



Over 30 Years of Competitive Swimming
in Central Pennsylvania

THE WSY Winter Invitational A/BB/C Meet

Hosted by

West Shore YMCA

Sanctioned by Middle Atlantic Swimming

Sanction#: MA 0758 A

February 3-4, 2007

LOCATION:	Cumberland Valley High School 6746 Carlisle Pike Mechanicsburg, PA 17050 Emergency calls the day(s) of the meet: 717-514-2287
FACILITY:	CV High School Natatorium This meet will be run in an eight lane competitive pool with adjustable bulkhead, and fully automatic timing Adjustable bulkhead allows for 25 yard course with a five lane 25 yard warm down area The starting end has a depth of 13 feet. The facility is equipped with Adolph Keiffer Wave Eater lane lines, Colorado Timing System, Aqua Grip electronic pads, and a ten-line readout scoreboard. Seating for up to 500 swimmers on deck and spectator balcony seating for up to 400. State of the art environmental and sanitizing systems. Free parking next to the building
MEET DIRECTOR:	Michael Gobrecht , (717) 514-2287 Email: mike@wsyswim.org Please direct all questions to the Meet Director.
OFFICIALS:	If you are interested in officiating at this meet, please contact John Gasparini. 717-975-5521 (H)
SAFETY DIRECTOR:	Wendy Ricedorf (717) 791-9994
ELIGIBILITY:	This meet is open to any swimmer registered in 2007 with USA Swimming. This meet will be run according to current USA Swimming rules and regulations. Swimmer's age on the first day of the meet determines age group for the entire competition.



<p>ENTRY LIMITS:</p>	<p>Swimmers may compete in a maximum of <u>Five (5) events per DAY on Sunday, and Three (3) events on Saturday evening.</u> The Meet Director reserves the right to limit entries in any event in order to stay within a reasonable time limit. The 13/14 and Senior events will be swum together but scored separately on both days.</p> <p>If limits become necessary, teams will be notified through their club contact.</p>
<p>WARM-UP:</p>	<p>USA Swimming and Middle Atlantic safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:</p> <p>The warm-ups sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted on the web site prior to the meet and will be made available to coaches at the meet.</p> <p>Sprint/Start lanes will be available at the end of each warm-up session.</p> <p>No diving or backstroke starts will be permitted except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with the warm-up rules.</p> <p>Swimmers without a coach must report to the Meet Director before entering the pool for warm-up in order to obtain a lane assignment. Swimmers without a coach who are 12&Under will swim with and be supervised by the host club during warm-up.</p> <p>Note: Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet. Any swimmer observed swimming under or through the Bulkhead by an Official or Safety Monitor at the Meet will be disqualified from that swimmer's next Individual Event or from the remainder of the Meet, as determined by the Meet Referee. This policy will be strictly enforced.</p>
<p>SCRATCH RULE</p>	<p>Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has positively checked in for that event, must swim the event unless the swimmer notifies the Referee or Clerk of Course prior to the seeding of the event that the swimmer wishes to scratch. Failure to scratch prior to seeding after positively checking-in and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered whether on the same or later meet day. Deck-seeded events normally close for seeding no earlier than thirty (30) minutes before the scheduled start of the event</p>



START TIMES:	Session	Warm Up	Meet Starts
	Saturday Evening Session	4pm	5:10PM
	Sunday Morning – 13 & Older	7AM	8:10am
	Sunday 12 and Under	12:30pm	1:30pm
DECK ENTRIES:	<p>Deck Entries may be accepted during the meet at the Meet Director's discretion. Deck entries will be \$6 per swim. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.</p> <p>Deck Entries, if accepted, may only be submitted during the first 30 minutes of each warm-up session.</p> <p>Deck Entries, if accepted, will be for available lanes ONLY. Extra heats will not be added.</p> <p>Deck Entries will not be accepted after the start of a session.</p> <p>Swimmers will not be eligible for awards in deck-entered events.</p>		
HOW TO ENTER:	<p>All Events are Pre-Seeded, Timed Final. Meet will be swum in Short Course Yards. Entries must be submitted in the course in which they were achieved. Converted times should NOT be used. All times submitted must be the swimmer's best time. Non Conforming times will be seed last</p> <p>Swimmers without a valid USS time in an event must be submitted as a "NT" in that event.</p> <p>Entries should be submitted using HY-TEK software format. The entry file may be found on the Middle Atlantic Swimming web site http://www.maswim.org</p> <p>A hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times, must accompany the diskette. If you are emailing your entry, please send a word file from your Hy-Tek Team Manager sorted by athlete and event. This file will be used as your official entry. All emailed entries will receive confirmation of receiving your entry.</p> <p>If a HY-TEK file is not possible use the attached entry form.</p> <p>A completed Meet Summary MUST accompany each team's entry.</p> <p>Notice: As per Middle Atlantic regulations, failure to enter a swimmer's best time could result in suspension from competition for a minimum of 3 months, but not more than one year. Further violation by a coach, parent, or swimmer could result in that person being forbidden to participate in or attend USA Swimming functions.</p>		
ENTRY FEES:	<p>\$3.00 per Individual Event \$6.00 per Deck Entry</p> <p>Please send ONE check per club, made payable to "WSY Swimming"</p>		

