

# Five Star Cup

Closed Invitational

February 12 – 13, 2011

Held under the sanction of Middle Atlantic Swimming  
MA Sanction # MA 1126 CI

<b>LOCATION</b>	Lititz Rec 301 W. Maple St. Lititz, PA 17543 <b>Emergency calls the day(s) of the meet may be made to (717) 626-5096.</b>
<b>FACILITY</b>	<ul style="list-style-type: none"><li>• 25 yards pool; 8 lanes with non-turbulent lane lines and Colorado Timing System with 8 line score board display.</li><li>• The water depth at the starting end of the pool is 12 feet and the water depth at the other end is 3 ½ feet.</li><li>• Spectators view meet from a 250 seat balcony.</li><li>• Refreshments available via vending machines. Free parking is available in the Rec parking lots and on adjacent school parking lots.</li></ul>
<b>POOL CERTIFICATION</b>	The competition course has not been certified in accordance with the USA Swimming Rules and Regulations, 104.2.2C(4).
<b>MEET DIRECTOR</b>	Heidi Cicala: <a href="mailto:hcicala@fidevia.com">hcicala@fidevia.com</a>
<b>OFFICIALS</b>	<ul style="list-style-type: none"><li>• Anyone wishing to volunteer or officiate should contact the Meet Referee Dan Griest <a href="mailto:dgriest@ptd.net">dgriest@ptd.net</a> or 717-625-3018.</li><li>• All officials and coaches must wear their official USA Swimming Membership Badge.</li><li>• Meet Workers will be identified with a special badge. No others will be permitted on deck.</li></ul>
<b>SAFETY &amp; RULES</b>	<b>Safety Director: Jackie Schouten 717-626-9119.</b> <ul style="list-style-type: none"><li>• Middle Atlantic Swimming Rules and Warm-up Procedures will be in effect at this meet. Coaches, parents, and every swimmer should become familiar with the rules and procedures.</li><li>• Swimmers must be under the direct supervision of a currently registered coach.</li><li>• All swimmers must enter the water feet first from the starting end of the pool. No diving in lanes other than those designated for diving. A swimmer could be suspended from the meet for non-compliance.</li><li>• Any swimmer who does not swim an event for which they have positively checked in will be barred from their next individual event.</li><li>• This meet will be conducted using the Whistle command and No-Recall False Start procedures. 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</li></ul>

<b>ELIGIBILITY</b>	This meet is open to all <b>9 and over swimmers</b> from invited teams, registered with USA Swimming for 2011. The 2011 United States Swimming Rules will apply. Swimmer's age as of February 12, 2011 governs the entire meet.
<b>ENTRY LIMITATIONS</b>	Swimmers may compete in up to three (3) individual events per day and one (1) relay per day.
<b>EVENTS</b>	<ul style="list-style-type: none"> <li>• <u>All relay events are TIMED FINALS and will be swum at the beginning of Finals.</u> Each team may enter an A, B, and C Relay in Free and Medley.</li> <li>• All prelim events are pre-seeded and are swum in the AM session.</li> <li>• Timed finals are swum in the evening.</li> <li>• The fastest 8 swimmers will qualify to swim at Finals.</li> </ul>
<b>ORDER OF EVENTS</b>	See attached page listing the order of events and event numbers.
<b>WARM-UP &amp; START TIMES</b>	<ul style="list-style-type: none"> <li>• <u>Prelim Session Each Day:</u> warm-ups from 7:30 AM to 8:55 AM with a start time of 9:00 AM.</li> <li>• <u>Finals Session Each Day:</u> warm-ups from 5:00 PM - 5:55 PM with a start time of 6:00 PM.</li> <li>• Lane assignments, according to team size, will be emailed to the team representative one week prior to the meet.</li> </ul>

## ENTRIES

- All entries should be made using Hy-Tek software. If Hy-Tek software is unavailable, there is a \$15 per swimmer surcharge for any entry not submitted electronically. There is a \$25 surcharge for submission of 5 or more swimmers on manual entry.
- All entries are to be emailed. Please attach a Word document of “Swimmers by Event” and the “Meet Entry Fee” report.
- Swimmers with incomplete or illegible USS members will be rejected, **please check your TM database before sending entries!**
- All entries must be swimmers’ best times. Swimmers without a valid USS time in an event must be submitted as a “NT” in that event. Entries not in compliance will be subject to Middle Atlantic penalties.
- Entry corrections will be accepted only from the coach or team representative listed on the entry form.
- Deck entries will be accepted at the Meet Director’s discretion. **Swimmers not already entered in the meet must provide proof of current USA Swimming registration.**
- The deck entry cost is \$8 per individual entry and \$16 per relay, to be paid at the time of the deck entry.
- Deck entries will NOT be eligible to compete in finals, score points, and receive awards.
- All deck entries will be handled by the Meet Director **prior** to the start of that session.
- **No deck entries for a session will be accepted after the start of that session.**
- Any swimmer qualifying for Finals who fails to compete in said event and does not scratch during the allotted time, will be barred from further competition in meet.
- Should a swimmer scratch, alternates will be contacted through the coach. If a swimmer is not present for a final heat, the Referee shall fill the heat with the next qualified swimmer. Alternates will be announced with qualifiers during the prelim session. Alternates should not be penalized if unavailable to swim in Finals.
- The Meet Director reserves the right to limit the number of heats/events in order to comply with the 4 hour rule, USA Swimming Rules and Regulations Section 205.3.1 (F).
- **IMPORTANT: Each team may enter up to a maximum of 70 swimmers due to seating capacity limitations.**
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

