

**Five Swim Club Winter Carnival A/BB/C Meet With Relays Closed Invitational**  
**January 8 & 9, 2005**  
**MA Sanction # MA 0568 CI**

This meet is open to all 9 and over swimmers from the invited teams registered with U.S. Swimming for 2005. The 2005 United States Swimming Rules will apply. Swimmer's ages as of January 8, 2005 governs the entire meet. This meet will be conducted using the No Recall false start rule. The Meet will also use the whistle command starting procedure.

**Purpose:** The purpose of the meet is for coaches to bring their entire team together to evaluate midseason times in a wide variety of events. Our goal is to conduct the meet so that it is a pleasurable event for all who attend. In keeping with this spirit, all of our sessions will be conducted in a maximum time span of 4 hours in length.

**Site:** Lititz Community Center, 301 W. Maple St., Lititz, PA; 25 yards; 8 lanes with non-turbulent lane lines and Colorado Timing System with score board. The water depth at the starting end of the pool is 12 feet. **Emergency calls the day(s) of the meet may be made to (717) 626-5096.**

**Awards:** This is a timed finals meet. The meet will be preseeded and scored on each level (A, B, C) for each event. The top eight (8) times in each level will receive awards. A entries: medals 1<sup>st</sup> to 3<sup>rd</sup>, ribbons to 8<sup>th</sup>; B entries: large rosettes 1<sup>st</sup> to 3<sup>rd</sup>, ribbons to 8<sup>th</sup>; C entries: regular ribbons 1<sup>st</sup> to 8<sup>th</sup>. There will be no awards for the 15 and over age group. Award levels will be determined by the entry times. All awards must be picked up by a coach or parent representative at the conclusion of the last session or after the last event in which your team has a swimmer participating. No awards will be mailed.

**Entry Fees:** \$3.00 per event. **Entries must be received by 6:00 PM on Tuesday, December 28, 2004. No late or phone entries will be accepted.**

**Swimmers may compete in up to five (5) events per day.**  
**Swimmers must provide their own timer and lap counter for the 1000 and the 1650 Free.**

**Officials:** Any one wishing to volunteer or officiate, please contact **Karen Shaub** at (717) 626-4159. All officials and coaches on deck must wear their official USS Membership Badge. Meet workers will be identified with a special badge. No other people will be allowed on deck.

**Safety:** Middle Atlantic Swimming Rules and Warm-up Procedures will be in effect at this meet. Coaches, parents, and every swimmer should become familiar with the rules and procedures. Swimmers must be under the direct supervision of a currently registered coach. All unattached swimmers must report to a safety director prior to warm-up. All swimmers must enter the water feet first from the starting end of the pool. No diving in lanes other than those designated for diving. A swimmer could be suspended from the meet for non-compliance. Safety Director for the meet is David Hagan (717) 664-2851.

**Warm-ups:** First Session Each Day: General Warm-ups from 7:00 to 8:15. Sprint lanes will be open 7:55 to 8:10. Second Session Each Day: General Warm-ups from 11:30 to 1:00.

**Spectators:** Admission-\$3.00 per person/per day. Program covering all sessions-\$5.00. All spectators will view the meet from a two hundred and fifty (250) seat balcony. A concession stand will be available. Parking is available on the Community Center lot and on adjacent school parking lots.

**Final Results:** A copy of the results will be available to coaches who submitted entries on a disk at the conclusion of the meet. Final results will be posted on the Middle Atlantic website.

**Entries: Entries must be received by 6:00 PM on Tuesday, December 28, 2004.** All entries should be made on a computer 3 ½ inch disk using the Hy-Tek Commlink Program. A hard copy must accompany a disk. If entries are faxed, the original forms must be received by the December 28 deadline. **No late or phone entries will be accepted.** Swimmers with incomplete or illegible USS members will be rejected. All entries must be swimmers best times and are subject to Middle Atlantic penalties. Entry corrections will be accepted only from the coach or team representative listed on the entry form. Deck entries will be accepted at the meet director's discretion. The cost will be \$6.00 per entry. Deck entries will not be eligible for awards. All deck entries will be handled by the meet director prior to the start of the session.

Please make one check payable to; **Lititz Community Center.** Mail to Five Star Swim Club, C/O Mark Daum, 301 W. Maple St., Lititz, PA 17543.

