

**JERSEY STORM SWIMMING**  
Presents the  
**NJ STATE CHAMPIONSHIPS**  
**A/BB/C/MINI MEET**  
**SATURDAY & SUNDAY, DECEMBER 21-22, 2002**

This meet is held under the Sanction of Middle Atlantic Swimming Inc., **SANCTION # 0329A**

Dear Coach/Club Official,

This is the twelfth annual New Jersey State Championship Meet hosted by Jersey Storm Swimming. This meet has become a great tradition, and is sanctioned by the Middle Atlantic LSC of USA Swimming. It is open to all USA Swimming registered teams and athletes competing or living in the state of New Jersey. This year, we will allow swimmers and teams from outside of NJ to compete (non-award) if there is room available.

We are happy to announce that we will again host the NJ State Championships at the Gloucester Institute of Technology (GCIT) pool in Sewell, NJ. The pool offers excellent facilities including two 8-lane competition pools, ample deck space and spectator seating. It is our hope that we will be able to accommodate all swimmers at this great facility. We must emphasize the importance of getting your entries in early! When a session reaches the four-hour limit no further entries will be accepted. If entries are returned in one session, other sessions will remain open if they meet the time line.

We are trying to develop a team atmosphere and competition at this meet and therefore we offer several unique features. First, although this is a Middle Atlantic sanctioned event, we attempt to invite all New Jersey LSC registered teams in order to run a true state championship meet. Second, this meet is open to all ages and ability levels, from Mini to Senior and C through AAAA, to enable you to bring your entire team! High point scoring and awards are the same as last year, the meet will be scored twice - once in the A/BB/C format for medals, rosettes and ribbons - and again with no time standards for individual High Point, Ironman/Ironwoman and team scores and plaques. High Point awards are presented to the top three swimmers in each age group. Ironman/Ironwoman awards are presented to the top 11-12, 13-14, and Senior swimmers competing in the designated events. Award plaques will be presented to the winning team and two runners-up.

The 13-14 and Senior age groups will be swimming in the mornings, along with the 8&Under age group. The 9-10 and 11-12 age groups will swim in the afternoons. We will be having a middle session on each day to run the 500FR, 400IM, and the 1650 Freestyle.

If you have any questions about the meet information, meet entries or the facilities, please call or e-mail the meet director. We look forward to seeing you at the GCIT Indoor Pool on December 21<sup>st</sup> – 22<sup>nd</sup>. We wish your team great success this year and hope that this meet can help your team and swimmers as they strive to improve. Have a great holiday season!

