

Atlantic City Aquatic Club

2009 NEPTUNE'S CHALLENGE

A/BB/C/Mini

February 20-21, 2010

Held under the Sanction of USA Swimming

Sanctioned by Middle Atlantic Swimming, Inc.

Sanction # MA 1028 A (9 and over) and MA 1029 M (8 & under)

LOCATION	Atlantic City High School 1400 Albany Avenue Atlantic City, New Jersey Day of meet ONLY emergency phone # (302)379-5496
FACILITIES	This meet will be run in an 8-lane, 25 meter pool with Wave Eater lane lines and a starting end depth of 12'. The pool is equipped with a Colorado Timing System and an eight lane scoreboard. A balcony area with a seating capacity of 500 is available for spectators. Ample parking is available in the school lot. Snack bar and a hospitality area for meet workers will be available during the meet.
MEET DIRECTOR	Michele Santer (302)379-5496 mmsanter@aol.com
SAFETY DIRECTOR	Dimitar Petrov (609)742-1515 mitkoswim@gaill.com
MEET REFEREE-OFFICIALS	If you are interested in officiating at this meet please contact Phyllis Barbella (609) 927-2797. poolia711@aol.com
ELIGIBILITY	This meet is open to all swimmers registered with USA Swimming. Age group for the entire meet will be dictated by the swimmer's age as of February 20, 2010. Swimmers may swim no more than 5 events per day.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be notified immediately. Entry fees will be refunded to teams/swimmers affected by these constraints.

WARM-UP & START TIMES

USA Swimming and Middle Atlantic safety procedures will be enforced throughout the meet.

- No diving or backstroke starts will be permitted during warm-up except in sprint lanes when designated.
- Sprint/Start lanes will be available during each warm-up session.
- Swimmers violating procedures will be removed from warm-up for the remainder of the session.

SESSION	WARM-UP	MEET START
1 – (11/12 and 13/14)	6:45 AM	7:45 AM
2- (8 & under)	No later than 11:45 AM	No later than 12:30
3 – (Senior ,9/10)	No later than 4:00 PM	No later than 5:00 PM
4– (11/12 and 13/14)	7:00 AM	8:00 AM
5 – (Senior and 9/10)	No later than 12:15	No later than 1:15 PM

- Specific warm-up information including times and lane assignments will be posted on Atlantic City Aquatic Club website www.acacswim.org prior to the meet and will be emailed to club contacts.
- Warm-up information will also be available to coaches on the day of the meet.

DECK ENTRIES

Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of **\$8.00** per event. **Any athlete not previously entered in the meet must provide proof of current USA Swimming Membership.** Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for awards. To enter, please see the Meet Director before or during warm-ups.

SWIMMERS WITHOUT A COACH

Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session.

SEEDING

All events with the exception of the 400 Free and 400IM will be pre seeded timed finals.

11/14 and Senior 400 Free and 400IM will be deck seeded and require a positive check in.

<p>HOW TO ENTER</p>	<p>Entry times should be submitted in the course in which they were achieved. Times will be converted by the host team and treated as conforming.</p> <p>All entries should be submitted using Hytek software.</p> <p>In the event Hytek software is unavailable the attached Meet Entry Form must be used. Any team entering more than 5 swimmers manually will be assessed a \$5.00 per swimmer processing fee.</p> <p>A completed Meet Summary Form should accompany all emailed and mailed entries.</p> <p>E-mailed entries are preferred.</p>
<p>ENTRY FEES</p>	<p>\$4.00 per Individual Event</p> <p>Please send <u>one</u> check per club.</p> <p>Checks should be made payable to Atlantic City Aquatic Club</p>
<p>SEND ENTRIES TO</p>	<p>Michele Santer 1409 North Union Street Wilmington, De 19806</p> <p>Email: mmsanter@aol.com</p>
<p>ENTRY DEADLINE</p>	<p>All entries must be received by February 08, 2010. Late entries will not be accepted.</p>
<p>RULES</p>	<p>This meet will be conducted in accordance with current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>Any swimmer who positively checks in for a deck seeded event and does not swim that event will be barred from their next Individual Event, either on the same day or on the next meet day.</p> <p>Sessions will be conducted using the Whistle command and No-Recall False Start procedures. A verbal command will be used in addition to the whistle command during the mini session. Fly-over starts will be used during all sessions with the exception of the mini session. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun</p> <p>Penalties will be imposed upon a swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for an event. Penalties may include fines or suspension.</p>

