

MIDDLE ATLANTIC SWIMMING JUNIOR OLYMPIC AGE GROUP CHAMPIONSHIPS March 9-12, 2006

McGuinness Pool
Kunkel Aquatic Center
Franklin & Marshall College
929 Harrisburg Pike
Lancaster, PA 17604

Held under the sanction of Middle Atlantic Swimming
Sanction # MA 0670 AG
Time Trials # MA 0670 TT

General Chair
Administrative Chair
Age Group Chair
Officials Chair
Meet Directors
Safety Directors
Meet Referee
Middle Atlantic Office

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- ✂ The 400 IM for 11-12 age group has been added as a Timed Final event on Sunday; the fastest heat will swim at Finals.
- ✂ Swimmers qualifying with new entries at the Last Chance meets on March 4-5 can enter JOs. Last Chance Meet hosts must submit these entries to the MA office by 2:00 pm on March 6 on forms that will be provided.
- ✂ Long Course qualifying times will be accepted for entry into the Meet. Entry times must be submitted in the course in which they were achieved. Qualifying period is September 1, 2004 through the entry deadline.
- ✂ All e-mailed entries MUST include the number of swimmers, the number of individual event entries and the number of relay entries in the text of the e-mail. The TM entry file in MS Word document form MUST be attached. Entries received without this information will be returned.
- ✂ **Swimmers who qualify for FINALS on the last night and do not compete are subject to a \$50 fine, unless the swimmer has appropriately scratched.**
- ✂ All relay-only swimmers must be on the Team entry form and must pay the Meet surcharge.
- ✂ The top eight (8) relays (after check-in) for 11-12, 13-14 and 15-19 age groups will swim at Finals. All other relays will swim during the Prelim sessions.
- ✂ Teams must provide a timer for the 800 Free Relay on Thurs evening.

**COACHES AND SWIMMERS ARE RESPONSIBLE FOR FAMILIARIZING
THEMSELVES WITH ALL THE INFORMATION CONTAINED IN THIS PACKET**

SITE: The Kunkel Aquatic Center (F&M) has two 8-lane/25-yard pools equipped with Wave-Eater lane lines; water depth is 9 and 6 ft at the starting ends. F&M has Colorado timing systems with an eight-lane scoreboard at the deep (Finals) pool and a one-lane scoreboard display on the shallow pool. There is a balcony spectator area with seating for 400 persons.

ELIGIBILITY: This Meet is limited to Middle Atlantic swimmers only; swimmers must be currently registered with Middle Atlantic and USA Swimming in order to compete. This meet will be conducted according to current USA Swimming Rules and Regulations. Age group is determined by the swimmer's age on Thursday, March 9, 2006. **All qualifying times must have been swum no earlier than September 1, 2004.** All swimmers are limited to three (3) individual events and one (1) relay per day. Swimmers aged 12 and under may swim a total of ten (10) individual events for the Meet. Swimmers aged 13 through 19 may swim the 1000 Free on Thursday night plus six (6) additional individual events during the course of the Meet. All entry times must be from a USA Swimming Sanctioned, Observed or Approved meet, or a Middle Atlantic Accepted meet. Penalties may be imposed upon the swimmer when any coach, parent or swimmer enters a time other than the swimmer's best time for an event, and could cause the swimmer to be suspended from further competition for a minimum of three (3) months, but not more than one year.

ENTRIES: Swimmers entering this Meet must have achieved a time in an event that is equal or faster than the Qualifying Times in the appropriate course. All entries must be submitted in the course in which they were achieved; qualifying times swum in meter pools should NOT be converted but should be clearly identified if swum in short-course (SCM) or long course (LC) meters. All SCM entry times will be converted by Meet Manager and seeded conforming with the SCY entries (except for distance Freestyle events); LC entry times will be treated as non-conforming.

Entries sent with 'No Time' will be rejected!

