

# GAAC MAY A-BB-C MEET

May 19-20, 2007

Held under the sanction of Middle Atlantic Swimming, Sanction # MA 0709 A

**MEET DIRECTOR:** : Pete Crippen/Brian McMillin—215.542.9095  
[meetdirector@germantownacademy.org](mailto:meetdirector@germantownacademy.org)

**SAFETY DIRECTOR:** Jeff Hyde--215.542.9095

**Location:** Germantown Academy, 340 Morris Road, Fort Washington, PA 19034--215.542.9095

**Facility:** 25 yard, 6 lane pool, entry depth 12' feet, Colorado Timing system, Anti-turbulent lane lines, balcony seating for spectators, snack bar, ample free parking at pool site, near-by lodging and restaurants.

**Entries:** Entries should be sent compatible with Hy-tek Meet Manager. You may e-mail entries to Pete Crippen at [meetdirector@germantownacademy.org](mailto:meetdirector@germantownacademy.org) Limited to 5 individual entries/day. Swimmers must enter with their best times or be subject to penalties set by Middle Atlantic Swimming. (These penalties could include a swimmer's suspension from competition for a minimum of 3 months, but not more than one year.) If a swimmer does not have an official time, please enter NT. Meet Director reserves the right to limit the number of entries/event in order to conduct a fair meet. If this is necessary, those affected will notified prior to the date of the meet and will be issued a refund.

## NEW FOR 2006/2007:

**ALL ENTRIES MUST BE VIA E-MAIL BY Noon (12PM) Friday, May 4, 2007. Please send a hard copy of your entries along with a check to Elly Lawlor, GAAC, 340 Morris Road, Ft Washington, PA 19034. All payments with Meet Summary and PRINTED COPY (from Team Manager SHOULD BE FILTERED BY Name). Payments must be received no later than Friday, May, 11, 2007 - if payment is not received you will be removed from the meet.** This meet is a pre-seeded, timed final meet. No late entries will be accepted. INFORMATION FOR EMAILING HAND ENTRIES IS ON THE MEET SUMMARY PAGE - page 3 at bottom.

**DECK ENTRIES** - \$6/entry - WILL BE ACCEPTED AT THE DISCRETION OF THE MEET DIRECTOR. Swimmers not already entered in the meet must provide proof of USA Swimming registration. Deck-entered swimmers will compete unofficially; the time achieved is official but will not be awarded. Please see the meet director before warm-ups.

**Eligibility:** The meet is open to all swimmers registered with USA Swimming for 2007 and will be conducted according to current US Swimming Code of Regulations. Swimmers' age as of the first day of the meet governs the age for the entire meet. Any swimmer who is unattached or not accompanied by a coach will be assigned to a team area with a coach.

**Fees:** \$3.00/individual event. **If entries are not on a disk please add a \$5 surcharge for processing of hand entries.** Make checks payable to GAAC and mail to Elly Lawlor, GAAC, 340 Morris Road, Fort Washington, PA 19034. Any questions?--contact Pete Crippen or Brian McMillin at [meetdirector@germantownacademy.org](mailto:meetdirector@germantownacademy.org).

**Awards:** "A"--Medals 1st thru 3rd, Ribbons 4th thru 6th; "B"--Rosettes 1st thru 3rd, Ribbons 4th thru 6th; "C"--Ribbons 1st thru 6th. They will be based on the level at which the swimmer entered the meet. Awards will be available after last session.

**Awards will be mailed to the teams following the meet if an address is provided.**

**Warm-up:** USA Swimming and MA Safety Regulations will be in effect

First half hour

Circle Swimming in all lanes

Second half hour

Lanes 3 and 4 - Circle Swimming

Lanes 1, 2, 5, 6 - Sprint Lanes - dive in sprints from starting end - one way

**Admission:** \$3.00/session - includes heat sheet

**Meet Results:** Will be posted to the Middle Atlantic website ([www.maswim.org](http://www.maswim.org)) and transmitted by email to any club that provides a valid email address. Meet results will not be mailed to the clubs.

Only 2007 USS Certified Coaches and Officials will be allowed on deck. You must wear your card at all times.