<p>AWARDS</p>	<p>Awards will be given for 1st through 8th place finishers in the 9/10, and 11/12 age groups as described below. Awards for each event in Session 2 will be awarded the same as 'A' entry times below. Awards will not be given for 13/14 and senior events.</p> <p>A entry times and Session 2 - Rosettes 1st through 3rd and ribbons 4th through 8th. B entry times – Ribbons 1st through 8th. C entry times – Ribbons 1st through 8th.</p>
<p>PROGRAMS & ADMISSION</p>	<p>A meet program which includes all five sessions will be available for \$8</p> <p>An admission fee of \$2 per session will be charged. Children under age 8 will be admitted without cost.</p>
<p>RESULTS</p>	<p>Results will be posted on Atlantic City Aquatic Club's website, www.acacswim.org, and on the Middle Atlantic Swimming website, www.maswim.org.</p>
<p>DIRECTIONS</p>	<p>Atlantic City High School is located at 1400 Albany Avenue, Atlantic City, New Jersey.</p> <p>It is easily accessible from the Atlantic City Expressway. Take the Atlantic City Expressway East to Exit 2 (Route 40, Blackhorse Pike). Atlantic City High School is located .25 miles on the right after exiting the Expressway at exit 2. The entrance to the Athletic complex is located at far end of the building.</p>
<p>ACCOMODATIONS</p>	<p>Hampton Inn Atlantic City Bayside, (609) 484-1900</p> <p>Clarion Hotel and Conference Center, (800)44 ROOMS</p> <p>Sheraton Atlantic City. (609)441-2911</p> <p>Ramada Inn, (800) 851-9505</p> <p>Holiday Inn Xpress (609) 484- 1500</p> <p>Comfort Inn North (Absecon) (609) 641-7272</p>

ORDER OF EVENTS

Saturday February 20, 2010

SESSION 1

Warm-Up 6:45 AM

Meet Start 7:45 AM

<u>GIRLS EVENT #</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
1	11/14 200 BREAST	2
3	11/12 50 BREAST	4
5	13/14 100 BACK	6
7	11/12 100 BACK	8
9	13/14 50 FREE	10
11	11/12 50 FREE	12
13	13/14 100 FLY	14
15	11/12 100 FLY	16
17	13/14 200 IM	18
19	11/12 200 IM	20
21	11/14 400 FREE	22

SESSION 2

Warm-Up No Later than 11:45AM

Meet Start No Later than 12:30

<u>GIRLS EVENT #</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
23	8 & UNDER 100 IM	24
25	8 & UNDER 25 FREE	26
27	8 & UNDER 50 FREE	28
29	8 & UNDER 25 FLY	30
31	8 & UNDER 50 FLY	32
33	8 & UNDER 25 BACK	34
35	8 & UNDER 50 BACK	36
37	8 & UNDER 25 BREAST	38
39	8 & UNDER 50 BREAST	40
41	8 & UNDER 100 Free	42

SESSION 3

Warm-Up No Later than 4:00 Meet Start No Later than 5:00 PM

<u>GIRLS EVENT</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
43	SENIOR 200 BREAST	44
45	9/10 50 BREAST	46
47	SENIOR 100 BACK	48
49	9/10 100 BACK	50
51	SENIOR 50 FREE	52
53	9/10 50 FREE	54
55	SENIOR 100 FLY	56
57	9/10 100 FLY	58
59	SENIOR 200 IM	60
61	9/10 200IM	62
63	SENIOR 400 FREE	64

Sunday February 21, 2010

SESSION 4

Warm-Up 7:00 AM

Meet Start 8:00 AM

<u>GIRLS EVENT #</u>	<u>EVENT</u>	<u>BOYS EVENT #</u>
65	11/12 100 IM	66
67	11/14 200 BACK	68
69	11/12 50 BACK	70
71	13/14 100 FREE	72
73	11/12 100 FREE	74
75	11/14 200 FLY	76
77	11/12 50 FLY	78
79	13/14 100 BREAST	80
81	11/12 100 BREAST	82
83	11/14 200 FREE	84
85	11/14 400 IM	86

SESSION 5

Warm-Up No Later than 12:15 PM

Meet Start No Later than 1:15 PM

GIRLS EVENT #

87

89

91

93

95

97

99

101

103

105

107

109

EVENT

9/10 100 IM

SENIOR 200 BACK

9/10 50 BACK

SENIOR 100 FREE

9/10 100 FREE

SENIOR 200 FLY

9/10 50 FLY

SENIOR 100 BREAST

9/10 100 BREAST

SENIOR 200 FREE

9/10 200 FREE

SENIOR 400 IM

BOYS EVENT #

88

90

92

94

96

98

100

102

104

106

108

110

Neptune's Challenge Meet Summary Form

Team: _____ **USA-S Club Code:** _____

COACH

Name: _____

Address: _____

Phone: _____ Email: _____

TEAM CONTACT FOR ENTRIES

Name: _____

Phone: _____ Email: _____

PERSON TO BE CONTACTED CONCERNING TIMERS AND OFFICIALS

Name: _____

Phone: _____ Email: _____

ENTRY FEE SUMMARY

Total # of Individual Entries _____ x \$4.00 = \$ _____

Surcharge (if applicable) _____

Total Entry Fees \$ _____

ATHLETE SUMMARY

Male Athletes _____ Entries _____

Female Athletes _____ Entries _____

Total Athletes _____ Total Entries _____

There is a surcharge of \$5.00 per swimmer for any team which is entering more than 5 swimmers and does not submit entries electronically using Hytek software. Surcharge cannot be avoided by teams submitting individual entries separately. Individuals or clubs will be billed in the event that all proper fees are not received. Failure to submit entry and surcharge fees will result in rejection of entries.

I attest that the athletes entered are currently registered with USA Swimming and that they have achieved the seed times recorded.

Signature of Head Coach or authorized Team Representative