<b>ON-SITE REGISTRATION</b>	On-site registrations for USS Swimming will NOT be accepted at this meet. Each swimmer must be registered through his/her LSC prior to competition.
<b>ENTRY FEE &amp; DEADLINE</b>	\$1800 per team. Entries must be received by 8:00 PM on Friday, January 28, 2011.
<b>WHERE TO SEND ENTRIES</b>	<ul style="list-style-type: none"> <li>• Make check payable to Five Star Swim Club</li> <li>• Mail check to: Heidi Cicala, 2 Breezy Knoll, Lititz, PA 17543.</li> <li>• Email entries to <a href="mailto:hcicala@fidevia.com">hcicala@fidevia.com</a>.</li> </ul>
<b>SCORING AND AWARDS</b>	<ul style="list-style-type: none"> <li>• Top 8 finishers, by time, receive medals.</li> <li>• 9<sup>th</sup> – 16<sup>th</sup> places receive ribbons.</li> <li>• All awards must be picked up by a coach or parent representative at the conclusion of the last session or after the last event in which your team has a swimmer participating.</li> <li>• No awards will be mailed.</li> </ul>
<b>AWARDS CEREMONY</b>	There will be an awards ceremony after the following events: <ul style="list-style-type: none"> <li>• Saturday: 26 (Relays), 6, 12, and 22.</li> <li>• Sunday: 54 (Relays), 32, 38, and 48.</li> </ul>
<b>PROGRAM &amp; ADMISSIONS</b>	Admission-\$4 per person/per day. Prelim Programs-\$6 includes both days.
<b>RESULTS</b>	Final results will be emailed to teams and posted on the Middle Atlantic website.
<b>DIRECTIONS</b>	Directions to the pool are available at <a href="http://www.fivestarswimming.com">www.fivestarswimming.com</a>
<b>ACCOMODATIONS</b>	<b>Holiday Inn Express</b> – 101 Crosswinds Dr Lititz (behind Pizza Hut on 501) 717.625.2366 (hotel is five minutes from the pool). <b>Warwick Inn &amp; Suites</b> – 613 Furnace Hills Pike (Rt. 501 N) (717) 627-7500 <b>Country Inn &amp; Suites</b> – Rt. 72 N (717) 665-5440 <b>Fairfield Inn by Marriott</b> – Rt. 72 N (717) 581-8122 <b>Hilton Garden</b> – Rt. 72 N (717) 560-0880

# Five Star Cup Closed Invitational

## February 12 – 13, 2011

TEAM NAME: \_\_\_\_\_ TEAM CODE: \_\_\_\_\_

HEAD COACH: \_\_\_\_\_

TEAM MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

TELEPHONE: HOME (\_\_\_\_) \_\_\_\_\_ OFFICE (\_\_\_\_) \_\_\_\_\_

CONTACT PERSON FOR QUESTIONS ON ENTRIES: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

TELEPHONE: HOME (\_\_\_\_) \_\_\_\_\_ OFFICE (\_\_\_\_) \_\_\_\_\_

EMAIL: \_\_\_\_\_

\*Number or Individual entries \_\_\_\_ x \$4.00 = \$\_\_\_\_\_

Number of Relay entries \_\_\_\_ x \$8.00 = \$\_\_\_\_\_

TOTAL = \$\_\_\_\_\_

\*If using Hy-Tek software, please include an "Entry Fee Report".

I attest that the entered athletes are properly registered with USA Swimming and that they have achieved the seed times recorded.

**Head Coach or team representative Signature:** \_\_\_\_\_

**THIS FORM MUST ACCOMPANY THE OFFICIAL ENTRY BLANKS**

# FIVE STAR CUP CLOSED INVITATIONAL

## FEBRUARY 12 AND 13, 2011

Swimmers may participate in up to 3 individual events per day and 1 relay per day.  
*Teams may enter an A, B and C team in each relay event.*

### Saturday

Girls	Event	Boys
1	11 & 12 50 Breast	2
3	13 & 14 100 Breast	4
5	9 & 10 50 Breast	6
7	11 & 12 100 IM	8
9	13 & 14 200 IM	10
11	9 & 10 100 IM	12
13	11 & 12 50 Free	14
15	13 & 14 50 Free	16
17	9 & 10 50 Free	18
19	11 & 12 200 Free	20
21	9 & 10 200 Free Relay*	22
23	11 & 12 200 Free Relay*	24
25	13 & 14 200 Free Relay*	26

### Sunday

Girls	Event	Boys
27	11 & 12 50 Back	28
29	13 & 14 100 Back	30
31	9 & 10 50 Back	32
33	11 & 12 50 Fly	34
35	13 & 14 100 Fly	36
37	9 & 10 50 Fly	38
39	11 & 12 100 Free	40
41	13 & 14 100 Free	42
43	9 & 10 100 Free	44
45	11 & 12 200 IM	46
47	13 & 14 200 Free	48
49	9 & 10 200 Medley Relay*	50
51	11 & 12 200 Medley Relay*	52
53	13 & 14 200 Medley Relay*	54

**\*Note: All Relays are timed finals and will be swum at the beginning of the finals session each evening.**