

GAAC 1650 MEET
JANUARY 12, 2003

Held under the sanction of Middle Atlantic Swimming, sanction # 0315L

MEET DIRECTOR: Pete Crippen/John Cocco—215.542.9095
CH127533@aol.com/jcocco@netcarrier.com

SAFETY DIRECTOR: Jeff Hyde--215.542.9095

Location: Germantown Academy, Morris Road, Fort Washington, PA 19034--215.542.9095

Facility: 25 yard, 6 lane pool, entry depth 12' feet, Colorado Timing system, Anti-turbulent lane lines, balcony seating for spectators, ample free parking at pool site, nearby lodging and restaurants.

Entries: Entries should be sent on a 3 1/2" floppy disk compatible with Hy-tek Meet Manager (with hard copy of meet recap). Swimmers must enter with their best times or be subject to penalties set by Middle Atlantic Swimming. There is no qualifying time. **However, this meet will be limited to a total of 10 heats.** Middle Atlantic entries will be given priority if over 10 heats are received. **Otherwise, entries will be done on a first come first served basis. ENTRY FEES MUST BE RECEIVED - U.S. MAIL - BY NOON - MONDAY, January 6. Entries will be accepted by fax or e-mail prior to this in order to determine order of priority but must be confirmed by receipt of fees. Fax--215.641.2540 / Email – CH127533@aol.com** Clubs will be notified of status **By Wednesday, January 8, 2003. ENTRY MUST INCLUDE CONTACT NUMBER FOR THIS PURPOSE.** Meet Director reserves the right to limit the number of entries/event in order to conduct a fair meet. If this is necessary, those affected will notified prior to the date of the meet and will be issued a refund. This meet is a DECK seeded, timed final meet. Swimmers must check in by 11:50 am. Each event will be run fastest to slowest, with alternating heats of girls then boys. **Swimmers must provide their own personnel for timing and counting. NO POST ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES WILL BE ACCEPTED.**

Warm-up---11:30AM

Meet starts---12:30PM

Eligibility: The meet is open to all swimmers registered with USA Swimming for 2003 and will be conducted according to current USA Swimming Code of Regulations. Swimmers' age as of the first day of the meet governs the age for the entire meet. Any swimmer who is unattached or not accompanied by a coach will be assigned to a team area with a coach.

*****This meet will use the whistle start and no recall false start rule.*****

Fees: \$3.00/individual event. Make checks payable to GAAC and mail to Richard Shoulberg, Germantown Academy, Morris Road, Fort Washington, PA 19034. Any questions?--contact Pete Crippen or John Cocco at e-mail addresses above.

Awards: There will be no awards.

Warm-up: USA Swimming and MA Safety Regulations will be in effect

11:30AM - 12:05PM Circle Swimming in all lanes

12:05PM - 12:30PM Circle Swimming Lanes 1, 2, 5, 6 - Sprint Lanes - dive in sprints from starting end - one way

Admission: There will be no admission fee.

Meet Results: Will be posted on the Middle Atlantic website (www.maswim.org) and emailed to each club that provides an email address.

Only 2003 USS Certified Coaches and Officials will be allowed on deck. You must wear your card at all times.

Directions to Pool:

Take exit 26 of PA Turnpike--Ft. Washington. Through tolls stay in left lane to end of road, then go right (Pennsylvania Avenue). Follow to dead end and turn left (Old Bethlehem Pike). Immediately after crossing over railroad bridge turn right--(between Rich's Deli and Marita's Cantina). Take next immediate right around Marita's Cantina onto Morris Road. First pillared driveway on the left--entrance to the Academy. Parking lot on left. Arrows posted for walk through quad and building to pool entrance. Lockerroom on lower level.

If you are interested in officiating or helping at the meet please call Jeff Hyde at 215.540.9766.

UPCOMING MEETS:

February 21-22, 2003

Eastern Interscholastic Invitational held at La Salle University

February 23, 2003

Last Ditch "Q" Meet - for those Clubs affiliated with swimmers entered in Interscholastic Meet

GAAC MEET SUMMARY

January 12, 2003

THIS FORM MUST ACCOMPANY THE OFFICIAL ENTRY BLANK

Team Name: _____ Club Code: _____

Head Coach: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: Home() _____ Office:() _____

ENTRY FEES: Girls events _____ @ \$3.00 \$ _____

Boys events _____ @ \$3.00 \$ _____

Total \$ _____ Checks made payable to GAAC

Club contact person: If there is a problem with this entry, who may we call that will be available to assist us.

Name: _____

Phone #:() _____

Email: _____ **WE MUST HAVE AN EMAIL ADDRESS**

--this is the primary method of correspondence.

Entry deadline: Received by Noon (12PM) Monday, January 6. No entries will be accepted after that date. Please make checks payable to GAAC. One check per club, please mail entries to:

**GAAC
Germantown Academy
Morris Road
Fort Washington, PA 19034**

