



UPPER DUBLIN AQUATIC CLUB

PRESENTS

CLOSED INVITE A/BB/C SWIM MEET

February 11 & 12, 2012

Held under the Sanction of USA Swimming

Sanctioned by Middle Atlantic Swimming, Inc. MA 1236 CI

LOCATION	Upper Dublin High School (UDHS), 800 Loch Alsh Avenue, Fort Washington, PA 19034 Google Map . Approximately 20 min from King of Prussia, 30 min from Philadelphia; 50 min from Wilmington, DE; 50 min. from Cherry Hill, NJ; 2 hrs from Harrisburg; 5 hrs from Pittsburgh.
FACILITIES	Upper Dublin High School Natatorium. New (2010) 40 yd, 10-lane Wallover-designed pool with moveable Stark bulkhead, non-turbulent Competitive lane lines, Colorado Timing System with 10-lane display. Water depth is 13 feet at the start end and is 7 feet at the turn end. 5-lane 25-yard warm-up/warm-down area available throughout competition. The competition course has not been certified in accordance with 104.2.2C(4). Balcony seating for approximately 400 spectators with elevator access. Food concession available in lobby (no food allowed in balcony). Parking in lots surrounding Upper Dublin High School Athletic Complex and Upper Dublin Township Building Site and Parking Information .
MEET DIRECTOR	Brian McMillin bjmcmillin@verizon.net 610-287-3515 125 Markley Road, Schwenksville, PA 19473 Please direct all questions to the Meet Director.
SAFETY DIRECTOR	Jeff Hyde jwhyde50@yahoo.com w: 215-591-0575 c: 267-808-9766 904 Davis Road, Lower Gwynedd, PA 19002 Meet day only pool emergency phone number: 215-643-8900 ext. 2283
OFFICIALS	All USA Swimming Certified Officials and Trainees are invited to work the meet. Anyone interested in helping with the meet should contact Jeff Hyde jwhyde50@yahoo.com Office: 215-591-0575 Cell: 267-808-9766

ELIGIBILITY	<p>The Meet Director will accept entries until the meet fills.</p> <p>This meet is open to all 9 and over swimmers from invited teams, registered with USA Swimming for 2012. Swimmers age as of February 11, 2012 will apply for the entire meet. The 2012 USA Swimming rules will apply.</p> <p>Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2011-2012 registration). This applies to all swimmers attached to a club.</p> <p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>																										
ENTRY LIMITATIONS	<p>The meet director reserves the right to change the meet format if necessary to conduct each meet session in a four-hour time span. If the meet should fill, all unprocessed entries will be returned with a full refund.</p> <p>Swimmers may enter a maximum of four (4) events per day. The 500 free and 400 IM do not count toward this limitation.</p> <p>'Fly-over' starts will be used at this meet. All swimmers (except for backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p>																										
WARM-UP & START TIMES QUALIFYING TIMES	<p>Warm-up times and lanes will be assigned. Sprint and pace lanes will be assigned during warm-ups. 5-lane 25-yard warm-up/warm-down area available throughout meet.</p> <p>We will follow USA swimming and MA Swimming policies and procedures for warm-up.</p> <p>Dates and times:</p> <table data-bbox="487 1165 1429 1423"> <tr> <td rowspan="3">Sat, Feb 11th</td> <td>Session 1</td> <td>Warm-up</td> <td>12:00 PM</td> <td>Meet starts 12:30 PM</td> </tr> <tr> <td>Session 2</td> <td>Warm-up</td> <td>2:00 PM</td> <td>Meet starts 2:15 PM</td> </tr> <tr> <td>Session 3</td> <td>Warm-up</td> <td>3:00 PM</td> <td>Meet starts 3:30 PM</td> </tr> <tr> <td rowspan="3">Sun, Feb 12th</td> <td>Session 4</td> <td>Warm-up</td> <td>8:30 AM</td> <td>Meet starts 9:00 AM</td> </tr> <tr> <td>Session 5</td> <td>Warm-up</td> <td>10:30 AM</td> <td>Meet starts 10:45 AM</td> </tr> <tr> <td>Session 6</td> <td>Warm-up</td> <td>11:30 PM</td> <td>Meet starts 12:00 PM</td> </tr> </table>	Sat, Feb 11 th	Session 1	Warm-up	12:00 PM	Meet starts 12:30 PM	Session 2	Warm-up	2:00 PM	Meet starts 2:15 PM	Session 3	Warm-up	3:00 PM	Meet starts 3:30 PM	Sun, Feb 12 th	Session 4	Warm-up	8:30 AM	Meet starts 9:00 AM	Session 5	Warm-up	10:30 AM	Meet starts 10:45 AM	Session 6	Warm-up	11:30 PM	Meet starts 12:00 PM
Sat, Feb 11 th	Session 1		Warm-up	12:00 PM	Meet starts 12:30 PM																						
	Session 2		Warm-up	2:00 PM	Meet starts 2:15 PM																						
	Session 3	Warm-up	3:00 PM	Meet starts 3:30 PM																							
Sun, Feb 12 th	Session 4	Warm-up	8:30 AM	Meet starts 9:00 AM																							
	Session 5	Warm-up	10:30 AM	Meet starts 10:45 AM																							
	Session 6	Warm-up	11:30 PM	Meet starts 12:00 PM																							
DECK ENTRIES /TIME TRIALS	<p>Deck entries, if time permits, are \$8.00 per event for swimmers. Please see the Meet Director for deck entries. Deck entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. Swimmers not already entered in the meet must provide proof current of USA Swimming registration.</p>																										
SWIMMERS WITHOUT A COACH	<p>Swimmers without a coach should report to the meet director before the warm-up of each session. A coach will be designated for all unattached athletes.</p>																										
SEEDING	<p>All events are pre-seeded except the 500 free (events 11-12) and the 400 IM (events 43-44), which will be deck-seeded and require positive check-in. Positive Check-in for these events will close at the beginning of warm-ups. The MA Scratch policy for deck seeded events will be enforced as stated below under Rules.</p>																										

