

EMMAUS AQUATIC CLUB

PENTATHLON TROPHY CHALLENGE

DEDICATED TO MATT KUSH & TOMMY GRAY

SATURDAY, OCTOBER 15, 2011

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc. Sanction # MA 1253 A

IMPORTANT ENTRY INFORMATION (please read)

- ✓ **SWIMMERS MUST ENTER ALL 5 EVENTS IN THEIR DIVISION. THE ENTRY FEE FOR THE MEET IS \$20.**
- ✓ **THERE IS AN OPTION TO ENTER LONGER DISTANCE EVENTS, HOWEVER, THIS DIVISION IS SCORED WITH ALL AGES IN THAT PARTICULAR SESSION (I.E. 12/UNDER, OR 13/OVER).**
- ✓ **YOU MUST ENTER ALL 5 EVENTS AT THE SHORTER DISTANCE, OR ALL 5 EVENTS AT THE LONGER DISTANCE. YOU MAY NOT MIX SHORTER AND LONGER EVENTS.**
- ✓ **A QUICK CHECK TO MAKE CERTAIN YOU ENTERED YOUR SWIMMER IN THE CORRECT EVENTS..EVENT NUMBERS SHOULD ALL BE IN INCREMENTS OF 10 (I.E. A GIRL ENTERED IN EVENT #5, SHOULD ALSO BE IN #'S 15, 25, 35,AND 45).**
- ✓ **THE TOP 3 SWIMMERS IN EACH DIVISION WILL RECEIVE A TROPHY. TOTAL TIME (ADDING THE TIME OF ALL 5 EVENTS) WILL BE USED TO DETERMINE THE TOP 3 IN EACH DIVISION.**
- ✓ **A DISQUALIFICATION, OR NO SHOW IN ANY EVENT MAKES A SWIMMER INELIGIBLE TO BE PLACED IN THE FINAL SCORING.**
- ✓ **DEPENDING ON ENTRIES RECEIVED, SINGLE AGE EVENTS MAY BE SWUM COMBINED, BUT WILL STILL BE SCORED SEPARATELY.**

LOCATION	Emmaus High School Natatorium 500 Macungie Ave. Emmaus, PA 18049 Day of meet ONLY emergency phone #610-780-7587
FACILITIES	6 Lane, 25 Yd. Indoor Pool, Entry Depth 12 Feet, Turning Depth 4 Feet, Anti-Wave Lane Lines, Colorado Timing System, Paragon Starting Platforms, Ht-Tek Software, Spectator seating is separate balcony seating for 450, Parking capacity 1000, Snack Bar will be available. <i>The competition course has not been certified in accordance with 104.2.2C(4).</i>
MEET DIRECTOR	John Kline/ Jon Larson, emacmeetentry@gmail.com
SAFETY DIRECTOR	John Kline 610-965-5800
OFFICIALS	Officials Coordinator: Kelly Woltornist, awoltorn@ptd.net
ELIGIBILITY	Open to any swimmers 9 & older currently registered with USA Swimming for 2011 or 2012. Swimmer's age is as of 10/15/11. Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
ENTRY LIMITATIONS	Swimmer must enter all five (5) events (1 of each stroke, and the individual medley). The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform with Middle Atlantic rules. Swimmers/Teams eliminated from the meet due to time or space constraints will be given a refund.

ORDER OF EVENTS	Please see attached order of events. All events are pre-seeded timed finals.
WARM-UP & START TIMES	Warm ups for the morning session (12/under will be from 8:00-9:00am. Warm up for the afternoon session (13/over) will be from 12:45 – 2:00pm No diving during warm-ups, except limited diving in announced sprint lanes. When diving is permitted the swimmer must enter from the starting blocks and exit from the opposite end of the pool. All entries must be feet-first other than mentioned above.
DECK ENTRIES	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of the meet at the cost of \$40.00 for all five events. Swimmers not already entered in the meet must provide proof of USA Swimming registration. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the MD before or during warm-ups. <i>Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2011-12 registration). This applies to all swimmers attached to a club.</i>
SWIMMERS WITHOUT A COACH	Swimmers unaccompanied by a credentialed coach should report to the Meet Director before warm-ups. <i>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</i>
SEEDING	All events are pre-seeded timed finals.
HOW TO ENTER	Entries must be submitted using Hy-Tek software, and must be submitted in the course in which they were achieved. Supporting paperwork and recap sheet must accompany all entries. Non-electronic entries must be on enclosed entry forms.
ENTRY FEES	\$20.00 for all 5 events. Swimmers must enter all five (5) events in their age group. You may not enter individual events. A \$15 surcharged is levied against those who do not use an electronic file for entry.
SEND ENTRIES TO	Mail entries to EMAC, 2546 Millrace Road, Emmaus, PA 18049. Phone 610-965-5800, Fax 610-965-7704. Entries may be emailed to: emacmeetentry@gmail.com . Make checks payable to Emmaus Aquatic Club
ENTRY DEADLINE	Wednesday, October 5, 2011 by 6:00 PM. Entries received after the deadline will be accepted if the timeline permits and is subject to double the regular entry fee = \$40 for all 5 events.
RULES	This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. This meet will be conducted using the Whistle command and No-Recall False Start procedures. We will be using "Fly-over" starting procedures at this meet. All swimmers (except backstroke starts) should remain in the water at the completion of their race until the next heat has begun. Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension.
SCORING & AWARDS	Trophies are awarded to the top three swimmers in each division. Total time of adding all 5 events will determine the top three in each division. No awards are given for individual events.

