

CYC/Rally Aquatic Club

Presents their

Turkey Splash A/BB/C Meet

November 15-16, 2008

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # MA 0969 A

MEET DESCRIPTION	A traditional A/BB/C meet with a Thanksgiving Theme!
LOCATION	Wyoming Valley Catholic Youth Center 36 South Washington Street Wilkes-Barre, PA 18706 Day of meet ONLY emergency phone # 570-357-4025
FACILITIES	A 8 lane, 25 yard indoor pool with electronic timing, judging system, and scoreboard. Depth of the pool at the starting end is 12'. Height of the starting blocks is 29". Seating Capacity: 500 Parking: On-Street Metered parking, Daily rate parking facilities Refreshments: Snack Bar & Coach/Volunteer hospitality area will be provided.
MEET REFEREE	
MEET DIRECTOR	Stephanie Rozick - 5249 West Buffalo Run Rd, Port Matilda Pa 16870 Email: meetdirector1@hotmail.com Phone 814-234-8955
SAFETY DIRECTOR	Stephanie Rozick
OFFICIALS	Please contact Jeni Knickman, at cycsealions@gmail.com , if you are able to officiate.
ELIGIBILITY	This meet is open to all swimmers registered with USA Swimming. Swimmer's age is as of November 15, 2008. No proof of time is required as there are no qualifying times. Swimmers may enter a maximum of 5 individual events per day.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund or offered alternate event placement.

ORDER OF EVENTS

See attached sheet listing the order of events and event numbers.

WARM-UP PROCEDURES & START TIMES

Warm-up: no diving off starting blocks or the edge of the pool during this time. Sprint lanes will be available for at least the last 15 minutes of each warm-up session. Swimmers must be under the direct supervision of a currently registered USA Swimming coach at all times. Open warm-ups will prevail unless lane assignments are required at the direction of the Meet Director.

**Warm-up/Start Schedule
Saturday & Sunday, November 15-16, 2008**

	Warm-Up Time	Start Time
Session 1 - Saturday	12:00 PM	1:30 PM
Session 2 - Sunday	7:30 AM	8:30 AM
Session 3 - Sunday	12:30 PM	1:30 PM

Any adjustments to this time schedule will be posted on RAC's & Middle Atlantic's web sites.

DECK ENTRIES

Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, up to 10 minutes prior to the start of each session, at the cost of \$8.00 per event. Deck entries for positive check-in events will be considered after the close of positive check-in. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups.

SWIMMERS WITHOUT A COACH

Swimmers unaccompanied by a credentialed USA Swimming coach should report to the Meet Director or Meet Referee before the warm-up for each session.

SEEDING

This is a pre-seeded, timed final A/BB/C meet. Except for the 500 Free and 400 IM.
In order to be seeded, positive check-in will be required for the 500 freestyle and 400 IM. Positive check-in events will generally close for seeding thirty minutes before the expected starting time for that event. Any swimmer who positively checks-in for a deck-seeded event and does not swim that event will be barred from their next Individual event.

<p>HOW TO ENTER</p>	<p>Entry times are to be submitted in the course in which they were achieved: Times submitted in a course other than SCY will be converted by the meet host except the 500 Free and the 400 IM. Non conforming times will not be converted and will be seeded last.</p> <p>All non electronic entries must be submitted manually on the attached RAC entry form (Swimmer's USA Swimming Registration number must be clearly included) OR by e-mail to meetdirector1@hotmail.com If you have Team Manager, please also provide a printout of the meet entries by name.</p> <p>You must complete the RAC Meet Summary Form and mail/e-mail with the entry whether you use e-mail, or the manual entry form. A club contact person must be listed on the entry summary form, including an e-mail address. A \$5.00 surcharge per swimmer will be imposed on teams that have submitted a non-computer entry with five (5) or more swimmers. This processing fee must be included with your entries.</p>
<p>ENTRY FEES</p>	<p>\$4.00 PER INDIVIDUAL EVENT</p>
<p>SEND ENTRIES TO</p>	<p>Wyoming Valley Catholic Youth Center/Rally Aquatic Club (Make all checks payable to "CYC") c/o Jeni Knickman/Meet Entries 36 South Washington St. Wilkes-Barre PA 18701</p> <p>E-mail entries to cycsealions@gmail.com Subject: Your team name/Turkey Splash ABBC Entry</p> <p>Any questions regarding entry forms should be directed to Jeni Knickman: Phone: 570 823-6121 ext 292 E-mail: cycsealions@gmail.com</p>
<p>ENTRY DEADLINE</p>	<p>Saturday, November 1, 2008 No late entries will be accepted.</p>
<p>RULES</p>	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA swimming / MA swimming safety guidelines and warm-up procedures will be in effect for the entire meet.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.</p> <p>'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p>

