

JW THANKSGIVING CELEBRATION "A/BB/C" MEET

NOVEMBER 20-21, 2010

HELD UNDER THE SANCTION OF MIDDLE ATLANTIC SWIMMING, INC. SANCTION #MA 1137 A

<u>FACILITY:</u>	<p>GLOUCESTER COUNTY INSTITUTE OF TECHNOLOGY TANYARD ROAD * SEWELL, NEW JERSEY PHONE: 856/468-1445 EXTENSION 2657</p> <p>8 lane 50 meter pool separated into two 25 yard competition pools by a moveable bulkhead. The starting and turn end depth in the deep end (Pool A) is 10 feet and the starting and turn end depth in the shallow end (Pool B) is 5 feet. Each pool is equipped with non-turbulent lane lines, Paragon starting blocks and a Colorado 6 Timing System with separate scoreboards. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. There is a separate mezzanine with seating for 450 spectators and unlimited parking.</p>
<u>MEET & SAFETY DIRECTORS:</u>	MEET / TODD BRYAN (856-234-5898) SAFETY / MIKE SIMUNEK (856-234-5898)
<u>OFFICIALS:</u>	All USA certified officials and trainees are invited to officiate at this meet. Contact Bob Binz, official's coordinator, at 856/853-0119.
<u>ELIGIBILITY:</u>	The meet is open to any USA registered swimmer. Swimmer's age as of Nov. 20, 2010 , governs age group participation for the entire meet.
<u>ENTRY LIMITATIONS:</u>	Meet management may add sessions, shift an event, limit the number of entries, eliminate certain events and/or heats, and any other reasonable modification to the meet format in order to complete sessions within the four (4) hour session limit. Notice will be provided promptly to swimmers and teams concerning modifications to the meet or changes to any entries/events/heats. Entry fees will be refunded to teams/swimmers whose entries have been rejected or who are unable to compete due to limitations.
<u>WARM-UPS</u>	There will be two 25-minute periods per session. Sprints are included as a 5-minute segment of each warm-up period. Additional warm-up sessions may be added if necessary. Lane assignments will be included in coaches' packets and posted around the pool deck.

	<u>WARM UP</u>	<u>MEET</u>	<u>NOTES</u>
SATURDAY AGES 9/10 & SENIOR	7:00 AM	8:00 AM	
SATURDAY AGES 11-14	1:30 PM	2:30 PM	<i>11-14 400 IM session will start 10 min after the 200 free. May switch pools to even timelines</i>
SUNDAY AGES 9/10 & SENIOR	7:00 AM	8:00 AM	
SUNDAY AGES 11-14	1:30 PM	2:30 PM	<i>11-14 500 free session will start 10 min after the 200 free. May switch pools to even timelines</i>
1650 FREE	End of AM session's	15 Minutes later	<i>Women's 1650 on Saturday-Fast to Slow Men's 1650 on Sunday-Fast to Slow</i>

JW THANKSGIVING CELEBRATION "A/BB/C" MEET

NOVEMBER 20-21, 2010

SATURDAY MORNING		
SESSION 1 – SR GIRLS / 9-10 BOYS POOL A		
SESSION 2 – SR BOYS / 9-10 GIRLS POOL B		
WARM-UP 7:00 AM START 8:00 AM		
GIRLS	EVENT	BOYS
1	9-10 100 IM	2
3	SR 200 BACK	4
5	9-10 50 BACK	6
7	SR 100 FREE	8
9	9-10 100 FREE	10
11	SR 200 FLY	12
13	9-10 50 FLY	14
15	SR 100 BREAST	16
17	9-10 100 BREAST	18
19	SR 200 FREE	20
21	9-10 200 FREE	22
23	SR 400 IM	24
SESSION 3		
		Q Time
103	GIRLS 1650 Odd heats pool A Even heats pool B	21:38.89 yds 22:10.79 LC 21:31.29 SCM
Fast to slow		

SATURDAY AFTERNOON		
SESSION 4 – 13-14 GIRLS / 11-12 BOYS POOL A		
SESSION 5 – 13-14 BOYS / 11-12 GIRLS POOL B		
WARM-UP 1:30 PM START 2:30 PM		
GIRLS	EVENT	BOYS
25	11-12 100 IM	26
27	13-14 200 BACK	28
29	11-12 200 BACK	30
31	13-14 100 FREE	32
33	11-12 100 FREE	34
35	13-14 200 FLY	36
37	11-12 200 FLY	38
39	11-12 50 BACK	40
41	13-14 100 BREAST	42
43	11-12 100 BREAST	44
45	13-14 200 FREE	46
47	11-12 200 FREE	48
SESSION 6		
49	13-14 400 IM	50
51	11-12 400 IM	52
<i>The 400 IM session will start 10 mins after the 200 freE</i>		

