

JERSEY WAHOOS SWIM CLUB

WINTER BLIZZARD "A/BB/C" MEET

JANUARY 12-13, 2008

HELD UNDER THE SANCTION OF MIDDLE ATLANTIC SWIMMING, INC. SANCTION # MA 0874 A

FACILITY:

GLOUCESTER COUNTY INSTITUTE OF TECHNOLOGY
TANYARD ROAD
SEWELL, NEW JERSEY
TELEPHONE: 856/468-1445 EXTENSION 2657

THIS FACILITY CONTAINS TWO 8 LANE/25 YD. POOLS EQUIPPED WITH LANE LINES, STARTING BLOCKS/12 AND 5 FT DEPTHS AT STARTING ENDS. COLORADO TIMING SYSTEM WITH EIGHT LANE DISPLAY. SEPARATE SPECTATOR AREA/UNLIMITED PARKING. REFRESHMENTS ARE AVAILABLE IN THE CONCESSION AREA

MEET & SAFETY

DIRECTORS:

MEET / TODD BRYAN
(856-234-5898)

SAFETY / MIKE SIMUNEK
(856-234-5898)

OFFICIALS:

All USA certified officials and trainees are invited to officiate at this meet.
Contact Bob Binz, official's coordinator, at 856/853-0119.

ELIGIBILITY:

The meet is open to any USA registered swimmer. Swimmer's age as of **January 12, 2008**, governs age group participation for the entire meet.

ENTRY

LIMITATIONS:

Meet management may add sessions, shift an event, limit the number of entries, eliminate certain events and/or heats, and any other reasonable modification to the meet format in order to complete sessions within the four (4) hour session limit. Notice will be provided promptly to swimmers and teams concerning modifications to the meet or changes to any entries/events/heats. Entry fees will be refunded to teams/swimmers whose entries have been rejected or who are unable to compete due to limitations.

WARM-UP & START TIMES:

| | <u>WARM UP</u> | <u>MEET</u> | <u>NOTES</u> |
|--------------------------------|----------------|-------------|--|
| SATURDAY AGES 9/10 & SENIOR | 7:00AM | 8:00AM | |
| SATURDAY AGES 11-14 | 1:30 PM | 2:30 PM | <i>11-14 500 FR session will start 10 min after the 200 IM. May switch pools to even timelines</i> |
| SUNDAY AGES 9/10 & SENIOR | 7:00 AM | 8:00 AM | |
| SUNDAY AGES 11-14 | 1:30 PM | 2:30 PM | <i>11-14 400 IM session will start 10 min after the 200 breast. May switch pools to even timelines</i> |

WARM-UPS:

ASSIGNED WARM-UPS: There will be two 25-minute periods per session. Sprints are included as a 5-minute segment of each warm-up period. Additional warm-up sessions may be added if necessary. Lane assignments will be included in coaches' packets and posted around the pool deck

RULES:

Current USA and Middle Atlantic LSC rules will govern the meet. **'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.** USA swimming/ MA swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Only currently credentialed coaches, USA swimming registered athletes and meet personnel will be permitted on deck.

Penalties will be imposed on swimmers (in accordance with USA/MA LSC rules) when any coach, parent, or swimmer enters a time other than a best time, for any event. Failure to swim in a deck seeded event after checking in will result in a 1-event penalty. The swimmer will not be allowed to swim in their next individual event.

Any swimmer observed swimming under or through the bulkhead by an official or Safety monitor at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the meet referee. This Policy will be strictly enforced.

WINTER BLIZZARD "A/BB/C" MEET
SATURDAY, JANUARY 12, 2008

| SESSION 1 – SR GIRLS / 9-10 BOYS POOL A SESSION 2 – SR BOYS / 9-10 GIRLS POOL B WARM-UP 7:00 AM START 8:00 AM | | |
|---|-------------------|-------------|
| GIRLS EVENT# | EVENT | BOYS EVENT# |
| 1 | 9-10 100 IM | 2 |
| 3 | SENIOR 200 BACK* | 4 |
| 5 | 9-10 50 BACK | 6 |
| 7 | SENIOR 100 FREE | 8 |
| 9 | 9-10 100 FREE | 10 |
| 11 | SENIOR 200 FLY* | 12 |
| 13 | 9-10 50 FLY | 14 |
| 15 | SENIOR 100 BREAST | 16 |
| 17 | 9-10 100 BREAST | 18 |
| 19 | SENIOR 200 IM* | 20 |
| 21 | 9-10 200 IM * | 22 |
| 23 | SENIOR 500 FREE* | 24 |
| | | |

