT TO REFORMAT THE MEET IF THE NUMBER OF ENTRIES ARE TOO LARGE OR TOO SMALL. LONG COURSE TIMES WILL RECEIVE PREFERENCE OVER SWIMMERS ENTERED WITH NONCONFORMING TIMES FROM SHORT COURSE YARDS AND METERS EVENTS IF IT IS NECESSARY TO LIMIT THE NUMBER OF HEATS IN ANY EVENTS. NOTIFICATION WILL BE PROVIDED TO SWIMMERS AND TEAMS CONCERNING ANY CHANGES. MEET FEES WILL BE REFUNDED TO TEAMS/ SWIMMERS WHO DO NOT PARTICIPATE IN AN EVENT DUE TO LIMITATIONS.

ENTRIES:

SENIOR SWIMMERS MAY ENTER A MAXIMUM OF THREE (3) TRIAL EVENTS PER DAY. AGE GROUP SWIMMERS MAY ENTER A MAXIMUM OF FIVE (5) INDIVIDUAL EVENTS PER DAY. ENTRY TIMES SHOULD REFLECT PERFORMANCE IN LONG COURSE COMPETITION. ENTRIES REFLECTING PERFORMANCE IN NON-CONFORMING TIMES (SHORT COURSE YARDS OR SHORT COURSE METERS) WILL BE SEEDED LAST IN ACCORDANCE WITH MIDDLE ATLANTIC RULES. ALL ENTRIES SUBMITTED IN SHORT COURSE YARDS OR METERS MUST BE ACCOMPANIED BY PROOF OF TIME. ACCEPTABLE PROOF OF TIME IS A PRINTOUT OF OFFICIAL RESULTS FROM THE MEET IN WHICH THE TIME WAS ACHIEVED. A PRINTOUT FROM THE MA ONLINE DATABASE. OR TEAM MANAGER PROOF OF TIME PRINTOUT. ENTRIES SUBMITTED IN NON-CONFORMING TIMES THAT ARE NOT ACCOMPANIED BY ACCEPTABLE PROOF WILL BE REJECTED. ENTRIES WITH CONVERTED TIMES AND NO TIME WILL BE REJECTED. **ENTRIES SHOULD BE MAILED /FAXED TO M. ROLISH C/O JERSEY WAHOOS AT 4101 CHURCH ROAD, MT. LAUREL, NJ 08054.**

FORMAT: ENTRIES ATTACHED TO AN EMAIL USING HY-TEK SOFTWARE ARE PREFERRED. THE EMAIL SHOULD INCLUDE THE NUMBER OF ENTRIES AND SWIMMERS, THE COACH AND TEAM CONTACT, THEIR ADDRESSES AND TELEPHONE NUMBERS TO ENABLE RESOLUTION OF ANY DISCREPANCIES IN THE ENTRIES AS SOON AS POSSIBLE. ENTRIES MAY ALSO BE SUBMITTED ON DISK. **DO NOT SEND A DISK IF ENTRIES ARE SUBMITTED BY EMAIL.** THE ELECTRONIC DATA WILL BE THE OFFICIAL VERSION OF MEET ENTRIES. ELECTRONIC DATA SUPERSEDES ANY INFORMATION CONTAINED ON THE PRINTOUT WITH RESPECT TO RESOLUTION OF ERRORS. MANUALLY PREPARED ENTRIES MAY BE SUBMITTED ON THE FORMS ENCLOSED WITH THE MAILING OR THAT ARE AVAILABLE FROM OUR WEBSITE (WWW.JERSEYWAHOOS.ORG). MANUALLY PREPARED ENTRIES MAY ALSO BE SUBMITTED IN THE FOLLOWING FORMAT: CONTACT INFORMATION, EACH SWIMMER'S FULL NAME, BIRTHDATE, AND USA#, FOLLOWED BY THREE COLUMNS – EVENT#, EVENT DESCRIPTION, AND ENTRY TIME. ENTRIES SHOULD BE MAILED TO MICHAEL ROLISH C/O JERSEY WAHOOS. E-MAIL ENTRIES AND INQUIRIES MUST BE SUBMITTED TO MROLISH@COMCAST.NET. THIS IS THE OFFICIAL RECEIPT POINT FOR ALL E-MAIL. E-MAIL SENT TO ANY OTHER SITE IS NOT VALID FOR PURPOSES OF THE MEET

FEES: \$4.00/INDIVIDUAL EVENT - \$8.00/RELAY. CHECKS PAYABLE TO "JERSEY WAHOOS SWIM CLUB."