SUNDAY MORNING		
SESSION 7 – SR BOYS / 9-10 GIRLS POOL A		
SESSION 8 – SR GIRLS / 9-10 BOYS POOL B		
WARM-UP 7:00 AM START 8:00 AM		
GIRLS	EVENT	BOYS
53	SR 100 BACK	54
55	9-10 100 BACK	56
57	SR 100 FLY	58
59	9-10 100 FLY	60
61	SR 200 IM	62
63	9-10 200 IM	64
65	SR 50 FREE	66
67	9-10 50 FREE	68
69	SR 200 BRST	70
71	9-10 50 BRST	72
73	SR 500 FREE	74
SESSION 9		
Q Time 20:21.89 yds 20:59.89 LC 20:14.79 SCM	BOYS 1650 FREE Odd heats pool A Even heats pool B	104 Fast to slow

SUNDAY AFTERNOON		
SESSION 10 – 13-14 BOYS/11-12 GIRLS POOL A		
SESSION 11 – 13-14 GIRLS/11-12 BOYS POOL B		
WARM-UP 1:30 PM START 2:30 PM		
GIRLS	EVENT	BOYS
75	11-12 100 BACK	76
77	13-14 100 BACK	78
79	11-12 100 FLY	80
81	13-14 100 FLY	82
83	11-12 200 IM	84
85	13-14 200 IM	86
87	11-12 50 FREE	88
89	13-14 50 FREE	90
91	11-12 50 FLY	92
93	11-12 50 BRST	94
95	13-14 200 BRST	96
97	11-12 200 BRST	98
SESSION 12		
99	13-14 500 FREE	100
101	11-12 500 FREE	102
<i>The 500 FR session will start 10 min after the 200 breast</i>		

ALL EVENTS ARE TIMED FINALS EVENTS

SWIMMERS MUST PROVIDE TIMERS FOR THE 1650 FREE, 500 FREE & 400 IM

JW THANKSGIVING CELEBRATION "A/BB/C" MEET
NOVEMBER 20-21, 2010

<p><u>SEEDING:</u></p>	<p>All events will be deck seeded events EXCEPT 1st event of each session will be pre-seeded</p> <p>Each Team will have a check-in sheet with all events listed for each session. <u>All check-in sheets must be turned into the computer operator 30 minutes after the start of warm up.</u> Swimmers that are present and swimming will have lines through their names. Swimmers that are being scratched will have their names circled with "SCR" next to the circle. Swimmers scratching a single event will have a line through their names and the event number circled with "SCR" next to the circle. Please use a simple line, not a scribble, so that the name can still be read.</p>
<p><u>1650 FREE</u></p>	<p>1650 will be swum in both pools, odd heats in pool A, even heats in pool B 1650 will be swum fastest to slowest.</p> <p><u>1650 FREE</u> PARTICIPATION MUST BE CONFIRMED BY 11:00 AM</p>
<p><u>HOW TO ENTER:</u></p>	<p>Swimmers may enter a maximum of 4 events per day.</p> <p><u>HY-TEK ENTRIES PREFERRED</u></p> <p><u>Entries should be submitted as an e-mail attachment addressed to:</u></p> <p>jwmeets@jerseywahoos.org SUBJECT = (YOUR TEAM) AUTUMN HARVEST ENTIERES BODY MUST INCLUDE: Team name / Number of swimmers / Number of entries ATTACHMENTS: ENTRY FILE / TM ENTRY REPORT</p> <p>Electronic data will be considered the official version of meet entries. Electronic data supersedes any information contained on teams' entry printouts with respect to resolution of errors/discrepancies.</p>
<p><u>FEES:</u></p>	<p>\$4.00/INDIVIDUAL EVENT. \$15.00 SURCHARGE/SWIMMER (IF APPLICABLE). CHECKS PAYABLE TO "JERSEY WAHOOS SWIM CLUB."</p>
<p><u>SURCHARGE:</u></p>	<p><u>\$15.00 PER SWIMMER FOR ALL MANUALLY PREPARED ENTRIES.</u> (Entries not sent using Hy-Tek software). Failure to remit payment will result in rejection of entries. Manually prepared entries (\$15.00/swimmer surcharge) should be submitted on the form attached to this announcement and transmitted as an e-mail attachment. The announcement is available from our website at (http://www.jerseywahoos.org/) and the MA Swimming website http://www.maswim.org/</p> <p>We encourage individuals to use the free TM –Lite or purchase Hy-Tek Personal Swim Manager to enter meets. TM-Lite is available for download via a link on Jersey Wahoos web page or at the Hy-Tek website.</p>
<p><u>CLOSE:</u></p>	<p>4:30 PM, FRIDAY, NOVEMBER 5, 2010.</p> <p>LATE ENTRIES WILL NOT BE ACCEPTED.</p>

