

**2011  
JUNIOR OLYMPIC BONUS TIME STANDARDS**

Approved 10/10

GIRLS			BONUS STANDARDS	BOYS		
JO LC	JO SCM	JO SCY	10/Under	JO SCY	JO SCM	JO LC
:38.49	:36.29	:32.49	<b>50 Free</b>	:32.39	:36.19	:36.79
1:21.89	1:19.29	1:11.39	<b>100 Free</b>	1:10.79	1:18.19	1:21.59
<b>3:00.49</b>	<b>2:53.59</b>	<b>2:37.39</b>	<b>200 Free</b>	<b>2:38.39</b>	<b>2:55.39</b>	<b>3:01.39</b>
<b>6:07.39</b>	<b>5:57.49</b>	<b>6:53.09</b>	<b>500 Free</b>	<b>6:54.59</b>	<b>5:58.09</b>	<b>6:08.79</b>
:43.69	:42.19	:37.99	<b>50 Back</b>	:38.29	:42.59	:44.69
1:35.49	1:30.89	1:22.19	<b>100 Back</b>	<b>1:22.69</b>	<b>1:31.19</b>	<b>1:35.69</b>
<b>:49.29</b>	<b>:46.99</b>	<b>:42.49</b>	<b>50 Breast</b>	<b>:43.49</b>	<b>:48.29</b>	<b>:49.49</b>
1:47.49	1:43.19	1:33.39	<b>100 Breast</b>	<b>1:35.79</b>	<b>1:45.39</b>	<b>1:47.29</b>
:42.09	<b>:41.19</b>	<b>:36.99</b>	<b>50 Fly</b>	:36.69	:40.49	:41.49
1:39.69	1:35.09	1:26.69	<b>100 Fly</b>	<b>1:27.19</b>	<b>1:36.79</b>	<b>1:38.69</b>
N/A	1:31.39	1:22.29	<b>100 IM</b>	1:21.49	1:29.79	N/A
<b>3:23.59</b>	<b>3:17.49</b>	<b>2:56.99</b>	<b>200 IM</b>	<b>2:58.29</b>	<b>3:18.49</b>	<b>3:24.59</b>

GIRLS			BONUS STANDARDS	BOYS		
JO LC	JO SCM	JO SCY	11/12 YO	JO SCY	JO SCM	JO LC
:33.59	:31.99	:28.59	<b>50 Free</b>	<b>:28.29</b>	<b>:31.39</b>	:33.09
1:13.59	1:08.49	1:01.29	<b>100 Free</b>	1:02.19	1:09.09	1:11.59
2:39.69	2:32.09	2:16.19	<b>200 Free</b>	2:16.89	2:31.19	2:36.19
5:32.29	5:18.79	6:04.29	<b>400/500 Free</b>	6:06.09	5:20.29	5:30.89
11:36.46	11:16.49	12:52.99	<b>800/1000 Free</b>	12:48.89	11:12.89	11:39.29
22:23.79	21:34.09	21:41.69	<b>500/1650 Free</b>	21:35.89	21:28.39	22:27.89
:39.19	:36.79	:33.09	<b>50 Back</b>	:33.79	:37.59	:38.79
1:26.29	1:20.49	<b>1:11.39</b>	<b>100 Back</b>	1:13.09	1:20.69	1:24.09
3:00.69	2:53.59	2:37.09	<b>200 Back</b>	<b>2:34.79</b>	<b>2:50.99</b>	<b>3:02.59</b>
:43.19	:41.79	:37.59	<b>50 Breast</b>	:37.69	:41.49	:43.69
1:33.79	1:30.19	1:20.79	<b>100 Breast</b>	1:21.29	1:29.79	1:33.89
3:23.69	3:16.29	2:57.69	<b>200 Breast</b>	<b>2:54.99</b>	<b>3:13.09</b>	<b>3:23.19</b>
:36.79	:35.69	:32.09	<b>50 Fly</b>	<b>:31.89</b>	<b>:35.29</b>	:36.79
1:24.09	1:21.79	1:13.29	<b>100 Fly</b>	1:12.49	1:20.19	1:23.09
<b>3:09.89</b>	<b>3:04.29</b>	<b>2:46.69</b>	<b>200 Fly</b>	<b>2:42.29</b>	<b>2:58.49</b>	<b>3:06.19</b>
N/A	1:19.79	1:11.89	<b>100 IM</b>	<b>1:11.89</b>	<b>1:19.89</b>	N/A
3:00.19	2:54.89	2:36.69	<b>200 IM</b>	2:36.69	2:53.09	2:58.09
6:42.49	6:31.89	5:54.59	<b>400 IM</b>	<b>5:40.69</b>	<b>6:15.99</b>	<b>6:28.29</b>

GIRLS			BONUS STANDARDS	BOYS		
JO LC	JO SCM	JO SCY	13/14 YO	JO SCY	JO SCM	JO LC
:31.89	:30.49	:27.49	<b>50 Free</b>	<b>:25.49</b>	<b>:28.49</b>	:30.69
1:09.29	<b>1:04.89</b>	<b>:58.59</b>	<b>100 Free</b>	:55.59	1:01.89	1:06.39
2:28.59	<b>2:23.69</b>	<b>2:08.59</b>	<b>200 Free</b>	<b>2:03.59</b>	<b>2:17.89</b>	2:24.99
<b>5:16.59</b>	<b>5:04.49</b>	<b>5:48.69</b>	<b>400/500 Free</b>	5:35.09	4:53.29	5:06.29
10:47.99	10:36.69	12:07.59	<b>800/1000 Free</b>	11:43.89	10:15.99	10:31.29
20:39.79	20:05.09	20:12.19	<b>500/1650 Free</b>	19:39.49	19:32.59	20:14.39
1:19.69	<b>1:15.09</b>	<b>1:07.69</b>	<b>100 Back</b>	1:04.89	1:11.69	1:15.59
2:51.99	2:42.69	2:25.69	<b>200 Back</b>	2:19.69	2:34.19	2:42.99
1:30.09	1:25.89	1:17.49	<b>100 Breast</b>	1:12.29	1:19.89	1:23.59
3:11.99	<b>3:03.69</b>	<b>2:45.99</b>	<b>200 Breast</b>	<b>2:37.29</b>	<b>2:54.99</b>	<b>3:03.39</b>
1:17.59	1:14.89	1:07.39	<b>100 Fly</b>	1:04.09	1:10.79	1:12.69
2:49.59	2:44.19	2:28.59	<b>200 Fly</b>	<b>2:24.29</b>	<b>2:39.19</b>	<b>2:43.59</b>
2:48.39	<b>2:41.79</b>	<b>2:24.79</b>	<b>200 IM</b>	2:20.49	2:35.99	2:44.59
6:03.19	<b>5:54.79</b>	<b>5:17.49</b>	<b>400 IM</b>	5:02.89	5:34.69	5:46.79

Standards in red are faster than last year

Standards in black are the same as last year