

JERSEY WAHOOS SWIM CLUB
4101 CHURCH ROAD, MT. LAUREL, NJ 08054
FAX 856/778-7533

17th ANNUAL MIDDLE ATLANTIC MINI CHAMPIONSHIPS

March 24-25, 2007

HELD UNDER THE SANCTION OF MIDDLE ATLANTIC SWIMMING, SANCTION # MA 0777 M.

FACILITY:

GLOUCESTER COUNTY INSTITUTE OF TECHNOLOGY
TANYARD ROAD
SEWELL, NEW JERSEY
TELEPHONE: 856/468-1445 EXTENSION 2657

THIS FACILITY CONTAINS TWO 8 LANE/25 YD. POOLS EQUIPPED WITH LANE LINES, STARTING BLOCKS/12 AND 5 FT DEPTHS AT STARTING ENDS. COLORADO TIMING SYSTEM WITH EIGHT LANE DISPLAY. SEPARATE SPECTATOR AREA/UNLIMITED PARKING. REFRESHMENTS ARE AVAILABLE IN THE CONCESSION AREA.

MEET & SAFETY

DIRECTORS:

MEET/TODD BRYAN
856/985-5246

SAFETY/NICK KATSIKIANNIS
(856) 234-5898

OFFICIALS:

ALL USA CERTIFIED OFFICIALS AND TRAINEES ARE INVITED TO OFFICIATE AT THIS MEET. CONTACT BOB BINZ, OFFICIALS COORDINATOR, AT 856/853-0119.

ELIGIBILITY:

THE MEET IS OPEN TO ANY USA REGISTERED SWIMMER. THE SWIMMER'S AGE AS OF MARCH 24, 2007, GOVERNS AGE GROUP PARTICIPATION FOR THE ENTIRE MEET.

ENTRY

LIMITATIONS:

MEET MANAGEMENT MAY LIMIT THE NUMBER OF ENTRIES AND ELIMINATE CERTAIN EVENTS AND/OR HEATS IN ORDER TO COMPLETE SESSIONS WITHIN THE FOUR (4) HOUR SESSION LIMIT. NOTICE WILL BE PROVIDED PROMPTLY TO SWIMMERS AND TEAMS CONCERNING ELIMINATION OF ANY ENTRIES/ EVENTS /HEATS. ENTRY FEES WILL BE REFUNDED TO TEAMS/SWIMMERS WHOSE ENTRIES HAVE BEEN REJECTED DUE TO LIMITATIONS.

WARM-UP &

START TIMES:

SATURDAY AND SUNDAY

BOYS/GIRLS	WARM-UPS	8:00 AM
AGE 8	MEET START	8:45 AM
BOYS/GIRLS	MEET START	10 MINUTES AFTER END OF
AGE 8-200 FREE/200 IM		MORNING SESSION
BOYS/GIRLS	WARM-UPS	2:30 PM
7/UNDER	MEET START	3:15 PM

WARM-UPS:

SATURDAY & SUNDAY TWO ASSIGNED LANE WARM-UP SESSIONS OF TWENTY-MINUTES. SPRINT ARE INCLUDED AS A PART OF EACH TWENTY-MINUTE SESSION. LANES MUST BE CLEARED PRIOR TO INITIATING SPRINTS. WARM-UP LANE ASSIGNMENTS WILL BE INCLUDED IN COACHES' PACKETS AND POSTED ON THE POOL DECK.

RULES:

CURRENT USA AND MIDDLE ATLANTIC LSC RULES WILL GOVERN THE MEET. THE WHISTLE START RULE **WILL NOT** BE IN USE. THE NO RECALL FALSE START RULE WILL BE IN USE. USA SWIMMING/MIDDLE ATLANTIC SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. ONLY CURRENTLY CREDENTIALLED COACHES, USA SWIMMING REGISTERED ATHLETES AND MEET PERSONNEL WILL BE PERMITTED ON DECK.

PENALTIES WILL BE IMPOSED ON THE SWIMMER IN ACCORDANCE WITH USA AND MALSC RULES WHEN ANY COACH, PARENT, OR SWIMMER ENTERS A TIME OTHER THAN THE SWIMMERS BEST TIME, FOR ANY EVENT.

ANY SWIMMER OBSERVED SWIMMING UNDER OR THROUGH THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED.

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DECK ENTRIES: DECK ENTRIES **WILL NOT** BE ACCEPTED AT THIS CHAMPIONSHIP MEET.

