

Delaware Swim Team

Presents their

Sweetheart Mini Meet

February 14-15, 2009

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # MA 0997 M

MEET DESCRIPTION	A traditional mini meet with a Valentines Surprise! The two day format offers an opportunity for swimmers to be fully prepared for Mini – Champs!!
LOCATION	McKean High School 310 McKennans Church Road Wilmington, DE 19808 Day of meet ONLY emergency phone # 302-995-5135
FACILITIES	A 6 lane, 25 yard indoor pool with electronic timing, judging system, and scoreboard. Depth of the pool at the starting end is 12'. Height of the starting blocks is 29". Seating Capacity: 500 Parking: Large lot adjoining pool facility Refreshments: Snack Bar & Coach/Volunteer hospitality area will be provided.
MEET REFEREE	Kent Steeves 302-465-0118 e-mail: makk4@verizon.net
MEET DIRECTOR	Brian Drysdale may be contacted at: briand@freestyles.org
SAFETY DIRECTOR	Kathy Drysdale 302-652-4378 e-mail: kathyd@freestyles.org
OFFICIALS	Please contact Kathy Drysdale, at kathyd@freestyles.org , if you are able to officiate.
ELIGIBILITY	This meet is open to all 8 & Under swimmers registered with USA Swimming. Swimmer's age is as of February 14, 2009. No proof of time is required as there are no qualifying times. Swimmers may enter a maximum of 5 individual events per day.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund or offered alternate event placement.

ORDER OF EVENTS

See attached sheet listing the order of events and event numbers.

WARM-UP PROCEDURES & START TIMES

Warm-up: no diving off starting blocks or the edge of the pool during this time. Sprint lanes will be available for at least the last 10 minutes of each warm-up session. Swimmers must be under the direct supervision of a currently registered USA Swimming coach at all times. Open warm-ups will prevail unless lane assignments are required at the direction of the Meet Director.

**Warm-up/Start Schedule
Saturday & Sunday, February 14-15, 2009**

	Warm-Up Time	Start Time
Saturday	11:45 AM	12:30 PM
Sunday	11:45 AM	12:30 PM

Any adjustments to this time schedule will be posted on DST's & Middle Atlantic's web sites.

DECK ENTRIES

Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, up to 10 minutes prior to the start of each session, at the cost of \$8.00 per individual event, or \$16.00 per relay. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups.

SWIMMERS WITHOUT A COACH

Swimmers unaccompanied by a credentialed USA Swimming coach should report to the Meet Director or Meet Referee before the warm-up for each session.

SEEDING

This is a pre-seeded, timed final mini meet.

HOW TO ENTER

Entry times are to be submitted in the course in which they were achieved: LCM, SCM, or SCY. Times submitted in a course other than SCY will not be treated as non-conforming times. "NO TIMES" will be accepted.

All entries must be submitted manually on the attached DST non-computer entry form (Swimmer's USA Swimming Registration number must be clearly included) OR on a 3 1/2" disk OR by e-mail to kathyd@freestyles.org. If you have Team Manager, please also provide a printout of the meet entries by name.

You must complete the DST **Meet Summary Form** and mail/e-mail with the entry whether you use e-mail, the disk entry or the manual entry form. A club contact person must be listed on the entry summary form, including an e-mail address. A \$5.00 surcharge per swimmer will be imposed on teams that have submitted a non-computer entry with five (5) or more swimmers. This processing fee must be included with your entries.

