

**JERSEY WAHOOS SWIM CLUB**  
**4101 CHURCH ROAD, MT. LAUREL, NJ 08054**

**AUTUMN HARVEST "A/BB/C" MEET**  
**OCTOBER 24-26, 2008**

*HELD UNDER THE SANCTION OF MIDDLE ATLANTIC SWIMMING, INC. SANCTION MA 0961 A*

**FACILITY:** 6 lane/25 yd pool equipped w/competitor lane lines & paragon starting blocks/12 ft depth at starting end. Colorado 4000 starting system w/6 lane display. Spectator area w/seating for approximately 225 individuals. Parking for 500 vehicles/refreshments available in our concession area.

**DAY OF MEET EMERGENCY TELEPHONE 856/234-5898**

**MEET & SAFETY**

**DIRECTORS:**

MEET / TODD BRYAN  
(856-234-5898)

SAFETY / MIKE SIMUNEK  
(856-234-5898)

**OFFICIALS:**

All USA certified officials and trainees are invited to officiate at this meet.  
Contact Bob Binz, official's coordinator, at 856/853-0119.

**ELIGIBILITY:**

The meet is open to any USA registered swimmer. Swimmer's age as of **October 24, 2008**, governs age group participation for the entire meet.

**ENTRY**

**LIMITATIONS:**

Meet management may add sessions, shift an event, limit the number of entries, eliminate certain events and/or heats, and any other reasonable modification to the meet format in order to complete sessions within the four (4) hour session limit. Notice will be provided promptly to swimmers and teams concerning modifications to the meet or changes to any entries/events/heats. Entry fees will be refunded to teams/swimmers whose entries have been rejected or who are unable to compete due to limitations.

**WARM-  
UP &  
START  
TIMES:**

	<b><u>WARM UP</u></b>	<b><u>MEET</u></b>	<b><u>NOTES</u></b>
<b>FRIDAY</b>	<b>5:00PM</b>	<b>6:00PM</b>	<b>11-14 500 free, 400 IM &amp; 11-12 100 IM</b>
<b>SATURDAY AGES 9/10 &amp; SENIOR</b>	<b>7:00 AM</b>	<b>8:00 AM</b>	<i>Senior 500 free will start 5 minutes after the morning session - not before 11:00am</i>
<b>SATURDAY AGES 11-14</b>	<b>1:30 PM</b>	<b>2:30 PM</b>	
<b>SUNDAY AGES 9/10 &amp; SENIOR</b>	<b>7:00 AM</b>	<b>8:00 AM</b>	<i>Senior 400 will start 5 minutes after the morning session - not before 11:00am</i>
<b>SUNDAY AGES 11-14</b>	<b>1:30 PM</b>	<b>2:30 PM</b>	<i>11-14 200 free will start 5 minutes after the pm session - not before 5:30pm</i>

**WARM-UPS:**

**ASSIGNED WARM-UPS:** There will be two 25-minute periods per session. Sprints are included as a 5-minute segment of each warm-up period. Additional warm-up sessions may be added if necessary. Lane assignments will be included in coaches' packets and posted around the pool deck. Lesson pool will be available for warm-up/warm-down.

**RULES:**

Current USA and Middle Atlantic LSC rules will govern the meet. **'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.** USA swimming/ MA swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Only currently credentialed coaches, USA swimming registered athletes and meet personnel will be permitted on deck.

Penalties will be imposed on swimmers (in accordance with USA/MA LSC rules) when any coach, parent, or swimmer enters a time other than a best time, for any event. Failure to swim in a deck seeded event after checking in will result in a 1-event penalty. The swimmer will not be allowed to swim in their next individual event.

**AUTUMN HARVEST "A/BB/C" MEET  
FRIDAY, OCTOBER 24, 2008**

<b>SESSION 1 AGES 11-14</b>		
<b>WARM-UP 5:00 PM START 6:00 PM</b>		
<b>GIRLS EVENT#</b>	<b>EVENT</b>	<b>BOYS EVENT#</b>
1	11-12 500 FREE	2
3	13-14 500 FREE	4
5	11-12 100 IM	6
7	13-14 400 IM	8
9	11-12 400 IM	10

**SATURDAY, OCTOBER 25, 2008**

<b>SESSION 2 AGES 9-10 &amp; SENIOR</b>		
<b>WARM-UP 7:00 AM START 8:00 AM</b>		
<b>GIRLS EVENT#</b>	<b>EVENT</b>	<b>BOYS EVENT#</b>
11	SENIOR 100 FREE	12
13	9-10 100 FREE	14
15	SENIOR 200 FLY	16
17	9-10 50 FLY	18
19	SENIOR 200 BREAST	20
21	9-10 50 BREAST	22
23	SENIOR 100 BACK	24
25	9-10 100 BACK	26
27	SENIOR 200 IM	28
29	9-10 200 IM	30
<b>SESSION 2A</b>		
31	SENIOR 500 FREE	32