SUR-CHARGE: THERE IS A SURCHARGE OF \$5.00 PER SWIMMER FOR ANY TEAM WITH TWENTY (20) OR MORE ENTRIES WHICH DOES NOT SUBMIT ITS ENTRIES USING HYTEK SOFTWARE.

DECK

ENTRIES: DECK ENTRIES ARE SUBJECT TO APPROVAL OF THE MEET DIRECTOR AT \$8.00/EVENT.

CLOSE: ALL ENTRIES MUST BE RECEIVED BY 5:00 PM, THURSDAY, JUNE 7, 2002. LATE ENTRIES WILL NOT BE ACCEPTED.

INQUIRIES: QUESTIONS SHOULD BE REFERRED TO MICHAEL ROLISH AT 856/779-1035 OR E-MAIL mrolish@comcast.net. THIS IS THE ONLY VALID SOURCE OF INFORMATION FOR THE MEET. MANAGEMENT IS NOT RESPONSIBLE FOR REPRESENTATIONS FROM ANY OTHER SOURCE.

AWARDS:

"A" SWIMMERS:	1st THROUGH 3rd - MEDALS	4th THROUGH 8th - RIBBONS
"B" SWIMMERS:	1st THROUGH 3rd - ROSETTES	4th THROUGH 8th - RIBBONS
SENIORS SWIMMERS:	1st THROUGH 3rd - MEDALS [FINALS]	
	1st	- ROSETTE [CONSOLATION FINALS]

A SWIM CLUB WILL BE AWARDED \$50 IF ANY OF THEIR SENIOR SWIMMERS ACHIEVE ONE OR MORE SENIOR NATIONAL QUALIFYING TIMES (A SWIM CLUB WILL NOT RECEIVE MORE THAN \$50). A TOTAL OF \$500 IS AVAILABLE, SO THAT UP TO TEN (10) SWIM CLUBS COULD EACH RECEIVE \$50 IF THEIR SENIOR SWIMMERS ACHIEVE ANY SENIOR NATIONAL QUALIFYING TIMES.

**SUMMER SOLSTICE "A/BB" LONG COURSE MEET
JUNE 21-23, 2002**

ADMISSION: \$2.00 ADMISSION PER SESSION - PROGRAMS FOR EACH SESSION WILL BE SOLD FOR \$4.00.

MEET & SAFETY

DIRECTORS: MEET/MICHAEL ROLISH SAFETY/NICK KATSIKIANNIS
856/779-1035 856/234-5898

OFFICIALS: ALL USA CERTIFIED OFFICIALS AND TRAINEES ARE INVITED TO OFFICIATE AT THE MEET. PLEASE TELEPHONE BOB BINZ, OFFICIALS COORDINATOR, AT 856/853-0119, IN ADVANCE TO ADVISE US OF YOUR INTENTIONS.

SPECTATORS: SPECTATORS ARE PROHIBITED FROM ENTERING AREAS OF THE POOL WHICH ARE BEING USED BY SWIMMERS, COACHES, AND OFFICIALS DISPLAYING CURRENT USA CREDENTIALS.

WARM-UPS: **SENIOR TRIALS/FINALS:** 7:00 AM TO 7:50 AM AND 5:00 PM TO 5:50 PM - 2/25-MINUTE GENERAL WARM-UPS EACH OF WHICH INCLUDES AN OPTIONAL 5-MINUTE SPRINT SESSION (COACHES' PREFERENCE).
AGE GROUP EVENTS: 12:00 PM TO 12:40 PM - 2/20-MINUTE GENERAL WARM-UPS EACH OF WHICH INCLUDES AN OPTIONAL 5-MINUTE SPRINT SESSION (COACHES' PREFERENCE).