SCORING & AWARDS	<p>All participants will receive a Thanksgiving Treat!</p> <p>Swimmers entered with USA "A" times – Medals 1st -3rd, Ribbons 4th–6th places Swimmers entered with USA "BB" times– Rosettes 1st-3rd, Ribbons 4th–6th places Swimmers entered with USA "C" times – Ribbons 1st–6th places</p>
PROGRAMS, ADMISSION, & VOLUNTEERS	<p>\$3.00 Per Session ~ A free program and refreshments will be offered to those volunteering to assist with the operation of the meet by serving as timers, runners, or in any other function as designated by the meet director.</p>
RESULTS	<p>Will be posted on the Middle Atlantic website: www.maswim.org</p>
DIRECTIONS	<p>Directions to the Wyoming Valley Catholic Youth Center (CYC) can be obtained at www.mapquest.com. Our address is: 36 S. Washington St. Wilkes-Barre, PA 18701</p>
ACCOMODATIONS	<p>Contact Jeni Knickman at 570 823-6121 ext. 292 for referrals</p>

*CYC/Rally Aquatic Club's
Turkey Splash A/BB/C MEET
November 15-16, 2008*

Meet Summary Form ~ This Form Must Accompany All Entries

Team Name _____ *Code* _____

Coach _____ *E-Mail* _____ *Phone #* _____

Address _____ *City* _____ *State* _____ *Zip* _____

Contact Person _____ *E-Mail* _____ *Phone* _____

of Girl Swimmers _____ *# Individual Girls Entries* _____ *x \$4.00 = \$* _____

of Boy Swimmers _____ *# Individual Boys Entries* _____ *x \$4.00 = \$* _____

Swimmer Surcharge If Applicable.....Total # Swimmers _____ *x \$5.00 = \$* _____

Total Amount Due: \$ _____
(Checks Payable to "CYC")

Entry Deadline: Saturday November 1, 2008

*Mail Entries to: Wyoming Valley Catholic Youth Center/Rally Aquatic Club
c/o Jeni Knickman/Meet Entries
36 South Washington St
Wilkes-Barre PA 18701
Phone: (570) 823-6121 ext. 292*

I certify that all swimmers from this team entered in this meet are current members of USA Swimming and that all coaches from this team who will attend this meet hold current USA Swimming coaching credentials.

Head Coach's Signature _____

THIS ENTRY SUMMARY FORM MUST BE FILLED OUT COMPLETELY

**CYC/RALLY AQUATIC CLUB TURKEY SPLASH
NOVEMBER 15 - 16**

**Saturday, November 15th
Warm-up: 12 PM Start: 1:30**

Girls	Event	Boys
1	Open 200 Back	2
3	9-12 100 IM	4
5	Open 200 Fly	6
7	Open 100 Breast	8
9	Open 50 Free	10
11	Open 400 IM*	12

**Sunday, November 16th
Warm-up: 7:30 AM Start: 8:30 AM**

Girls	Event	Boys
13	Open 200 Free	14
15	Open 100 Fly	16
17	9-12 50 Breast	18
19	Open 100 Back	20
21	Open 500 Free*	22

**Sunday, November 16th
12:30 PM Start: 1:30 PM**

Girls	Event	Boys
23	9-12 50 Fly	24
25	Open 200 Breast	26
27	9-12 50 Back	28
29	Open 100 Free	30
31	Open 200 IM	32

**Positive Check-in is required to be seeded. Events will swim fastest to slowest.
*The 500 Free will be swum fastest to slowest and the swimmers must provide their own timer and counter.
NOTE: Open events will swim together but will be scored separately.*