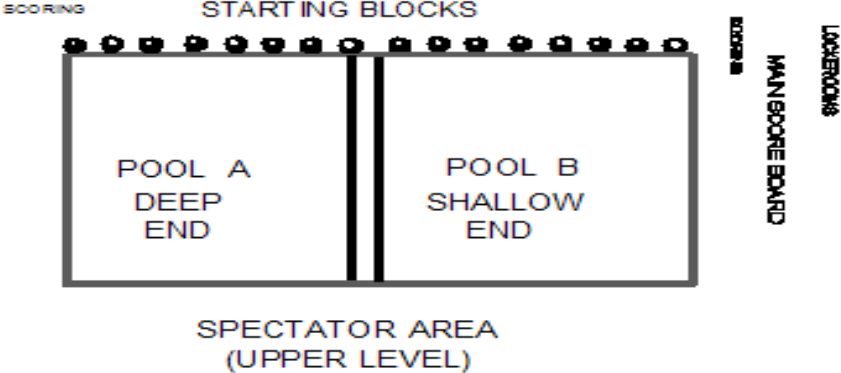
JW THANKSGIVING CELEBRATION "A/BB/C" MEET

NOVEMBER 20-21, 2010

<p><u>SEND ENTRIES & PAYMENT TO:</u></p>	<p>THANKSGIVING CELEBRATION ENTRIES COORDINATOR C/O JERSEY WAHOOS 4101 CHURCH RD MT. LAUREL, NJ 08054</p> <p>Meet Summary MUST accompany payment. <u>Payment MUST BE POSTMARKED BY SATURDAY, OCTOBER 10 , 2009</u> or entries will be rejected. No exceptions.</p>
<p><u>RULES:</u></p>	<p>Current USA and Middle Atlantic LSC rules will govern the meet. 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. USA swimming/ MA swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Only currently credentialed coaches, USA swimming registered athletes and meet personnel will be permitted on deck.</p> <p>Penalties will be imposed on swimmers (in accordance with USA/MA LSC rules) when any coach, parent, or swimmer enters a time other than a best time, for any event. Failure to swim in a deck seeded event after checking in will result in a 1-event penalty. The swimmer will not be allowed to swim in their next individual event.</p> <p>Any swimmer observed swimming under or through the bulkhead by an official or Safety monitor at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the meet referee. This Policy will be strictly enforced.</p>
<p><u>RACING START CERTIFICATION:</u></p>	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
<p><u>ON-SITE REGISTRATION:</u></p>	<p>Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2010-11 registration). This applies to all swimmers attached to a club.</p>
<p><u>INQUIRIES:</u></p>	<p>REFER QUESTIONS ABOUT THE ENTRIES AND THE MEET TO TODD BRYAN, MEET DIRECTOR AT 856/234-5898 OR E-MAIL AT jwmeets@jerseywahoos.org. This is the official contact point for meet information and entries. Meet management is not accountable for misinformation provided from any other source.</p>
<p><u>AWARDS:</u></p>	<p><u>WAHOOS WILL NOT MAIL AWARDS IF YOUR TEAM FAILS TO PICK THEM UP</u> 12/under's entered with USA "A" - Medals 1-3, Ribbons 4-6 12/under swimmers entered with USA "BB" - Rosettes 1st, Ribbons 2-6 12/under swimmers entered with USA "C" - Ribbons 1st through 6th</p>
<p><u>ADMISSION:</u></p>	<p>\$7.00 FOR ADMISSION/ PERSON</p> <p>Psych Sheet will be posted on JW website. Session programs will be posted behind the blocks & stands after seeding events. A limited number of heat sheets will be available at the admissions desk for \$3.00 after seeding the session (about 10 minutes after the start of the session)</p>
<p><u>RESULTS:</u></p>	<p>Final results will be posted on the Wahoos website and transmitted to all clubs that sent an entry via E-mail. Results will also be posted on the MA website. Results will NOT be mailed</p>