John Fletcher  
jl.fletcher@comcast.net  
Meet Director  
Jersey Storm Swimming

Tony Hickey  
President  
Jersey Storm Swimming

# Jersey Storm Swimming

## NJ STATE CHAMPIONSHIPS (A/BB/C/MINI MEET)

December 21-22, 2002

Sanction # 0329A

<b>MEET LOCATION:</b>	Gloucester Institute of Technology (GCIT), Tanyard Road, Sewell, NJ. Phone: (856) 468-1445 x2657 (days of meet only).
<b>FACILITIES:</b>	<ul style="list-style-type: none"> <li>• <u>Competition Pool</u>: Two 8-lane 25 yard courses with gutter system, non-turbulent lane lines, starting platforms (start/dive into 12 feet of water), Colorado™ Electronic Timing System and eight-lane scoreboard.</li> <li>• <u>Spectator Seating</u>: Seating for 400+ spectators. Additional off-deck seating available in concession area. Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid USA Swimming credentials.</li> <li>• <u>Swimmer Seating</u>: Seating for 700+ swimmers available on pool deck</li> <li>• <u>Snack Bar</u>: A snack bar will be open throughout the meet serving hot and cold food, beverages, and snack. Ample room in concession area to sit and eat.</li> <li>• <u>Hospitality</u>: Hospitality will be provided for all coaches, officials and meet workers. Hot and cold food, beverages, and snacks will be available.</li> <li>• <u>Parking</u>: Ample free parking located at pool.</li> </ul>
<b>MEET DIRECTOR:</b>	John Fletcher, Phone: 609-723-2664, E-mail: <a href="mailto:jl.fletcher@comcast.net">jl.fletcher@comcast.net</a> . Contact with meet director via e-mail is preferred.
<b>SAFETY DIRECTOR:</b>	Raimund Belonzi, Phone 609-723-2664, E-mail: <a href="mailto:strmswim@hotmail.com">strmswim@hotmail.com</a>
<b>OFFICIALS:</b>	All USA Swimming certified officials and trainees are invited to assist in the operation of the meet. If interested in assisting at the meet, please contact Mrs. Andrea Bakes, (609) 893-1398.
<b>ELIGIBILITY:</b>	<p>This A/BB/C/Mini meet is open to all swimmers registered with USA Swimming living in or competing on a team located in the state of New Jersey. Swimmer's age as of December 21, 2002 determines the age group in which they will compete in at the meet. Jersey Storm Swimming reserves the right to offer non-New Jersey teams entrance (must be USS and Middle Atlantic registered) into the meet. This is to insure a full, competitive meet. This will not affect awards or highpoint scoring in any way. Teams/Swimmers from outside the state of New Jersey will not score or receive awards (times are official).</p> <ul style="list-style-type: none"> <li>• <u>Qualification Times</u>: No qualification times are required for this meet. Use NT for entries with no time.</li> <li>• <u>Individual Event Limit</u>: Swimmers may enter a maximum of 5 individual events per day.</li> <li>• <u>Relay Event Limit</u>: Swimmers may enter a maximum 1 relay event per day.</li> </ul>
<b>MEET SESSION START TIMES:</b>  <b>WARM-UP INFO:</b>	<ul style="list-style-type: none"> <li>• Session #1: 8&amp;U, 13-14, Senior Warm-Up: 7:00AM, Meet Starts 8:00AM</li> <li>• Session #2: 400IM &amp; 1650FR Warm-Up: 11:45AM, Meet Starts 12:15PM</li> <li>• Session #3: 9-10, 11-12 Warm-Up: 2:15PM, Meet Starts 3:15PM</li> <li>• Session #4: 8&amp;U, 13-14, Senior Warm-Up: 7:00AM, Meet Starts 8:00AM</li> <li>• Session #5: 500FR Warm-Up: 11:45AM, Meet Starts 12:15PM</li> <li>• Session #6: 9-10, 11-12 Warm-Up: 1:45PM, Meet Starts 2:45PM</li> </ul> <p style="text-align: center;"><b>Session start times may be adjusted depending on the number of entries. All coaches and club representatives will be notified a minimum of one week prior to the start of the meet.</b></p> <p><u>Warm-Up/Warm-Down Guidelines</u>: Each team will be assigned warm-up times. Swimmers must be under direct supervision of a currently registered USA Swimming coach. All unattached swimmers and swimmers without a coach must report to the meet director prior to warm-up. The last 5 minutes of each team's warm-up session may be used for starts at coach's discretion. All starts during warm-up begin at starting block end and swimmers swim one way and get out at far end of pool. Swimmers violating safety rules will be removed from warm-up for the remainder of the warm-up session. Subsequent violations will result in the swimmer's disqualification for the remainder of the meet.</p>

# Jersey Storm Swimming

## NJ STATE CHAMPIONSHIPS (A/BB/C/MINI MEET)

December 21-22, 2002

Sanction # 0329A

### ORDER of EVENTS:

#### SATURDAY DECEMBER 21, 2002

<b>SESSION # 1</b>		
Warm-up 7:00AM, Meet starts 8:00AM		
WOMEN	EVENT	MEN

<u>Event #</u>	<u>8 &amp; Under</u>	<u>Event #</u>
1	100 MED REL	2
7	100 FR	8
13	25 BK	14
19	50 BR	20
25	25 FL	26
31	50 FR	32

<u>Event #</u>	<u>13 - 14</u>	<u>Event #</u>
3	200 MED REL	4
9	200 FR	10
15	200 BK	16
21	200 BR	22
27	100 FL	28
33	100 FR	34

<u>Event #</u>	<u>SENIOR</u>	<u>Event #</u>
5	200 MED REL	6
11	200 FR	12
17	200 BK	18
23	200 BR	24
29	100 FL	30
35	100 FR	36

