

Delaware Swim Team
Presents their
A/BB/C SPRING SPRINT & MINI MEET
May 1 - 2, 2004

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc. Sanction # MA 0476A

LOCATION	<p>McKean High School 310 McKennans Church Road Wilmington, DE 19808</p> <p>Day of meet ONLY emergency phone # 302-995-5135</p>
FACILITIES	<p>A 6 lane, 25 yard indoor pool with electronic timing, judging system and scoreboard. Depth of the pool at the starting end is 12'. Height of the starting blocks is 29". Seating Capacity: 500 Parking: Large lot adjoining pool facility Refreshments: Snack Bar & Coach/Volunteer hospitality area will be provided.</p>
MEET REFEREE	<p>Kent Steeves ~737-9291 e-mail: makk4@verizon.net</p>
MEET DIRECTOR	<p>Pete Nellius ~ 302-388-3456 e-mail: pnellius@aol.com</p>
SAFETY DIRECTOR	<p>Michael Ramone ~ 302-652-4378 e-mail: miker@freestyles.org</p>
OFFICIALS	<p>Please contact our Meet Director, Pete Nellius, if you are able to officiate.</p>
ELIGIBILITY	<p>This meet is open to all swimmers registered with USA Swimming. Swimmer's age is as of May 1, 2004. No proof of time is required as there are no qualifying times.</p> <p>Swimmers may enter a maximum of 5 individual events</p>
ENTRY LIMITATIONS	<p>The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</p>
ORDER OF EVENTS WARM-UP PROCEDURES & START TIMES	<p>See attached sheet listing the order of events and event numbers.</p> <p>Warm-up: NO DIVING OFF BLOCKS OR THE EDGE OF THE POOL during this time. The first 30 minutes of each warm-up session will be assigned warm-ups, in lanes by team. The last 10 minutes of each session will be sprints, with all starts beginning at the starting block end of the pool. Swimmers must swim one length of the pool and exit the pool at the opposite end. Swimmers must be under the direct supervision of a currently registered USS coach.</p>

			Warm-Up Time	Start Time
Session 1	Saturday, May 1 st	8 & Under	8:00 AM	8:45 AM
Session 2	Saturday, May 1 st	9 & Over	No earlier than 11:30 AM	No earlier than 12:15 PM
Session 3	Sunday, May 2 nd	9 & Over	11:30 AM	12:15 PM

Lane assignments for warm-up will be posted at the meet.

DECK ENTRIES

Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$5.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before during warm-ups.

SWIMMERS WITHOUT A COACH

Swimmers unaccompanied by a credentialed USA Swimming coach should report to the Meet Director before the warm-up for each session.

SEEDING

This is a pre-seeded, timed finals A/BB/C and mini meet.

HOW TO ENTER

Entry times are to be submitted in the course in which they were achieved: LCM, SCM, or SCY. Times submitted in a course other than SCY will not be treated as non-conforming times. "NO TIMES" will be accepted.

All entries must be submitted manually on the attached DST non-computer entry form (Swimmer's USA Swimming Registration number must be clearly included) OR on a 3 1/2" disk. If you have the Hy-Tek computer programs Team Manager and COMMLINK, submit the following printouts along with the diskette: 1 printout from COMMLINK of entries, 1 printout from COMMLINK of swimmers, 1 printout from Team Manager of the meet entries. Separate the boys and girls and sort by age.

You must complete the DST Meet Summary Form and mail with the entry whether you use the disk entry or the manual entry form. A club contact person must be listed on the entry summary form, including an e-mail address. A \$5.00 surcharge per swimmer will be imposed on teams that have submitted a hand written entry with five or more swimmers. This processing fee must be included with your entries.

ENTRY FEES

\$3.00 PER INDIVIDUAL EVENT

SEND ENTRIES TO

Delaware Swim & Fitness Center
c/o Kathy Drysdale/Meet Entries
2150 New Castle Avenue
New Castle, DE. 19720

Make all checks payable to "Delaware Swim Team"

Any questions regarding entry forms should be directed to Kathy Drysdale:
Phone: 302-652-4378
E-mail: kathyd@freestyles.org
Fax: 302-652-5343

