

PARKLAND AQUATIC CLUB

PAAC SPLASH 14 & Under plus Mini A/BB/C Invitational Meet February 3-5, 2012

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # MA 1290 A and MA 1291 M

Revised January 25, 2012 – new warmup and start times for Friday evening and Saturday morning

LOCATION	Parkland High School Aquatic Center 2700 Cedar Crest Blvd Allentown, PA 18104
FACILITIES	The Parkland High School pool is an indoor 25 yard, 8 lane competition pool. The water depth at the starting end is 12 feet and 5 ½ feet at the turn end. The pool is equipped with non-turbulent lane markers, and a Colorado Timing system with 8 line scoreboard display. An adjacent warm-up and warm-down pool is available for swimmers. Free parking, large seating capacity, concessions stand and swim equipment vendor are available. The competition course has not been certified in accordance with 104.2.2C(4). Emergency Phone Number – Day of Meet ONLY: 484-397-4092
MEET DIRECTOR	Barb Poland: paacmeetdirector@hotmail.com 484-397-4092 (PAAC Office)
SAFETY DIRECTOR	Ed Jordan: paacswim@hotmail.com
OFFICIALS	Donna Daday is the officials coordinator: paacswim@hotmail.com
ELIGIBILITY	This meet is open to all swimmers registered with USA Swimming. Swimmer's age as of February 3, 2012 will apply for the entire meet for 9 and over swimmers. Swimmer's age as of February 4, 2012 will apply for the entire meet for 8 and under swimmers.. Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the meet director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2011-12 registration). This applies to all swimmers attached to a club. Unattached athlete registration is \$60.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Prompt notification will be made to swimmers or teams if changes impact their entries. Swimmers may swim in four individual events and 1 relay per session but not to exceed a total of 5 events/day (Sunday).
ADAPTED SWIMMING	Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition.
ORDER OF EVENTS	See attached sheet listing the order of events, event numbers, the starting times for each session and the warm-up schedule. Swimmers in the 500 Free must provide own lap counters.
WARM-UP & START TIMES	Team lane assignments, warm-up schedule, and positive check in times will be emailed and posted on maswim.org . Circle swimming only during warm-up until sprint lanes are opened. No diving is permitted during warm-up, except supervised diving in designated sprint lanes. When diving is permitted, swimmer must enter from the starting blocks and exit from the opposite end of the pool.

<p>DECK ENTRIES</p>	<p>Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$8.00 per event. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.</p> <p>Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the meet director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2011-12 registration). This applies to all swimmers attached to a club. Unattached athlete registration is \$60.</p> <p>Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups.</p>
<p>SWIMMERS WITHOUT A COACH</p>	<p>Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session.</p> <p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
<p>SEEDING</p>	<p>The 500 Free and 400 IM are Positive Check-in. All other events will be pre-seeded based on entry time.</p>
<p>HOW TO ENTER</p>	<p>Electronic entries in a Hy-Tek Team Manager entry file are preferred.</p> <p><u>Entries may be sent via e-mail.</u> Include with your entry file a Team Manager report by entry. In the body of your e-mail, provide the number of girls, boys and entries. Include contact information (name, address, phone and cell phone). Send to paacmeetdirector@hotmail.com. Send entry check separately. It must arrive by Friday January 27, 2012.</p> <p><u>Entries may be sent on a CD.</u> Include a Team Manager report by entry, the PAAC Meet Summary Form and your payment.</p> <p><u>If a Hy-Tek file is not possible,</u> entries may be sent in using the PAAC Meet Entry Form(s). As per Middle Atlantic rules, a \$15 per swimmer fee will be charged to all entries submitted on paper rather than electronically. An additional \$25 per swimmer fee will be charged to any team submitting manual entries for more than 5 swimmers. We have information on the final page of this meet information about a Hy-tek product that is FREE (TM –Lite). This product will assist you in completing your electronic entry.</p> <p>A completed Meet Summary Sheet MUST accompany each team's entry.</p> <p>Times must be submitted in the course in which they were achieved, non-conforming times will be seeded according to USA Swimming rules. Swimmers without a valid USS time in an event must be submitted as a "NT" in that event.</p>
<p>ENTRY FEES</p>	<p>Entry fee is \$4.00 per individual event and \$8.00 for a relay. There is a \$15 per swimmer surcharge for any entry not submitted electronically. There is a \$25 per swimmer surcharge for submission of 5 or more swimmers on a manual entry.</p>
<p>SEND ENTRIES TO</p>	<p>paacmeetdirector@hotmail.com</p> <p>Make entry fee payable to PAAC. Send entries to:</p> <p>Parkland Aquatic Club (PAAC) # 1 Tekpark / Suite 120 9999 Hamilton Boulevard Breinigsville, PA 18031 <u>Request signature waiver for UPS, Fed Ex or Express Mail.</u></p>
<p>ENTRY DEADLINE</p>	<p>Entries must be received no later than Wednesday, January 25, 2012 at 6:00 PM. No late entries will be accepted.</p>

