

Delaware Swim Team
Presents their
DAWG-TAGZ FREEZE
A/BB/C Meet
January 10-11, 2009

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # MA 0996 A

MEET DESCRIPTION	On the surface, a traditional A/BB/C meet, but in addition to regular awards, all participants will receive Swimming "Dawg-Tagz," to attach to their swim bags or back packs.
LOCATION	McKean High School 310 McKennans Church Road Wilmington, DE 19808 Day of meet ONLY emergency phone # 302-995-5135
FACILITIES	A 6 lane, 25 yard indoor pool with electronic timing, judging system, and scoreboard. Depth of the pool at the starting end is 12'. Height of the starting blocks is 29". Seating Capacity: 500 Parking: Large lot adjoining pool facility Refreshments: Snack Bar & Coach/Volunteer hospitality area will be provided.
MEET REFEREE	Kent Steeves 302-465-0118 e-mail: makk4@verizon.net
MEET DIRECTOR	Brian Drysdale may be contacted at: briand@freestyles.org
SAFETY DIRECTOR	Kathy Drysdale 302-234-8500 e-mail: kathyd@freestyles.org
OFFICIALS	Please contact us at dst@freestyles.org , if you are able to officiate.
ELIGIBILITY	This meet is open to all swimmers registered with USA Swimming. Swimmer's age is as of January 10, 2009. No proof of time is required as there are no qualifying times. Swimmers may enter a maximum of 5 individual events per day.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund or offered alternate event placement.

ORDER OF EVENTS

See attached sheet listing the order of events and event numbers.

WARM-UP PROCEDURES & START TIMES

Warm-up: no diving off starting blocks or the edge of the pool during this time. Sprint lanes will be available for at least the last 10 minutes of each warm-up session. Swimmers must be under the direct supervision of a currently registered USA Swimming coach at all times. Open warm-ups will prevail unless lane assignments are required at the direction of the Meet Director.

**Warm-up/Start Schedule
Saturday & Sunday, January 10-11, 2009**

	Warm-Up Time	Start Time
Session 1 - Saturday	3:30 PM	4:30 PM
Session 2 - Sunday	9:00 AM	10:00 AM
Session 3 - Sunday	1:30 PM	2:00 PM

Any adjustments to this time schedule will be posted on DST's & Middle Atlantic's web sites.

DECK ENTRIES

Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, up until 10 minutes prior to the start of each session, at the cost of \$8.00 per individual event. Deck entries for positive check-in events will be considered after the close of positive check-in. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups.

SWIMMERS WITHOUT A COACH

Swimmers unaccompanied by a credentialed USA Swimming coach should report to the Meet Director or Meet Referee before the warm-up for each session.

SEEDING

Sessions 1 and 2 are pre-seeded, timed final events. In order to be seeded, positive check-in will be required for the 500 & 1650 freestyle and 400 IM. Positive check-in events will generally close for seeding thirty minutes before the expected starting time for that event. Any swimmer who positively checks-in for a deck-seeded event and does not swim that event will be barred from their next Individual event.

HOW TO ENTER

Entry times are to be submitted in the course in which they were achieved: LCM, SCM, or SCY. Times submitted in a course other than SCY will not be treated as non-conforming times. "NO TIMES" will be accepted.

All entries must be submitted manually on the attached DST non-computer entry form (Swimmer's USA Swimming Registration number must be clearly included) OR on a 3 1/2" disk OR by e-mail to kathyd@freestyles.org. If you have Team Manager, please also provide a printout of the meet entries by name.

You must complete the DST **Meet Summary Form** and mail/e-mail with the entry whether you use e-mail, the disk entry or the manual entry form. A club contact person must be listed on the entry summary form, including an e-mail address. A \$5.00 surcharge per swimmer will be imposed on teams that have submitted a non-computer entry with five (5) or more swimmers. This processing fee must be included with your entries.