<b>SESSION # 2</b>		
Warm-up 11:45AM, Meet Starts 12:15PM		
WOMEN	EVENT	MEN

<u>Event #</u>	<u>11 &amp; Over</u>	<u>Event #</u>
37	400 IM	38
39	1650 FR	40

<b>SESSION # 3</b>		
Warm-up 2:15PM, Meet Starts 3:15PM		
WOMEN	EVENT	MEN

<u>Event #</u>	<u>11-12</u>	<u>Event #</u>
41	200 MED REL	42
45	100 FR	46
49	50 BK	50
53	100 BR	54
57	50 FL	58
61	200 IM	62

<u>Event #</u>	<u>9-10</u>	<u>Event #</u>
43	200 MED REL	44
47	100 FR	48
51	50 BK	52
55	100 BR	56
59	50 FL	60
63	200 IM	64

#### SUNDAY DECEMBER 22, 2002

<b>SESSION # 4</b>		
Warm-up 7:00AM, Meet starts 8:00AM		
WOMEN	EVENT	MEN

<u>Event #</u>	<u>8 &amp; Under</u>	<u>Event #</u>
65	100 FR REL	66
71	100 IM	72
77	50 BK	78
83	25 BR	84
89	50 FL	90
95	25 FR	96

<u>Event #</u>	<u>13 - 14</u>	<u>Event #</u>
67	200 FR REL	68
73	200 IM	74
79	100 BK	80
85	100 BR	86
91	200 FL	92
97	50 FR	98

<u>Event #</u>	<u>SENIOR</u>	<u>Event #</u>
69	200 FR REL	70
75	200 IM	76
81	100 BK	82
87	100 BR	88
93	200 FL	94
99	50 FR	100

<b>SESSION # 5</b>		
Warm-up 11:45AM, Meet Starts 12:15PM		
WOMEN	EVENT	MEN

<u>Event #</u>	<u>9 &amp; Over</u>	<u>Event #</u>
101	500 FR	102

<b>SESSION # 6</b>		
Warm-up 1:45PM, Meet Starts 2:45PM		
WOMEN	EVENT	MEN

<u>Event #</u>	<u>11-12</u>	<u>Event #</u>
103	200 FR REL	104
107	200 FR	108
111	100 BK	112
115	50 BR	116
119	100 FL	120
123	50 FR	124
127	100 IM	128

<u>Event #</u>	<u>9-10</u>	<u>Event #</u>
105	200 FR REL	106
109	200 FR	110
113	100 BK	114
117	50 BR	118
121	100 FL	122
125	50 FR	126
129	100 IM	130

