

JERSEY STORM SWIMMING
Presents the
GOLDEN HARVEST A\BB\C MEET
SATURDAY & SUNDAY, NOVEMBER 2-3, 2002

This meet is held under the Sanction of Middle Atlantic Swimming Inc., **SANCTION # 0330A**

MEET LOCATION:	Fort Dix Indoor Pool, 10 th Street & Doughboy Loop, Fort Dix, NJ 08640. Phone: (609) 562-2808 (days of meet only). Access to base requires presentation of a valid photo ID (driver's license, passport, etc.).
FACILITIES:	<ul style="list-style-type: none"> • <u>Competition Pool</u>: Indoor, six-lane, 25 yard competition pool with gutter system, Competitor non-turbulent lane lines, Colorado™ Electronic Timing System and six-lane scoreboard, pace clocks, and Paragon starting platforms (start/dive into 12 feet of water). • <u>Warm-Up Pool</u>: Indoor four-lane, 20 yard pool with gutter system, Competitor non-turbulent lane lines, and pace clocks. Pool depth, 3ft - 5ft. The warm-up pool will be open during the meet, however, the meet director reserves the right to close the warm-up pool at any time. • <u>Spectator Seating</u>: Seating for 200+ spectators. Additional off-deck seating available in concession area. Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid USA Swimming credentials. • <u>Swimmer Seating</u>: Seating for 300+ swimmers available on pool deck • <u>Snack Bar</u>: A snack bar will be open throughout the meet serving hot and cold food, beverages, and snack. Ample room in concession area to sit and eat. • <u>Hospitality</u>: Hospitality will be provided for all coaches, officials and meet workers. Hot and cold food, beverages, and snacks will be available. Ample room in concession area to sit and eat. • <u>Parking</u>: Ample free parking located in front of pool.
MEET DIRECTOR:	John Fletcher, Phone: 609-723-2664, E-mail: jl.fletcher@comcast.net . Contact with meet director via e-mail is preferred.
SAFETY DIRECTOR:	Raimund Belonzi, Phone 609-723-2664, E-mail: strmswim@hotmail.com
OFFICIALS:	All USA Swimming certified officials and trainees are invited to assist in the operation of the meet. If interested in assisting at the meet, please contact Mrs. Andrea Bakes, (609) 893-1398.
ELIGIBILITY:	<p>This A/BB/C meet is open to all swimmers ages 9 and older registered with USA Swimming. Swimmer's age as of November 2, 2002 determines the age group in which they will compete in at the meet.</p> <ul style="list-style-type: none"> • <u>Qualification Times</u>: No qualification times are required for this meet. Use NT for entries with no time. • <u>Individual Event Limit</u>: Swimmers may enter a maximum of 5 individual events per day. • <u>Relay Event Limit</u>: Swimmers may enter a maximum 1 relay event per day.

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MEET SESSION START TIMES:

- Session #1: 11-12, 13-14 Warm-Up: 7:00AM, Meet Starts 8:15AM
- Session #2: 500FR Warm-Up: 12:00PM, Meet Starts 12:15PM
- Session #3: 9-10, Senior Warm-Up: 1:15PM, Meet Starts 2:30PM
- Session #4: 11-12, 13-14 Warm-Up: 7:00AM, Meet Starts 8:15AM

WARM-UP INFO:

- Session #5: 400IM Warm-Up: 12:00PM, Meet Starts 12:15PM
- Session #6: 9-10, Senior Warm-Up: 1:15PM, Meet Starts 2:30PM

Session start times may be adjusted depending on the number of entries. All coaches and club representatives will be notified a minimum of one week prior to the start of the meet.

Warm-Up/Warm-Down Guidelines: Each team will be assigned warm-up times. Swimmers must be under direct supervision of a currently registered USA Swimming coach. All unattached swimmers and swimmers without a coach must report to the meet director prior to warm-up. The last 5 minutes of each team's warm-up session may be used for starts at coach's discretion. All starts during warm-up begin at starting block end and swimmers swim one way and get out at far end of pool. Swimmers violating safety rules will be removed from warm-up for the remainder of the warm-up session. Subsequent violations will result in the swimmer's disqualification for the remainder of the meet.