PROGRAMS & ADMISSION	Admission: \$3.00 per spectator; Children under 5 yrs. admitted free. Volunteer workers admitted free. Programs \$3.00
RESULTS	Results will be posted on the Middle Atlantic website www.maswim.org and on the EMAC website www.emacswim.org
DIRECTIONS	From South or North – N.E. Extension of the turnpike to the Lehigh Valley exit, Route 22 East or West to 309 South to Cedar Crest Blvd. Turn right at bottom of ramp; stay on Cedar Crest approx. 4 miles, high school football stadium will be on left, turn left onto North St. Use entrance located near the tennis courts, the words “Sports Center” are directly above these doors.
ACCOMODATIONS	Holiday Inn Conference Center - Fogelsville 7736 Adrienne Drive Allentown, PA 18031 (610) 391-1000

Girls	Saturday AM Session – Starts 9:00am NOTE: swimmers must enter all 5 events offered in their division,. The color coding should be the same for all 5 events.	Boys
1	9 yo 50 Free	2
3	10 yo 50 Free	4
5	11 yo 50 Free	6
7	12 yo 50 Free	8
9	12/under 100 Free	10
11	9 yo 50 Fly	12
13	10 yo 50 Fly	14
15	11 yo 50 Fly	16
17	12 yo 50 Fly	18
19	12/under 100 Fly	20
21	9 yo 50 Back	22
23	10 yo 50 Back	24
25	11 yo 50 Back	26
27	12 yo 50 Back	28
29	12/under 100 back	30
31	9 yo 50 Breast	32
33	10 yo 50 Breast	34
35	11 yo 50 Breast	36
37	12 yo 50 Breast	38
39	12/under 100 Breast	40
41	9 yo 100 Indiv. Medley	42
43	10 yo 100 Indiv. Medley	44
45	11 yo 100 Indiv. Medley	46
47	12 yo 100 Indiv. Medley	48
49	12/under 200 Indiv. IM	50

Girls	Saturday PM Session – Starts 2:00pm NOTE: swimmers must enter all 5 events offered in their division,. The color coding should be the same for all 5 events.	Boys
51	13 yo 100 Free	52
53	14 yo 100 Free	54
55	15 yo 100 Free	56
57	16 & Over 100 Free	58
59	13/over 200 Free	60
61	13 yo 100 Fly	62
63	14 yo 100 Fly	64
65	15 yo 100 Fly	66
67	16 & Over 100 Fly	68
69	13/over 200 Fly	70
71	13 yo 100 Back	72
73	14 yo 100 Back	74
75	15 yo 100 Back	76
77	16 & Over 100 Back	78
79	13/over 200 Back	80
81	13 yo 100 Breast	82
83	14 yo 100 Breast	84
85	15 yo 100 Breast	86
87	16 & Over 100 Breast	88
89	13/over 200 Breast	90
91	13 yo 200 Indiv. Medley	92
93	14 yo 200 Indiv. Medley	94
95	15 yo 200 Indiv. Medley	96
97	16 & Over 200 Indiv. Medley	98
99	13/over 400 Indiv. Medley	100

EMMAUS AQUATIC CLUB – TROPHY PENTATHLON

OCTOBER 15, 2011
MEET SUMMARY SHEET

This form MUST accompany team entries.

Team Name _____ Team Code _____

Head Coach _____

Coach or Club
Address _____

City/State/Zip _____

Phone _____ Email _____

Person to contact for questions concerning entries, fees, etc. This person is responsible for receiving messages about any changes to meet times, format, etc.

Name _____

Phone _____ E-mail _____

Mail Entries to: EMAC
2546 Millrace Road,
Emmaus, PA 18049

Entry Deadline: Wednesday, October 5, 2011 No late entries accepted!

Please make checks payable to EMAC.

Entry Fees: _____ Swimmers @ \$20.00/ swimmer \$ _____

Manual Processing Fee \$15.00 per swimmer
for non-disk entries \$ _____

Total \$ _____

**I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH
USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES
RECORDED.**