# Jersey Storm Swimming

## NJ STATE CHAMPIONSHIPS (A/BB/C/MINI MEET)

December 21-22, 2002

Sanction # 0329A

<b>ENTRY LIMITATIONS:</b>	<p>The Meet Director reserves the right to limit entries, events, heats, or to modify the meet format to conform to Middle Atlantic rules. Each session will be held under the maximum 4-hour per session time limit. Entries will be inputted in the order they are received. Teams and/or individuals that do not make a particular session or the meet will be notified of their status ASAP. Refunds for returned entries will be available at the meet or mailed after the meet if not picked up. To ensure maximum participation, entries will be processed in the following way:</p> <ul style="list-style-type: none"> <li>Teams and/or swimmers located or residing within NJ have priority. Meet Director reserves the right to determine team/swimmer eligibility. If a session reaches 4 hours, entries from teams/swimmers outside of NJ will be returned <u>for that session</u>. All other sessions will remain open until they also reach 4 hours. If a session reaches 4 hours once all non-NJ teams/swimmers entries have been returned, all further entries <u>for the session</u> will be returned. All other sessions will remain open until they also reach 4 hours.</li> </ul>
<b>DECK ENTRIES/ TIME TRIALS:</b>	<ul style="list-style-type: none"> <li><u>Deck Entries</u>: Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$6.00/individual event, \$8.00/relay event. No additional heats will be added. Deck-entered swimmers will compete unofficially; the achieved time is official, but the swim will not score in the meet for points or awards. All deck entries must be submitted to the meet director 30 minutes prior to the start of the session to be considered.</li> <li><u>Time Trials</u>: Time trials will not be offered at this meet.</li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li><u>Events</u>: All events are timed finals.</li> <li><u>Entry Seeding</u>: All events will be pre-seeded swimming slowest to fastest with the exception of the 1650 Freestyle, 500 Freestyle and 400 Individual Medley, which will be deck seeded with a <i>positive check-in required 30 minutes before the session start time</i>. <ul style="list-style-type: none"> <li>The 11&amp;O 400IM, 11&amp;O 1650FR, and 9&amp;O 500FR will swim slowest to fastest.</li> <li>The 11&amp;O 400IM, 11&amp;O 1650FR, and 9&amp;O 500FR events will be swum together but awarded separately in the appropriate age-groups.</li> <li>Senior 200 BK, 200 BR, and 200FL will be swum together but awarded separately in the 11-12 and Senior age groups.</li> </ul> </li> </ul>
<b>SWIMMERS WITHOUT A COACH:</b>	Swimmers unaccompanied by a coach with proper credentials should report to the Meet Director before the warm-up for each session. These swimmers will be placed under the supervision of the Jersey Storm coaches during the meet (for warm-up and competition).
<b>HOW TO ENTER:</b>	<p>Entry times should reflect performance in short course yards (SCY) competition, however, entries reflecting performance in non-conforming times (long course meters (LCM) or short course meters (SCM)) are acceptable. All meet entries should be submitted using the actual time swum in the course in which the time was achieved. Entries with converted times will be rejected. In accordance with Middle Atlantic Swimming Inc. policy, the meet director will convert all times as necessary for seeding. If swimmer has no time for an event, use NT for the entry.</p> <ul style="list-style-type: none"> <li><u>Hy-Tek Entries (preferred)</u>: All entries must be made on a computer diskette using the Hy-Tek Team Manager program. A printed hard copy of the Team Manager entry report and Commlink entry report must accompany the disk. Entries must be accompanied by a completed 'Team Summary' sheet.</li> <li><u>Entries not submitted using Hy-Tek</u>: Use official Meet Entry forms enclosed. In accordance with current Mid-Atlantic policy, any team entering the meet with more than five swimmers that does not submit entries on a computer disk using the Hy-Tek program will incur a \$5.00 per swimmer surcharge. This surcharge, as well as normal entry fees must be paid in full for the entries to be considered received. Entries must be accompanied by a completed 'Team Summary' sheet.</li> </ul> <p>Please send ONE check per club, payable to JERSEY STORM SWIMMING (do not send individual checks for each swimmer). Entries using Hy-Tek Team Manager may be e-mailed or mailed to the meet director.</p>
<b>ENTRY FEES:</b>	<ul style="list-style-type: none"> <li><u>Individual Events</u>: \$3.00/Event</li> <li><u>Relay Events</u>: \$6.00/Relay</li> </ul>