SEND TO:	<p>Mail entries to: WSY Swimming c/o Michael Gobrecht 410 Fallowfield Road Camp Hill, PA 17011-4900 mike@wsyswim.org FAX (717) 728-3561</p> <p>NOTE Entries requiring a signature can be delivered Monday through Friday, there is no Saturday delivery!</p>
ENTRY DEADLINE:	<p>ALL ENTRIES must be received by Thursday, January 25, 2007 at 7pm</p> <p>No late entries will be accepted</p>
START PROCEDURE:	<p>This Meet will be conducted using the No Recall false start rule.</p> <p>This Meet will also use the whistle command starting procedure.</p>
AWARDS:	<p>Awards are presented for each event based on the entry time, not on the time swum during the meet. For example, a swimmer entered into an event with an "A" time or above is eligible to receive a "A" award. A swimmer entered into the meet with a "BB" time is eligible to receive a "BB" award. Swimmers entered into the meet with a time below a "BB" or as "no time" will be eligible to receive a "C" award.</p> <p>Deck entered swims are not be eligible for awards.</p> <p>"A" Awards: Medals 1st to 3rd Ribbons 4th to 8th</p> <p>"BB" Awards: Rosettes 1st to 3rd Ribbons 4th to 8th</p> <p>"C" Awards: Double Ribbons 1st to 3rd Ribbons 4th to 8th</p>
ADMISSION:	<p>Programs - \$6.00 per program for entire meet. Single session heat sheets will be available for \$3 per session.</p>
RESULTS:	<p>Final Results will be available on the WSY and Middle Atlantic Swimming web site in a (HTML) printable format and in a downloadable Team Manager (Cfile.zip) format. Results will not be mailed.</p>
SAFETY:	<p>Current USA Swimming Safety Rules will be in effect and will be strictly enforced.</p>
DECK ACCESS:	<p>By USA Swimming ruling, deck access is limited to swimmers, coaches, officials & meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck.</p>

HOSPITALITY:	There will be food and drinks available at all sessions for officials and coaches
TIMERS:	Volunteer Timers may be needed for this meet. Volunteers will receive a refund on their admission and a meal ticket for the concession area.
SPECTATORS:	Balcony seating is available for up to 500 spectators. We also have a large concession area in the lobby with plenty of seating
PARKING:	Free parking is available next to the building
WEB SITE:	For meet info, please visit the WSY Swimming web site at: http://www.wsyswim.org



HOTELS:	Comfort Inn 6325 Carlisle Pike Mechanicsburg, PA (717) 790-0924	
	Hampton Inn 1164 Harrisburg Pike Carlisle, PA (717) 240-0200	Econo Lodge 1460 Harrisburg Pike Carlisle, PA (717) 249-7775
	Ramada Inn Limited 350 Bent Creek Blvd Mechanicsburg, PA 17050 (717) 790-1520	Holiday Inn 1450 Harrisburg Pike Carlisle, PA (717) 245-2400
DIRECTIONS:	<p>FROM THE NORTH & EAST: Route 81 going south – proceed to the Mechanicsburg /route 114 exit(57) - turn left off ramp – continue to route 11 south Carlisle Pike) – turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.</p> <p>FROM THE WEST & SOUTHWEST: Route 81 going north – proceed to the Mechanicsburg /route 114 exit(57) –turn R.H. at end of ramp– continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.</p>	<p>FROM THE WEST & SOUTHWEST: Route 81 going north – proceed to the Mechanicsburg /route 114 exit(57) –turn R.H. at end of ramp– continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. The pool is located in front of the gym.</p> <p>FROM THE SOUTH & FROM THE PA TURNPIKE: Route 83 north to the Camp Hill exit – that puts you on route 581 west – continue on 581 until it joins with 81 south – proceed to the Mechanicsburg /route 114 exit(57). Turn left at the end of ramp onto route 114 –continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park.</p>