ENTRY FEES	\$4.00 PER INDIVIDUAL EVENT
SEND ENTRIES TO	<p>Delaware Swim Team Booster Club (Make all checks payable to "Delaware Swim Team Boosters") c/o Kathy Drysdale/Meet Entries 4905 Mermaid Blvd, Wilmington, DE 19808</p> <p>E-mail entries to dst@freestyles.org : Subject: Your team name/DAWG-Tagz Freeze A/BB/C Entry</p> <p>Any questions regarding entry forms should be directed to Clark Bickling Phone: 302-234-8500 E-mail: clarkb@freestyles.org Fax: 302-234-8502</p>
ENTRY DEADLINE	Friday, December 26, 2008. No late entries will be accepted.
RULES	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA swimming / MA swimming safety guidelines and warm-up procedures will be in effect for the entire meet.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p> <p>'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p>
SCORING & AWARDS	<p>All participants will receive Swimming "Dawg-Tagz," to attach to their swim bags or back packs.</p> <p>Individual event awards for 9-12 events only and as follows:*</p> <p>Swimmers entered with USA "A" times – Medals 1st -3rd, Ribbons 4th–6th places</p> <p>Swimmers entered with USA "BB" times– Rosettes 1st-3rd, Ribbons 4th–6th places</p> <p>Swimmers entered with USA "C" times – Ribbons 1st–6th places</p> <p>* Awards will not be presented for "11 -18," "13-18," or "Open" events.</p>
PROGRAMS, ADMISSION, & VOLUNTEERS	\$3.00 Per Session ~ A free program and refreshments will be offered to those volunteering to assist with the operation of the meet by serving as timers, runners, or in any other function as designated by the meet director.
RESULTS	Will be posted on DST's website: www.delawareswimteam.com and the Middle Atlantic website: www.maswim.org

DIRECTIONS

From Philadelphia & NJ – Take I-95 South (follow signs for Baltimore) to Exit 4B: Stanton/Churchman's Cross/Rt7 North...Follow signs for Rt 7 North. Stay in left lanes to continue on Rt7 North (road bends to the left)...Continue on Rt 7 and crossover Rt 2...After about a ½ mile turn right at Mealey's Funeral Home onto McKennan's Church Rd. Go straight through traffic light (crossover Miltown Rd). Go through 2 more traffic lights and once you get to the 3rd light (blinking yellow) turn left into McKean High School. Follow the road (bends to the right) and the pool is in the first building on the right with parking in front of it.

ACCOMODATIONS

Contact Clark Bickling at DST 302-234-8500 for referrals

**DELAWARE SWIM TEAM'S
DAWG - TAGZ JANUARY FREEZE A/BB/C MEET
January 10-11, 2009
Meet Summary Form ~ This Form Must Accompany All Entries**

Team Name _____ **Code** _____

Coach _____ **E-Mail** _____ **Phone #** _____

Address _____ **City** _____ **State** _____ **Zip** _____

Contact Person _____ **E-Mail** _____ **Phone** _____

of Girl Swimmers _____ **# Individual Girls Entries** _____ **x \$4.00 = \$** _____

of Boy Swimmers _____ **# Individual Boys Entries** _____ **x \$4.00 = \$** _____

Swimmer Surcharge If Applicable..... Total # Swimmers _____ **X \$5.00 = \$** _____

Total Amount Due: \$ _____
(Checks Payable to Delaware Swim Team Boosters)

Entry Deadline: Friday, December 26, 2008

Mail Entries to: Delaware Swim Team Booster Club
c/o Kathy Drysdale/Meet Entries
4905 Mermaid Blvd
Wilmington, DE 19808
Phone: (302) 234-8500

I certify that all swimmers from this team entered in this meet are current members of USA Swimming and that all coaches from this team who will attend this meet hold current USA Swimming coaching credentials.

Head Coach's Signature _____

THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY

**2009 DST DAWG-TAGZ JANUARY FREEZE
A/BB/C MEET
January 10-11, 2009**

**SESSION 1 – Saturday, January 10th
Warm-up: 3:30 PM Start: 4:30 PM**

Women		Men
1	Open 200 Free	2
3	9-12 100 Breast	4
5	13-18 100 Breast	6
7	9-12 50 Back	8
9	11-18 200 Back	10
11	9-12 100 Fly	12
13	13-18 100 Fly	14
15	9-12 50 Free	16
17	13-18 50 Free	18
19	9-12 100 IM	20

**SESSION 2 – Sunday, January 11th
Warm-up: 9:00 AM Start: 10:00 AM**

21	Open 200 IM	22
23	9-12 50 Breast	24
25	11-18 200 Breast	26
27	9-12 100 Back	28
29	13-18 100 Back	30
31	9-12 50 Fly	32
33	11-18 200 Fly	34
35	9-12 100 Free	36
37	13-18 100 Free	38

**SESSION 3 – Sunday, January 11th*
Warm-up Immediately Following Session 2... No earlier than 1:30 PM Start: 2:00 PM**

Women		Men
39	Open 500 Free	40
41	11-18 400 IM	42
43	13-18 1650 Free	44

**Positive Check-in is required to be seeded. Events will swim fastest to slowest.
Swimmers must provide their own timer and counter.