ENTRY FEES

\$4.00 PER INDIVIDUAL EVENT \$8.00 PER RELAY

SEND ENTRIES TO	<p>Delaware Swim Team Booster Club (Make all checks payable to "Delaware Swim Team Boosters") c/o Kathy Drysdale/Meet Entries 4905 Mermaid Blvd, Wilmington, DE. 19808</p> <p>E-mail entries to DST@freestyles.org: Subject: Your team name/Sweetheart Mini Entry</p> <p>Any questions regarding entry forms should be directed to Kathy Drysdale: Phone: 302-234-8500 E-mail: kathyd@freestyles.org Fax: 302-234-8502</p>
ENTRY DEADLINE	<p>Friday, January 30, 2009. No late entries will be accepted.</p>
RULES	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA swimming / MA swimming safety guidelines and warm-up procedures will be in effect for the entire meet.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command supplemented with verbal commands and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p>
SCORING & AWARDS	<p>All participants will receive a Valentine's Surprise!</p> <p>All events will be scored by the following age groups for awards: 8 year olds, 7 year olds, 6 & Unders. Rosettes will be awarded for 1st thru 3rd places, ribbons for 4th thru 12th places.</p>
PROGRAMS, ADMISSION, & VOLUNTEERS	<p>\$3.00 Per Session ~ A free program and refreshments will be offered to those volunteering to assist with the operation of the meet by serving as timers, runners, or in any other function as designated by the meet director.</p>
RESULTS	<p>Will be posted on DST's website: www.delawareswimteam.com and the Middle Atlantic website: www.maswim.org</p>
DIRECTIONS	<p>From Philadelphia & NJ – Take I-95 South (follow signs for Baltimore) to Exit 4B: Stanton/Churchman's Cross/Rt7 North...Follow signs for Rt 7 North. Stay in left lanes to continue on Rt7 North (road bends to the left)...Continue on Rt 7 and crossover Rt 2...After about a ½ mile turn right at Mealey's Funeral Home onto McKennan's Church Rd. Go straight through traffic light (crossover Miltown Rd). Go through 2 more traffic lights and once you get to the 3rd light (blinking yellow) turn left into McKean High School. Follow the road (bends to the right) and the pool is in the first building on the right with parking in front of it.</p>
ACCOMODATIONS	<p>Contact Kathy Drysdale at DST 302-234-8500 for referrals</p>

**DELAWARE SWIM TEAM'S
SWEETHEART MINI MEET
February 14-15, 2009**

Meet Summary Form ~ This Form Must Accompany All Entries

Team Name _____ *Code* _____

Coach _____ *E-Mail* _____ *Phone #* _____

Address _____ *City* _____ *State* _____ *Zip* _____

Contact Person _____ *E-Mail* _____ *Phone* _____

of Girl Swimmers _____ *# Individual Girls Entries* _____ *x \$4.00 = \$* _____

of Girls Relays _____ *x \$8.00 = \$* _____

of Boy Swimmers _____ *# Individual Boys Entries* _____ *x \$4.00 = \$* _____

of Boys Relays _____ *x \$8.00 = \$* _____

Swimmer Surcharge If Applicable..... Total # Swimmers _____ *X \$5.00 = \$* _____

Total Amount Due: \$ _____

(Checks Payable to Delaware Swim Team Boosters)

Entry Deadline: Friday, January 30, 2009

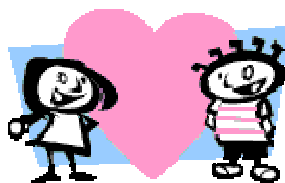
*Mail Entries to: Delaware Swim Team Booster Club
c/o Kathy Drysdale/Meet Entries
4905 Mermaid Blvd
Wilmington, DE 19808
Phone: (302) 234-8500*

I certify that all swimmers from this team entered in this meet are current members of USA Swimming and that all coaches from this team who will attend this meet hold current USA Swimming coaching credentials.

Head Coach's Signature _____

THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY

DST SWEETHEART MINI MEET



February 14-15, 2009

SESSION 1 - Saturday
Warm-up: 11:45 AM Start: 12:30 PM

Women		Men
1	8 & Under 200 Free	2
3	8 Year Old 25 Breast	4
5	7 Year Old 25 Breast	6
7	6 & under 25 Breast	8
9	8 & Under 100 Yard Breast	10
11	8 Year Old 50 Fly	12
13	7 Year Old 50 Fly	14
15	6 & under 50 Fly	16
17	8 Year Old 50 Free	18
19	7 Year Old 50 Free	20
21	6 & under 50 Free	22
23	8 Year Old 25 Back	24
25	7 Year Old 25 Back	26
27	6 & under 25 Back	28
29	8 & under 100 Back	30
31	8 & under 100 IM	32
33	8 & Under 200 Free Relay	34

Warm-up: 11:45 AM Start: 12:30 PM

35	8 & Under 200 IM	36
37	8 Year Old 25 Free	38
39	7 Year Old 25 Free	40
41	6 & under 25 Free	42
43	8 Year Old 50 Breast	44
45	7 Year Old 50 Breast	46
47	6 & under 50 Breast	48
49	8 Year Old 50 Back	50
51	7 Year Old 50 Back	52
53	6 & under 50 Back	54
55	8 Year Old 25 Fly	56
57	7 Year Old 25 Fly	58
59	6 & under 25 Fly	60
61	8 & under 100 Fly	62
63	8 & Under 100 Free	64
65	8 & Under 200 Medley Relay	66