**SWIMMERS
W/OUT COACHES:** SWIMMERS UNACCOMPANIED BY A CREDENTIALLED COACH MUST REPORT TO THE MEET DIRECTOR PRIOR TO WARM-UPS FOR EACH SESSION.

SEEDING: ALL EVENTS ARE PRESEEDDED TIMED FINALS. SWIMMERS MUST COMPETE IN THEIR AGE GROUP EVENTS ONLY. 7/UNDER SWIMMERS WILL NOT BE PERMITTED TO COMPETE IN AGE 8 INDIVIDUAL EVENTS. **SWIMMERS ENTERED IN 100-YARD RELAY EVENTS MUST SWIM IN THEIR AGE GROUP ONLY. SWIM-UPS ARE NOT PERMISSIBLE FOR 100-YARD RELAY EVENTS,**

AWARDS:

<u>INDIVIDUAL EVENTS</u>	ROSETTES-1ST THROUGH 3RD PLACES RIBBONS-4TH THROUGH 16TH PLACES HEAT WINNER RIBBONS
<u>INDIVIDUAL HIGH POINT*</u>	PLAQUES-FOR HIGH SCORING BOY AND GIRL IN EACH AGE GROUP FOR AGES 6/U, 7, AND 8.
<u>RELAYS*</u>	RIBBONS-1ST THROUGH 3RD PLACES
<u>TEAM HIGH POINT*</u>	PLAQUES-1ST THROUGH 3RD PLACES

SCORING: *SCORING IS BASED ON USA RULE (102.7.3) FOR 8-LANE POOLS AND WILL INCLUDE COMBINED TEAM TOTAL FOR AGES 6/U, 7, AND 8. INDIVIDUAL EVENTS WILL BE SCORED 9-7-6-5-4-3-2-1. THESE POINT VALUES WILL BE DOUBLED FOR RELAYS.

ADMISSION: \$3.00 ADMISSION PER SESSION-A PROGRAM FOR THE ENTIRE MEET CAN BE PURCHASED FOR \$10.00.

RESULTS: RESULTS WILL BE POSTED ON THE WAHOOS WEB SITE (www.jerseywahoos.org) AND THE MIDDLE ATLANTIC WEBSITE (www.maswim.org). RESULTS WILL BE SENT TO ANY CLUB BY E-MAIL THAT PROVIDES A VALID E-MAIL ADDRESS. RESULTS WILL NOT BE MAILED TO CLUBS.

DIRECTIONS: **FROM THE SOUTH:** TAKE ROUTE 55 NORTH TO ROUTE 47. TAKE EXIT 56B/WESTVILLE. TURN LEFT AT THE TRAFFIC LIGHT ONTO BANKBRIDGE ROAD. TURN LEFT AT THE NEXT TRAFFIC LIGHT ONTO TANYARD ROAD THE ENTRANCE TO GCIT IS ON THE LEFT AT THE BOTTOM OF THE HILL.

FROM THE NORTH AND THE WALT WHITMAN BRIDGE: TAKE I-295 SOUTH TO ROUTE 42 SOUTH AND REMAIN IN RIGHT LANE. TAKE ROUTE 55 SOUTH TO EXIT 56B (ROUTE 47 NORTH/WOODBURY). TURN LEFT ONTO BANKBRIDGE ROAD AT THE TRAFFIC LIGHT. TURN LEFT AT THE NEXT TRAFFIC LIGHT ONTO TANYARD ROAD. GCIT IS ON THE LEFT AT THE BOTTOM OF THE HILL.

FROM THE DELAWARE MEMORIAL & COMMODORE BARRY BRIDGES: TAKE I-295 NORTH TO EXIT 21 ONTO DELAWARE ST. AND CONTINUE THROUGH WOODBURY. TURN RIGHT AT TRAFFIC LIGHT ONTO EVERGREEN AVE. TURN LEFT AT NEXT TRAFFIC LIGHT ONTO EGG HARBOR ROAD. CONTINUE 3-MILES TO THE NEXT TRAFFIC LIGHT. GCIT IS AT THE BOTTOM OF THE HILL ON LEFT.

VOLUNTEERS: FREE ADMISSION AND REFRESHMENTS WILL BE PROVIDED TO ANYONE WHO ASSISTS WITH THE MEET.