SAFETY

REQUIREMENTS: USA AND MIDDLE ATLANTIC SAFETY PROCEDURES WILL BE ENFORCED DURING THE MEET. WARM-UPS ARE SUBJECT TO THE FOLLOWING PROCEDURES: NO DIVING DURING WARM-UPS EXCEPT IN DESIGNATED SPRINT LANES. SWIMMERS MUST ENTER FROM THE STARTING BLOCKS AND EXIT FROM THE OPPOSITE END DURING SPRINTS. THE REFEREE MAY REMOVE ANYONE FROM THE MEET FOR FAILURE TO COMPLY WITH THE WARM-UP RULES. SWIMMERS WITHOUT COACHES SHOULD REPORT TO THE REFEREE COACHES SHOULD REPORT TO THE REFEREE UPON ARRIVAL AND WILL BE PLACED UNDER THE SUPERVISION OF JERSEY WAHOOS COACHES DURING THE MEET.

RESULTS

RESULTS WILL BE POSTED ON THE JERSEY WAHOOS WEB SITE (www.jerseywahoos.org) WITHIN 72-HOURS OF THE CONCLUSION OF THE MEET AND TRANSMITTED BY E-MAIL TO ANY CLUB THAT PROVIDES A VALID E-MAIL ADDRESS. RESULTS WILL ALSO BE POSTED ON THE MIDDLE ATLANTIC WEBSITE (www.maswim.org). RESULTS WILL NOT BE MAILED TO CLUBS.

VOLUNTEERS:

FREE ADMISSION AND REFRESHMENTS WILL BE PROVIDED TO ANYONE WHO ASSISTS WITH THE OPERATION OF THE MEET BY SERVING AS TIMERS, RUNNERS OR IN OTHER CAPACITIES DESIGNATED BY THE MEET DIRECTOR.

DIRECTIONS:

FROM THE SOUTH: TAKE ROUTE 55 NORTH TO ROUTE 47. TAKE EXIT 56B/WESTVILLE. AT TURN LEFT AT THE TRAFFIC LIGHT ONTO BANKBRIDGE ROAD. TURN LEFT AGAIN AT THE NEXT TRAFFIC LIGHT ONTO TANYARD ROAD. THE ENTRANCE TO GCIT IS ON THE LEFT SIDE OF THE ROAD AT THE BOTTOM OF THE HILL.

FROM THE NORTH AND THE WALT WHITMAN BRIDGE: TAKE I-295 SOUTH TO ROUTE 42 SOUTH AND REMAIN IN RIGHT LANE. TAKE ROUTE 55 SOUTH TO EXIT 56B (ROUTE 47 NORTH/WOODBURY). TURN LEFT ONTO BANKBRIDGE ROAD AT THE TRAFFIC LIGHT. TURN LEFT AGAIN AT THE NEXT TRAFFIC LIGHT ONTO TANYARD ROAD. THE ENTRANCE TO GCIT IS ON THE LEFT SIDE OF THE ROAD AT THE BOTTOM OF THE HILL.

FROM DELAWARE MEMORIAL BRIDGE AND COMMODORE BARRY BRIDGE: TAKE I-295 NORTH TO EXIT 21 ONTO DELAWARE STREET AND CONTINUE THROUGH WOODBURY. TURN RIGHT AT TRAFFIC LIGHT ONTO EVERGREEN AVE. TURN LEFT AT NEXT TRAFFIC LIGHT ONTO EGG HARBOR ROAD. CONTINUE APPROX. 3 MILES TO THE NEXT TRAFFIC LIGHT. GCIT IS ON THE LEFT AT THE BOTTOM OF THE HILL BEYOND THE TRAFFIC LIGHT.