SESSION #1

Saturday Evening – February 3, 2007
(Warm-up 4pm - Start 5:10pm)

Women's		Event Description		Men's
1		13/14 - Senior 200 Back		2
3		11-12 50 Back		4
5		9-10 50 Back		6
7		13/14 - Senior 100 Breast		8
9		11/12 50 Breast		10
11		9/10 50 Breast		12
13		13/14 - Senior 200 Fly		14
15		11/12 100 Fly		16
17		9/10 100 Fly		18
19		13/14 - Senior 100 Free		20
21		11/12 100 Free		22
23		9/10 100 Free		24
25		13/14 - Senior 200 IM		26
27		11-12 200 IM		28
29		9-10 200 IM		30

SESSION #2

Sunday, February 4, 2007
(Warm-up 7am - Start 8:10am)

<u>Women's</u>		<u>Event Description</u>		<u>Men's</u>
31		13/14 - Senior 200 Free		32
33		13/14 - Senior 100 Fly		34
35		13/14 - Senior 50 Free		36
37		13/14 - Senior 100 Back		38
39		13/14 - Senior 200 Breast		40
41		13/14 - Senior 500 Free		42

SESSION #3

Sunday, February 4, 2007
(Warm-up 12:30pm - Start 1:30pm)

<u>Women's</u>		<u>Event Description</u>		<u>Men's</u>
43		9-10 200 Free		44
45		11-12 200 Free		46
47		9-10 50 Fly		48
49		11-12 50 Fly		50
51		9-10 100 Back		52
53		11-12 100 Back		54
55		9-10 50 Free		56
57		11-12 50 Free		58
59		9-10 100 Breast		60
61		11-12 100 Breast		62

2007 WSY Winter Invitational A/BB/C Meet

hosted by West Shore YMCA

Meet Summary Sheet to be included with entry

Team Name: _____ Team Code: _____

Head Coach: _____ LSC Code: _____

Entry Contact: _____ Phone#: _____

Mailing Address: _____

Email Address: _____

ENTRY SUMMARY:

	Swimmers	Events
12&Under:		
13&Older:		
TOTALS:		

Mail To:

Michael Gobrecht
West Shore YMCA
410 Fallowfield Road
Camp Hill, PA 17011

FEE SUMMARY:

Total Individual
Events: _____ X \$3.00 = _____

TOTAL DUE: _____

S W I W M S M Y I N G



WSY Swimming

STANDARD ENTRY FORM FOR INDIVIDUAL EVENTS AND RELAYS \$3.00 PER INDIVIDUAL EVENT

USE A SEPARATE SHEET FOR EACH AGE-GROUP & SEX.

USE A SEPARATE SHEET FOR RELAYS.

MEET: _____

EVENT

NR:

NAME:

QT:

TEAM: _____

TEAM INITIALS: _____

DATES: _____

AGE GROUP: _____

LAST,	NAME		Age	USS #	Event Number	Seed Time															
	First,	MI																			

PLEASE TALLY IN EACH DIRECTION: _____

ATTEST THAT THE ATHLETES LISTED ABOVE ARE PROPERLY REGISTERED WITH UNITED STATES SWIMMING ANT THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED. IF YOU HAVE ANY QUESTIONS REGARDING THESE ENTRIES, PLEASE CONTACT THE MEET DIRECTOR DIRECTLY.

TOTAL ENTRIES THIS PAGE _____ X _____ =\$ _____

ENTRIES WILL NOT BE PROCESSED WITHOUT THIS INFORMATION

TEAM REPRESENTITIVE'S NAME	SIGNATURE	TEAM REPRESENTITIVE'S ADDRESS	PHONE
----------------------------	-----------	-------------------------------	-------

