

YORK Y.M.C.A. AQUATIC CLUB
THE MINI AND THE MIGHTY INVITATIONAL

Saturday/Sunday, February 28/March 1, 2009

Held Under the Sanction of USA Swimming, Inc

Sanctioned by Middle Atlantic Swimming, Inc

Sanction # MA 0959 L (Mighty) & MA 0960 M (Mini)

LOCATION	YMCA of York & York County – Graham Aquatic Center 542 North Newberry Street York PA 17404
EMERGENCY PHONE NUMBER	DAY OF MEET: <u>717-812-0119</u>
FACILITIES	New indoor facility with possible 16-lane, 25 yard configuration; primary configuration will consist of 8 lanes for competition (7' depth), 5 lanes for warm-up/warm-down; permanent bleacher seating for 600+ with possible 200 additional bleacher seats on pool deck; very large deck area for swimmers, coaches and officials; main timing system: Daktronic system with scoreboard; Hy-Tek software; Concession area with promenade overlooking competitive pool; parking capacity: 550.
MEET DIRECTOR	George Zimmerman. 717-771-5206 (evenings & weekends). E-mail: zimgeo1@aol.com .
SAFETY DIRECTOR	Matt Anstine. 717-812-0119. E-mail: manstine@yorkcoymca.org .
OFFICIALS	Brian Gunn. All USA Swimming certified officials and trainees are invited to assist in the operation of the meet. If interested in assisting during the meet, please email George Zimmerman at zimgeo1@aol.com .
ELIGIBILITY	The Mini Meet is open to all swimmers ages 8 and under registered with USA Swimming. The Mighty Meet is open to all swimmers age 9 and older registered with USA Swimming. Swimmer's age is as of 2/28/2009. Swimmer may swim a maximum of: <ul style="list-style-type: none"> • MINI MEET: 4 INDIVIDUAL EVENTS; 2 RELAYS. (Teams may enter relays A, B, C, etc.). <u>NO QUALIFICATION TIMES ARE REQUIRED FOR THIS MEET. USE NT FOR ENTRIES WITH NO TIME.</u> • MIGHTY MEET: 3 INDIVIDUAL EVENTS.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.

ORDER OF EVENTS	Order of Events is attached. All events are pre-seeded, timed finals.
WARM-UP AND START TIMES	<p>Saturday A.M. Events:</p> <ul style="list-style-type: none"> • MINI MEET: Warm-Ups Start: 8:00 A.M.; Meet Begins: 8:45 A.M. • MIGHTY MEET: Warm-Ups Start: 2:00 P.M.; Meet Begins: 3:00 P.M. <p>Saturday A.M. Events:</p> <ul style="list-style-type: none"> • MIGHTY MEET: Warm-Ups Start: 8:00 A.M.; Meet Begins: 9:00 A.M. <p>Fourteen lanes will be available for warm-up prior to the meet. If necessary, because of the number of meet entries, specific lanes will be assigned to each team at the discretion of the Meet Director.</p>
RULES	<p>This meet will be conducted according to current USA Swimming and Middle Atlantic Swimming rules.</p> <ul style="list-style-type: none"> • USA Swimming/Middle Atlantic Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Failure to obey the instructions of a safety director, marshal & official may result in disqualification from the meet. There is absolutely NO DIVING permitted in the warm-up pool at any time. Swimmers violating safety rules will be removed from the pool. Subsequent violations will result in the swimmer's disqualification from the remainder of the meet. • All coaches/officials must be registered with USA Swimming and must display a valid USA card. Only USA Swimming registered swimmers, coaches, and officials with valid credentials and essential meet personnel will be permitted on the pool deck. • This meet will be conducted using the Whistle command and No Recall False Start procedures. • Fly-over starts will be used at this meet during all sessions with the exception of the 8 and Under sessions. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. • Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid USA Swimming credentials.
BULKHEAD SAFETY RULE	ANY SWIMMER OBSERVED SWIMMING UNDER OR THROUGH THE BULKHEAD BY AN OFFICIAL OR SAFETY MONITOR AT THE MEET WILL BE DISQUALIFIED FROM THAT SWIMMER'S NEXT INDIVIDUAL EVENT OR FROM THE REMAINDER OF THE MEET, AS DETERMINED BY THE MEET REFEREE. THIS POLICY WILL BE STRICTLY ENFORCED.
SWIMMERS WITHOUT A COACH	Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the Warm-up for each session.

