

Suburban Swim Club

Musical Mini Meet

Sunday, November 14, 2004

Each event will have a random heat in which music will be played, (after the official start of the heat); the winner of that heat will receive a prize.

To be held at the Suburban Swim Center, 1365 Gradyville Road,
Newtown Square, Pennsylvania

Held under the Sanction of Middle Atlantic Swimming, Sanction # MA 0535 M

Sunday, November 14, 2004

Girls Warm-up @ 8:00 a.m./Start @ 8:30a.m.

Boys Warm-up @ 1 p.m./Start @ 1:30 p.m.

Because of parking restrictions we have split the meet into Girls and Boys, this will allow for comfortable deck and spectator seating.

MEET DIRECTOR: Tom Southmayd

SAFETY DIRECTOR: Kim Southmayd

MEET REFEREE: To be determined

NOTE: Because of parking limitations at the pool, remote parking may be used, but a shuttle will run between the remote parking and the pool. In addition, entries will be kept to a minimum because of the parking limitations.

Eligibility: This pre-seeded meet is open to all swimmers, 8 years old and younger, registered with USA Swimming and will be conducted according to correct USA Swimming Code of Regulations. No proof of time is required, as there are no qualifying times. The age of the swimmer on the day of the meet will determine the age group of competition. The meet director reserves the right to limit entries to conform with MA rules. Notification will be provided to swimmers teams concerning limitation or elimination of any heats/events. Meet fees will be refunded to teams/swimmers who do not participate in any event due to limitations.

Entries: Swimmers may enter a maximum of 5 (five) individual events. Penalties will be imposed upon any swimmer when any coach, parent, swimmer enters any time other than the swimmer's best time for any event and could result in the swimmer's suspension from competition for a minimum of three months, but not more than one year. Further violation by a coach, parents or swimmer could result in that person being forbidden to participate in or attending U.S. Swimming functions.

Entry fee: \$2.50 per individual event, make checks payable to: Suburban Swim Club.

Entries due: All entries must be received by November 6, 2004. No late or phone entries will be accepted.

Mail to: Suburban Swim Club, 3615 Gradyville Road, Newtown Square, PA 19073

Facility: Suburban Swim Club Pool, 3615 Gradyville Road, Newtown Square, PA. An 8 lane, 25 yard pool with electronic timing, judging system and scoreboard. Depth of the pool at the starting end is 5'. Paragon starting blocks. Snack bar will be available.

Directions:

From I-476 N – take exit for Swarthmore/Media. Turn left at the exit ramp light and take Baltimore Pike to the intersection of Baltimore Pike and Route 252. Turn right onto Route 252 North. Follow 252 North to Gradyville Road. Turn right at the light at Gradyville Road. The pool is on your left.

From I-476 S – take exit for Swarthmore/Media. Turn right at the exit ramp and follow the directions above.

Awards: Large rosette ribbons for 1st through 3rd. Standard ribbons for 4th through 16th place. In addition, a prize will be awarded to the winner of the Musical Heat. Relay ribbons for 1st through 3rd.

Program & Admission: \$3.00 for program.

Entry Information: All entries must be filled out on the official entry blank OR entries must be sent on a 3-1/2 disk (If you have the Hy-Tek computer programs Team Manager and COMMLINK, submit the following printouts along with the diskette: 1 printout from COMMLINK of entries, 1 printout from COMMLINK of swimmers, 1 printout from Team Manager of the meet entries; separate the boys and girls and sort by age.) You must complete the summary form and mail with the entry whether you use the disk entry or the non-computer entry form. A club contact person must be listed on the entry summary form. A \$2.00 manual processing fee/per swimmer will be charged for non-computer/disk entries, this fee must be included with your entry (see entry form). Any questions on entry forms should be directed to Tom Southmayd at Tsouthmayd@comcast.net.

Warm-up Period: Warm-ups will be broken into two sessions beginning at 11:30 a.m. and 11:55 a.m. The first 20 minute of each session will be assigned warm-ups, in lanes by team. No diving off blocks or the edge of the pool during this time. The last five minutes of each session will be sprints with all starts beginning at the starting block end. Swimmers must swim one length and exit the pool at the opposite end, after all starts. Swimmers must be under the direct supervision of a currently registered coach. All unattached swimmers and swimmers without a coach must report to the Meet Director prior to warming up. USA Swimming and Middle Atlantic Safety Procedures will be enforced. Swimmers violating safety procedures will be removed from warm-up for the

remainder of the warm-up session. Subsequent violations will cause the swimmer to be disqualified for the remainder of the meet.

Deck Entries: Subject to space availability, deck entries will be accepted on the day of the meet, (prior to the start of each session, if applicable) at the cost of \$5.00 per event. Deck entered swimmers will compete unofficially. You must see the meet director prior to the start of the meet for deck entries.

Starts: This meet will be run using the whistle start, supplemented with verbal commands and no recall false start rules.

Unattached Swimmers: If you are participating at this meet without a coach, you must see the meet director prior to the start of the meet. All unattached swimmers will be assigned to the SSC coach during this meet.

Results: Results will be posted on the MA Website (maswim.org). Any team/parents wishing results may use the order form on the heat sheets. Orders will be taken at the Ribbon Writing Table. Cost is \$8.00.

Parking: Large lot.

Seating: 300 spectators.

Officials: If you could help out by officiating, please bring your whites. We would appreciate your calling ahead if you will be available.

Emergency phone day of meet: (610) 325-3175.

Please note that US Swimming and MA Swimming Regulations will be in effect. Deck access will be limited to swimmers, coaches displaying current USA Swimming coaching credentials and essential meet personnel.

**SSC Musical Mini Meet
Schedule of Events
Sunday, November 14, 2004**

Girls

1 25 Free
3 25 Free
5 25 Free
7 25 Free
9 50 Free

11 25 Back
13 25 Back
15 25 Back
17 25 Back

19 25 Breast
21 25 Breast
23 25 Breast

25 25 Fly
27 25 Fly
29 25 Fly

31 100 IM
33 100 IM

5 & Under
6 Year Old
7 Year Old
8 Year Old
8 & Under

5 & Under
6 Year Old
7 Year Old
8 Year Old

6 & Under
7 Year Old
8 Year Old

6 & Under
7 Year Old
8 Year Old

7 & Under
8 Year Old

Boys

25 Free 2
25 Free 4
25 Free 6
25 Free 8
50 Free 10

25 Back 12
25 Back 14
25 Back 16
25 Back 18

25 Breast 20
25 Breast 22
25 Breast 24

25 Fly 26
25 Fly 28
25 Fly 30

100 IM 32
100 IM 34

SSC MEET ENTRY SUMMARY FORM

This form must accompany official disk and manual entries

Team Name: _____ **Club Code** _____

Head Coach: _____ **E-Mail** _____

Address: _____

City: _____ **State** _____ **Zip Code** _____

Club Entry Person Contact: _____

Telephone: _____ **Email** _____

Individual Fees: _____ @ **\$2.50** \$ _____

Relay Fees: _____ @ **\$6.00** \$ _____

Manual Entry Processing Fee _____ @ **\$2.00** \$ _____
(for non-disk entry swimmers only)

Total **Total** \$ _____

I certify that all swimmers from this team entered in the SSC Meet are current members of USA Swimming and that all coaches from this team who will attend the meet hold current coaching credentials.

Head Coach _____