All entries must be prepared using Hy-Tek CommLink or a compatible program and should be generated **using information from your Team's registration database (e.g., Team Manager)**. Teams may either (a) send a computer disk containing the entry information, a Hy-Tek entry report, the Meet Summary Sheet (in MS Word format) and your check to the MA Office, or (b) send the entry information and entry report via E-mail to office@maswim.org ; then send the Meet Summary Sheet and check to the MA Office. **All e-mailed entries must include the number of swimmers in the meet, the total number of individual event entries, and the total number of relay entries in the text of the e-mail.** The TM entry report in Word.doc format MUST be attached. Electronic entries received without this information will be rejected. Please waive the 'signature required' if your entry is sent via a Postal Service that provides one. **Do not send a disk if you e-mail your entries to the office. A report confirming all electronic entries will be sent to the Team contact via e-mail, and a Team will have 24 hours to make any corrections.** Swimmers currently registered as UNATTACHED may use the attached Entry Form. A fee of \$5.00 per swimmer will be charged any swimmer registered with a Club that does not use a computer entry; this is to insure that results will be correctly reported to the USA Swimming SWIMS database.

DECK ENTRIES WILL NOT BE ACCEPTED AT THIS MEET!

ENTRY FEE: \$4.00 for individual events and \$8.00 for Relays. **There is a \$3.00 surcharge for each swimmer, including Relay-only swimmers.** NOTE: All relay-only swimmers MUST be listed on the entry form and pay the meet surcharge – swimmers CANNOT be added at the Meet.

Please send ONE check per club payable to "**Middle Atlantic Swimming.**"

ENTRY

DEADLINE: Entries must be received at the MA Office by **2:00 pm, Tuesday, February 28, 2006.** *Payment must be received by Friday, March 3, 2006.* No post entries will be accepted. Entries will be handled on a "first come, first serve" basis. Middle Atlantic reserves the right to modify the meet format to allow for the timely running of the meet. Entries without full payment will not be processed.

LAST CHANCE

ENTRIES: New entries based on qualifying times achieved at the 'Last Chance' meets the weekend of March 4-5 ONLY will be accepted by completing the form and paying the Entry Fee (including Surcharge, when applicable) at the Last Chance meet. Only NEW events can be entered; times may not be updated.

MAIL

ENTRIES TO: **Middle Atlantic Swimming, JO Entries** Phone: (302) 429-6288
2150 New Castle Ave.
New Castle, DE 19720 email: office@maswim.org

RELAYS: All relays are Timed Finals. All relay-only swimmers must be entered in the meet before the entry deadline and pay the \$3 surcharge. The top eight (8) relays in 11-12, 13-14 and 15-19 age groups will swim at Finals. All other relays in those age groups will swim the relay during the Prelims session. Only two (2) relays from a team may score in an event, although additional relays may be entered.

FINALS: A- and B- Finals for all 11-12, 13-14, 15-19 Age Group individual events except the 1650-Free, 1000-Free and (11-12) 500-Free events. All 10 & U events are Timed Finals.

The B-Finals will swim first, followed by the A- Finals.

PROOF

OF TIME: Middle Atlantic Swimming will notify each Team regarding any swimmer on the Team who does not swim the qualifying time at the Meet; those swimmers will be required to prove their entry time. If the entry time cannot be proven, a \$50 fine per event will be levied against the swimmer, to be paid within the time specified by Middle Atlantic. Swimmers not satisfying this requirement will be suspended from further competition in Middle Atlantic sponsored meets until the fine is paid.

STARTING

TIMES:	Day	Warm -Up	Meet Starts
	Thurs	4:30 pm	5:30 pm
(Prelims 13-19)	Fri/Sat/Sun	7:00 am	8:30 am
(Prelims 11-12) (Timed Finals 10&Under)	Fri/Sat/Sun	12:30 pm (no earlier)	1:30 pm (no earlier)
(Finals)*	Fri/Sat	5:00 pm	6:00 pm
	Sun	4:30 pm	5:30 pm

Sprint and pace lanes will be opened approximately 30 minutes before the start of each session. After all entries are received and a time line is established, it will be determined when breaks will be provided for warm-up/warm-down during the morning and afternoon sessions. Break times will be posted at each pool.

* The shallow Pool will be available for warm-up / warm-down during the Finals sessions.

PARKING: Parking will be in designated sections of the parking lot.

SAFETY

REQUIREMENTS: USA Swimming and Middle Atlantic safety procedures will be enforced during the meet. Warm-ups are subject to the following procedures: No diving during warm-ups except in designated sprint lanes. The Referee may remove anyone from the warm-up for failure to comply with the warm-up rules. Swimmers without coaches should report to the Referee or Meet Director prior to entering the pool for warm-ups and will be assigned to a Team/Coach for that session.