HOTELS:

COMFORT INN	RADISSON HOTEL	QUALITY INN	HO JO INN
RUNNEMEDE	MT. LAUREL	W. DEPTFORD	BLACKWOOD
856/939-6700	856/234-7300	856/848-4111	856/228-4040
	ASK FOR MEREDITH MAGGIACOMO		

**SUMMER SOLSTICE "A/BB" LONG COURSE MEET
FRIDAY, JUNE 21, 2002**

SESSION 1

SENIOR TRIALS MORNING SESSION

WARM-UPS: 7:00 AM

MEET: 8:00 AM

WOMENS

EVENT#	TIME	EVENT	TIME	MENS EVENT#
1	1:27.79	SENIOR 100 BREAST	1:20.59	2
3	2:29.39	SENIOR 200 FREE	2:19.19	4
5	1:16.09	SENIOR 100 FLY	1:09.09	6
7	2:48.09	SENIOR 200 I.M.	2:37.19	8
9	10:41.89	SENIOR 800 FREE*	10:04.59	10
11	NT	SENIOR 800 FREE RELAY**	NT	12

*TIMED FINAL EVENT: FASTEST HEAT WILL SWIM AT FINALS. SWIMMERS MUST PROVIDE THEIR OWN TIMERS.

SESSION 2

TIMED FINALS AGES 14/UNDER AFTERNOON SESSION

WARM-UPS: 12:00 PM

MEET: 12:45 PM

GIRLS

EVENT#	TIME	EVENT	TIME	BOYS EVENT#
13	3:27.99	13/14 200 BREAST	3:17.59	14
15	46.79	11/12 50 BREAST	47.29	16
17	2:02.79	10/U 100 BREAST	1:59.79	18
19	1:27.19	13/14 100 BACK	1:21.99	20
21	42.49	11/12 50 BACK	42.29	22
23	1:48.89	10/U 100 BACK	1:46.09	24
25	2:45.29	13/14 200 FREE	2:37.09	26
27	1:20.39	11/12 100 FREE	1:17.59	28
29	40.89	10/U 50 FREE	40.39	30
31	3:06.79	13/14 200 IM	2:58.29	32

SATURDAY, JUNE 22, 2002

SESSION 4

SENIOR TRIALS MORNING SESSION

WARM-UPS: 7:00 AM

MEET: 8:00 AM

WOMENS

EVENT#	TIME	EVENT	TIME	MENS EVENT#
33	5:57.59	SENIOR 400 IM	5:29.99	34
35	32.39	SENIOR 50 FREE	29.39	36
37	1:18.69	SENIOR 100 BACK	1:11.99	38
39	5:12.89	SENIOR 400 FREE*	4:53.29	40
41	NT	SENIOR 400 MEDLEY RELAY**	NT	42

SESSION 5

TIMED FINALS AGES 14/UNDER AFTERNOON SESSION

WARM-UPS: 12:00 PM

MEET: 12:45 PM

GIRLS

EVENT#	TIME	EVENT	TIME	BOYS EVENT#
43	54.89	10/U 50 BREAST	55.09	44
45	36.39	11/12 50 FREE	35.79	46
47	35.69	13/14 50 FREE	33.19	48
49	48.59	10/U 50 FLY	46.89	50
51	1:31.99	11/12 100 FLY	1:31.09	52
53	3:03.69	13/14 200 FLY	2:54.99	54
55	3:47.29	10/U 200 IM	3:44.79	56
57	1:41.89	11/12 100 BREAST	1:42.29	58
59	1:17.29	13/14 100 FREE	1:12.19	60
61	3:25.09	10/U 200 FREE	3:13.99	62
63	2:52.99	11/12 200 FREE	2:49.29	64
65	6:33.49	13/14 400 IM*	6:15.59	66

*SWIMMERS MUST PROVIDE THEIR OWN TIMERS.

**RELAYS ARE LIMITED TO THE FIRST 16 TEAMS ENTERED IN THE EVENT. ALL RELAYS WILL SWIM AT FINALS.
ENTRY TIMES APPEARING IN THE SCHEDULE OF EVENTS ARE EXPRESSED IN LONG COURSE METERS.**