Questions: Meet Director, Karen Eiding, keiding@ptd.net

### **Hotels**

Warwick Inn & Suites – 613 Furnace Hills Pike (Rt. 501 N) (717) 627-7500

Country Inn & Suites – Rt. 72 N (717) 665-5440

Fairfield Inn by Marriott – Rt. 72 N (717) 581-8122

Hilton Garden – Rt. 72 N (717) 560-0880

Directions to the pool are available on the MA Website [www.maswim.org](http://www.maswim.org)

**Five Star Swim Club Winter Carnival  
January 8 & 9, 2005**

TEAM NAME: \_\_\_\_\_ TEAM CODE: \_\_\_\_\_  
 HEAD COACH: \_\_\_\_\_  
 TEAM MAILING ADDRESS: \_\_\_\_\_  
 CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_  
 TELEPHONE: HOME ( ) \_\_\_\_\_ OFFICE ( ) \_\_\_\_\_  
 CONTACT PERSON FOR QUESTIONS ON ENTRIES: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_  
 TELEPHONE: HOME ( ) \_\_\_\_\_ OFFICE ( ) \_\_\_\_\_  
 EMAIL: \_\_\_\_\_

MAIL ENTRIES TO: FIVE STAR SWIM CLUB  
 C/O MARK DAUM  
 301 W. MAPLE ST.  
 LITITZ, PA 17543

POOL (717) 626-5096  
 FAX (717) 627-3795

**ENTRY DEADLINE: 6:00 PM TUESDAY, DECEMBER 28, 2004  
 Please make check payable to: LITITZ COMMUNITY CENTER**

	<u>ENTRIES</u>		
	<u>Number</u>	<u>Cost</u>	<u>Amount</u>
9 Yr. Girls entries	_____	@ \$3.00	\$ _____
9 Yr. Boys entries	_____	@ \$3.00	\$ _____
10 Yr. Girls entries	_____	@ \$3.00	\$ _____
10 Yr. Boys entries	_____	@ \$3.00	\$ _____
11 Yr. Girls entries	_____	@ \$3.00	\$ _____
11 Yr. Boys entries	_____	@ \$3.00	\$ _____
12 Yr. Girls entries	_____	@ \$3.00	\$ _____
12 Yr. Boys entries	_____	@ \$3.00	\$ _____
13 & Over Girls entries	_____	@ \$3.00	\$ _____
13 & Over Boys entries	_____	@ \$3.00	\$ _____

**TOTAL** \$ \_\_\_\_\_

Coach's Signature: \_\_\_\_\_

**THIS FORM MUST ACCOMPANY THE OFFICIAL ENTRY BLANKS**

**Five Star Swim Club Winter Carnival  
Saturday, January 8, 2005**

<b>Girls</b>	<b>Session 1 7:00 Warm-up 8:15 Start</b>	<b>Boys</b>
1	Senior 100 Breaststroke*	2
3	Senior 200 Backstroke*	4
5	Senior 100 Freestyle*	6
7	Senior 200 IM*	8
9	Senior 200 Butterfly*	10
11	13 & Over 200 Freestyle Relay*	12
13	Senior 1000 Freestyle*	14
<b>Session 2** 11:30 Warm-up 1:00 Start</b>		
15	11-12 Yr. 200 IM	16
17	9-10 Yr. 200 IM	18
19	11-12 Yr. 50 Freestyle	20
21	9-10 Yr. 50 Freestyle	22
23	11-12 Yr. 100 Breaststroke	24
25	9-10 Yr. 100 Breaststroke	26
27	11-12 Yr. 50 Backstroke	28
29	9-10 Yr. 50 Backstroke	30
31	11-12 Yr. 100 Butterfly	32
33	9-10 Yr. 100 Butterfly	34
35	11-12 Yr. 200 Freestyle Relay	36
37	9-10 Yr. 200 Freestyle Relay	38

**\*These events will be scored for 13-14 only.**

**Five Star Swim Club Winter Carnival  
Sunday, January 9, 2005**

<b>Girls</b>	<b>Session 3 7:00 Warm-up 8:15 Start</b>	<b>Boys</b>
39	Senior 400 IM*	40
41	Senior 200 Breaststroke*	42
43	Senior 200 Freestyle*	44
45	Senior 100 Backstroke*	46
47	Senior 100 Butterfly*	48
49	13 & Over 200 Medley Relay*	50
51	Senior 1650 Freestyle*	52
 <b>Session 4** 11:30 Warm-up 1:00 Start</b>		
53	11-12 Yr. 200 Freestyle	54
55	9-10 Yr. 200 Freestyle	56
57	11-12 100 IM	58
59	9-10 Yr. 100 IM	60
61	11-12 Yr. 50 Breaststroke	62
63	9-10 Yr. 50 Breaststroke	64
65	11-12 Yr. 100 Backstroke	66
67	9-10 Yr. 100 Backstroke	68
69	11-12 Yr. 50 Butterfly	70
71	9-10 Yr. 50 Butterfly	72
73	11-12 Yr. 100 Freestyle	74
75	9-10 Yr. 100 Freestyle	76
77	11-12 Yr. 200 Medley Relay	78
79	9-10 Yr. 200 Medley Relay	80

**\*These events will be scored for 13-14 only.**