SEEDING: All events will be pre-seeded except Relays, the 11-12/10&Un 500 Free, and the 13-14/15-19 1000 and 1650 Freestyles. If deemed necessary by meet management, the 11-12 400 IM and the 13-14/15-19 400 IM events may be deck-seeded. Positive check-in is required to be seeded for any deck-seeded event. Times will be announced as to when the event will close, and will be approximately 30 minutes before

an event is scheduled to swim. Relays at Prelims will be swum slowest to fastest; the 800 Free Relay, 1000 and 1650 Free and the 11-12/10&U 500 Free will be swum fastest to slowest.

SCM entry times will be converted by the Meet Manager program and seeded with the SCY entry times. LC entry times will be seeded as Non-conforming.

DECK ENTRIES: Deck entries will NOT be accepted at this meet.

SCORING: Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
(max of two relays per team may score in any event)

AWARDS: Individual events: Medals for 1st-8th place; Ribbon for winner of B- Finals
Relays: Medals for 1st-3rd place

A High Point trophy will be presented to the Team scoring the most overall combined points, and to the highest scoring Girls and Boys Team in each age group.

A High Point award will be presented to the highest scoring individual girl and boy in each age group, with the proviso that the award for 13-14 and 15-19 swimmers will be based on the swimmer's six highest scoring individual events.

SCRATCH

POLICY: Any swimmer who does not swim a pre-seeded Preliminary or Timed-Final event will not be penalized.

Any swimmer who positively checks-in for a deck-seeded event and does not swim that event will be barred from their next individual event, either on the same or next meet day.

Any swimmer who qualifies for Finals in a Preliminary/Finals event and does not report for and swim that event at Finals will be barred from the rest of the meet (including relays) unless the swimmer has scratched or indicated their possible intention to scratch within thirty (30) minutes of the announcement of the Preliminary results of that event and then confirmed such intention to scratch within thirty (30) minutes of the announcement of the results of that swimmer's last individual event at the Preliminary session. A swimmer who does not confirm their intention is assumed NOT to have scratched and will be seeded into the event. Swimmers who are initially announced as an Alternate (or lower) for the Finals will not be so penalized. Swimmers must scratch or declare their intention to scratch with the Admin Referee at the appropriate time.

A Declared False Start, a Delay-of-Meet False Start or other action taken by a swimmer with the intent to non-compete at a Finals session will be treated as a failure to compete and will be penalized as such.

FINE for NON-COMPETE on LAST

MEET DAY: A \$50 fine will be imposed on any swimmer who qualifies for Finals on Sunday night (or on the last day of competition for that swimmer) and then does not compete in said Finals event unless such swimmer has appropriately scratched (see previous paragraph) or was initially listed as an Alternate (or lower) in said event. A \$50 fine will be similarly imposed on any swimmer who checks-in and is seeded to swim in the final heat of 1650 Free on Sunday night and then does not compete in that heat at Finals, unless the swimmer was initially not listed among the fastest eight swimmers entered in the event. Any swimmer fined for such violations will be suspended from further competition in Middle Atlantic sponsored meets until the fine is paid.

OFFICIALS: All certified Middle Atlantic and USA Swimming Officials are welcome and encouraged to help officiate at this meet. Officials should contact the Meet Director or Meet Referee prior to the meet to indicate which sessions they will be available – or should report to the Referee at least one hour before the start of each session.

STARTING

PROCEDURES: This meet will be conducted using the 'No Recall' false start rule and will use whistle command starting procedure.

TIME TRIALS: Time trials will be available after Finals on Friday, Saturday & Sunday, time permitting: \$6.00 per individual swim, \$12.00 per Relay. To swim a Time Trial, a swimmer must be within 0.5 seconds per 50-yd (or 50-m) distance of the Sectional Time Standard for that event. A swimmer may swim one Time Trial per day in an event, and a maximum of two Time Trials per day. Time Trial Events count in the total allowable events to be swum in one day (3 individual and 1 relay). Swimmers participating in this meet will have priority at time trials; swimmers not in the meet must provide proof of USA Swimming registration. TIME TRIALS WILL NOT BE ACCEPTED FOR CONSIDERATION TO THE MIDDLE ATLANTIC ALL-STAR ZONE TEAM.

DECK ID: **Only swimmers, coaches, and meet personnel** are allowed on deck. All coaches must display their 2006 USA Swimming Coach's registration card. Officials must display their 2006 USA Swimming Officials registration card. This requirement will be strictly enforced!

