

**2009 STORM GOLDEN HARVEST MEET
OCTOBER 31 - NOVEMBER 1, 2009**

SEND ENTRIES TO: Entries (using Hy-Tek software) attached to an e-mail are preferred. Please send ONE check per club, payable to JERSEY STORM SWIMMING (do not send individual checks for each swimmer).

Mail checks and entry information to:

**Bob Worrell
15 Whitlow Drive
Westampton, NJ 08060**

*Request signature waiver when mailing entries

ENTRY DEADLINE: The entry deadline is Friday, October 16, 2009. No late entries will be accepted. Payment must be received by October 23, 2009. Entries are processed in the order received. For entries received on the same day, Hy-Tek entries will be accepted first (in the order received) followed by paper (official entry form) entries.

QUESTIONS: Direct all questions to the meet director. This is the only valid source of information regarding the meet. Meet management is not responsible for information from any other source(s)

RESULTS: Results will be posted on the Middle Atlantic website www.maswim.org & www.jerseystormswimming.org
Results will not be mailed to clubs, but will be transmitted by E-Mail to any club that provides an E-Mail address with their entries.

RULES: This meet will be conducted according to current USA Swimming and Middle Atlantic Swimming rules.

- USA Swimming/Middle Atlantic Swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Failure to obey instructions of safety director, marshals & officials will result in disqualification from meet. There is absolutely NO DIVING permitted in warm-up pool at ANY time. Swimmers violating safety rules will be removed from the pool. Subsequent violations will result in the swimmer's disqualification for the remainder of the meet.
- All coaches/officials must be registered with USA Swimming and must display valid USA card. Only USA Swimming registered swimmers, coaches, and officials with valid credentials and essential meet personnel will be permitted on deck.
- Spectators are prohibited from entering areas of the pool which are being used by swimmers, coaches, and officials displaying valid USA Swimming credentials.

Entry Times: Penalties will be imposed upon a swimmer when any coach, parent, or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines and suspension.

Start Procedure: This meet will be conducted using the 'Whistle Commands' and 'No Recall' false start procedures as outlined by USA Swimming. 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

Official Times/Results: All events are timed finals with times/places being determined by the timing system and verified by meet officials. The scoreboard is not official time. Questions regarding results should be addressed to the meet director by the **swimmer's coach only**.

AWARDS:

Awards: Awards based on entry time are presented for each event in accordance with Middle Atlantic Swimming Inc. policy.

- Individual Events:
 - "A" entries: Medals 1st through 3rd place, ribbons 4th through 6th place;
 - "BB" entries: Rosettes 1st through 3rd place, ribbons 4th through 6th place;
 - "C" entries: Ribbons 1st through 6th place;
- Relay Events - Medals for 1st place team, ribbons for 2nd and 3rd place teams.

ADMISSION & PROGRAM:

Admission: \$3.00 admission per person per session. Children under 5 free.

Programs: \$5.00 for a meet program (covers all sessions).

VOLUNTEERS:

If anyone is interested in volunteering to assist in the operation of the meet, please contact the meet director (meetdirector@jerseystormswimming.org). Admission fees will be waived and the hospitality area will be available for sessions for which you assist.

SPONSORSHIP AVAILABILITY:

Program Advertisements & Meet Sponsorship: If you would like to place an advertisement in our meet program or be a meet sponsor, please contact Jersey Storm by e-mailing us at info@jerseystormswimming.org. Advertisements will be strategically placed in all programs.

2009 STORM GOLDEN HARVEST MEET
OCTOBER 31 - NOVEMBER 1, 2009

FUTURE MEETS: Jersey Storm Swimming hosts six swim meets sanctioned by USA Swimming and Middle Atlantic Swimming Inc. each year. Please consider participating in another of our upcoming meets. Meets being hosted by Jersey Storm during the 2009-2010 Short Course season are as follows:

- STORM Mini Meet - October 2009 at Fort Dix, NJ
- STORM Golden Harvest A/BB/C Meet – November 2009 at Fort Dix, NJ
- New Jersey State A/BB/C/Mini Meet - December 19-20, 2009 at GCIT, Sewell, NJ
- STORM January Mini Meet – January 17, 2010 at Fort Dix, NJ
- STORM Treasure Chest Mini Meet - February 7, 2010 at Fort Dix, NJ
- STORM A/BB/C Meet - February 20-21, 2010 at Fort Dix, NJ

Please see the Middle Atlantic Swimming Inc. web site www.maswim.org for the meet information or contact the meet director for further information.

DIRECTIONS: The Fort Dix Indoor Pool is located on Doughboy Loop, next to the Fort Dix Outdoor Recreation building and the Doughboy Field Parade Grounds, Fort Dix, NJ 08640. **Access to base requires presentation of a valid photo ID (driver's license, passport, etc.) for ALL adults in the vehicle.** Directions are also available on the MA website www.maswim.org

If there are problems entering the base, a new visitor center is located at the Main Gate located off of Rt 68.

From the North or South via NJ Turnpike: Take the NJ Turnpike to Exit 7 (Bordentown, Ft. Dix, McGuire AFB). Follow directions from NJ Turnpike Exit 7.

From the West via PA Turnpike: Take the PA Turnpike east across the Delaware river into NJ. Take the NJ Turnpike north to Exit 7 (Bordentown, Ft. Dix, McGuire AFB). Follow directions from NJ Turnpike Exit 7.

