

**Delaware Swim Team**  
Presents their  
**High Point**  
**Mini Medal Meet**  
**November 7, 2004**

Held under the Sanction of USA Swimming  
Sanctioned by Middle Atlantic Swimming, Inc.  
Sanction # MA 0517 M

|                          |   |
|--------------------------|---|
| <b>LOCATION</b>          | <p>McKean High School<br/>310 McKennans Church Road<br/>Wilmington, DE 19808</p> <p>Day of meet ONLY emergency phone # 302-995-5135</p>   |
| <b>FACILITIES</b>        | <p>A 6 lane, 25 yard indoor pool with electronic timing, judging system, and scoreboard. Depth of the pool at the starting end is 12'. Height of the starting blocks is 29".</p> <p>Seating Capacity: 500</p> <p>Parking: Large lot adjoining pool facility</p> <p>Refreshments: Snack Bar &amp; Coach/Volunteer hospitality area will be provided.</p> |
| <b>MEET REFEREE</b>      | Kent Steeves 302-737-9291 e-mail: <a href="mailto:makk4@verizon.com">makk4@verizon.com</a>  |
| <b>MEET DIRECTOR</b>     | Pete Nellius 302-399-3673 e-mail: <a href="mailto:pnellius@aol.com">pnellius@aol.com</a>  |
| <b>SAFETY DIRECTOR</b>   | Michael Ramone 302-652-4378 e-mail: <a href="mailto:miker@freestyles.org">miker@freestyles.org</a>  |
| <b>OFFICIALS</b>         | Please contact our Meet Director, Pete Nellius, if you are able to officiate.   |
| <b>ELIGIBILITY</b>       | <p>This meet is open to all swimmers registered with USA Swimming. Swimmer's age is as of November 7, 2004. No proof of time is required as there are no qualifying times.</p> <p>Swimmers may enter a maximum of 5 individual events plus relays</p>   |
| <b>ENTRY LIMITATIONS</b> | The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund or offered alternate event placement.  |

| <p><b>ORDER OF EVENTS</b></p> <p><b>WARM-UP PROCEDURES &amp; START TIMES</b></p> | <p>See attached sheet listing the order of events and event numbers.</p> <p>Warm-up: NO DIVING OFF BLOCKS OR THE EDGE OF THE POOL during this time. The last 10 minutes of each session will be sprints, with all starts beginning at the starting block end of the pool. Swimmers must swim one length of the pool and exit the pool at the opposite end. Swimmers must be under the direct supervision of a currently registered USA Swimming coach. Lane assignments for warm-up will be posted at the meet.</p> <p style="text-align: center;"><b>Warm-up/Start Schedule</b><br/><b>Sunday, November 7, 2004</b></p> <table border="1" data-bbox="496 474 1502 541"> <thead> <tr> <th colspan="2"></th> <th>Warm-Up Time</th> <th>Start Time</th> </tr> </thead> <tbody> <tr> <td>Sessions 1</td> <td>8 &amp; Under</td> <td>No Earlier than 11:15 AM</td> <td>No Earlier than 12:00 PM</td> </tr> </tbody> </table>  |                          |                          | Warm-Up Time | Start Time | Sessions 1 | 8 & Under | No Earlier than 11:15 AM | No Earlier than 12:00 PM |
|--|---|--------------------------|--------------------------|--------------|------------|------------|-----------|--------------------------|--------------------------|
|  |   | Warm-Up Time             | Start Time               |              |            |            |           |                          |                          |
| Sessions 1   | 8 & Under   | No Earlier than 11:15 AM | No Earlier than 12:00 PM |              |            |            |           |                          |                          |
| <p><b>DECK ENTRIES</b></p>   | <p>Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$5.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups.</p>   |                          |                          |              |            |            |           |                          |                          |
| <p><b>SWIMMERS WITHOUT A COACH</b></p>   | <p>Swimmers unaccompanied by a credentialed USA Swimming coach should report to the Meet Director before the warm-up for each session.</p>  |                          |                          |              |            |            |           |                          |                          |
| <p><b>SEEDING</b></p>  | <p>This is a pre-seeded, timed final Mini meet.</p>   |                          |                          |              |            |            |           |                          |                          |
| <p><b>HOW TO ENTER</b></p>   | <p>Entry times are to be submitted in the course in which they were achieved: LCM, SCM, or SCY. Times submitted in a course other than SCY will not be treated as non-conforming times. "NO TIMES" will be accepted.</p> <p>All entries must be submitted manually on the attached DST non-computer entry form (Swimmer's USA Swimming Registration number must be clearly included) OR on a 3 ½" disk. If you have the Hy-Tek computer programs Team Manager and COMMLINK, submit the following printouts along with the diskette: 1 printout from COMMLINK of entries, 1 printout from COMMLINK of swimmers, 1 printout from Team Manager of the meet entries - separate the boys and girls and sort by age.</p> <p>You must complete the DST Meet Summary Form and mail with the entry whether you use the disk entry or the manual entry form. A club contact person must be listed on the entry summary form, including an e-mail address. A \$5.00 surcharge per swimmer will be imposed on teams that have submitted a non-computer entry with ten or more swimmers. This processing fee must be included with your entries.</p> |                          |                          |              |            |            |           |                          |                          |
| <p><b>ENTRY FEES</b></p>   | <p><b>\$2.50 PER INDIVIDUAL EVENT</b></p> <p><b>\$6.00 PER RELAY ENTRY</b></p>  |                          |                          |              |            |            |           |                          |                          |