JW THANKSGIVING CELEBRATION "A/BB/C" MEET

NOVEMBER 20-21, 2010

<u>DECK ENTRIES:</u>	Deck entries may be accepted at the discretion of the meet director as non-award swims. \$8.00/event. Limited to one event/swimmer per day. Swimmers not already in the meet must present proof of current USA swimming registration. See Meet Director.		
<u>VOLUNTEERS:</u>	Free admission/refreshments will be provided to anyone who volunteers as a timer, runner, or other capacities designated by the meet director.		
<u>SWIMMERS W/OUT COACHES:</u>	Swimmers unaccompanied by a credentialed coach must report to the meet director prior to warm-ups for each session.		
<u>SPECTATORS:</u>	Seating is first come/first served. Seating on the lower deck is for use by swimmers and coaches. Spectators are prohibited from areas of the deck that are in use by coaches and officials with current USA credentials.		
<u>POOL SETUP:</u>	<p>SWIMMING POOLS HAVE BEEN DESIGNATED POOL "A" AND POOL "B". SEE THE CHART BELOW.</p>  <p>The diagram shows a rectangular pool divided into two sections. The left section is labeled 'POOL A DEEP END' and the right section is labeled 'POOL B SHALLOW END'. Above the pool, there are 'STARTING BLOCKS' and a 'SCORING' area. To the right of the pool, there is a 'MAIN SCORE BOARD' and a 'LOCKER ROOM'. Below the pool, there is a 'SPECTATOR AREA (UPPER LEVEL)'.</p>		
<u>DIRECTIONS:</u>	<p>From the south: take route 55 north to route 47. Take exit 56b/westville. Turn left at the traffic light onto Bankbridge road. Turn left at the next traffic light onto Tanyard road. The entrance to GCIT is on the left at the bottom of the hill.</p> <p>From the north and the Walt Whitman bridge: take I-295 south to route 42 south and remain in right lane. Take route 55 south to exit 56B (route 47 north/Woodbury). Turn left onto Bankbridge road at the traffic light. Turn left at the next traffic light onto Tanyard road. GCIT is on the left at the bottom of the hill.</p> <p>From the Delaware Memorial & Commodore Barry bridge: take I-295 north to exit 21 onto Delaware St. and continue through Woodbury. Turn right at traffic light onto Evergreen Ave. Turn left at next traffic light onto Egg Harbor road. Continue 3-miles to the next traffic light. GCIT is at the bottom of the hill on left.</p>		
<u>HOTELS:</u>	<p>STAYBRIDGE SUITES 4115 CHURCH RD. MT LAUREL NJ 08054 856-722-1900</p> <p>FAIRFIELD INN 350 CENTURY BLVD MT. LAUREL, NJ 856-642-0600 ASK FOR PAT</p>	<p>DAYS INN BROOKLAWN, NJ 856-456-6688</p> <p>HOJO INN BLACKWOOD, NJ 856-228-4040</p>	<p>COMFORT INN RUNNEMEDE, NJ 856-939-6700</p> <p>QUALITY INN W. DEPTFORD, NJ 856-848-4111</p>

JW THANKSGIVING CELEBRATION "A/BB/C" MEET

NOVEMBER 20-21, 2010

JERSEY WAHOOS THANKSGIVING CELEBRATION MEET ENTRY INFORMATION

TEAM: _____ SYMBOL: _____

LAST NAME: _____ FIRST NAME: _____ INITIAL: _____

BIRTHDATE: _____ USA# _____ M/F: _____

EVENT #	EVENT DESCRIPTION	TIME

LAST NAME: _____ FIRST NAME: _____ INITIAL: _____

BIRTHDATE: _____ USA# _____ M/F: _____

EVENT #	EVENT DESCRIPTION	TIME

JW THANKSGIVING CELEBRATION "A/BB/C" MEET

NOVEMBER 20-21, 2010

MEET ENTRY SUMMARY FORM MUST ACCOMPANY PAYMENT

MEET: JW 2010 THANKSGIVING CELEBRATION

TEAM: _____ SYMBOL: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACH: _____

TEAM CONTACT: _____

TELEPHONE: _____

EMAIL: _____

CHECK THIS BOX IF ENTRY WAS E-MAILED

ENTRY FEE SUMMARY

TOTAL NUMBER OF ENTRIES: _____

MULTIPLY BY: \$4.00

SURCHARGE* (If applicable) \$ _____ (\$15.00/SWIMMER)

TOTAL ENTRY FEES: \$ _____

ATHLETE SUMMARY

NUMBER OF MALE ATHLETES: _____ ENTRIES: _____

NUMBER OF FEMALE ATHLETES: _____ ENTRIES: _____

TOTAL NUMBER OF ATHLETES: _____ TOTAL: _____

* \$15.00 PER SWIMMER FOR ALL MANUALLY PREPARED ENTRIES.

(Entries not sent using Hy-Tek software). Failure to remit payment will result in rejection of entries. We encourage individuals to use the free TM-Lite or purchase Hy-Tek Personal Swim Manager to enter meets. TM-Lite is available for download via a link on Jersey Wahos web page or at the Hy-Tek website

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

Signature of head coach or authorized team representative