Warm-Up Pool: The warm-up pool will be open during the meet but not during warm-ups prior to each session. The meet director reserves the right to close the warm-up pool at any time. There is absolutely NO DIVING permitted in warm-up pool at ANY time. Swimmers violating safety rules will be removed from the pool. Subsequent violations will result in the swimmer's disqualification for the remainder of the meet.

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ORDER of EVENTS:

Session start times may be adjusted depending on the number of entries. All coaches and club representatives will be notified a minimum of one week prior to the start of the meet.

SATURDAY NOVEMBER 2, 2002

SESSION # 1

Warm-Up 7:00AM Meet Starts 8:15AM

GIRLS	EVENT		BOYS
<u>Event #</u>			<u>Event #</u>
1	11-12	200 Med Relay	2
3	13-14	200 Med Relay	4
5	11-12	100 BK	6
7	13-14	100 BK	8
9	11-12	50 BR	10
11	11-14*	200 BR	12
13	11-12	100 FL	14
15	13-14	100 FL	16
17	11-12	100 FR	18
19	13-14	100 FR	20
21	11-12	200 IM	22
23	13-14	200 IM	24

SESSION # 2

Warm-Up 12:00PM Meet Starts
12:15PM

GIRLS	EVENT		BOYS
<u>Event #</u>			<u>Event #</u>
25	9&O*	500 FR	26
<i>500FR will start no earlier than 12:15PM</i>			

SESSION # 3

Warm-Up 1:15PM Meet Starts 2:30PM

GIRLS	EVENT		BOYS
<u>Event #</u>			<u>Event #</u>
27	9-10	200 Med Relay	28
29	Senior	200 Med Relay	30
31	9-10	100 FR	32
33	Senior	100 FR	34
35	9-10	100 BK	36
37	Senior	100 BK	38
39	9-10	50 BR	40
41	Senior	200 BR	42
43	9-10	100 FL	44
45	Senior	100 FL	46
47	9-10	200 IM	48
49	Senior	200 IM	50

SUNDAY NOVEMBER 3, 2002

SESSION # 4

Warm-Up 7:00AM Meet Starts 8:15AM

GIRLS	EVENT		BOYS
<u>Event #</u>			<u>Event #</u>
51	11-12	200 FR Relay	52
53	13-14	200 FR Relay	54
55	11-12	100 IM	56
57	13-14	50 FR	58
59	11-12	50 FR	60
61	11-14*	200 BK	62
63	11-12	50 BK	64
65	13-14	100 BR	66
67	11-12	100 BR	68
69	11-14*	200 FL	70
71	11-12	50 FL	72
73	13-14	200 FR	74
75	11-12	200 FR	76

SESSION # 5

Warm-Up 12:00PM Meet Starts 12:15PM

GIRLS	EVENT		BOYS
<u>Event #</u>			<u>Event #</u>
77	11&O*	400 IM	78
<i>400IM will start no earlier than 12:15PM</i>			

SESSION # 6

Warm-Up 1:15PM Meet Starts 2:30PM

GIRLS	EVENT		BOYS
<u>Event #</u>			<u>Event #</u>
79	9-10	200 FR Relay	80
81	Senior	200 FR Relay	82
83	9-10	100 IM	84
85	Senior	50 FR	86
87	9-10	50 FR	88
89	Senior	200 BK	90
91	9-10	50 BK	92
93	Senior	100 BR	94
95	9-10	100 BR	96
97	Senior	200 FL	98
99	9-10	50 FL	100
101	Senior	200 FR	102
103	9-10	200 FR	104

* Note: 11-14 200BK, 11-14 200BR, 11-14 200FL, 9&O 500FR, and 11&O 400IM events will be swum together but awarded separately in the appropriate age-groups (9-10, 11-12, 13-14, Senior).