<p>RULES</p>	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. This meet will be conducted using the Whistle command and No-Recall False Start procedures. Any swimmer observed swimming under or through the Bulkhead by an Official or Safety Monitor at the Meet will be disqualified from that swimmer's next Individual Event or from the remainder of the Meet, as determined by the Meet Referee. This policy will be strictly enforced. Entries submitted must be swimmer's best verifiable USA Swimming time. Entry of time other than swimmer's best for any event may result in the swimmer's suspension from competition for a minimum of 3 months, but not more than 1 year. Any swimmer who is positively checked in for an event, and then does not swim that event, will be scratched from their next individual event. 'Fly-over' starts will be used at this meet for the 9 & Over sessions. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>Whistle command, supplemented with verbal commands, will be used for the 8 & Under sessions. All 25 yard events will start from the bulkhead.</p>
<p>SCORING & AWARDS</p>	<p>Award levels determined by entry time.</p> <p>9-14 swimmers: This meet will be scored at each level: A, BB and C for each event. The top eight times in each level will receive awards. 'A' individual entries: medals 1st - 3rd, ribbons 4th - 8th 'BB' individual entries: rosettes 1st - 3rd, ribbons 4th - 8th 'C' individual entries: ribbons 1st - 8th Relays entries: medals to 1st, ribbons 2nd & 3rd</p> <p>8 & under swimmers: Individual Events: 1st - 3rd, large rosettes; 4th through 12th, ribbons Relays: 1st to 3rd ribbons</p>
<p>PROGRAMS & ADMISSION</p>	<p>Heat sheets will be available for \$3/session. No admission fee is charged. A free heat sheet will be given to non-PAAC volunteers, if the meet director requests help in running the meet.</p>
<p>RESULTS</p>	<p>Results will be posted on the Middle Atlantic website at www.maswim.org.</p>
<p>DIRECTIONS</p>	<p>From the PA turnpike, Exit 56, take Route 22 east, exit onto Cedar Crest Blvd north. Travel north on Cedar Crest Blvd for approximately 1.9 miles. Parkland High School is on the left. The pool is on the left hand side of the complex. Park in the parking lot in front of the school, closest to the Athletics door. Walk through the Athletics entrance to admissions. Follow the signs inside the school.</p>
<p>ACCOMODATIONS</p>	<p>PAAC Preferred Hotels:</p> <p>Holiday Inn Conference Center 7736 Adrienne Drive Breinigsville, PA 18031 610-391-1000 www.hilehighvalley.com</p> <p>Courtyard by Marriott 2160 Motel Drive Bethlehem, PA 18018 610-317-6200</p> <hr/> <p>Other area hotels:</p> <p>Allentown Comfort Suites 3712 Hamilton Boulevard Allentown, PA 18103 610-437-9100/Sharon Dickinson, General Manager</p>

	<p>Hawthorn Suites By Wyndham Hotels 7720 Main St.& I-78 @ Exit 49-B Fogelsville/Allentown , PA 18051 Hotel phone 610.366.9422 Hotel Fax 610.366.9445 www.hawthorn.com. Group rates available. Mention Parkland Aquatic Club when booking. All accommodations are mini suites.</p>
CANCELLATION DUE TO BAD WEATHER	<p>In case of delays or cancellation due to bad weather, check the PAAC website www.paacswim.com or call the PAAC office at 484-397-4092.</p>

PAAC Splash 14 & Under Plus Mini Invitational Swim Meet

All events are timed finals

Friday Evening - February 3, 2012

6:00PM (Warm up 5:00PM) UPDATED 6:30PM (Warm up 5:30PM)

Positive Check-in required for the 500Free. Check-in time will be verified by email.