ENTRY DEADLINE	Monday, April 19, 2004. No late entries will be accepted.
RULES	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command, supplemented with verbal commands, and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p>
SCORING & AWARDS	<p>9-12 Year Old Swimmers: Swimmers entered with USA "A" times – Medals 1st -3rd, Ribbons 4th – 6th places Swimmers entered with USA "BB" times – Rosettes 1st-3rd, Ribbons 4th – 6th places Swimmers entered with USA "C" times – Ribbons 1st – 6th places</p> <p>8 & Under Swimmers: Rosette for 1st through 3rd places Standard ribbons for 4th through 6th places.</p> <p>Awards will not be given for 13 & Over events.</p>
PROGRAMS & ADMISSION	\$3.00 per session (No charge for children under 8) Officials admitted free.
RESULTS	Will be posted on the Delaware Swim Team website: www.delawareswimteam.com and the Middle Atlantic website www.maswim.org
DIRECTIONS	From Philadelphia & NJ - Take I-95 South (follow signs for Baltimore) to Exit 4B, Churchman's Crossing/Stanton, (Rt 58 & 7) Bear right at top of ramp. Turn right on Route 7 North. Proceed on Route 7 North, cross Route 2, and bear right at Mealy's Funeral home on to McKennan's Road. Continue straight until you come to McKean High School. Entrance on the left.
ACCOMODATIONS	Contact Kathy Drysdale at DST 302-652-4378 for referrals

Saturday, May 1, 2004 - Session I

Warm-up 8:00 am...Start 8:45 am

Girls		Boys
1	8 Year Olds-100 IM	2
3	7 & Under-100 IM	4
5	8 Year Olds-25 Free	6
7	7 Year Olds-25 Free	8
9	6 Year Olds-25 Free	10
11	8 & Under-50 Free	12
13	5 & Under-25 Free	14
15	8 Year Olds-25 Breast	16
17	7 Year Olds-25 Breast	18
19	6 & Under-25 Breast	20
21	8 & Under-50 Breast	22
	10 Minute Break	
23	8 Year Olds-25 Back	24
25	7 Year Olds-25 Back	26
27	6 Year Olds-25 Back	28
29	8 & Under-50 Back	30
31	5 & Under-25 Back	32
33	8 Year Olds-25 Fly	34
35	7 Year Olds-25 Fly	36
37	6 & Under-25 Fly	38
39	8 & Under-50 Fly	40

Saturday, May 1, 2004 - Session 2

Warm-up No Earlier Than 11:30 am...Start No Earlier Than 12:15 pm

41	11/12 50 Yard Butterfly	42
43	9/10 50 Yard Butterfly	44
45	13 & Over 100 Yard IM	46
47	11/12 100 Yard IM	48
49	9/10 100 Yard IM	50
51	13 & Over 50 Yard Freestyle	52
53	11/12 50 Yard Freestyle	54
55	9/10 50 Yard Freestyle	56
57	13 & Over 100 Yard Backstroke	58
59	11/12 100 Yard Backstroke	60
61	9/10 100 Yard Backstroke	62
63	11/12 50 Yard Breaststroke	64
65	9/10 50 Yard Breaststroke	66

Sunday, May 2, 2004- Session 3

Warm-up 11:30 am...Start 12:15 pm

67	11/12 50 Yard Backstroke	68
69	9/10 50 Yard Backstroke	70
71	13 & Over 100 Yard Butterfly	72
73	11/12 100 Yard Butterfly	74
75	9/10 100 Yard Butterfly	76
77	13 & Over 100 Yard Freestyle	78
79	11/12 100 Yard Freestyle	80
81	9/10 100 Yard Freestyle	82
83	13 & Over 100 Yard Breaststroke	84
85	11/12 100 Yard Breaststroke	86
87	9/10 100 Yard Breaststroke	88

ONLY OFFICIALS, COACHES AND MEET VOLUNTEERS ARE PERMITTED ON DECK!

PLEASE NOTE THAT USA SWIMMING AND MIDDLE ATLANTIC REGULATIONS WILL BE IN EFFECT.

**DELAWARE SWIM TEAM'S
A/BB/C SPRING SPRINT & UNDER MINI MEET
May 1 - 2, 2004
Meet Summary Form
(This Form Must Accompany All Entries)**

Team Name _____ **Code** _____

Coach # _____ **E-Mail** _____ **Phone** _____

Address _____ **City** _____ **State** _____ **Zip** _____

Contact Person _____ **E-Mail** _____
Phone _____

of Girl Swimmers _____

Individual Girl Entries _____ X 3.00 = \$ _____

of Boy Swimmers _____

Individual Boy Entries _____ X 3.00 = \$ _____

Swimmer Surcharge If Applicable

Total # Swimmers _____ X \$5.00 = \$ _____

Total Amount Enclosed: \$ _____

Make Checks Payable to: Delaware Swim Team

Mail Entries to: Delaware Swim & Fitness Center
c/o Kathy Drysdale/Spring 9 & Under Mini Meet
2150 New Castle Avenue
New Castle, DE 19720

Phone: (302) 652-4378

Entry Deadline: April 19, 2004.

THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY

