

Malvern Swimming Association

MSA December A/BB/C/Mini Meet

December 5-7, 2008

To be held at the Malvern Prep, Malvern, PA.

Held under the Sanction of Middle Atlantic Swimming,
Sanction #MA 0974 A(9 & over) & MA 0975 M (8 & Under)

MEET DIRECTOR: Bob Stockett – swisskier@verizon.net, (610)565-3366

SAFETY DIRECTOR: John McGinley – (484)595-1145

MEET REFEREE: To be determined

Eligibility: This meet is open to all swimmers registered with USA Swimming and will be conducted according to current USA Swimming Code of Regulations. No proof of time is required, as there are no qualifying times. The age of the swimmer on the first day of the meet will determine the age group of competition. The meet director reserves the right to limit entries to conform to MA rules. Notification will be provided to swimmers teams concerning limitation or elimination of any heats/events. Meet fees will be refunded to teams/swimmers who do not participate in any event due to limitations.

Rules: Current USA and Middle Atlantic LSC rules will govern the meet. **“Fly-over starts will be used at this meet, except for session I (Minis). Minis WILL NOT use fly-over starts and should exit the pool at the completion of their heats. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.** The whistle start and no recall false start rules will be in use. **The whistle start will be supplemented with verbal commands for the 8 and Under swimmers in the Mini session, Session I.** USA Swimming/Middle Atlantic Swimming Safety Guidelines and warm-up procedures will be in effect for the entire meet. Only currently credentialed coaches, USA Swimming registered athletes and meet personnel will be permitted on deck.

Entries: Swimmers may enter a maximum of 5 (five) individual events per day. Penalties will be imposed upon any swimmer when any coach, parent, swimmer enters any time other than the swimmer’s best time for any event and could result in the swimmer’s suspension from competition for a minimum of three months, but not more than one year. Further violation by a coach, parents or swimmer could result in that person being forbidden to participate in or attending USA Swimming functions.

Deck Access: Deck access will be limited to coaches, officials and essential meet personnel displaying proper current credentials

Entry fee: \$4.00 per individual event, make checks payable to: Malvern Swimming Association.

Entries due: All entries must be received by November 17, 2008. No late or phone entries will be accepted.

Mail to: Malvern Swimming Association, c/o Malvern Preparatory School, 418 South Warren Avenue, Malvern, PA 19355.

Facility: Malvern Preparatory School, 418 South Warren Avenue, Malvern, PA 19355. An 8 lane, 25 yard pool with electronic timing, judging system and scoreboard. Depth of the pool at the starting end is 12'. Paragon starting blocks. Snack bar will be available.

Directions:

From Allentown: Take I476 (Pennsylvania Turnpike – Northeast Extension) south to the Mid-County Interchange. After the Mid-County Interchange, continue south on I476 to Exit 16 and merge onto I76 West toward Valley Forge. Take Exit 328B-A to merge onto US202 South toward West Chester. Exit onto PA252 South/West Swedesford Road exit towards Paoli. Go south on PA252 about 2.4 miles to US30 (East Lancaster Avenue) and turn right onto US30. Go approximately ½ mile and bear left onto Paoli Pike at the Matthews Ford Agency. At the third traffic light on Paoli Pike, turn right onto South Warren Avenue. Malvern Prep is the first driveway on the left. Follow driveway around to the right to the pool parking lots.

From I95: Take I476 North from I95 toward Plymouth Meeting. Take Exit 8 for PA3 toward Broomall/Newtown Square. At the traffic light at PA3, turn left and continue on PA3 for about 6.3 miles. At the traffic light at Providence Road, turn right onto Providence road and continue approximately 2.7 miles. Warren Avenue is the second right (it'll sneak up on you) after you pass the White Manor Country Club on your right. Turn right onto Warren Avenue and continue 2.6 miles. Malvern Prep is the first driveway on the left after crossing intersection with Paoli Pike. Follow driveway around to the right to the pool parking lots.