<p>HOW TO ENTER</p>	<p>Hy-Tek entries are preferred. Entries should be submitted as an e-mail attachment addressed to:</p> <ul style="list-style-type: none"> • zimgeo1@aol.com • SUBJECT: (YOUR TEAM) MINI & MIGHTY • Body must include: Team Name/Number of Swimmers/Number of Entries. • ATTACHEMENTS: ENTRY FILE/TEAM ENTRY REPORT <p>Manually prepared entries should be submitted on the form attached to this announcement and transmitted as an e-mail attachment. The meet announcement is available from our website (http://www.swimyorkey.org/) and the MA Swimming website (http://www.maswim.org/).</p> <p>Electronic data will be considered the official version for meet entries. Electronic data supersedes any information contained on teams' entry printouts with respect to resolution of errors/discrepancies.</p>
<p>ENTRY FEE</p>	<p>MINI AND MIGHTY~</p> <ul style="list-style-type: none"> • Individual Events: \$4.00 per event. • Relay Events (MINI ONLY): \$8.00 per event. <p>Checks payable to "York YMCA Aquatic Club."</p>
<p>SEND ENTRIES & PAYMENT TO:</p>	<p>York YMCA Mini and Mighty c/o Michael Brooks Graham Aquatic Center 542 North Newberry Street York PA 17404</p> <p>Meet Summary must accompany payment. Payment must be postmarked by Saturday, February 14, 2009 or entries will be rejected.</p>
<p>ENTRY DEADLINE</p>	<p>5:00 PM, Friday, February 13, 2009. Late entries will not be accepted.</p>
<p>INQUIRIES</p>	<p>Refer questions about the entries and the meet to George Zimmerman, Meet Director. Telephone (evenings and weekends): 717-771-5206; email: zimgeo1@aol.com.</p>
<p>AWARDS</p>	<p>MINI:</p> <ul style="list-style-type: none"> • Individual awards will be provided 1ST through 8th. • Relay awards will be provided 1st through 6th. • Heat Winner Ribbons will be provided during individual events. <p>MIGHTY:</p> <ul style="list-style-type: none"> • Individual awards will be provided 1st through 6th. •
<p>ADMISSION</p>	<p>\$2.00 for admission and program per session.</p>

FINAL RESULTS	Final results will be posted on the York YMCA Aquatic Club website, http://www.swimyorky.org/ , within 48 hours of the conclusion of the meet and transmitted to all clubs submitting meet entries electronically. Results will also be posted on the Middle Atlantic website, http://www.maswim.org/ .
VOLUNTEERS	Free admission will be provided to anyone who volunteers as a timer, runner or in another capacity as designated by the meet director.
DIRECTIONS	<p>TRAVELING EAST/WEST – USE ROUTE 30. Traveling Route 30 EAST: as you travel into York, you will encounter signal lights on Route 30. Travel to the 4th light – PENNSYLVANIA AVENUE. Turn RIGHT. Travel to the 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p> <p>Traveling Route 30 WEST: as you travel 30 WEST you will travel under Route 83. From the 83 overpass, travel to the 3rd light (LEFT LANE). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to the 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p> <p>TRAVELING NORTH/SOUTH – USE ROUTE 83. Traveling Route 83 SOUTH: exit Route 83 using Exit 22 (ROUTE 30 WEST). Follow signs to Route 30 WEST. After you are on Route 30, travel to the 2nd light (left lane). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p> <p>Traveling Route 83 NORTH: Exit Route 83 using Exit labeled ROUTE 30 WEST (EXIT 21B). Travel to the 3rd light (left lane). Turn LEFT onto PENNSYLVANIA AVENUE. Travel to 1st light. Turn LEFT onto PARKWAY BLVD. The first intersection is Newberry Street. The parking lot for the pool is on the corner of Parkway and Newberry, southeast corner.</p>
ACCOMODATIONS	Our Meet Hotel is the Yorktowne Hotel, http://www.yorktowne.com/ . Identify yourself as someone attending the Mini & the Mighty Invitational at the Graham Aquatic Center.