# Jersey Storm Swimming

## NJ STATE CHAMPIONSHIPS (A/BB/C/MINI MEET)

December 21-22, 2002

Sanction # 0329A

<b>SEND ENTRIES TO:</b>	<p><b>Entries (using Hy-Tek software) attached to an e-mail are preferred.</b> Please send ONE check per club, payable to JERSEY STORM SWIMMING (do not send individual checks for each swimmer).</p> <p>Mail checks and entry information to:</p> <p style="text-align: center;"><b>JOHN FLETCHER</b>  <b>262 WARREN DRIVE</b>  <b>WRIGHTSTOWN NJ 08562</b>  <u><a href="mailto:jl.fletcher@comcast.net">jl.fletcher@comcast.net</a></u></p> <p style="text-align: center;">*Request signature waiver when mailing entries</p>
<b>ENTRY DEADLINE:</b>	<p><b>The entry deadline is 6:00PM, Friday, December 6<sup>th</sup>, 2002. No late entries will be accepted.</b></p> <p>Entries are considered received when paid in full and are processed in the order received. For entries received on the same day, Hy-Tek entries will be accepted <u>first</u> (in the order received) followed by paper (official entry form) entries.</p>
<b>RULES:</b>	<p>This meet will be conducted according to current USA Swimming and Middle Atlantic Swimming rules.</p> <ul style="list-style-type: none"> <li>• USA Swimming/Middle Atlantic Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Failure to obey instructions of safety director, marshals &amp; officials will result in disqualification from meet. There is absolutely NO DIVING permitted in warm-up pool at ANY time. Swimmers violating safety rules will be removed from the pool. Subsequent violations will result in the swimmer's disqualification for the remainder of the meet.</li> <li>• All coaches/officials must be registered with USA Swimming and must display valid USS card. Only USA Swimming registered swimmers, coaches, and officials with valid credentials and essential meet personnel will be permitted on deck.</li> <li>• Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid USA Swimming credentials.</li> </ul> <p><u>Entry Times:</u> Penalties will be imposed upon a swimmer when any coach, parent, or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines and suspension.</p> <p><u>Start Procedure:</u> This meet will be conducted using the 'Whistle Commands' and 'No Recall' false start procedures as outlined by USA Swimming.</p> <p><u>Bulkhead Safety:</u> Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be strictly enforced.</p> <p><u>Official Times/Results:</u> All events are timed finals with times/places being determined by the timing system and verified by meet officials. Questions regarding results should be addressed to the meet director by the swimmer's coach only.</p>
<b>SCORING:</b>	<p>Team and Individual High Point scoring will be kept. It is imperative that all swimmers state their team affiliation on individual entries. Team and individual high point awards and ironman/ironwoman awards ignore ALL time standards and the events/meet are scored based solely on fastest to slowest times in each scoring age group. Event scoring is as follows:</p> <ul style="list-style-type: none"> <li>• <u>Individual Event Scoring:</u> 1<sup>st</sup>-20, 2<sup>nd</sup>-17, 3<sup>rd</sup>-16, 4<sup>th</sup>-15, 5<sup>th</sup>-14, 6<sup>th</sup>-13, 7<sup>th</sup>-12, 8<sup>th</sup>-11, 9<sup>th</sup>-9, 10<sup>th</sup>-7, 11<sup>th</sup>-6, 12<sup>th</sup>-5, 13<sup>th</sup>-4, 14<sup>th</sup>-3, 15<sup>th</sup>-2, 16<sup>th</sup>-1;</li> <li>• <u>Relay Event Scoring:</u> 1<sup>st</sup>-40, 2<sup>nd</sup>-34, 3<sup>rd</sup>-32, 4<sup>th</sup>-30, 5<sup>th</sup>-28, 6<sup>th</sup>-26, 7<sup>th</sup>-24, 8<sup>th</sup>-22, 9<sup>th</sup>-18, 10<sup>th</sup>-14, 11<sup>th</sup>-12, 12<sup>th</sup>-10, 13<sup>th</sup>-8, 14<sup>th</sup>-6, 15<sup>th</sup>-4, 16<sup>th</sup>-2;</li> </ul> <p>Note: Teams/Swimmers from outside the state of New Jersey are not eligible for scoring/awards</p>