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ENTRY LIMITATIONS:	<p>The Meet Director reserves the right to limit entries, events, heats, or to modify the meet format to conform to Middle Atlantic rules. Each session will be held under the maximum 4-hour per session time limit. Entries will be inputted in the order they are received. Teams and/or individuals that do not make a particular session or the meet will be notified of their status ASAP. Refunds for returned entries will be available at the meet or mailed after the meet if not picked up. To ensure maximum participation, entries will be processed in the following way:</p> <ul style="list-style-type: none"> • If a session reaches 4 hours before all entries are entered, the relays will be cut from the session. When a session reaches 4 hours with the relays removed, all further entries <u>for the session</u> will be returned. All other sessions will remain open until they also reach 4 hours.
DECK ENTRIES/ TIME TRIALS:	<ul style="list-style-type: none"> • <u>Deck Entries</u>: Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$6.00/individual event, \$8.00/relay event. No additional heats will be added. Deck-entered swimmers will compete unofficially; the achieved time is official, but the swim will not score in the meet for points or awards. All deck entries must be submitted to the meet director 30 minutes prior to the start of the session to be considered. • <u>Time Trials</u>: Time trials will not be offered at this meet.
SEEDING:	<ul style="list-style-type: none"> • <u>Events</u>: All events are timed finals. • <u>Entry Seeding</u>: All events will be pre-seeded swimming slowest to fastest with the exception of the 500 Freestyle and 400 Individual Medley, which will be deck seeded with a <i>positive check-in required 30 minutes before the session start time</i>. <ul style="list-style-type: none"> • The 500FR and 400IM will swim slowest to fastest alternating one heat of girls, one heat of boys. • 500FR & 400IM swimmers must provide their own timers and counters • 11-14 200BK, 11-14 200BR, 11-14 200FL, 9&O 500FR, and 11&O 400IM events will be swum together but awarded separately in the appropriate age-groups.
SWIMMERS WITHOUT A COACH:	Swimmers unaccompanied by a coach with proper credentials should report to the Meet Director before the warm-up for each session. These swimmers will be placed under the supervision of the Jersey Storm coaches during the meet (for warm-up and competition).
HOW TO ENTER:	<p>Entry times should reflect performance in short course yards (SCY) competition, however, entries reflecting performance in non-conforming times (long course meters (LCM) or short course meters (SCM)) are acceptable. All meet entries should be submitted using the actual time swum in the course in which the time was achieved. Entries with converted times will be rejected. In accordance with Middle Atlantic rules, the meet director will convert all times as necessary for seeding. If swimmer has no time for an event, use NT for the entry.</p> <ul style="list-style-type: none"> • <u>Hy-Tek Entries (preferred)</u>: All entries must be made on a computer diskette using the Hy-Tek Team Manager program. A printed hard copy of the Team Manager entry report and Commlink entry report must accompany the disk. Entries must be accompanied by a completed 'Team Summary' sheet. • <u>Entries not submitted using Hy-Tek</u>: Use official Meet Entry forms enclosed. In accordance with current Mid-Atlantic policy, any team entering the meet with more than five swimmers that does not submit entries on a computer disk using the Hy-Tek program will incur a \$5.00 per swimmer surcharge. This surcharge, as well as normal entry fees must be paid in full for the entries to be considered received. Entries must be accompanied by a completed 'Team Summary' sheet. <p>Please send ONE check per club, payable to JERSEY STORM SWIMMING (do not send individual checks for each swimmer). Entries using Hy-Tek Team Manager may be e-mailed or mailed to the meet director.</p>
ENTRY FEES:	<ul style="list-style-type: none"> • <u>Individual Events</u>: \$3.00/Event • <u>Relay Events</u>: \$6.00/Relay