ADMISSION: A four-day program will sell for \$12.00. Included in the program will be coupons that are redeemable for a finals program at night. Finals programs can be purchased for \$2.00.

FINAL

RESULTS: Will be available on the Middle Atlantic Swimming website in both PDF and Commlink formats.

SEATING: There is seating for 400 spectators. Parents and swimmers for the afternoon session will be held in the lobby each day until the morning session is finished. This is for everyone's safety.

TEAM

ASSIGNMENTS: Every team entered in the Meet will be responsible for supplying workers for the Meet. THIS IS A MANDATORY RESPONSIBILITY and is necessary to have a successful Meet. Each Team's contact person will be contacted in order to organize our work force. Teams are also asked to keep their team area clean. It is important that Middle Atlantic Swimming respect the facilities that they use.

HOSPITALITY: There will be food and drink available at all sessions for coaches, officials and meet workers. A Snack Bar will be available in the upper-level Activity room.

MIDDLE ATLANTIC - JUNIOR OLYMPICS

Thursday Events

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	13-14 1000 Free 15-19 1000 Free	2
3	11-12 500 Free 10&Under 500 Free	4
5	13-14 800 Free Relay 15-19 800 Free Relay	6

The 1000 Free (check-in closes at 5:00 pm): The 1000 Free for 13 and over swimmers is a deck seeded, timed final event and will be swum fastest to slowest. This event is combined but will be scored separately for the 13-14 and 15-19 age groups. The event may be limited to four (4) heats per gender with guaranteed slots for 16 swimmers per age group. Each swimmer must provide their own timer and counter.

The 500 Free (check-in closes at 5:00 pm): The 500 Free for 12 and under swimmers is a deck seeded, timed final event and will be swum fastest to slowest. This event is combined but will be scored separately for the 11-12 and 10&Under age groups. If possible, a separate heat will be provided for the fastest swimmers in the 10&Under age group (min of 6 swimmers); remaining swimmers will be seeded based on time. Each swimmer must provide their own timer and counter.

The 800 Free Relays: (check in/relay cards due by 6:00 pm): The 800 Free Relay will be swum combined, but scored separately for the 15-19 and 13-14 age groups. Each Team must provide a timer for their relay. The 800 Free Relays are no longer designated as "open" or "senior" so all swimmers must be within a specified age group.

Note: In the event that only one pool is used for competition, a determination of whether to alternate girls/boys heats will be made at that time.

Friday Events

Prelims - Morning

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
7	15-19 200 Breast	8
9	13-14 200 Breast	10
15	15-19 100 Fly	16
17	13-14 100 Fly	18
23	15-19 200 I.M.	24
25	13-14 200 I.M.	26
31	15-19 500 Free	32
33	13-14 500 Free	34
39	15-19 400 Free Relay	40
41	13-14 400 Free Relay	42

Prelims - Afternoon

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
11	11-12 100 Breast	12
13	10&U 100 Breast	14
19	11-12 200 Free	20
21	10&U 200 Free	22
27	11-12 50 Fly	28
29	10&U 50 Fly	30
35	11-12 100 I.M.	36
37	10&U 100 I.M.	38
43	11-12 200 Back	44
45	10&U 200 Free Relay	46
47	11-12 200 Free Relay	48

Finals, order of events

11-12 200 Back	13-14 200 I.M.
15-19 200 Breast	11-12 50 Fly
13-14 200 Breast	15-19 500 Free
11-12 100 Breast	13-14 500 Free
15-19 100 Fly	11-12 100 I.M.
13-14 100 Fly	15-19 400 Free Relay
11-12 200 Free	13-14 400 Free Relay
15-19 200 I.M.	11-12 200 Free Relay

Saturday Events

Prelims - Morning

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
49	15-19 400 I.M. *	50
51	13-14 400 I.M. *	52
57	15-19 50 Free	58
59	13-14 50 Free	60
65	15-19 100 Back	66
67	13-14 100 Back	68
73	15-19 100 Breast	74
75	13-14 100 Breast	76
81	15-19 200 Free	82
83	13-14 200 Free	84
87	15-19 400 Med Relay	88
89	13-14 400 Med Relay	90

* These events may be deck seeded with positive check-in, if required to meet the time line.