# Jersey Storm Swimming

## NJ STATE CHAMPIONSHIPS (A/BB/C/MINI MEET)

December 21-22, 2002

Sanction # 0329A

<b>AWARDS:</b>	<p>Awards based on entry time are presented for each event in accordance with Middle Atlantic Swimming Inc. policy and as follows:</p> <ul style="list-style-type: none"> <li>• <u>Individual Event Awards:</u> Individual event awards will be presented in following age groups, 6&amp;Under, 7-8, 9-10, 11-12, 13-14, and Senior as follows: <ul style="list-style-type: none"> <li>• <u>"A" entries:</u> Medals 1<sup>st</sup> through 3<sup>rd</sup> place, ribbons for 4<sup>th</sup> through 8<sup>th</sup> place;</li> <li>• <u>"B" entries:</u> Rosettes 1<sup>st</sup> through 3<sup>rd</sup> place, ribbons 4<sup>th</sup> through 8<sup>th</sup> place;</li> <li>• <u>"C" entries:</u> Ribbons 1<sup>st</sup> through 8<sup>th</sup> place;</li> <li>• <u>7-8 and 6&amp;Under entries:</u> Ribbons 1<sup>st</sup> through 16<sup>th</sup> place.</li> </ul> </li> <li>• <u>Relay Events:</u> - Medals will be presented in each of the following age groups, 8&amp;Under, 9-10, 11-12, 13-14, and Senior as follows: Medals for 1<sup>st</sup> place, ribbons for 2<sup>nd</sup> and 3<sup>rd</sup> places.</li> <li>• <u>Team Awards:</u> Plaques will be presented to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place teams. Unattached swimmers will not be considered in team scoring. Team scoring will be a team total (i.e., relays and individual events, men and women). See scoring rules for additional details.</li> <li>• <u>Individual High Point Awards:</u> will be given to the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place men and women in each scoring age group (6&amp;Under, 7-8, 9-10, 11-12, 13-14, and Senior). See scoring rules for additional details. Relay scoring will not be used to determine individual high point awards.</li> <li>• <u>Ironman/Ironwoman Awards:</u> Plaques will be awarded to the top scoring male and female in the 11-12, 13-14, and Senior age groups who compete in the 500FR, 1650 FR, 200 FL, and 400 IM. A swimmer must swim and legally finish all four events to be eligible for this award. See scoring rules for additional details.</li> <li>• <u>Meet Record:</u> Certificates will be presented to those swimmers breaking a meet record.</li> </ul> <p>Note: Teams/Swimmers from outside the state of New Jersey are not eligible for scoring/awards</p>
<b>ADMISSION &amp; PROGRAM:</b>	<p><u>Admission:</u> \$3.00 admission per person per session. Children under 5 free.  <u>Programs:</u> \$10.00 for a program. Program contains all sessions heat/psych sheets</p> <p>Volunteers wishing to assist with the meet will be refunded admission and program fees. Volunteers please see meet director for refund.</p>
<b>QUESTIONS:</b>	<p>Direct all questions to the meet director. This is the only valid source of information regarding the meet. Meet management is not responsible for information from any other source(s)</p>
<b>RESULTS:</b>	<p>Results will be posted on the Middle Atlantic web site <a href="http://www.maswim.org">www.maswim.org</a>.</p>
<b>VOLUNTEERS:</b>	<p>If anyone is interested in volunteering to assist in the operation of the meet, please contact the meet director. Admission and program fees will be waived and the hospitality area will be available for sessions that you assist at.</p>
<b>SPONSORSHIP AVAILABILITY:</b>	<ul style="list-style-type: none"> <li>• <u>Event Sponsorships:</u> if you would like to sponsor an event in the meet, the fee is \$5.00 per event. A maximum of 36 characters can be inserted. Sponsorships will display above the event in program. Limit one sponsor per event, first come first served. Forward sponsorship request and payment to the meet director (<a href="mailto:jl.fletcher@comcast.net">jl.fletcher@comcast.net</a>) by the entry deadline (6:00PM, Friday, December 6<sup>th</sup>, 2002).</li> <li>• <u>Program Advertisements:</u> If you would like to place an advertisement in our meet program, please contact Mrs. Debbie Skipper 609-298-2777 or e-mail: <a href="mailto:dskipper@erols.com">dskipper@erols.com</a> for more information. Advertisements will be strategically placed in all programs.</li> <li>• <u>Meet Sponsorship:</u> If your business is interested in being a sponsor of this meet, please contact Mrs. Debbie Skipper 609-298-2777 or e-mail: <a href="mailto:dskipper@erols.com">dskipper@erols.com</a> for more information.</li> </ul>
<b>FUTURE MEETS:</b>	<p>Jersey Storm Swimming hosts three swim meets sanctioned by USA Swimming and Middle Atlantic Swimming Inc. each year. Please consider participating in another of our upcoming meets. Meets being hosted by Jersey Storm during the '02-'03 short course season are as follows:</p> <ul style="list-style-type: none"> <li>• STRM Golden Harvest A/BB/C Meet November 2-3, 2002 at Fort Dix, NJ</li> <li>• NJ State A/BB/C/Mini Meet December 20-21, 2002 at GCIT, Sewell, NJ</li> <li>• STRM President's Day A/BB/C Meet February 22-23, 2003 at Fort Dix, NJ</li> </ul> <p>Please see the Middle Atlantic Swimming Inc. web site <a href="http://www.maswim.org">www.maswim.org</a> for the meet information or contact the meet director for further information.</p>