**Directions to Pool:** Take exit 26 of PA Turnpike--Ft. Washington. Through tolls stay in left lane to end of road, then go right (Pennsylvania Avenue). Follow to dead end and turn left (Old Bethlehem Pike). At first light make a right--Lafayette Connector--to first light turn right ---merge around this is Morris Road. First pillared driveway on the left--entrance to the Academy. Parking lot on left. Arrows posted for walk through quad and building to pool entrance. Lockerrooms on lower level.

### **Lodging:**

Ramada Inn, 285 Commerce Drive, Ft. Washington (exit 26 PA Tpke)

542-7930

5 minutes from pool

Holiday Inn, 432 Pennsylvania Ave., Ft. Washington (exit 26 PA Tpke)

643-3000

5 minutes from pool

**Restaurants:** Adjacent to all the hotels -- from fast food to sit-down family oriented. All are inexpensive and moderately priced. Many others on Old Bethlehem Pike.

**\*\*\*If you are interested in officiating or timing at the meet please contact Jeff Hyde 215.540.9766 or the meet directors at email addresses above.**

**GAAC MAY A-BB-C MEET**  
**May 19-20, 2007**

**Saturday, May 19**

**Sunday, May 20**

\*Session 1--Warm-up 8am; Start 9am

\*Session 3--Warm-up 8am; Start 9am

<b>GIRLS #</b>	<b>EVENT</b>	<b>BOYS #</b>	<b>GIRLS #</b>	<b>EVENT</b>	<b>BOYS #</b>
1	<b>150V 200 FR</b>	2	43	<b>Senior 500 FR</b>	44
3	<b>11-12 100 FR</b>	4	45	<b>11-12 50 FR</b>	46
5	<b>Senior 200 BK</b>	6	47	<b>150V 100 BK</b>	48
7	<b>11-12 50 BK</b>	8	49	<b>11-12 100 BK</b>	50
9	<b>150V 100 BR</b>	10	51	<b>Senior 200 BR</b>	52
11	<b>11-12 100 BR</b>	12	53	<b>11-12 50 BR</b>	54
13	<b>Senior 200 FL</b>	14	55	<b>150V 100 FL</b>	56
15	<b>11-12 50 FL</b>	16	57	<b>11-12 100 FL</b>	58
17	<b>Senior 400 IM</b>	18	59	<b>150V 200 IM</b>	60
19	<b>150V 100 FR</b>	20	61	<b>11-12 200 IM</b>	62
21	<b>11-12 100 IM</b>	22	63	<b>150V 50 FR</b>	64

Session 2--Warm-up 12:30pm; Start 1:30pm

Session 4--Warm-up 12:30pm; Start 1:30pm

<b>GIRLS #</b>	<b>EVENT</b>	<b>BOYS #</b>	<b>GIRLS #</b>	<b>EVENT</b>	<b>BOYS #</b>
23	<b>9-10 50 FR</b>	24	65	<b>9-10 100 FR</b>	66
25	<b>13-14 100 FR</b>	26	67	<b>13-14 200 FR</b>	68
27	<b>9-10 100 BK</b>	28	69	<b>9-10 50 BK</b>	70
29	<b>13-14 200 BK</b>	30	71	<b>13-14 100 BK</b>	72
31	<b>9-10 50 BR</b>	32	73	<b>9-10 100 BR</b>	74
33	<b>13-14 100 BR</b>	34	75	<b>13-14 200 BR</b>	76
35	<b>9-10 100 FL</b>	36	77	<b>9-10 50 FL</b>	78
37	<b>13-14 200 FL</b>	38	79	<b>13-14 100 FL</b>	80
39	<b>9-10 200 IM</b>	40	81	<b>9-10 100 IM</b>	82
41	<b>13-14 50 FR</b>	42	83	<b>13-14 200 IM</b>	84

\*Warm-up and start times are subject to change if length of morning session warrants such.

**We reserve the right to combine sessions in order to run a quality meet.**

**We reserve the right to swim the 500 FR and 400 IM on Friday evening, May 18, 2007 if entries warrant.**

**We will notify you of any changes by Wednesday, May 9, 2007.**