WAHOOS IS REQUESTING THAT CLUBS ASSIST ON DECK FOR THE FOLLOWING ASSIGNMENTS
4 VOLUNTEERS PER LANE: 2 TIMERS, 1 WRITER, 1 LANE MARSHALL (THE LANE MARSHALL ASSURES THE SWIMMERS COMPETE IN THE CORRECT EVENT/HEAT/LANE). COACHES/TEAM REPS: PLEASE EMAIL jwmeets@jerseywahoos.org TO ADVISE WAHOOS CONCERNING THE NUMBER OF VOLUNTEERS AND THEIR AVAILABILITY FOR EACH SESSION. AN ASSIGNMENT SCHEDULE WILL BE SENT TO ALL TEAMS ONCE WE RECEIVE INFORMATION ON VOLUNTEERS.

ALL MEET WORKERS WILL RECEIVE IDENTIFICATION BADGES THAT WILL PERMIT DECK ACCESS (ONLY OFFICIALS/COACHES WITH CURRENT CREDENTIALS AND PROPERLY IDENTIFIED WORKERS WILL BE PERMITTED ACCESS TO THE DECK AREA.

COACHES WITH LARGE TEAMS MAY REQUEST IDENTIFICATION BADGES FOR TEAM ASSISTANTS (PARENTS) TO ASSIST THEM IN THE TEAM AREA.

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TEE SHIRTS:

MINI CHAMPIONSHIPS TEE SHIRTS WILL BE ON SALE THROUGHOUT THE MEET.

SPECTATORS:

SEATING IS FIRST COME/FIRST SERVED. SPECTATORS ARE PROHIBITED FROM ENTERING AREAS OF THE DECK ADJACENT TO THE POOL WHICH ARE BEING USED BY SWIMMERS, COACHES, AND OFFICIALS. COACHES AND OFFICIALS MUST DISPLAY USA CURRENT CREDENTIALS.

HOW TO

ENTER:

SWIMMERS MAY ENTER A MAXIMUM OF 5 INDIVIDUAL EVENTS PER DAY AND 2 RELAYS FOR AGE 8 SWIMMERS AND ONE RELAY FOR AGE 7/UNDER SWIMMERS.

ENTRIES SUBMITTED AS AN ATTACHMENT TO AN E-MAIL ADDRESSED TO jwmeets@jerseywahoos.org USING HY-TEK SOFTWARE ARE PREFERRED. A COMPLETED MEET ENTRY SUMMARY FORM MUST ACCOMPANY THE E-MAIL AND THE PAYMENT FOR ENTRY FEES. A COPY OF THE SUMMARY IS ATTACHED TO THIS ANNOUNCEMENT. **TEAMS THAT SUBMIT ENTRIES BY E-MAIL USING HY-TEK SOFTWARE SHOULD NOT SUBMIT A DISK.**

ENTRIES ALSO MAY BE SUBMITTED ON A DISK. THE PRINTOUT AND SUMMARY MUST ACCOMPANY ENTRIES SUBMITTED ON DISK. MEET MANAGEMENT WILL TAKE ACTION AS NECESSARY TO RESOLVE DISCREPANCIES IF A VALID CONTACT IS NOT INCLUDED WITH TEAM AND INDIVIDUAL ENTRIES.

MANUALLY PREPARED ENTRIES SHOULD BE SUBMITTED ON THE FORM ATTACHED TO THIS ANNOUNCEMENT AND TRANSMITTED AS AN ATTACHMENT TO AN E-MAIL. THE ANNOUNCEMENT IS AVAILABLE FROM OUR WEBSITE AT (www.jerseywahoos.org) AND THE MALSC WEBSITE (www.maswim.org).

ELECTRONIC DATA WILL BE CONSIDERED AS THE OFFICIAL VERSION OF MEET ENTRIES. ELECTRONIC DATA SUPERSEDES ANY INFORMATION CONTAINED ON TEAMS' ENTRY PRINTOUTS WITH RESPECT TO RESOLUTION OF ERRORS/DISCREPANCIES. ENTRIES TRANSMITTED BY E-MAIL WILL BE CONSIDERED AS THE OFFICIAL ENTRY IF A DISK IS ALSO SUBMITTED TO THE MEET DIRECTOR.

MANUAL AND DISK ENTRIES SHOULD BE MAILED TO MEET DIRECTOR C/O JERSEY WAHOOS. E-MAIL ENTRIES AND INQUIRIES MUST BE SUBMITTED jwmeets@jerseywahoos.org. THIS IS THE OFFICIAL RECEIPT POINT FOR ALL E-MAIL. E-MAIL SENT TO ANY OTHER SITE WILL NOT BE VALID FOR PURPOSES OF THE MEET.