Prelims - Afternoon

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
53	11-12 200 I.M.	54
55	10&U 200 I.M.	56
61	11-12 50 Free	62
63	10&U 50 Free	64
69	11-12 100 Back	70
71	10&U 100 Back	72
77	11-12 50 Breast	78
79	10&U 50 Breast	80
85	11-12 200 Fly	86
91	10&U 200 Med Relay	92
93	11-12 200 Med Relay	94

Finals, order of events

15-19 400 I.M.	15-19 100 Breast
13-14 400 I.M.	13-14 100 Breast
11-12 200 I.M.	11-12 50 Breast
15-19 50 Free	15-19 200 Free
13-14 50 Free	13-14 200 Free
11-12 50 Free	11-12 200 Fly
15-19 100 Back	15-19 400 Med Relay
13-14 100 Back	13-14 400 Med Relay
11-12 100 Back	11-12 200 Med Relay

Sunday Events

Prelims - Morning

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
97	15-19 200 Back	98
99	13-14 200 Back	100
105	15-19 100 Free	106
107	13-14 100 Free	108
113	15-19 200 Fly	114
115	13-14 200 Fly	116
95	13-14 1650 Free *	96
	15-19 1650 Free *	

* **The 1650 Free** is a deck seeded, Timed Final event. The fastest heat in each event will swim at Finals while the other heats will swim at Prelims, fastest to slowest. The event is combined but will be scored separately for the 13-14 and 15-19 age groups. The event will be limited to four heats per gender (including the heat at Finals) with guaranteed slots for 16 swimmers per age group. Each swimmer must provide their timer and counter (except timer for heat at Finals). Check-in will close at 10:00 a.m. Swimmers seeded in the top eight **MUST** swim at Finals.

Prelims - Afternoon

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
101	11-12 200 Breast	102
103	10&U 100 Free	104
109	11-12 100 Free	110
111	10&U 100 Fly	112
117	11-12 100 Fly	118
119	10&U 50 Back	120
121	11-12 50 Back	122
123	11-12 400 IM *	124

* **The 400 IM** is a Timed Final event. The fastest heat in each event will swim at Finals while the other heats will swim at Prelims, slowest-to-fastest. The event may be deck seeded with positive check-in, if deemed appropriate by MA.

Finals, order of events

11-12 400 IM (G)	
13-19 1650 Free (G)	
11-12 400 IM (B)	
13-19 1650 Free (B)	
11-12 200 Breast	11-12 100 Free
15-19 200 Back	15-19 200 fly
13-14 200 back	13-14 200 Fly
11-12 50 Back	11-12 100 Fly
15-19 100 Free	
13-14 100 Free	

DIRECTIONS: **From York and points west:** Follow Route 30 East to Lancaster and exit at the Harrisburg Pike exit. Turn right onto Harrisburg Pike and continue for 1.5 miles to F&M College. From Harrisburg Pike, turn left at first traffic light after passing under student overpass. As you enter the parking lot, McGuiness Pool is located in the Alumni Sports & Fitness Center to your left.

From Harrisburg and points west: Take the PA Turnpike to Harrisburg (Exit 19) onto Route 283 towards Lancaster. Exit onto Route 30 West and proceed to Harrisburg Pike exit. Turn left onto Harrisburg Pike and drive 1.5 miles to F&M College. From Harrisburg Pike, turn left at first traffic light after passing under student overpass. As you enter the parking lot, McGuiness Pool is located in the Alumni Sports & Fitness Center to your left.

From Philadelphia, South Jersey and points east: Take the PA Turnpike to Exit 21 (Lancaster-Reading) and take Route 222 South to Route 30 West. Proceed to Harrisburg Pike Exit. Turn left onto Harrisburg Pike and drive 1.5 miles to F&M College. From Harrisburg Pike, turn left at first traffic light after passing under student overpass. As you enter the parking lot, McGuiness Pool is located in the Alumni Sports & Fitness Center to your left.

From Reading, Lebanon and points north: Take Route 222 (or Route 72 or Route 501) South to Route 30 West. Proceed to Harrisburg Pike Exit. Turn left onto Harrisburg Pike and drive 1.5 miles to F&M College. From Harrisburg Pike, turn left at first traffic light after passing under student overpass. As you enter the parking lot, McGuiness Pool is located in the Alumni Sports & Fitness Center to your left.