| SESSION 3 – 13-14 GIRLS / 11-12 BOYS POOL A SESSION 4 – 13-14 BOYS / 11-12 GIRLS POOL B WARM-UP 1:30 PM START 2:30 PM | | |
|---|------------------|-------------|
| GIRLS EVENT# | EVENT | BOYS EVENT# |
| 25 | 11-12 100 IM | 26 |
| 27 | 13-14 200 BACK* | 28 |
| 29 | 11-12 200 BACK* | 30 |
| 31 | 13-14 100 FREE | 32 |
| 33 | 11-12 100 FREE | 34 |
| 35 | 13-14 200 FLY* | 36 |
| 37 | 11-12 200 FLY* | 38 |
| 39 | 11-12 50 BACK | 40 |
| 41 | 13-14 100 BREAST | 42 |
| 43 | 11-12 100 BREAST | 44 |
| 45 | 13-14 200 IM* | 46 |
| 47 | 11-12 200 IM* | 48 |
| | | |
| SESSION 5 | | |
| 49 | 13-14 500 FREE * | 50 |
| 51 | 11-12 500 FREE * | 52 |
| | | |

The 500 FR session will start 10 minutes after the 200 IM.

SUNDAY, JANUARY 13, 2008

| SESSION 6 – SR BOYS / 9-10 GIRLS POOL A SESSION 7 – SR GIRLS / 9-10 BOYS POOL B WARM-UP 7:00 AM START 8:00 AM | | |
|---|--------------------|-------------|
| GIRLS EVENT# | EVENT | BOYS EVENT# |
| 53 | SENIOR 100 FLY | 54 |
| 55 | 9-10 100 FLY | 56 |
| 57 | SENIOR 50 FREE | 58 |
| 59 | 9-10 50 FREE | 60 |
| 61 | SENIOR 200 FREE* | 62 |
| 63 | 9-10 200 FREE* | 64 |
| 65 | SENIOR 100 BACK | 66 |
| 67 | 9-10 100 BACK | 68 |
| 69 | SENIOR 200 BREAST* | 70 |
| 71 | 9-10 50 BREAST | 72 |
| 73 | SENIOR 400 IM* | 74 |
| | | |

| SESSION 8 – 13-14 BOYS / 11-12 GIRLS POOL A SESSION 9 – 13-14 GIRLS / 11-12 BOYS POOL B WARM-UP 1:30 PM START 2:30 PM | | |
|---|-------------------|-------------|
| GIRLS EVENT# | EVENT | BOYS EVENT# |
| 75 | 11-12 100 FLY | 76 |
| 77 | 13-14 100 FLY | 78 |
| 79 | 11-12 50 FREE | 80 |
| 81 | 13-14 50 FREE | 82 |
| 83 | 11-12 200 FREE* | 84 |
| 85 | 13-14 200 FREE* | 86 |
| 87 | 11-12 100 BACK | 88 |
| 89 | 13-14 100 BACK | 90 |
| 91 | 11-12 50 BREAST | 92 |
| 93 | 11-12 50 FLY | 94 |
| 95 | 13-14 200 BREAST* | 96 |
| 97 | 11-12 200 BREAST* | 98 |
| | | |
| SESSION 10 | | |
| 99 | 13-14 400 IM* | 100 |
| 101 | 11-12 400 IM * | 102 |
| | | |

The 400 IM session will start 10 min after the 200 breast.