From NJ Turnpike Exit 7: After paying toll, follow signs for military bases onto Rt 206 South and merge into far left lane. After 1st traffic light, take a left onto Rt 68 (signs point left towards direction of military bases and there is a traffic light in the median). Follow Rt. 68 through 4 traffic lights to the Ft Dix Main Gate for security check (photo ID required). After security gate, follow Rt. 68 to a traffic circle. Take 1st right off of traffic circle onto 4th Street. At 1st intersection (blinking traffic light), take a right onto New Jersey Ave. Follow New Jersey Ave. to stop sign. Take left onto 10th Street. At stop sign, take a right onto Doughboy Loop. The indoor pool is the blue and yellow building immediately on your left (ample parking in front of building).

From the East (via Rt 70): Take Rt 70 West to Rt 530 West. Follow Rt. 530 West to the 3rd traffic light (Shell Gas Station) and take a right onto Rt 545 (stay to the right of the gas station). Follow Rt 545 (Texas Ave.) through one traffic light to the Ft Dix Security gate (photo ID required). At 1st traffic light (blinking yellow) past the security gate, take a left onto 8th Street. At blinking traffic light, take a left onto Doughboy Loop (police station will be on right). The indoor pool is the blue and yellow building ¼ mile up the road on your left (ample parking in front of building).

From the South (via I-295 North): Take I-295N to Exit 45A (Mount Holly Exit). At 3rd traffic light take a left onto Irick Rd. At 1st traffic light take right onto Rt 630 (Woodlane Rd). Follow Rt 630 to the 5th traffic light (Mobil Gas Station and CVS Pharmacy) and take a left onto Rt 537 East (Monmouth Rd). Follow Rt 537 East to the 3rd traffic light. At 3rd traffic light, take a right onto Rt. 68. Follow Rt. 68 through one 1 traffic light to the Ft Dix Main Gate for security check (photo ID required). After security gate, follow Rt. 68 to a traffic circle. Take 1st right off of traffic circle onto 4th Street. At 1st intersection (blinking traffic light), take a right onto New Jersey Ave. Follow New Jersey Ave. to stop sign. Take left onto 10th Street. At stop sign, take a right onto Doughboy Loop. The indoor pool is the blue and yellow building immediately on your left (ample parking in front of building).

LODGING:

- Days Inn – 1073 Route 206, Bordentown, NJ 08505, (609) 298-6100 (< 10 miles from pool)
- Best Western – 1068 Route 206, Bordentown, NJ 08505, (609) 298-8000 (< 10 miles from pool)
- Econo Lodge – 187 US Hwy 130, Bordentown, NJ 08505, (609) 298-5000 (< 10 miles from pool)
- Hampton Inn - 2004 Route 206, Bordentown, NJ 08505, 609-298-4000 (< 10 miles from pool)
- Quality Inn – 21 Wrightstown-Cookstown Rd., Wrightstown, NJ, (609) 723-6500 (< 5 miles from pool)
- Comfort Inn – 1009 Route 206, Bordentown (609) 298-6100 (< 10 miles from pool)
- Ramada Inn - 1083 Route 206, Bordentown, NJ, 08505, (609) 298-3200 (< 10 miles from pool)

2009 STORM GOLDEN HARVEST MEET
OCTOBER 31 - NOVEMBER 1, 2009

TEAM SUMMARY SHEET

* This form must be mailed in with the entries *(even if entries are sent on disk)*.

CLUB NAME: _____ CLUB CODE: _____ LSC: _____

COACH: _____ PHONE #: (____) _____ - _____

CLUB ADDRESS: _____

EMAIL ADDRESS: _____
E-Mail Address will be used to pass info (meet changes, results, etc. to your team)

MEET ENTRY INFORMATION:

INDIVIDUAL EVENTS _____ x \$4.00 = \$ _____

RELAY'S _____ x \$8.00 = \$ _____

SURCHARGES (applies to teams with more than five swimmers who do not submit entries via HY-TEK)

SWIMMERS _____ x \$5.00 = \$ _____

TOTAL = \$ _____

(Make checks payable to **JERSEY STORM SWIMMING**)

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs, administrators and assignees, waive and release any and all claims for damages which I/we may have against USA, Jersey Storm Swimming, their agents or representatives, for any and all injuries suffered by myself/us and/or my swimmers in, at, and during travel to/from said meet. I/we are bona-fide amateur athlete(s), USA registered, and eligible to compete in all of the events I/we have entered.

CLUB REP. NAME/SIGNATURE: _____ / _____

PHONE NUMBER: (____) _____ - _____

**Entry deadline is FRIDAY, OCTOBER 16, 2009.
NO LATE ENTRIES WILL BE ACCEPTED**

**2009 STORM GOLDEN HARVEST MEET
OCTOBER 31 - NOVEMBER 1, 2009**

JERSEY STORM SWIMMING INDIVIDUAL EVENT MEET ENTRY FORM

CLUB: _____ CLUB CODE: _____ PHONE #: (_____) _____ - _____

COACH: _____ E-MAIL ADDRESS: _____

NAME	AGE	USA #	EVENT		EVENT		EVENT	
			#	Time	#	Time	#	Time
Example: Michael A Smith (Mike)	11	010296MICASMIT	4	1:14.56	14	36.12	22	2:34.11
			60	42.45	68	NT	72	36.76

Note: - Swimmers may enter a maximum of 5 individual events and 1 relay event per day.
 - There is a \$5.00 per swimmer surcharge for teams with more than five swimmers when entries submitted by hand vs. Hy-Tek entries.