From Harrisburg: Take I76 (Pennsylvania Turnpike) east towards New Jersey. Take Exit 312 to PA100 southbound towards Exton/West Chester for about 3.5 miles. Turn left onto US30 (Lancaster Avenue) and continue for approximately 5.9 miles. At the traffic light at Old Lincoln Highway turn right for about ½ mile. Turn right on Bridge Street and at t-intersection; turn right onto East King Street. Turn left at next traffic light onto South Warren Avenue and continue .6 miles. The driveway to Malvern Prep will be on your right. Follow the driveway around to the right to the pool parking lots.

From Delaware and Wilmington Areas: Take US202 (Concord Pike) into Pennsylvania where it becomes Wilmington-West Chester Pike. Continue on US202 from the State Line for about 7.6 miles and bear to the right onto the West Chester Bypass (US202 North/US322 West) via the ramp towards Downingtown/Paoli. Go about another 2.4 miles and take the exit for Paoli Pike. Bear left at the fork following the signs for Paoli and turn left onto Paoli Pike. Go east on Paoli Pike for approximately 5.6 miles to the intersection with Warren Avenue. Turn left at the traffic light onto Warren Avenue. Malvern Prep is the first driveway on the left. Follow the driveway around to the right to the pool parking lots.

Awards: No awards for 15 and over, and Open events. Awards for 9-14 year olds are as follows:

Swimmers entered with “A” - Medals 1st through 3rd, Ribbons 4th - 8th
All other swimmers – Ribbons 1st through 8th

Awards are determined based on the swimmer's **entered** time for that event.

Program & Admission: Admission Free. Programs - \$3.00 per session.

Entry Information: All entries may be filled out on the official entry blank OR PREFERRED, entries may be sent via e-mail to the meet director at swissker@verizon.net. E-mailed entries must have attached both a zipped TM or PSM entry file and a text file from Team Manager of the meet entries; separate the boys and girls and sort by age. You must complete the summary form and mail with the entry whether you use the e-mail entry or the non-computer entry form. A club contact person must be listed on the entry summary form. A \$5.00 manual processing fee/per swimmer will be charged for all manual entries when 5 or more swimmers from a team are submitted manually (see entry form). Any questions on entry forms should be directed to Bob Stockett at swisskier@verizon.net.

Start Times:

Friday Evening – Mini Session

Warm-up – 5:00PM, Meet Starts – 6:00PM

Saturday Evening – Mixed Session

Warm-up – 3:00PM, Meet Starts – 4:00PM

Sunday Morning – 12 & Under

Warm-up – 7:00AM, Meet Starts – 8:00AM

Sunday Afternoon – 13 and Over

Warm-up – 1:00PM, Meet Starts – 2:00PM

Any changes will be posted on the Middle Atlantic web site at www.maswim.org.

There will be two 25-minute warm-up periods per session. Sprints are included as a 5-minute segment of each warm-up period. Warm-ups will be open. Our lesson pool will be available for warm-up and warm-down during the meet.

Seeding: All events are pre-seeded timed finals.

Check In: No positive check-in required.

Deck Entries: Subject to space availability, deck entries will be accepted on the day of the meet, (prior to the start of each session, if applicable) at the cost of \$8.00 per event. **Swimmers not already entered in the meet must provide proof of USA Swimming registration.** Deck entered swimmers will compete unofficially. You must see the meet director prior to the start of the meet if you wish to deck enter a swimmer.

Officials: All USA Certified officials and trainees are invited to officiate at this meet. Contact John McGinley at cody889@comcast.net.

Results: Results will be posted on the MA Website (maswim.org).

Accommodations: The following accommodations are approximately 10-15 minutes from the pool and there is a wide range of dining in the immediate vicinity:

1. Staybridge Suites Malvern, 20 Morehall Road, Malvern, PA 19355, (610)299-2208.
2. Holiday Inn Express Frazer-Malvern, 1 Morehall Road, Malvern, PA 19355 (877)863-4780
3. Homestead Studio Suites Hotel, 8 East Swedesford Road, Malvern, PA 19355, (610)695-9200
4. Desmond Great Valley Hotel, 1 Liberty Boulevard, Malvern, PA 19355, (610)296-9800
5. Homewood Suites, 12 East Swedesford Road, Malvern, PA 19355, (610)296-3500
6. Courtyard Malvern, 280 Old Morehall Road, Malvern, PA 19355, (610)993-2600

Parking: Parking is available in the three parking lots (East, South, and West) immediately adjacent to the Donald F. O'Neill Sports Center. **PLEASE DO NOT PARK ON ANY OF THE DRIVEWAYS.** Overflow parking is available a short walk across campus in the North lot or the parking lot adjacent Alumni Hall. Please refer to the below map link for locations of the parking lots.