|  |  |
|--|--|
| <b>SEND ENTRIES TO</b>                                   | <p>Delaware Swim &amp; Fitness Center (Make all checks payable to "Delaware Swim Team")<br/> c/o Kathy Drysdale/Meet Entries<br/> 2150 New Castle Avenue<br/> New Castle, DE. 19720</p> <p>Any questions regarding entry forms should be directed to Kathy Drysdale:<br/> Phone: 302-652-4378 E-mail: <a href="mailto:kathyd@freestyles.org">kathyd@freestyles.org</a> Fax: 302-652-5343</p>   |
| <b>ENTRY DEADLINE</b>                                    | <b>Monday, October 25, 2004.</b> No late entries will be accepted.   |
| <b>RULES</b>   | <p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command supplemented with verbal commands and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p> |
| <b>SCORING &amp; AWARDS</b>                              | <p>Ribbons 1<sup>st</sup> – 6<sup>th</sup> place in each event. Combined events will be scored separately for each age group: 5 &amp; Under, 6, 7, 8. In addition to individual event ribbons, <b>Individual High Point Medals</b> will be awarded 1<sup>st</sup> through 3<sup>rd</sup> places in each age group. Relays are not included for individual high point scoring.</p>  |
| <b>PROGRAMS &amp; ADMISSION</b><br><br><b>VOLUNTEERS</b> | <p>\$3.00 Per Session</p> <p>A free program and refreshments will be offered to those volunteering to assist with the operation of the meet by serving as timers, runners, or in any other function as designated by the meet director.</p>  |
| <b>RESULTS</b>   | <p>Will be posted on the DST website: <a href="http://www.delawareswimteam.com">www.delawareswimteam.com</a><br/> and the Middle Atlantic website: <a href="http://www.maswim.org">www.maswim.org</a></p>  |
| <b>DIRECTIONS</b>  | <p>From Philadelphia &amp; NJ - Take I-95 South (follow signs for Baltimore) to Exit 4B: Churchman's Crossing/Stanton (Rt 58 &amp; 7) Bear right at top of ramp. Turn right on Route 7 North. Proceed on Route 7 North, cross Route 2, and bear right at Mealy's Funeral Home on to McKennan's Road. Continue straight until you come to McKean High School. Entrance on the left.</p>   |
| <b>ACCOMODATIONS</b>                                     | <p>Contact Kathy Drysdale at DST 302-652-4378 for referrals</p>  |

