

# SPIRIT SWIMMING SPRING MINI INVITATIONAL MEET

Sunday, February 14, 2010

Held Under the Sanction of Middle Atlantic Swimming  
Sanction # MA 1014 M

**SITE DIRECTOR:** Sue Schmelz (215-579-6687)

**SAFETY DIRECTOR:** Ernie Steen (215-968-5811)

**MEET LOCATION:** Pennsbury High School, 705 Hood Blvd, Fairless Hills, PA 19030  
(Phone number for emergency use only on the day of the meet – 215-949-6762.)

**FACILITY:** 6 Lane-25 Yard pool - Wave Eater Lane Lines – Colorado Timing – Paragon Starting Blocks –  
12 Ft Depth at Starting End – Spectator Seating for 300 – Parking for 300 Vehicles –  
Refreshments Available at Concession Stand.

**MEET FORMAT:** Pre-Seeded – Timed Finals – Two Sessions  
Spirit reserves the right to combine sessions if the meet is small.

### Boys Session #1

Warm-up: 10:00 AM  
Sprint Lanes 1 & 6 10:00 – 10:25 AM  
Start: 10:30 AM

### Girls Session #2

Warm-up: 1:00 PM  
Sprint Lanes 1 & 6 1:00 – 1:25 PM  
Start: 1:30 PM

**ELIGIBILITY:** Open to all swimmers (aged eight years and under) registered with USA Swimming and will be conducted according to current USA-S rules. Swimmer's age as of day of meet governs age group entry. This is a timed final, pre-seeded meet.

**RULES:** The meet will be conducted according to current USA and MA safety regulations.

**No Diving** in warm-up lanes except in designated sprint lanes. Sprint lanes will be announced during warm-up.

All relay starts from the **shallow end** of the pool will **start from the water.**

Coaches must place themselves at the end of each lane during warm-up and supervise their swimmers.

Deck access is limited to coaches and officials displaying current and proper USA credentials

**ENTRIES:** Swimmers may enter a maximum of **5 Individual** events and **2 Relays**. Swimmers must enter best time in each event or be subject to penalties set by Middle Atlantic.

**Computer Entries:** Entries should be submitted using Hy-Tek software (Team Manager).. Entries should be e-mailed to [dbtowns@comcast.net](mailto:dbtowns@comcast.net). Supporting documentation (summary/recap sheet) must accompany all entries.

**Manual Entries:** Submit entries on official entry form, legibly printed with current USA registration numbers for each athlete. As per Middle Atlantic Swimming Rules, a \$15 per swimmer fee will be charged to all entries submitted on paper rather than electronically. An additional \$25 per swimmer fee will be charged to any team submitting manual entries for more than 5 swimmers.

Spirit Swimming reserves the right to limit entries to comply with Middle Atlantic rules and space availability of the facility. Refunds will be given to eliminated swimmers.

**No post entries will be accepted.** **Deck entries** will be accepted upon discussion with the Meet Director and provided there is lane availability within existing heats. Fees for deck entries will be paid prior to the event(s). Swimmers who are not already in the meet must provide proof of USA Swimming registration.

### **PROGRAMS/ADMISSION:**

Programs will be available at the door for \$3.00/program. Admission is free.

**ENTRY FEES:** \$4.00 Per Event. \$8.00 Per Relay. \$6.00 Deck Entries. \$2.00 Per Swimmer for any team with 5 or more swimmers that does not submit its entries on disk using Hy-Tek software.

Make check payable to: **Spirit Swimming**  
Mail Entries to: Susan Schmelz, 280 Leedom Way, Newtown, PA 18940

**ENTRY CLOSE:** All entries must be received by **Friday, February 5, 2010**. No late entries will be accepted.

**RESULTS:** Results will be posted on the Spirit Swimming web site @[www.SpiritSwimming.com](http://www.SpiritSwimming.com) and Middle Atlantic Swimming web site @ [www.maswim.org](http://www.maswim.org)

Results will not be mailed to clubs, but will be transmitted by e-mail to any club that provides an e-mail address with their entries.

**AWARDS:**

Individual Events	Rosettes 1 <sup>st</sup> through 3 <sup>rd</sup> and Ribbons 4 <sup>th</sup> through 24 <sup>th</sup>
Relays	Ribbons 1 <sup>st</sup> through 3 <sup>rd</sup>
Heat Winner Ribbons	

**DIRECTIONS:** **Directions to Pennsbury High School**

**From NJ:**

Take the NJ Turnpike south; you can get on the NJ Turnpike from the Garden State Parkway or where ever you find it convenient.

Take the NJ Turnpike to the first exit in Pennsylvania (Bristol/Levittown exit).

Take Route 13 North when getting off at this exit.

Go past 5 traffic lights staying on Route 13 North. You will pass the Levittown Train Station on your right. Continue on bearing to your left in ascending a small hill, you are still on route 13 North.

Make a right at the Tyburn Road West Exit.

Make another right at the end of the exit onto Tyburn road. Get over into the left hand lane.

Make a left at the first light (New Falls Road) cemetery on the corner.

Go down about a mile and at the first light make a right (Hood Blvd.) Burger King, Texaco, Gulf and Sunoco stations on corners.

Pennsbury High School is on your right hand side.

Go in the second driveway for pool. Pool is on your left.

**From Philadelphia (Turnpike)**

Take the turnpike (east) and get off at the Philadelphia exit (exit 28).