Link to campus map and parking:

<http://www.malvernprep.org/images/MalvernPrepCampusMap.gif>

Seating: 260 spectators.

Emergency phone day of meet: (484)595-1145 or (484)595-1146.

Please note that US Swimming and MA Swimming Regulations will be in effect.

MSA December Meet

Schedule of Events

Friday, December 5, 2008

Session I (Minis) Warm-up: 5PM Meet Starts: 6PM

Girls Events #	Events	Boys Events #
1	6 & Under 25 Fly	2
3	7 Years 25 Fly	4
5	8 Years 25 Fly	6
7	6 & Under 25 Back	8
9	7 Years 25 Back	10
11	8 Years 25 Back	12
13	6 & Under 25 Breast	14
15	7 Years 25 Breast	16
17	8 Years 25 Breast	18
19	6 & Under 25 Free	20
21	7 Years 25 Free	22
23	8 Years 50 Free	24
25	7 & Under 100 IM	26
27	8 Years 100 IM	28

Saturday, December 6, 2008

Session II Warm-up: 3PM Meet Starts: 4PM

Girls Events #	Events	Boys Events #
29	15-18 200 Back	30
31	13-14 100 Back	32
33	11-12 100 Back	34
35	9-10 50 Back	36
37	Open 200 Breast	38
39	13-14 100 Breast	40
41	11-12 50 Breast	42
43	9-10 100 Breast	44
45	15-18 100 Free	46
47	13-14 200 Free	48
49	11-12 100 Fly	50
51	9-10 50 Fly	52

Sunday, December 7, 2008

Session III Warm-up: 7AM Meet Starts: 8AM

Girls Events #	Events	Boys Events #
53	9-10 50 Free	54
55	11-12 100 Free	56
57	9-10 100 Back	58
59	11-12 50 Back	60
61	9-10 50 Breast	62
63	11-12 100 Breast	64
65	9-10 100 Fly	66
67	11-12 50 Fly	68
69	9-10 100 Free	70
71	11-12 50 Free	72
73	9-10 100 IM	74
75	11-12 100 IM	76

Sunday, December 7, 2008

Session IV

Warm-up: 1PM Meet Starts: 2PM

Girls Events #	Events	Boys Events #
77	13-14 100 Free	78
79	15-18 200 Free	80
81	13-14 200 Back	82
83	15-18 100 Back	84
85	13-14 100 Fly	86
87	15-18 100 Fly	88
89	Open 200 Fly	90
91	15-18 100 Breast	92
93	13-14 50 Free	94
95	15-18 50 Free	96
97	13-14 200 IM	98
99	15-18 200 IM	100

MSA December A/BB/C/Mini Meet MEET ENTRY SUMMARY FORM

This form must accompany official disk and manual entries

Team Name: _____ Club Code: _____

Head Coach: _____ E-Mail: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Club Entry Person Contact: _____

Telephone: _____ Email: _____

Individual Fees: _____ @ \$4.00 \$ _____

Manual Entry Processing Fee _____ @ \$5.00 \$ _____
(Per swimmer for teams entering 5 or more swimmers manually)

Total Total \$ _____

Please make check payable to "Malvern Swimming Association" and mail to:

Malvern Swimming Association
C/o Malvern Preparatory School
418 South Warren Avenue
Malvern, PA 19355

I certify that all swimmers from this team entered in the MSA Meet are current members of USA Swimming and that all coaches from this team who will attend the meet hold current coaching credentials.

Head Coach/Team Representative _____