SURCHARGE:

THERE IS A SURCHARGE OF \$5.00/SWIMMER FOR ANY TEAM WITH 10 OR MORE INDIVIDUAL ENTRIES THAT DOES NOT SUBMIT ITS ENTRIES USING HY-TEK SOFTWARE. TEAMS/SWIMMERS CANNOT AVOID THE SURCHARGE BY SUBMITTING INDIVIDUAL ENTRIES FOR SWIMMERS. MEET MANAGEMENT WILL BILL INDIVIDUALS WHEN A TEAM'S ENTRIES EXCEED THE LIMIT OF TEN. FAILURE TO REMIT PAYMENT WILL RESULT IN REJECTION OF ENTRIES.

FEES:

\$3.00/INDIVIDUAL EVENT-\$6.00/RELAY. \$5.00 SURCHARGE PER SWIMMER (IF APPLICABLE). CHECKS PAYABLE TO "JERSEY WAHOOS SWIM CLUB."

SEND ENTRIES & PAYMENT TO:

MANUAL & DISK ENTRIES AND PAYMENT (INCLUDING APPLICABLE SURCHARGES) MUST BE MAILED TO JERSEY WAHOOS AT 4101 CHURCH ROAD, MT. LAUREL, NJ 08054. **PAYMENT MUST BE RECEIVED BY THURSDAY, MARCH 8, 2007, OR ENTRIES WILL BE REJECTED. NO EXCEPTIONS.**

CLOSE:

ALL ENTRIES MUST BE RECEIVED BY **5:00 PM, THURSDAY, MARCH 8, 2007. LATE ENTRIES WILL NOT BE ACCEPTED.**

INQUIRIES:

REFER QUESTIONS TO TODD BRYAN AT 856/985-5246 OR EMAIL jwmeets@jerseywahoos.org. THIS IS THE OFFICIAL CONTACT POINTS FOR MEET INFORMATION. MEET MANAGEMENT IS NOT ACCOUNTABLE FOR MISINFORMATION PROVIDED FROM ANY OTHER SOURCE.

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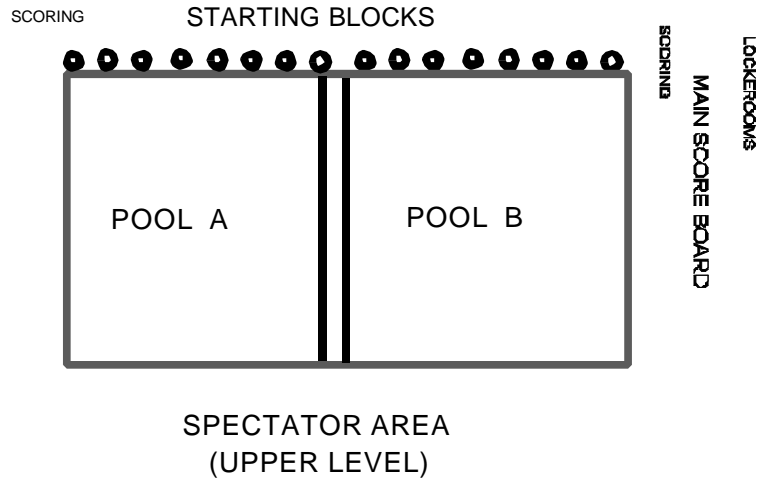
ACCOMODATIONS:

COMFORT INN	DAYS INN	QUALITY INN	HO JO INN	FAIRFIELD INN
RUNNEMEDE	BROOKLAWN	W. DEPTFORD	BLACKWOOD	MT. LAUREL, NJ
856/939-6700	856/456-6688	856/848-4111	856/228-4040	856/642-0600
				ASK FOR PAT
STAYBRIDGE SUITES				
4115 CHURCH RD.				
MT LAUREL NJ 08054				
856-722-1900				
ASK FOR SHARI				

SWIMMING POOL
DESIGNATION:

SWIMMING POOLS HAVE BEEN DESIGNATED POOL A AND POOL B. SEE THE CHART BELOW

POOL DIAGRAM



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SCHEDULE OF EVENTS
ALL EVENTS ARE TIMED FINALS

SATURDAY, MARCH 24, 2007

SESSION 1 AGE 8 GIRLS/BOYS

POOL A

WARM-UP 8:00 AM START 8:45 AM

GIRLS EVENT#	EVENT	BOYS-EVENT#
1	8 YRS 100 MEDLEY RELAY	2
3	8 YRS 100 FLY	4
5	8 YRS 25 BREAST	6
7	8 YRS 100 BACK	8
9	8 YRS 50 FLY	10
11	8 YRS 100 BREAST	12
13	8 YRS 25 FREE	14
15	8 YRS 100 IM	16
17	8 YRS 200 FREE RELAY	18