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SEND ENTRIES TO:	<p>Entries (using Hy-Tek software) attached to an e-mail are preferred. Please send ONE check per club, payable to JERSEY STORM SWIMMING (do not send individual checks for each swimmer).</p> <p>Mail checks and entry information to:</p> <p style="text-align: center;">JOHN FLETCHER 262 WARREN DRIVE WRIGHTSTOWN NJ 08562 jl.fletcher@comcast.net</p> <p style="text-align: center;">*Request signature waiver when mailing entries</p>
ENTRY DEADLINE:	<p>The entry deadline is 6:00PM, Friday, October 18th, 2002. No late entries will be accepted.</p> <p>Entries are considered received when paid in full and are processed in the order received. For entries received on the same day, Hy-Tek entries will be accepted <u>first</u> (in the order received) followed by paper (official entry form) entries.</p>
QUESTIONS:	<p>Direct all questions to the meet director. This is the only valid source of information regarding the meet. Meet management is not responsible for information from any other source(s)</p>
RESULTS:	<p>Results will be posted on the Middle Atlantic web site www.maswim.org.</p>
RULES:	<p>This meet will be conducted according to current USA Swimming and Middle Atlantic Swimming rules.</p> <ul style="list-style-type: none"> • USA Swimming/Middle Atlantic Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Failure to obey instructions of safety director, marshals & officials will result in disqualification from meet. There is absolutely NO DIVING permitted in warm-up pool at ANY time. Swimmers violating safety rules will be removed from the pool. Subsequent violations will result in the swimmer's disqualification for the remainder of the meet. • All coaches/officials must be registered with USA Swimming and must display valid USS card. Only USA Swimming registered swimmers, coaches, and officials with valid credentials and essential meet personnel will be permitted on deck. • Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid USA Swimming credentials. <p><u>Entry Times:</u> Penalties will be imposed upon a swimmer when any coach, parent, or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines and suspension.</p> <p><u>Start Procedure:</u> This meet will be conducted using the 'Whistle Commands' and 'No Recall' false start procedures as outlined by USA Swimming.</p> <p><u>Bulkhead Safety:</u> Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be strictly enforced.</p> <p><u>Official Times/Results:</u> All events are timed finals with times/places being determined by the timing system and verified by meet officials. Questions regarding results should be addressed to the meet director by the swimmer's coach only.</p>