**DELAWARE SWIM TEAM'S  
HIGH POINT MINI MEET  
NOVEMBER 7, 2004**

**Meet Summary Form  
This Form Must Accompany All Entries**

**Team Name** \_\_\_\_\_ **Code** \_\_\_\_\_

**Coach** \_\_\_\_\_ **E-Mail** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Contact Person** \_\_\_\_\_ **E-Mail** \_\_\_\_\_ **Phone** \_\_\_\_\_

**# of Girl Swimmers** \_\_\_\_\_

**# Individual Girl Entries** \_\_\_\_\_ X 2.50 = \$ \_\_\_\_\_

**# Relay Girl Entries** \_\_\_\_\_ X 6.00 = \$ \_\_\_\_\_

**# of Boy Swimmers** \_\_\_\_\_

**# Individual Boy Entries** \_\_\_\_\_ X 2.50 = \$ \_\_\_\_\_

**# Relay Boy Entries** \_\_\_\_\_ X 6.00 = \$ \_\_\_\_\_

**Swimmer Surcharge If Applicable**

**Total # Swimmers** \_\_\_\_\_ X \$5.00 = \$ \_\_\_\_\_

**Total Amount Enclosed: \$ \_\_\_\_\_**

**Make Checks Payable to: Delaware Swim Team**

**Mail Entries to: Delaware Swim & Fitness Center  
c/o Kathy Drysdale/Meet Entries  
2150 New Castle Avenue  
New Castle, DE 19720**

**Phone: (302) 652-4378**

**Entry Deadline: October 25, 2004.**

**THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY**

# Delaware Swim Team's High Point Mini Medal Meet

Sunday, November 7, 2004

## Girls

## Boys

|    |           |             |           |    |
|----|-----------|-------------|-----------|----|
| 1  | 100 IM    | 8 Year Olds | 100 IM    | 2  |
| 3  | 100 IM    | 7 & Under   | 100 IM    | 4  |
| 5  | 25 Free   | 8 Year Olds | 25 Free   | 6  |
| 7  | 25 Free   | 7 Year Olds | 25 Free   | 8  |
| 9  | 25 Free   | 6 Year Olds | 25 Free   | 10 |
| 11 | 25 Free   | 5 & Under   | 25 Free   | 12 |
| 13 | 50 Free   | 8 & Under   | 50 Free   | 14 |
| 15 | 25 Breast | 8 Year Olds | 25 Breast | 16 |
| 17 | 25 Breast | 7 Year Olds | 25 Breast | 18 |
| 19 | 25 Breast | 6 & Under   | 25 Breast | 20 |
| 21 | 50 Breast | 8 & Under   | 50 Breast | 22 |
| 23 | 25 Fly    | 8 Year Olds | 25 Fly    | 24 |
| 25 | 25 Fly    | 7 Year Olds | 25 Fly    | 26 |
| 27 | 25 Fly    | 6 & Under   | 25 Fly    | 28 |
| 29 | 50 Fly    | 8 & Under   | 50 Fly    | 30 |
| 31 | 25 Back   | 8 Year Olds | 25 Back   | 32 |
| 33 | 25 Back   | 7 Year Olds | 25 Back   | 34 |
| 35 | 25 Back   | 6 Year Olds | 25 Back   | 36 |
| 37 | 25 Back   | 5 & Under   | 25 Back   | 38 |
| 39 | 50 Back   | 8 & Under   | 50 Back   | 40 |

## 5 Minute Break

|    |                |           |                |    |
|----|----------------|-----------|----------------|----|
| 41 | 200 Free Relay | 8 & Under | 200 Free Relay | 42 |
|----|----------------|-----------|----------------|----|