***DECK SEEDED EVENT THAT REQUIRES POSITIVE CHECK-IN.**

Check in deadlines will be posted on JW website & E-mailed to the person who sent the meet entries after the meet closes

****SWIMMERS MUST PROVIDE THEIR OWN TIMERS AND LAP COUNTERS AS NECESSARY.**

**WINTER BLIZZARD "A/BB/C" MEET
JANUARY 12-13, 2008**

SEEDING:

All events 200 yards & longer will be deck seeded events requiring positive check-in. *CHECK IN DEADLINES will be E-mailed & posted on the JW website after the close of the meet. Swimmers must provide their own timers & lap counters as necessary.*

**HOW TO
ENTER:**

Swimmers may enter a maximum of 4 events per day.

HY-TEK ENTRIES PREFERRED

Entries should be submitted as an e-mail attachment addressed to:

jwmeets@jerseywahoos.org

SUBJECT = (YOUR TEAM) WINTER BLIZZARD ENTIREES

BODY MUST INCLUDE: Team name / Number of swimmers / Number of entries

ATTACHMENTS: ENTRY FILE / TM ENTRY REPORT

DO NOT SEND FLOPPY DISKS.

Manually prepared entries of 5 or more swimmers (\$5.00/swimmer surcharge) should be submitted on the form attached to this announcement and transmitted as an e-mail attachment. The announcement is available from our website at

(<http://www.jerseywahoos.org/>) and the MA Swimming website <http://www.maswim.org/>

Electronic data will be considered the official version of meet entries. Electronic data supersedes any information contained on teams' entry printouts with respect to resolution of errors/discrepancies.

SURCHARGE:

\$5.00/swimmer for ALL MANUALLY prepared entries of 5 or more swimmers (Entries not sent using Hy-Tek software). Teams/swimmers cannot avoid the surcharge by submitting individual entries for swimmers. Meet management will bill individuals when a team's entries exceed the limit of five. Failure to remit payment will result in rejection of entries.

FEES:

**\$4.00/INDIVIDUAL EVENT. \$5.00 SURCHARGE PER SWIMMER (IF APPLICABLE).
\$1.00 / SWIMMER FACILITY CHARGE
CHECKS PAYABLE TO "JERSEY WAHOOS SWIM CLUB."**

**SEND ENTRIES
& PAYMENT TO:**

**WINTER BLIZZARD ENTRIES
C/O JERSEY WAHOOS
4101 CHURCH RD
MT. LAUREL, NJ 08054**

Meet Summary MUST accompany payment.

**Payment MUST BE POSTMARKED BY SATURDAY, DECEMBER 29, 2007
or entries will be rejected. No exceptions.**

CLOSE:

5:00 PM, THURSDAY, DECEMBER 27, 2007. LATE ENTRIES WILL NOT BE ACCEPTED.

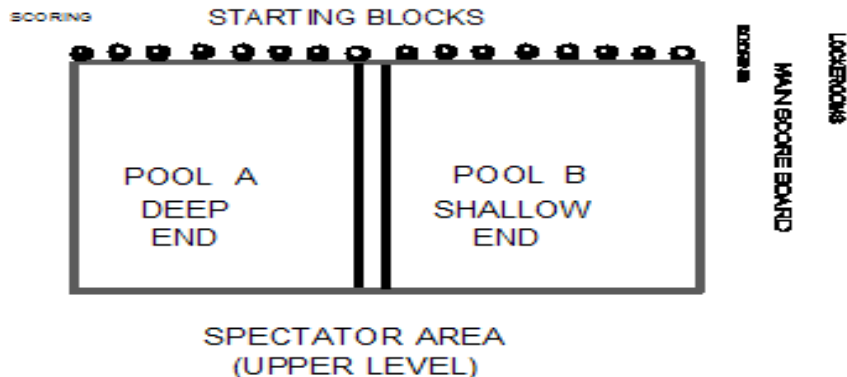
INQUIRIES:

REFER QUESTIONS ABOUT THE ENTRIES AND THE MEET TO TODD BRYAN, MEET DIRECTOR AT 856/234-5898 OR E-MAIL AT jwmeets@jerseywahoos.org. This is the official contact point for meet information and entries. Meet management is not accountable for misinformation provided from any other source.

**WINTER BLIZZARD "A/BB/C" MEET
JANUARY 12-13, 2008**

POOL SETUP:

SWIMMING POOLS HAVE BEEN DESIGNATED POOL "A" AND POOL "B". SEE THE CHART BELOW.