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SCORING & AWARDS:	<p><u>Scoring:</u> Score will be kept solely as a method of recognizing swimmer improvement. The scoring system is based on how much the swimmer improves over his/her best time in individual events (relays are not included). Certificates will be awarded to the top 3 male and female high point swimmers in each age-group. Scoring is as follows:</p> <ul style="list-style-type: none"> • 7 points for improvement > 5.01 seconds, 6 points for improvement > 4.01 seconds, 5 points for improvement > 3.01 seconds, 4 points for improvement > 2.01 seconds, 3 points for improvement > 1.01 seconds, 2 points for improvement > 0.01 seconds, 1 point for no improvement. 4 points for NT entry, 0 points for DQ, -1 point for NS <p><u>Awards:</u> Awards based on entry time are presented for each event in accordance with Middle Atlantic Swimming Inc. policy.</p> <ul style="list-style-type: none"> • Individual Events: <ul style="list-style-type: none"> • "A" entries: Medals 1st through 3rd place, ribbons 4th through 6th place; • "BB" entries: Rosettes 1st through 3rd place, ribbons 4th through 6th place; • "C" entries: Ribbons 1st through 6th place; • Relay Events - Medals for 1st place team, ribbons for 2nd and 3rd place teams. <p><u>Meet Record:</u> Certificates will be presented to those swimmers breaking a meet record.</p>
ADMISSION & PROGRAM:	<p><u>Admission:</u> \$2.00 admission per person per session. Children under 5 free.</p> <p><u>Programs:</u> \$3.00 for a session program.</p> <p>Volunteers wishing to assist with the meet will be refunded admission and program fees. Volunteers please see meet director for refund.</p>
VOLUNTEERS:	<p>If anyone is interested in volunteering to assist in the operation of the meet, please contact the meet director. Admission and program fees will be waived and the hospitality area will be available for sessions that you assist at.</p>
SPONSORSHIP AVAILABILITY:	<ul style="list-style-type: none"> • <u>Event Sponsorships:</u> if you would like to sponsor an event in the meet, the fee is \$5.00 per event. A maximum of 36 characters can be inserted. Sponsorships will display above the event in program. Limit one sponsor per event, first come first served. Forward sponsorship request and payment to the meet director (jl.fletcher@comcast.net) by the entry deadline (6:00PM, Friday, October 18th, 2002). • <u>Program Advertisements:</u> If you would like to place an advertisement in our meet program, please contact Mrs. Debbie Skipper 609-298-2777 or e-mail: dskipper@erols.com for more information. Advertisements will be strategically placed in all programs. • <u>Meet Sponsorship:</u> If your business is interested in being a sponsor of this meet, please contact Mrs. Debbie Skipper 609-298-2777 or e-mail: dskipper@erols.com for more information.
FUTURE MEETS:	<p>Jersey Storm Swimming hosts three swim meets sanctioned by USA Swimming and Middle Atlantic Swimming Inc. each year. Please consider participating in another of our upcoming meets. Meets being hosted by Jersey Storm during the '02-'03 short course season are as follows:</p> <ul style="list-style-type: none"> • STRM Golden Harvest A/BB/C Meet November 2-3, 2002 at Fort Dix, NJ • NJ State A/BB/C/Mini Meet December 20-21, 2002 at GCIT, Sewell, NJ • STRM President's Day A/BB/C Meet February 22-23, 2003 at Fort Dix, NJ <p>Please see the Middle Atlantic Swimming Inc. web site www.maswim.org for the meet information or contact the meet director for further information.</p>

