



<p><b>ORDER OF EVENTS</b></p> <p><b>WARM-UP PROCEDURES &amp; START TIMES</b></p>	<p>See attached sheet listing the order of events and event numbers.</p> <p>Warm-up: <b>NO DIVING OFF BLOCKS OR THE EDGE OF THE POOL</b> during this time. The last 10 minutes of each session will be sprints, with all starts beginning at the starting block end of the pool. Swimmers must swim one length of the pool and exit the pool at the opposite end. Swimmers must be under the direct supervision of a currently registered USA Swimming coach. Lane assignments for warm-up will be posted at the meet.</p> <p style="text-align: center;"><b>Warm-up/Start Schedule Saturday &amp; Sunday</b></p> <table border="1" data-bbox="496 474 1502 575"> <thead> <tr> <th colspan="2"></th> <th>Warm-Up Time</th> <th>Start Time</th> </tr> </thead> <tbody> <tr> <td>Sessions 1 &amp; 3</td> <td>13 &amp; Over</td> <td>8:00 AM</td> <td>9:00 AM</td> </tr> <tr> <td>Session 2 &amp; 4</td> <td>9-12</td> <td>No earlier than 3:30 PM</td> <td>No earlier than 4:15 PM</td> </tr> </tbody> </table>			Warm-Up Time	Start Time	Sessions 1 & 3	13 & Over	8:00 AM	9:00 AM	Session 2 & 4	9-12	No earlier than 3:30 PM	No earlier than 4:15 PM
		Warm-Up Time	Start Time										
Sessions 1 & 3	13 & Over	8:00 AM	9:00 AM										
Session 2 & 4	9-12	No earlier than 3:30 PM	No earlier than 4:15 PM										
<p><b>DECK ENTRIES</b></p>	<p>Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$6.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups.</p>												
<p><b>SWIMMERS WITHOUT A COACH</b></p>	<p>Swimmers unaccompanied by a credentialed USA Swimming coach should report to the Meet Director before the warm-up for each session.</p>												
<p><b>SEEDING</b></p>	<p>This is a pre-seeded, timed final A/BB/C meet.</p>												
<p><b>HOW TO ENTER</b></p>	<p>Entry times are to be submitted in the course in which they were achieved: LCM, SCM, or SCY. Times submitted in a course other than SCY will not be treated as non-conforming times. "NO TIMES" will be accepted.</p> <p>All entries must be submitted manually on the attached DST non-computer entry form (Swimmer's USA Swimming Registration number must be clearly included) OR on a 3 ½" disk. If you have the Hy-Tek computer programs Team Manager and COMMLINK, submit the following printouts along with the diskette: 1 printout from COMMLINK of entries, 1 printout from COMMLINK of swimmers, 1 printout from Team Manager of the meet entries - separate the boys and girls and sort by age.</p> <p>You must complete the <b>DST Meet Summary Form</b> and mail with the entry whether you use the disk entry or the manual entry form. A club contact person must be listed on the entry summary form, including an e-mail address. A \$5.00 surcharge per swimmer will be imposed on teams that have submitted a non-computer entry with five or more swimmers. This processing fee must be included with your entries.</p>												

<b>ENTRY FEES</b>	<b>\$3.00 PER INDIVIDUAL EVENT</b>
<b>SEND ENTRIES TO</b>	<p>Delaware Swim &amp; Fitness Center (Make all checks payable to "Delaware Swim Team")  c/o Kathy Drysdale/Meet Entries  2150 New Castle Avenue  New Castle, DE. 19720</p> <p>Any questions regarding entry forms should be directed to Kathy Drysdale:  Phone: 302-652-4378 E-mail: <a href="mailto:kathyd@freestyles.org">kathyd@freestyles.org</a> Fax: 302-652-5343</p>
<b>ENTRY DEADLINE</b>	<b>Friday, September 24, 2004. No late entries will be accepted.</b>
<b>RULES</b>	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p>
<b>SCORING &amp; AWARDS</b>	Individual High Point Trophies will be awarded 1 <sup>st</sup> through 6 <sup>th</sup> place, medals will be awarded 7 <sup>th</sup> through 12 <sup>th</sup> places, in each age group.
<b>PROGRAMS &amp; ADMISSION</b>	\$3.00 Per Session
<b>VOLUNTEERS</b>	A free program and refreshments will be offered to those volunteering to assist with the operation of the meet by serving as timers, runners, or in any other function as designated by the meet director.
<b>RESULTS</b>	Will be posted on DST's website: <a href="http://www.delawareswimteam.com">www.delawareswimteam.com</a> and the Middle Atlantic website: <a href="http://www.maswim.org">www.maswim.org</a>
<b>DIRECTIONS</b>	From the South – I-95 North to Exit 13 toward I-76 West/Valley Forge/PA-291/Island Ave. Merge onto Penrose Ave./PA-291 East toward I-76 West/Valley Forge. Turn Left onto South 26 <sup>th</sup> St./PA-291 East. South 26 <sup>th</sup> St./PA-291 becomes I-76 West. Merge onto US-1 N/Roosevelt Expressway via exit 340 B toward Roosevelt Blvd. Take the exit toward PA-611/Broad St. Stay straight to go onto St. Luke St. Turn Left onto N Broad St./PA-611. Turn left onto West Somerville Ave. Turn right onto Ogontz Ave. Turn Left onto Olney Ave. Hayman Center will be on your Left.
<b>ACCOMODATIONS</b>	Contact Kathy Drysdale at DST 302-652-4378 for referrals