AWARDS:

WAHOOS WILL NOT MAIL AWARDS IF YOUR TEAM FAILS TO PICK THEM UP

14/under's entered with USA "A" - Medals 1-3, Ribbons 4-6
 14/under swimmers entered with USA "BB" - Rosettes 1st, Ribbons 2-6
 14/under swimmers entered with USA "C" - Ribbons 1st through 6th

ADMISSION:

FREE ADMISSION / \$5.00 PROGRAM PER SESSION.

RESULTS:

Final results will be posted on the Wahoos website within 48 hours of the conclusion of the meet and transmitted to all clubs that sent an entry via E-mail. Results will also be posted on the Middle Atlantic website. Results will NOT be mailed.

DECK ENTRIES:

Deck entries may be accepted at the discretion of the meet director as non-award swims.

COST:

\$8.00/event. Limited to one event/swimmer per day. Swimmers not already in the meet must present proof of current USA swimming registration. See Meet Director.

VOLUNTEERS:

Free admission/refreshments will be provided to anyone who volunteers as a timer, runner, or other capacities designated by the meet director.

SWIMMERS

Swimmers unaccompanied by a credentialed coach must report to the meet director prior to

W/OUT COACHES:

warm-ups for each session.

SPECTATORS: Seating is first come/first served. Spectators are prohibited from the deck

DIRECTIONS:

From the south: take route 55 north to route 47. Take exit 56b/westville. Turn left at the traffic light onto Bankbridge road. Turn left at the next traffic light onto Tanyard road. The entrance to GCIT is on the left at the bottom of the hill.

From the north and the Walt Whitman bridge: take I-295 south to route 42 south and remain in right lane. Take route 55 south to exit 56B (route 47 north/Woodbury). Turn left onto Bankbridge road at the traffic light. Turn left at the next traffic light onto Tanyard road. GCIT is on the left at the bottom of the hill.

From the Delaware Memorial & Commodore Barry bridges: take I-295 north to exit 21 onto Delaware St. and continue through Woodbury. Turn right at traffic light onto Evergreen Ave. Turn left at next traffic light onto Egg Harbor road. Continue 3-miles to the next traffic light. GCIT is at the bottom of the hill on left.

ACCOMODATIONS:

| | | | | |
|--------------|--------------|--------------|--------------|----------------|
| COMFORT INN | DAYS INN | QUALITY INN | HO JO INN | FAIRFIELD INN |
| RUNNEMEDE | BROOKLAWN | W. DEPTFORD | BLACKWOOD | MT. LAUREL, NJ |
| 856/939-6700 | 856/456-6688 | 856/848-4111 | 856/228-4040 | 856/642-0600 |

STAYBRIDGE SUITES
 4115 CHURCH RD.
 MT LAUREL NJ 08054
 856-722-1900

MEET ENTRY SUMMARY FORM
MUST ACCOMPANY PAYMENT

MEET: **JW 2008 WINTER BLIZZARD**

TEAM: _____ SYMBOL: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACH: _____

TEAM CONTACT: _____

TELEPHONE: _____

EMAIL: _____

CHECK THIS BOX IF ENTRY WAS E-MAILED

ENTRY FEE SUMMARY

TOTAL # IND ENTRIES: _____ X \$4.00 \$ _____

FACILITY CHARGE (\$1.00/SWIMMER) \$ _____

SURCHARGE* (\$5.00/SWIMMER) \$ _____

TOTAL ENTRY FEES: \$ _____

ATHLETE SUMMARY

NUMBER OF MALE ATHLETES: _____ ENTRIES: _____

NUMBER OF FEMALE ATHLETES: _____ ENTRIES: _____

TOTAL NUMBER OF ATHLETES: _____ TOTAL: _____

*** \$5.00/swimmer for ALL MANUALLY submitted entries of 5 or more swimmers (entries not submitted using Hy-Tek software). Teams/swimmers cannot avoid the surcharge by submitting individual entries for swimmers. Failure to remit entry fees or the surcharge will result in rejection of entries.**

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

Signature of head coach or authorized team representative