GIRLS NUMBER	EVENT		BOYS NUMBER
1	11 to 14	400 YARD FREESTYLE RELAY	2
3	11 & 12	200 YARD INDIVIDUAL MEDLEY	4
5	9 & 10	200 YARD INDIVIDUAL MEDLEY	6
7	13 & 14	100 YARD BREAST	8
9	11 & 12	50 YARD BREAST	10
11	9 & 10	50 YARD BREAST	12
13	13 & 14	100 YARD FLY	14
15	9 to 12	200 YARD FLY	16
17	13 & 14	100 YARD BACK	18
19	11 & 12	50 YARD BACK	20
21	9 & 10	50 YARD BACK	22
23	9 to 14	500 YARD FREESTYLE	24

Saturday Morning - February 4, 2012 8:00AM (Warm up 7:00AM) UPDATED 4:00PM (Warm up 3:00pm)

GIRLS NUMBER	EVENT		BOYS NUMBER
25	9 & 10	100 YARD FREE	26
27	11 & 12	100 YARD FREE	28
29	13 & 14	100 YARD FREE	30
31	9 to 12	200 YARD BACK	32
33	13 & 14	200 YARD BACK	34
35	9 & 10	50 YARD FLY	36
37	11 & 12	50 YARD FLY	38
39	13 & 14	200 YARD FLY	40
41	9 & 10	100 YARD BREAST	42
43	11 & 12	100 YARD BREAST	44
45	13 & 14	200 YARD INDIVIDUAL MEDLEY	46
47	9 & 10	100 YARD INDIVIDUAL MEDLEY	48
49	11 & 12	100 YARD INDIVIDUAL MEDLEY	50
51	11 to 14	400 YARD MEDLEY RELAY	52
53	9 & 10	200 YARD MEDLEY RELAY	54

MINI SESSION

Saturday Afternoon – February 4, 2012

12:30PM (Warm up 12:00PM)

GIRLS NUMBER	EVENT		BOYS NUMBER
55	8 & UNDER	100 YARD FREE	56
57	8 & UNDER	100 YARD INDIVIDUAL MEDLEY	58
59	8 & UNDER	25 YARD BREAST	60
61	8 & UNDER	50 YARD BACK	62
63	8 & UNDER	25 YARD FLY	64
65	8 & UNDER	50 YARD FREE	66
67	8 & UNDER	200 YARD FREE	68
69	8 & UNDER	50 YARD BREAST	70
71	8 & UNDER	25 YARD BACK	72
73	8 & UNDER	50 YARD FLY	74
75	8 & UNDER	25 YARD FREE	76
77	8 & UNDER	200 YARD INDIVIDUAL MEDLEY	78
79	8 & UNDER	100 YARD FREESTYLE RELAY	80

Sunday Morning - February 5, 2012

8:00AM (Warm up 7:00AM)

Positive Check-in required for the 400 IM. Check-in time will be verified by email.

<u>GIRLS NUMBER</u>		<u>EVENT</u>		<u>BOYS NUMBER</u>
81	9 & 10	200 YARD	FREE	82
83	11 & 12	200 YARD	FREE	84
85	13 & 14	200 YARD	FREE	86
87	9 & 10	100 YARD	BACK	88
89	11 & 12	100 YARD	BACK	90
91	13 & 14	200 YARD	BREAST	92
93	9 to 12	200 YARD	BREAST	94
95	11 & 12	100 YARD	FLY	96
97	9 & 10	100 YARD	FLY	98
99	13 & 14	50 YARD	FREE	100
101	11 & 12	50 YARD	FREE	102
103	9 & 10	50 YARD	FREE	104
105	9 to 14	400 YARD	INDIVIDUAL MEDLY	106
107	9 & 10	200 YARD	FREE RELAY	108