**SUMMER SOLSTICE "A/BB" LONG COURSE MEET
SUNDAY, JUNE 23, 2002**

SESSION 7

SENIOR TRIALS MORNING SESSION

WARM-UPS: 7:00 AM

MEET: 8:00 AM

WOMENS

EVENT#	TIME	EVENT	TIME	MENS EVENT#
67	3:08.49	SENIOR 200 BREAST	2:54.29	68
69	2:47.59	SENIOR 200 BACK	2:34.89	70
71	1:10.09	SENIOR 100 FREE	1:04.09	72
73	2:44.69	SENIOR 200 FLY	2:32.19	74
75	NT	SENIOR 400 FREE RELAY**	NT	76
77	20:28.49	SENIOR 1500 FREE*	19:22.99	78

*TIMED FINAL EVENT - FASTEST HEAT WILL SWIM AT FINALS. SWIMMERS MUST PROVIDE THEIR OWN TIMERS. HEATS WILL SWIM FASTEST TO SLOWEST, ALTERNATING WOMEN AND MEN. AT LEAST TWO HEATS OF WOMEN AND ONE HEAT OF MEN WILL SWIM IN THESE EVENTS.

**RELAYS ARE LIMITED TO THE FIRST 16 TEAMS ENTERED IN THE EVENT. ALL RELAYS WILL SWIM AT FINALS.

SESSION 8

TIMED FINALS AGES 14/UNDER AFTERNOON SESSION

WARM-UPS: 12:00 PM

MEET: 12:45 PM

GIRLS

EVENT#	TIME	EVENT	TIME	BOYS EVENT#
79	1:36.59	13/14 100 BREAST	1:27.29	80
81	43.69	10/U 50 BACK	50.49	82
83	39.89	11/12 50 FLY	40.19	84
85	1:24.09	13/14 100 FLY	1:18.69	86
87	1:32.99	10/U 100 FREE	1:31.09	88
89	1:34.39	11/12 100 BACK	1:31.39	90
91	3:06.39	13/14 200 BACK	2:55.59	92
93	1:56.19	10/U 100 FLY	1:53.99	94
95	3:15.19	11/12 200 IM	3:13.89	96
97	5:42.99	13/14 400 FREE	5:31.09	98

ENTRY TIMES APPEARING IN THE SCHEDULE OF EVENTS ARE EXPRESSED IN LONG COURSE METERS.

SENIOR SWIMMERS MAY ENTER A MAXIMUM OF THREE (3) TRIAL EVENTS PER DAY. AGE GROUP SWIMMERS MAY ENTER A MAXIMUM OF FIVE (5) INDIVIDUAL EVENTS PER DAY. ENTRY TIMES SHOULD REFLECT PERFORMANCE IN LONG COURSE COMPETITION. PROOF OF TIME MUST ACCOMPANY ENTRIES IN THE 800 AND 1500 FREESTYLE EVENTS AND ANY ENTRIES USING NON-CONFORMING TIMES FROM SHORT COURSE YARDS AND SHORT COURSE METERS EVENTS. TEAM MANAGER PROOF OF TIME PRINTOUT, A PRINT OUT FROM THE MA DATABASE OR OFFICIAL RESULTS ARE ACCEPTABLE PROOF OF TIME FOR THIS MEET WHICH MUST BE INCLUDED WITH THE ENTRY. ENTRIES FOR THE 800, 1,500 AND NON-CONFORMING TIMES THAT ARE NOT ACCOMPANIED BY PROOF OF TIME WILL BE REJECTED. ENTRIES SUBMITTED WITH CONVERTED TIMES AND NO TIME WILL BE REJECTED.

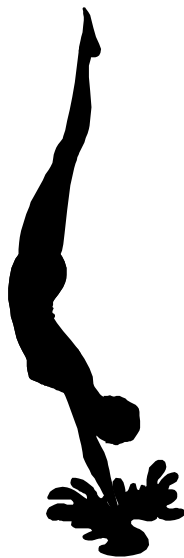
ANY SWIMMER OBSERVED SWIMMING UNDER OR THROUGH THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED.

Radisson Hotel

Is proud to host

Summer Solstice

At GCIT



June 21-23, 2002

We've made a big splash with our rate: \$75.00 plus tax

For Team and Individual Reservations contact:

Meredith Maggiacomo

609-716-1175 or Mmaggiacomo13@aol.com

Radisson Hotel Mount Laurel

915 Route 73

Mount Laurel, NJ 08054

(only 19 miles away)