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DIRECTIONS:	<p>The Fort Dix Indoor Pool, (609) 562-2808, is located on Doughboy Loop, next to the Fort Dix Outdoor Recreation building and the Doughboy Field Parade Grounds, Fort Dix, NJ 08640. Access to base requires presentation of a valid photo ID (driver's license, passport, etc.). Directions are also available on the MA website www.maswim.org</p> <p><u>From the North or South via NJ Turnpike:</u> Take the NJ Turnpike to Exit 7 (Bordentown, Ft. Dix, McGuire AFB). Follow directions from NJ Turnpike Exit 7.</p> <p><u>From the West via PA Turnpike:</u> Take the PA Turnpike east across the Delaware river into NJ. Take the NJ Turnpike north to Exit 7 (Bordentown, Ft. Dix, McGuire AFB). Follow directions from NJ Turnpike Exit 7.</p> <p><u>From NJ Turnpike Exit 7:</u> After paying toll, follow signs for military bases onto Rt 206 South and merge into far left lane. After 1st traffic light, take a left onto Rt 68 (signs point left towards direction of military bases and there is a traffic light in the median). Follow Rt. 68 through 4 traffic lights to the Ft Dix Security gate (photo ID required). After security gate, follow Rt 68 to a traffic circle. Take 2nd right off of traffic circle onto 4th Street. At 1st intersection (blinking traffic light and hospital), take a right onto New Jersey Ave. Follow New Jersey Ave. to stop sign. Take left onto 10th Street. At stop sign, take a right onto Doughboy Loop. The indoor pool is the blue and yellow building immediately on your left (ample parking in front of building).</p> <p><u>From the East (via Rt 70):</u> Take Rt 70 West to Rt 530 West. Follow Rt. 530 West to the 3rd traffic light (Shell Gas Station) and take a right onto Rt 545 (stay to the right of the gas station). Follow Rt 545 (Texas Ave.) through one traffic light to the Ft Dix Security gate (photo ID required). At 1st traffic light (blinking yellow) past the security gate, take a left onto 8th Street. At blinking traffic light, take a left onto Doughboy Loop (police station will be on right). The indoor pool is the blue and yellow building ¼ mile up the road on your left (ample parking in front of building).</p> <p><u>From the South (via I-295 North):</u> Take I-295N to Exit 45A (Mount Holly Exit). At 3rd traffic light take a left onto Irick Rd. At 1st traffic light take right onto Rt 630 (Woodlane Rd). Follow Rt 630 to the 5th traffic light (Mobil Gas Station and CVS Pharmacy) and take a left onto Rt 537 East (Monmouth Rd). Follow Rt 537 East to the 3rd traffic light. At 3rd traffic light, take a right onto Rt. 68. Follow Rt. 68 through one 1 traffic light to the Ft Dix Security gate (photo ID required). After security gate, follow Rt 68 to a traffic circle. Take 2nd right off of traffic circle onto 4th Street. At 1st intersection (blinking traffic light and hospital), take a right onto New Jersey Ave. Follow New Jersey Ave. to stop sign. Take left onto 10th Street. At stop sign, take a right onto Doughboy Loop. The indoor pool is the blue and yellow building immediately on your left (ample parking in front of building).</p>
LODGING:	<ul style="list-style-type: none"> • Days Inn – 1073 Route 206, Bordentown, NJ 08505, (609) 298-6100 (< 10 miles from pool) • Best Western – 1068 Route 206, Bordentown, NJ 08505, (609) 298-8000 (< 10 miles from pool) • Econo Lodge – 187 US Hwy 130, Bordentown, NJ 08505, (609) 298-5000 (< 10 miles from pool) • Hampton Inn - 2004 Route 206, Bordentown, NJ 08505, 609-298-4000 (< 10 miles from pool) • Quality Inn – 21 Wrightstown-Cookstown Rd., Wrightstown, NJ, (609) 723-6500 (< 5 miles from pool) • Comfort Inn – 1009 Route 206, Bordentown (609) 298-6100 (< 10 miles from pool) • Ramada Inn - 1083 Route 206, Bordentown, NJ, 08505, (609) 298-3200 (< 10 miles from pool)

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TEAM SUMMARY SHEET

* **This form must be mailed in with the entries** *(even if entries are sent on disk).*

CLUB NAME: _____ CLUB CODE: _____ LSC: _____

COACH: _____ PHONE #: (_____) _____ - _____

CLUB ADDRESS: _____

EMAIL ADDRESS: _____
E-Mail Address will be used to pass info (meet changes, results, etc. to your team)

MEET ENTRY INFORMATION:

INDIVIDUAL EVENTS _____ x \$3.00 = \$ _____

RELAY'S _____ x \$6.00 = \$ _____

SURCHARGES (applies to teams with more than five swimmers who do not submit entries on a HY-TEK disk)

SWIMMERS _____ x \$5.00 = \$ _____

TOTAL = \$ _____

(Make checks payable to JERSEY STORM SWIMMING)

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assignees, waive and release any and all claims for damages which I/we may have against USS, Jersey Storm Swimming, their agents or representatives, for any and all injuries suffered by myself/us and/or my swimmers in, at, and during travel to/from said meet. I/we are bona-fide amateur athlete(s), USS registered, and eligible to compete in all of the events I/we have entered.

CLUB REP. NAME/SIGNATURE: _____ / _____

PHONE NUMBER: (_____) _____ - _____

Entry deadline is 6:00PM, FRIDAY, OCT 18th, 2002. NO LATE ENTRIES WILL BE ACCEPTED

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JERSEY STORM SWIMMING RELAY EVENT ENTRY FORM

CLUB: _____ CLUB CODE: _____

COACH: _____

PHONE #: (_____) _____ - _____

E-MAIL ADDRESS: _____

	NAMES	AGE	USS #	EVENT #	TIME
1					
2					
3					
4					
1					
2					
3					
4					
1					
2					
3					
4					
1					
2					
3					
4					
1					
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