2012 PAAC Splash 14 & Under plus Mini Invitational Summary Form

Team Name: _____ Team Code: _____

Head Coach: _____

Team Contact: _____ Phone Number: _____

Team E-Mail Address: _____

Team Mailing Address: _____

City: _____

State: _____ ZIP: _____

Mail Entries: Parkland Aquatic Club (PAAC) 484-397-4092
 # 1 Tekpark / Suite 120
 9999 Hamilton Boulevard
 Breinigsville, PA 18031 paacmeetdirector@hotmail.com

Teams using Hy-Tek's Team Manager are asked to submit an entry file on a CD or via e-mail along with a Team Manager report of meet entries:

Entry Deadline: Received by 6:00 p.m. January 25, 2012.
Please make checks payable to: PAAC

Entries Summary

	Number of Entries	Cost per Entry	Amount
Individual Entries		\$4.00	
Relay Entries		\$8.00	
Surcharge 1*	-----	\$15.00	
Surcharge 2**	-----	\$25.00	
		TOTAL	

*There is a \$15 per swimmer surcharge for submission of manual entry.

**There is a \$25 per swimmer surcharge for submission of 5 or more swimmers on a manual entry.

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

 Signature of head coach or authorized team representative

This form must accompany the official entry blanks.

PAAC Individual Entry Form

2012 PAAC Splash

Team Code: _____

Team Name: _____

Friday

Swimmers Name	DOB	USS ID	Event/Time	Event/Time	Event/Time	Event/Time

Sunday

Swimmers Name	DOB	USS ID	Event/Time	Event/Time	Event/Time	Event/Time

Individual Events _____ @ \$4.00= _____ = \$ _____

TEAM MANAGER Lite is basically **TEAM MANAGER** with the following features enabled:

- * Standard Set-Up and Options Features
- * Enter Teams, Athletes, Relays, Meets and Browsers
- * Specifying Meet Entry Custom Times by Event or by Name
- * Import of Meet Events from a MEET MANAGER Database
- * Export of Meet Entries to send to the meet host by diskette or over the Internet
- * Meet Entry Report

Please note that TM Lite is supported only by email.

To input entries you will need Hy-Tek's Team Manager Lite installed on your computer. Download TM Lite by clicking on the following link or copying it and pasting it into your browser <http://www.hytekltd.com/downloads.html> Then from the Hy-Tek web page double click the **Lite** option (illustrated below) and install it on your computer. If you need further assistance, please contact the meet director for detailed instructions.

Swimming

- **TEAM MANAGER: Please Note** that the TM 5.0 FREE Service Pack is not available for TM 2.1, TM 3.0, or TM 4.0 Customers. [Click Here](#) for information about upgrading to TM 5.0.
- **MEET MANAGER: Please Note** that the MM 2.0 FREE Service Pack is not available for MM 1.4 Customers. [Click Here](#) for information about upgrading to MM 2.0.

TEAM MANAGER 5.0	Update	User Guide	Getting Started	Lite
MEET MANAGER 2.0	Update	User Guide	Getting Started	Demo
Sports BUSINESS MANAGER 5.1	Update	User Guide	Getting Started	Demo
Personal SWIM MANAGER 2.1	Update	User Guide	N/A	Demo
TM 4.0Sm - Not supported by HY-TEK	Update	N/A	N/A	N/A
MM 1.4Qe - Not supported by HY-TEK	Update	N/A	N/A	N/A

Track and Field

- **TEAM MANAGER: Please Note** that the Track TM 2.0 FREE Service Pack is not available for Track TM 1.2 Customers. [Click Here](#) for information about upgrading to the Track TM 2.0 CD.
- **MEET MANAGER: Please Note** that the Track MM 2.0 FREE Service Pack is not available for Track MM 1.2 Customers. [Click Here](#) for information about upgrading to the Track MM 2.0 CD.

TEAM MANAGER 2.0	Update	User Guide	Getting Started	Lite
MEET MANAGER 2.0	Update	User Guide	Getting Started	Demo
TM 1.2Kd - Not supported by HY-TEK	Update	N/A	N/A	N/A
MM 1.2Lb - Not supported by HY-TEK	Update	N/A	N/A	N/A

[Swimming Time Standard and Record Files](#)