ACCOMODATIONS:

In town and Suburban options....

- ? Comfort Inn, 500 Centerville Rd., Lancaster, Pa., 800-223-8963
- ? Eden Resort, 222 Eden Rd., Lancaster, Pa., 717-569-6444
- ? Quality Inn, 2363 Oregon Pike, Lancaster, Pa., 717-569-0477
- ? The Sleep Inn, 310 Primrose Lane, Mountville, Pa., 717-285-0444
- ? Hampton Inn, 545 Greenfield Rd., Lancaster, Pa., 717-299-1200
- ? Holiday Inn, 521 Greenfield Rd., Lancaster, Pa, 717-299-2551
- ? Westfield Inn, 2929 Hempland Rd., Lancaster, Pa, 717-397-9300
- ? Fairfield Inn, 150 Granite Run Dr., Lancaster, Pa., 717-581-1800
- ? Travel Lodge, 2101 Columbia Ave, Lancaster, Pa, 717-397-4201
- ? Hotel Brunswick, N.Queen & Chestnut Sts., Lancaster, Pa., 717-397-4800
- ? Econo Lodge, 2140 US Highway Rt. 30, Lancaster, Pa., 717-397-1900
- ? Days Inn, 30 Keller Ave, Lancaster, Pa., 717-299-5700
- ? Hilton Garden Inn, 101 Granite Run Drive, Lancaster, PA, 717-560-0880

Near the Outlets

- o Lancaster Host Resort, 2300 Lincoln Highway East, Lancaster, Pa., 717-299-5500
- o Ramada Inn, 2250 Lincoln Highway East, Lancaster, Pa., 717-393-5499
- o Super 8 Motel, 2129 Lincoln Highway East, Lancaster, Pa., 717 393-8888
- o Travel Inn, 2151 Lincoln Highway East, Lancaster, Pa., 717-299-8971
- o Howard Johnson, 2100 Lincoln Highway East, Lancaster, Pa., 717-397-7781

JUNIOR OLYMPIC AGE GROUP CHAMPIONSHIPS

INDIVIDUAL ENTRY FORM

Team_____ Contact person_____ Phone _____ E-mail_____

NAME	USS #	Thursday		Friday		Saturday		Sunday	
		Event #	Time	Event #	Time	Event #	Time	Event #	Time

All entries must be received by 2:00 pm, Tuesday, February 28, 2006 . Include summary sheet with entry submission.

SHORT COURSE JOS – MARCH 9-12, 2006

SUMMARY SHEET

THIS FORM **MUST** ACCOMPANY THE OFFICIAL ENTRY BLANK

Team Name _____ Team Code _____

Head Coach _____

Coach's Address _____

City _____ State _____ Zip Code _____

Telephone: Daytime () _____ Evening () _____

Person designated to receive entry questions and/or limitation information, if needed:

Name: _____ **Phone:** _____ **E-mail:** _____

Mail Entries to: Middle Atlantic Swimming JO Entries
2150 New Castle Avenue
New Castle, DE 19720

ENTRY DEADLINE: Received by 2:00 pm, Tuesday, February 28, 2006
No entries will be accepted after that date.

Please make checks payable to Middle Atlantic Swimming. One check per club, please.

Check here if you e-mailed your entry

ENTRY FEES: (Fill in every blank. If zero, so note.)

_____ Individual Events @ \$4.00 \$ _____

_____ Relay Teams @ \$8.00 \$ _____

_____ Manual processing fee @ \$5.00 \$ _____
(for non-disk entry of swimmers only)

_____ **Total swimmers entered in meet**
(including relay only) x \$3 surcharge = \$_____ (everybody pays this!!!)

Total \$ _____

WORKER CONTACT PERSON: THIS PERSON WILL BE RESPONSIBLE FOR OBTAINING THE WORKERS FOR YOUR CLUB FOR THIS MEET. THE AGE GROUP COMMITTEE WILL CONTACT THEM AFTER THE ENTRIES ARE SUBMITTED **NO ENTRIES WILL BE ACCEPTED WITHOUT THIS INFORMATION.**

NAME: _____

TELEPHONE: _____

FAX NUMBER: _____

EMAIL: (mandatory!!!) _____

I certify that all swimmers from this team entered in this meet are current members of USA Swimming and that all coaches from this team who will attend the meet hold current USA Swimming coaching credentials.

Head coach's signature _____