SESSION 2 AGE 8 GIRLS/BOYS

POOL A

**START -TEN MINUTES AFTER END OF
SESSION 1**

GIRLS-EVENT#	EVENT	BOYS-EVENT#
19	8 YRS 200 FREE	20

SESSION 3 7/UNDER GIRLS/BOYS

POOL A

WARM-UP 2:30 PM START 3:15 PM

WOMEN-EVENT#	EVENT	MEN-EVENT#
21	7 YRS 50 FREE	22
23	6/U YRS 50 FREE	24
25	7 YRS 25 BREAST	26
27	6/U YRS 25 BREAST	28
29	7 YRS 50 FLY	30
31	6/U YRS 50 FLY	32
33	7 YRS 25 BACK	34
35	6/U YRS 25 BACK	36
37	7 YRS 100 IM	38
39	6/U YRS 100 IM	40
41	7 YRS 100 MEDLEY RELAY	42
43	6/U YRS 100 MEDLEY RELAY	44

AGE 7/UNDER SWIMMERS MAY NOT COMPETE IN AGE 8 INDIVIDUAL OR RELAY EVENTS.

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SCHEDULE OF EVENTS
ALL EVENTS ARE TIMED FINALS

SUNDAY, MARCH 25, 2007

SESSION 4 AGE 8 GIRLS/BOYS

POOL A

WARM-UP 8:00 AM START 8:45 AM

GIRLS EVENT#	EVENT	BOYS-EVENT#
45	8 YRS 100 FREE RELAY	46
47	8 YRS 25 BACK	48
49	8 YRS 50 BREAST	50
51	8 YRS 50 FREE	52
53	8 YRS 50 BACK	54
55	8 YRS 25 FLY	56
57	8 YRS 100 FREE	58
59	8 YRS 200 MEDLEY RELAY	60

SESSION 5 AGE 8 GIRLS/BOYS

POOL A

**START -TEN MINUTES AFTER END OF
SESSION 4**

GIRLS-EVENT#	EVENT	BOYS-EVENT#
61	8 YRS 200 IM	62

SESSION 6 7/UNDER GIRLS/BOYS

POOL A

WARM-UP 2:30 PM START 3:15 PM

WOMEN-EVENT#	EVENT	MEN-EVENT#
63	7 YRS 25 FREE	64
65	6/U YRS 25 FREE	66
67	7 YRS 50 BREAST	68
69	6/U YRS 50 BREAST	70
71	7 YRS 50 BACK	72
73	6/U YRS 50 BACK	74
75	7 YRS 25 FLY	76
77	6/U YRS 25 FLY	78
79	7 YRS 100 FREE	80
81	6/U YRS 100 FREE	82
83	7 YRS 100 FREE RELAY	84
85	6/U YRS 100 FREE RELAY	86

AGE 7/UNDER SWIMMERS MAY NOT COMPETE IN AGE 8 INDIVIDUAL OR RELAY EVENTS.

MEET ENTRY SUMMARY FORM

MEET: _____

TEAM: _____ TEAM SYMBOL: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACH: _____

TEAM CONTACT: _____

TELEPHONE: _____

EMAIL: _____

ENTRY FEE SUMMARY

TOTAL NUMBER OF ENTRIES: _____

MULTIPLY BY: \$3.00

TOTAL NUMBER OF RELAYS: _____

MULTIPLY BY: \$6.00

SURCHARGE* \$ _____ (\$5.00/SWIMMER)

TOTAL ENTRY FEES: \$ _____

ATHLETE SUMMARY

NUMBER OF MALE ATHLETES: _____ ENTRIES: _____

NUMBER OF FEMALE ATHLETES: _____ ENTRIES: _____

TOTAL NUMBER OF ATHLETES: _____ TOTAL: _____

***THERE IS A SURCHARGE OF \$5.00/SWIMMER FOR ANY TEAM THAT DOES NOT SUBMIT ITS ENTRIES USING HY-TEK SOFTWARE. TEAMS/SWIMMERS CANNOT AVOID THE SURCHARGE BY SUBMITTING INDIVIDUAL ENTRIES FOR SWIMMERS. MEET MANAGEMENT WILL BILL INDIVIDUALS WHEN A TEAM'S ENTRIES EXCEED THE LIMIT OF TEN. FAILURE TO REMIT ENTRY FEES OR THE SURCHARGE WILL RESULT IN REJECTION OF ENTRIES.**

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

Signature of head coach or authorized team representative