**DELAWARE SWIM TEAM'S  
KICK-OFF CLASSIC A/BB/C MEET  
October 2 -3, 2004**

**Meet Summary Form**

**This Form Must Accompany All Entries**

**Team Name** \_\_\_\_\_ **Code** \_\_\_\_\_

**Coach** \_\_\_\_\_ **E-Mail** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Contact Person** \_\_\_\_\_ **E-Mail** \_\_\_\_\_ **Phone** \_\_\_\_\_

**# of Girl Swimmers** \_\_\_\_\_

**# Individual Girl Entries** \_\_\_\_\_ **X 3.00 = \$** \_\_\_\_\_

**# of Boy Swimmers** \_\_\_\_\_

**# Individual Boy Entries** \_\_\_\_\_ **X 3.00 = \$** \_\_\_\_\_

**Swimmer Surcharge If Applicable**

**Total # Swimmers** \_\_\_\_\_ **X \$5.00 = \$** \_\_\_\_\_

**Total Amount Enclosed: \$** \_\_\_\_\_

**Make Checks Payable to: Delaware Swim Team**

**Mail Entries to: Delaware Swim & Fitness Center  
c/o Kathy Drysdale/Meet Entries  
2150 New Castle Avenue  
New Castle, DE 19720**

**Phone: (302) 652-4378**

**Entry Deadline: September 24, 2004.**

**THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY**

# Delaware Swim Team's Kickoff Classic A/BB/C TROPHY MEET

**Saturday, October 2, 2004**

## SESSION 1

**Warm-up: 8:00 AM    Start: 9:00 AM**

Women		Men
1	13/14 100 Yard Freestyle	2
3	15 & Over 100 Yard Freestyle	4
5	13/14 100 Yard Butterfly	6
7	15 & Over 100 Yard Butterfly	8
9	13/14 200 Yard Breaststroke	10
11	15 & Over 200 Yard Breaststroke	12
13	13/14 100 Yard Backstroke	14
15	15 & Over 100 Yard Backstroke	16
17	13/14 200 Yard Freestyle	18
19	15 & Over 200 Yard Freestyle	20

## SESSION 2

**No earlier than 3:30 PM    Start: No earlier than 4:15 PM**

21	9/10 200 Yard Freestyle	22
23	11/12 200 Yard Freestyle	24
25	9/10 50 Yard Butterfly	26
27	11/12 50 Yard Butterfly	28
29	9/10 100 Yard Backstroke	30
31	11/12 100 Yard Backstroke	32
33	9/10 50 Yard Breaststroke	34
35	11/12 50 Yard Breaststroke	36
37	9/10 50 Yard Freestyle	38
39	11/12 50 Yard Freestyle	40
41	9/10 100 Yard IM	42
43	11/12 100 Yard IM	44

**Sunday, October 3, 2004**

## SESSION 3

**Warm-up: 8:00 AM    Start: 9:00 AM**

Women		Men
45	13/14 50 Yard Freestyle	46
47	15 & Over 50 Yard Freestyle	48
49	13/14 200 Yard Butterfly	50
51	15 & Over 200 Yard Butterfly	52
53	13/14 100 Yard Breaststroke	54
55	15 & Over 100 Yard Breaststroke	56
57	13/14 200 Yard Backstroke	58
59	15 & Over 200 Yard Backstroke	60
61	13/14 200 Yard IM	62
63	15 & Over 200 Yard IM	64

## SESSION 4

**No earlier than 3:30 PM    Start: No earlier than 4:15 PM**

65	9/10 200 Yard IM	66
67	11/12 200 Yard IM	68
69	9/10 100 Yard Butterfly	70
71	11/12 100 Yard Butterfly	72
73	9/10 50 Yard Backstroke	74
75	11/12 50 Yard Backstroke	76
77	9/10 100 Yard Breaststroke	78
79	11/12 100 Yard Breaststroke	80
81	9/10 100 Yard Freestyle	82
83	11/12 100 Yard Freestyle	84