Take Route 1 North (superhighway and get off at the Oxford Valley Exit (Sesame Place exit).

Make a right at the exit onto Oxford Valley Road.

Stay on Oxford Valley Road using the middle lane and crossover business Route 1 (Old Lincoln Highway). After crossing business Route 1, stay in left hand land and make the next left (Arby's will be on your left). Oncoming traffic has a stop sign at the intersection. This is still Oxford Valley Road.

Go down 2 traffic lights. At the second light make a left (Hood Blvd.) Pizza Hut and Blockbuster Video is on the left.

Stay on Hood Blvd. Through 2 traffic lights. Pennsbury High School will on the left after the second traffic light. Make a left into the first driveway. Pool will be on your left.

**From Philadelphia (I-95)**

Take I-95 north to the Route 1 North exit (by Sesame Place water tower).

Follow Route 1 north to the Fairless Hills exit – turn left at stop sign and at the first light make a right. You will go under a railroad bridge and at the 3<sup>rd</sup> light make a right. This is New Falls Road.

Follow New Falls Road down for about a mile. At the first light make a right onto Hood Blvd. Pennsbury High School will be on your right. At the second driveway make a right and the pool will be on your left.

**From Newtown Area**

Take 413; take the 413 bypass around Newtown.

Pass 3 lights (Clemen's Market will be on your right). Continue straight until you see I-95 south signs. Take I-95 South to the Route 1 North Exit.

Take Route 1 North exit to the Morrisville/Fairless Hills Exit. Make a left at the end of the ramp.

Make a right at the first light. Go under the railroad bridge and at the 3<sup>rd</sup> light make a right (New Falls Road).

At the first light make a right (Burger King, Texaco, Gulf and Sunoco will be at the corners). Pennsbury High School will be on your right. Go in the second driveway and the pool will be on your left.

**UNATTACHED & SWIMMERS WITHOUT THEIR COACHES:**

A Spirit coach will supervise swimmers unaccompanied by their team coach. Please report to the Meet Director on deck when you arrive.

**OFFICIALS:**

All USA Certified Officials and Trainees are invited to work the meet. Please contact the Spirit Swimming Office at 215-579-6687 or Spirit's Head Official, Bruce Townsend at 215-932-1816

**INQUIRIES:**

Questions should be referred to Sue Schmelz at 215-579-6687

**SPIRIT MINI INVITATIONAL MEET**  
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**EVENTS**

Girls			Boys
1	100 Free Relay	8 & Under	100 Free Relay 2
3	25 Free	5 & Under	25 Free 4
5	25 Free	6 Year Olds	25 Free 6
7	25 Free	7 Year Olds	25 Free 8
9	25 Free	8 Year Olds	25 Free 10
11	50 Free	8 & Under	50 Free 12
13	25 Back	5 & Under	25 Back 14
15	25 Back	6 Year Old	25 Back 16
17	25 Back	7 Year Olds	25 Back 18
19	25 Back	8 Year Olds	25 Back 20
21	50 Back	8 & Under	50 Back 22
23	25 Brst	6 & Under	25 Brst 24
25	25 Brst	7 Year Olds	25 Brst 26
27	25 Brst	8 Year Olds	25 Brst 28
29	50 Brst	8 & Under	50 Brst 30
31	25 Fly	6 & Under	25 Fly 32
33	25 Fly	7 Year Olds	25 Fly 34
35	25 Fly	8 Year Olds	25 Fly 36
37	50 Fly	8 & Under	50 Fly 38
39	100 IM	7 & Under	100 IM 40
41	100 IM	8 Year Olds	100 IM 42
43	100 Medley Relay	8 & Under	100 Medley Relay 44

**SPIRIT SWIMMING**  
**Mini Invitational Meet**  
**February 14, 2010**

This Form Must Accompany all Official Entries

Team name \_\_\_\_\_ Club Code \_\_\_\_\_

Head Coach \_\_\_\_\_ E-Mail \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ Contact Person (entries) \_\_\_\_\_

Individual Event Fees: \_\_\_\_\_ @ \$4.00 \$ \_\_\_\_\_

Relay Event Fees: \_\_\_\_\_ @ \$8.00 \$ \_\_\_\_\_

Manual Entry Processing Fee \_\_\_\_\_ Swimmers @ \$15.00 \$ \_\_\_\_\_  
(For Non-Disk Entry Swimmers Only)

Total \$ \_\_\_\_\_

I certify that all swimmers from this team entered in the Spirit Mini Invitational are current members of USA Swimming and that all coaches from this team who will attend the meet hold current coaching credentials.

Head Coach \_\_\_\_\_

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Swimmer Name      Age      USS#      Ev#      Time      Ev#      Time      Ev#      Time      Ev#

1

\_\_\_\_\_

2

\_\_\_\_\_

3

\_\_\_\_\_

4

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5

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7

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8

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9

\_\_\_\_\_

10

\_\_\_\_\_

Team \_\_\_\_\_

Contact \_\_\_\_\_

Phone # \_\_\_\_\_

E-Mail \_\_\_\_\_

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Relays	Event #	A Relay	Entry Time	B Relay	Entry Time	C Relay	Entry Time	D Relay	Entry time
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8 & Under Girls 100 Free	1								
8 & Under Boys 100 Free	2								



8 & Under 100 Medley Relay Girls	43								
8 & Under 100 Medley Relay Boys	44								

Team	_____	Contact	_____	Phone #	_____
		E-Mail	_____		