RELEASE STATEMENT:

USA Swimming, Inc, Middle Atlantic Swimming, Inc, YMCA of York & York County – Graham Aquatic Center and the York YMCA Aquatic Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

THE MINI SATURDAY EVENTS WARM-UP: 8 AM; MEET BEGINS: 9 AM				
GIRLS EVENT	AGE	DIST	STROKE	BOYS EVENT
1	7/8	100	M.REL	2
3	6 & U	100	M.REL	4
5	8	25	FR	6
7	8 & U	50	FR	8
9	7	25	FR	10
11	6 & U	25	FR	12
13	8	25	BR	14
15	8 & U	50	BR	16
17	7	25	BR	18
19	6 & U	25	BR	20
21	8	100	IM	22
23	7	100	IM	24
25	6 & U	100	IM	26
27	8	25	FLY	28
29	8 & U	50	FLY	30
31	7	25	FLY	32
33	6 & U	25	FLY	34
35	8	25	BA	36
37	8 & U	50	BA	38
39	7	25	BA	40
41	6 & U	25	BA	42
43	7/8	100	FR REL	44
45	6 & U	100	FR REL	46

THE MIGHTY SATURDAY PM EVENTS WARM-UP: 2:00 PM; MEET BEGINS: 3:00 PM				
GIRLS EVENT	AGE	DIST	STROKE	BOYS EVENT
1	11-12	1650**	FR	2
3	13-14	1650**	FR	4
5	15 & O	1650**	FR	6
**SWIMMER MAY REQUEST 1000 YARD TIME, SWIMMING REMAINDER OF 1650 AS A WARM- DOWN.				
SUNDAY EVENTS WARM-UP: 8:00 AM; MEET BEGINS: 9:00 AM				
7	15 & O	500	FR	8
9	13-14	500	FR	10
11	11-12	500	FR	12
13	9-10	500	FREE	14
15	15 & O	400	IM	16
17	13-14	400	IM	18
19	11-12	400	IM	20

**YORK Y.M.C.A. AQUATIC CLUB
THE MINI AND THE MIGHTY INVITATIONAL
SATURDAY/SUNDAY, FEBRUARY 28/MARCH 1, 2009**

MEET SUMMARY FORM

This form MUST accompany TEAM Entries.

TEAM NAME: _____
TEAM CODE: _____
HEAD COACH: _____
COACH OR CLUB _____
ADDRESS: _____
CITY/STATE/ZIP: _____
PHONE: _____
EMAIL: _____

Person to contact for questions concerning entries, fees, etc. This person is responsible for receiving messages about any changes to meet times, format, etc.

NAME: _____
PHONE: _____
EMAIL: _____

Mail Entries to: York YMCA Mini and Mighty
c/o Michael Brooks
Graham Aquatic Center
542 North Newberry Street
York PA 17404

Entry Deadline: 5:00 PM, Friday, February 13, 2009.

Please make checks payable to: YORK YMCA AQUATIC CLUB

ENTRY FEES:

_____ OF INDIVIDUAL EVENTS @\$4.00 EA.\$ _____

_____ OF RELAYS @ \$8.00 PER RELAY \$ _____

Manual processing fee of \$5.00 per relay
for manually prepared entries: \$ _____

TOTAL: \$ _____

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING.

_____ **HEAD COACH or TEAM REPRESENTATIVE**

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This form **MUST** accompany **TEAM** Entries. You are permitted to combine **MINI & MIGHTY** entries on same page.

TEAM _____

CODE _____

FIRST NAME	SEX	USA #	AGE	EVENT #/TIME	EVENT #/TIME	EVENT #/TIME
LAST NAME				EVENT #/TIME		

REPRODUCE THIS FORM TO ACCOMMODATE THE TOTAL NUMBER OF SWIMMERS COMPETING.

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RELAY ENTRY FORM

TEAM _____

CODE _____

EVENT #	RELAY A, B, C, ETC.	SEED TIME	SWIMMERS
EVENT NAME			

REPRODUCE THIS FORM TO ACCOMMODATE THE TOTAL NUMBER OF RELAYS FOR YOUR TEAM.
 PAGE ____ OF ____