<b>SESSION 3 AGES 11-14</b>		
<b>WARM-UP 1:30 PM START 2:30 PM</b>		
<b>GIRLS EVENT#</b>	<b>EVENT</b>	<b>BOYS EVENT#</b>
33	13-14 100 FREE	34
35	11-12 100 FREE	36
37	13-14 200 FLY	38
39	11-12 200 FLY	40
41	13-14 200 BREAST	42
43	11-12 200 BREAST	44
45	11-12 50 BREAST	46
47	13-14 100 BACK	48
49	11-12 100 BACK	50
51	13-14 200 IM	52
53	11-12 200 IM	54

**SUNDAY, OCTOBER 26, 2008**

<b>SESSION 4 AGES 9-10 &amp; SENIOR</b>		
<b>WARM-UP 7:00 AM START 8:00 AM</b>		
<b>GIRLS EVENT#</b>	<b>EVENT</b>	<b>BOYS EVENT#</b>
55	9-10 100 IM	56
57	SENIOR 100 FLY	58
59	9-10 100 FLY	60
61	SENIOR 50 FREE	62
63	9-10 50 FREE	64
65	SENIOR 200 BACK	66
67	9-10 50 BACK	68
69	SENIOR 100 BREAST	70
71	9-10 100 BREAST	72
73	SENIOR 200 FREE	74
75	9-10 200 FREE	76
<b>SESSION 4A</b>		
77	SENIOR 400 IM	78

<b>SESSION 5 AGES 11-14</b>		
<b>WARM-UP 1:30 PM START 2:30 PM</b>		
<b>GIRLS EVENT#</b>	<b>EVENT</b>	<b>BOYS EVENT#</b>
79	11-12 50 BACK	80
81	13-14 100 FLY	82
83	11-12 100 FLY	84
85	13-14 50 FREE	86
87	11-12 50 FREE	88
89	13-14 200 BACK	90
91	11-12 200 BACK	92
93	11-12 50 FLY	94
95	13-14 100 BREAST	96
97	11-12 100 BREAST	98
<b>SESSION 5A</b>		
99	13-14 200 FREE	100
101	11-12 200 FREE	102

**ALL EVENTS ARE DECK SEEDED.  
SWIMMERS MUST PROVIDE THEIR OWN TIMERS FOR 500 FREE & 400 IM.**

## AUTUMN HARVEST "A/BB/C" MEET

**SEEDING:** All events will be deck seeded events.

Each Team will have a check-in sheet with all events listed for each session. **All check-in sheets must be turned into the computer operator 30 minutes after the start of warm up.** Swimmers that are present and swimming will have lines through their names. Swimmers that are being scratched will have their names circled with "SCR" next to the circle. Swimmers scratching a single event will have a line through their names and the event number circled with "SCR" next to the circle. Please use a simple line, not a scribble, so that the name can still be read.

*Swimmers must provide their own timers for 500 free and 400 IM.*

**11/14 500 FREE**

PARTICIPATION MUST BE CONFIRMED BY 5:30 PM

**11/14 400 IM**

PARTICIPATION MUST BE CONFIRMED BY 7:00 PM.

**SENIOR 500 FREE/400 IM**

PARTICIPATION MUST BE CONFIRMED BY 10:30 AM.

**HOW TO  
ENTER:**

**Swimmers may enter a maximum of 4 events per day.**

**HY-TEK ENTRIES PREFERRED**

**Entries should be submitted as an e-mail attachment addressed to:**

**[jwmeets@jerseywahoos.org](mailto:jwmeets@jerseywahoos.org)**

**SUBJECT = (YOUR TEAM) AUTUMN HARVEST ENTIREES**

**BODY MUST INCLUDE: Team name / Number of swimmers / Number of entries**

**ATTACHMENTS: ENTRY FILE / TM ENTRY REPORT**

**DO NOT SEND FLOPPY DISKS.**

Manually prepared entries (\$5.00/swimmer surcharge\*) should be submitted on the form attached to this announcement and transmitted as an e-mail attachment. The announcement is available from our website at (<http://www.jerseywahoos.org/>) and the MA Swimming website <http://www.maswim.org/>

Electronic data will be considered the official version of meet entries. Electronic data supersedes any information contained on teams' entry printouts with respect to resolution of errors/discrepancies.

**SURCHARGE:**

**\*\$5.00/swimmer for ALL MANUALLY prepared entries of teams of 5 or more swimmers. (Entries not sent using Hy-Tek software). Teams/swimmers cannot avoid the surcharge by submitting individual entries for swimmers. Failure to remit payment will result in rejection of entries.**

**FEES:**

**\$4.00/INDIVIDUAL EVENT. \$5.00 SURCHARGE PER SWIMMER (IF APPLICABLE). CHECKS PAYABLE TO "JERSEY WAHOOS SWIM CLUB."**

**CLOSE:**

**4:30 PM, FRIDAY, OCTOBER 10, 2008.  
LATE ENTRIES WILL NOT BE ACCEPTED.**

## AUTUMN HARVEST "A/BB/C" MEET

**SEND ENTRIES  
& PAYMENT TO:**

AUTUMN HARVEST ENTRIES COORDINATOR  
C/O JERSEY WAHOOS  
4101 CHURCH RD  
MT. LAUREL, NJ 08054

Meet Summary **MUST** accompany payment.