# Jersey Storm Swimming

## NJ STATE CHAMPIONSHIPS (A/BB/C/MINI MEET)

December 21-22, 2002

Sanction # 0329A

<b>DIRECTIONS:</b>	<p>The Gloucester Institute of Technology (GCIT) is located on Tanyard Road in Sewell, NJ. Directions are also available on the MA website <a href="http://www.maswim.org">www.maswim.org</a></p> <p><u>From the South (Delaware Memorial Bridge or Commodore Barry Bridge):</u> Take I-295 North to Exit 21 onto Delaware Street and continue through Woodbury. Turn right at traffic light onto Evergreen Avenue. Turn left at next traffic light onto Egg Harbor Road (this road is actually labeled "E. Barber" Rd). Continue approx. 3 miles to the next traffic light. GCIT is on the left at the bottom of the hill beyond the traffic light.</p> <p><u>From the North (I-295):</u> Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.</p> <p><u>From the North (NJ Turnpike):</u> NJ Turnpike South to Exit 4. Take Rt 73 North to I-295 South. Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.</p> <p><u>From the West (PA Turnpike):</u> Take PA Turnpike east into NJ. Take NJ Turnpike South (towards Delaware) to Exit 4. Take Rt 73 North to I-295 South. Take I-295 South to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.</p> <p><u>From the West (Philadelphia and the Walt Whitman Bridge):</u> Take I-76 East to Route 42 South and remain in right lane. Take Route 55 South to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.</p> <p><u>From the South (Jersey Shore):</u> Take Route 55 North to Exit 56B (Route 47 North/Woodbury). Turn left onto Bankbridge Road at the traffic light. Turn left again at the next traffic light onto Tanyard Road. The entrance to GCIT is on the left side of the road at the bottom of the hill.</p>
<b>LODGING:</b>	<ul style="list-style-type: none"><li>• Quality Inn – West Deptford (856) 848-4111</li><li>• HoJo Inn – Blackwood, (856) 228-4040</li><li>• Comfort Inn – Runnemedede, (856) 939-6700</li><li>• Fairfield Inn – 1160 Hurffville Rd., Deptford, NJ (856) 686-9050</li><li>• Residence Inn - 1154 Hurffville Rd., Deptford, NJ (856) 686-9188</li></ul>

**Jersey Storm Swimming**  
**NJ STATE CHAMPIONSHIPS (A/BB/C/MINI MEET)**

December 21-22, 2002

Sanction # 0329A

**TEAM SUMMARY SHEET**

\* **This form must be mailed in with the entries** *(even if entries are sent on disk).*

CLUB NAME: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_ LSC: \_\_\_\_\_

COACH: \_\_\_\_\_ PHONE #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

CLUB ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

*E-Mail Address will be used to pass info (meet changes, results, etc. to your team)*

**MEET ENTRY INFORMATION:**

# INDIVIDUAL EVENTS \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_

# RELAY'S \_\_\_\_\_ x \$6.00 = \$ \_\_\_\_\_

**SURCHARGES** (applies to teams with more than five swimmers who do not submit entries on a HY-TEK disk)

# SWIMMERS \_\_\_\_\_ x \$5.00 = \$ \_\_\_\_\_

TOTAL = \$ \_\_\_\_\_

(Make checks payable to JERSEY STORM SWIMMING)

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assignees, waive and release any and all claims for damages which I/we may have against USS, Jersey Storm Swimming, their agents or representatives, for any and all injuries suffered by myself/us and/or my swimmers in, at, and during travel to/from said meet. I/we are bona-fide amateur athlete(s), USS registered, and eligible to compete in all of the events I/we have entered.

CLUB REP. NAME/SIGNATURE: \_\_\_\_\_ / \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Entry deadline is 6:00PM, FRIDAY, DEC 6<sup>th</sup>, 2002. NO LATE ENTRIES WILL BE ACCEPTED**





**Jersey Storm Swimming**  
**NJ STATE CHAMPIONSHIPS (A/BB/C/MINI MEET)**

December 21-22, 2002

Sanction # 0329A

**JERSEY STORM SWIMMING RELAY EVENT ENTRY FORM**

CLUB: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

COACH: \_\_\_\_\_

PHONE #: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

	NAMES	AGE	USS #	EVENT #	TIME
	1				
	2				
	3				
	4				
	1				
	2				
	3				
	4				
	1				
	2				
	3				
	4				
	1				
	2				
	3				
	4				
	1				
	2				
	3				
	4				