**Payment MUST BE POSTMARKED BY SATURDAY, OCTOBER 18, 2008**  
or entries will be rejected. No exceptions.

**INQUIRIES:**

REFER QUESTIONS ABOUT THE ENTRIES AND THE MEET TO TODD BRYAN,  
MEET DIRECTOR AT 856/234-5898 OR E-MAIL AT [jwmeets@jerseywahoos.org](mailto:jwmeets@jerseywahoos.org). This is  
the official contact point for meet information and entries. Meet management is not accountable  
for misinformation provided from any other source.

**AWARDS:**

**WAHOOS WILL NOT MAIL AWARDS IF YOUR TEAM FAILS TO PICK THEM UP**

14/under's entered with USA "A" - Medals 1-3, Ribbons 4-6

14/under swimmers entered with USA "BB" - Rosettes 1st, Ribbons 2-6

14/under swimmers entered with USA "C" - Ribbons 1st through 6th

**ADMISSION:**

\$3.00 FOR ADMISSION. Session Psych sheets will be sold for \$1.00 which will include a coupon  
for a heat sheet when they become available.

**RESULTS:**

Final results will be posted on the Wahoos website and transmitted to all clubs that sent an entry via  
E-mail. Results will also be posted on the Middle Atlantic website. **Results will NOT be mailed.**

**DECK ENTRIES:**

DECK ENTRIES WILL NOT BE ACCEPTED AT THE MEET.

**VOLUNTEERS:**

Free admission/refreshments will be provided to anyone who volunteers as a timer, runner, or other  
capacities designated by the meet director.

**SWIMMERS  
W/OUT COACHES:**

Swimmers unaccompanied by a credentialed coach must report to the meet director prior to warm-  
ups for each session.

**SPECTATORS:**

Seating is first come/first served. Seating on the lower deck primarily for use by swimmers and  
coaches. Spectators are prohibited from areas of the deck that are in use by coaches and officials  
with current USA credentials.

**DIRECTIONS:**

Jersey Wahoos is located just off southbound route 73, behind Bennigan's, below route 295 and the  
New Jersey turnpike (take exit #4 to route 73 south). Continue on route 73 South and make a right  
turn into Bennigan's. Proceed to the parking lot in the rear of Bennigan's. You may park in this lot  
or in the Wahoos' parking lot.

**ACCOMODATIONS:**

LAUREL INN  
550 FELLOWSHIP RD.  
MT. LAUREL, NJ  
856/235-7400

HOJO EXPRESS  
1104 ROUTE 73  
MT. LAUREL, NJ  
856/778-3500

WYNDHAM  
1111 ROUTE 73  
MT. LAUREL, NJ  
856/234-7000

MARIOTT COURTYARD  
1000 CENTURY PARKWAY  
MT. LAUREL, NJ  
856/273-4400

FAIRFIELD INN  
350 CENTURY BLVD.  
MT. LAUREL, NJ  
856/642-0600  
ASK FOR PAT

STAYBRIDGE SUITES  
4115 CHURCH RD.  
MT LAUREL NJ 08054  
856-722-1900



**MEET ENTRY SUMMARY FORM**  
**MUST ACCOMPANY PAYMENT**

MEET: **JW 2008 AUTUMN HARVEST**

TEAM: \_\_\_\_\_ SYMBOL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACH: \_\_\_\_\_

TEAM CONTACT: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**CHECK THIS BOX IF ENTRY WAS E-MAILED**

ENTRY FEE SUMMARY

TOTAL NUMBER OF ENTRIES: \_\_\_\_\_

MULTIPLY BY: \$4.00

SURCHARGE\* \$ \_\_\_\_\_ (\$5.00/SWIMMER)

TOTAL ENTRY FEES: \$ \_\_\_\_\_

ATHLETE SUMMARY

NUMBER OF MALE ATHLETES: \_\_\_\_\_ ENTRIES: \_\_\_\_\_

NUMBER OF FEMALE ATHLETES: \_\_\_\_\_ ENTRIES: \_\_\_\_\_

TOTAL NUMBER OF ATHLETES: \_\_\_\_\_ TOTAL: \_\_\_\_\_

**\* \$5.00/swimmer for ALL MANUALLY submitted prepared entries of teams of 5 or more swimmers (entries not submitted using Hy-Tek software). Teams/swimmers cannot avoid the surcharge by submitting individual entries for swimmers. Failure to remit entry fees or the surcharge will result in rejection of entries.**

**I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.**

\_\_\_\_\_  
Signature of head coach or authorized team representative