HOW TO ENTER	<p>Electronic entries (Hy-Tek Team Manager) entry file are preferred.</p> <p>Entries may be sent via e-mail to the meet director. Include with your entry file a Team Manager report by entry (saved in Word for Windows format). In the body of your e-mail, provide the number of girls, boys and entries. Include contact information (name, address, phone and cell phone).</p> <p>Swimmers failing to enter best times will result in MA Swimming imposed penalties.</p> <p>Entries and fees must be accompanied by the MASTER ENTRY FORMS with hard copy print out. No entries will be processed until fees are received. No entries will be accepted if they do not have the hard copy print out.</p> <p>We request each club remit <u>ONE</u> check made payable to "UDAC" to cover team entry fees.</p> <p>Email entries supersede all other forms of entry.</p>
ENTRY FEES	Entry fees are \$4.00 per individual event.
SEND ENTRIES TO	<p>Brian McMillin bjmcmillin@verizon.net 610-287-3515 125 Markley Road, Schwenksville, PA 19473</p> <p>Request signature waiver if needed.</p>
ENTRY DEADLINE	<p>Last day to submit entries February 3, 2012. No late entries will be accepted.</p> <p>As per Middle Atlantic Swimming Rules, a \$15 per swimmer fee will be charged to all entries submitted on paper rather than electronically.</p> <p>All clubs are encouraged to enter electronically, regardless of the number of swimmers entered. If this is not possible, the official entry form must be used. If entering more than five (5) swimmers (per Club) on this form, a processing fee of \$15.00 per swimmer must be included.</p> <p>A download of Team Manager Lite is available here http://www.hy-tekLtd.com/downloads.html</p> <p>Instructions are here http://maswim.org/0910/TM Lite Instructions.pdf</p>
RULES	<p>USA Swimming / Middle Atlantic Swimming rules shall apply. USA Swimming / MA Swimming safety guidelines and warm-up procedures will be in effect for the entire meet.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on the pool deck. This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>MA Swimming Scratch Policy for Deck Seeded Events: any swimmer who has positively checked in for a deck seeded event and then does not swim that event will be barred from swimming the next individual event in which the swimmer is entered, whether on the same or later meet day.</p> <p>Any swimmer observed swimming under or through the bulkhead by an official or Safety Monitor at the Meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be strictly enforced.</p>

SCORING & AWARDS	Awards to be given to 12 and under swimmers only. Award levels will be determined by entry times. “A” Awards: Medals 1st-3rd Ribbons 4th-6th “BB” Awards: Rosettes 1st-3rd Ribbons 4th-6th “C” Awards: Ribbons 1st-6 th Fun prizes for Hot Heats (one per event) All awards must be picked up by the end of the meet. Awards will not be available after the last day of the meet.
PROGRAMS & ADMISSION	\$5 per session, includes heat sheet
RESULTS	Results will be posted on the Middle Atlantic Swimming website, www.maswim.org .

DIRECTIONS	PA Turnpike to exit 339 (Fort Washington). After toll, bear right onto Route 309 North to the first exit (Highland Avenue) and bear right. Immediately make a left at the first traffic light onto Fort Washington Avenue past Fort Washington Elementary and athletic fields. Turn left onto Loch Alsh Ave, past UDHS on right, and turn right on Spark Drive. UDHS Athletic Complex will be on your right. Site and Parking Information
ACCOMODATIONS	<p>Lodging in Fort Washington: Best Western, 285 Commerce Drive, Ft. Washington 215-542-7930 Hilton Garden Inn, 530 Pennsylvania Ave., Ft. Washington 215-646-4637 Holiday Inn, 432 Pennsylvania Ave., Ft. Washington 215-643-3000</p> <p>Lodging in surrounding area: Courtyard Marriott, 2350 Easton Road Route 611, Willow Grove, 215-830-0550 Residence Inn Marriott, 3 Walnut Grove Drive, Horsham, 215-443-7330 Philadelphia Marriott West, 111 Crawford Ave., W. Conshohocken, 610-941-5600 Residence Inn Marriott, 191 Washington St., Conshohocken, 610-828-8800 Courtyard Marriott, 651 Fountain Rd., Plymouth Meeting, 610-238-0695 Spring Hill Suites, 430 Plymouth Rd., Plymouth Meeting, 610-940-0400 Comfort Inn, 678 Bethlehem Pike, Montgomeryville, 215-361-3600 Joseph Ambler Inn, 1005 Horsham Rd., North Wales, 215-362-7500</p> <p>Restaurants: Cantina Feliz, 424 South Bethlehem Pike, Fort Washington 215-646-1320 Fireside Bar and Grill, 1211 S. Bethlehem Pike, Ft. Washington 215-643-6540 Friendly's Restaurant, 325 Pennsylvania Ave. Ft. Washington 215-646-1944 From The Boot, 110 East Butler Avenue, Ambler 610-834-8680 KC's Alley, 10 West Butler Pike, Ambler 215-628-3300 MaGerks Pub & Grill, 582 South Bethlehem Pike, Fort Washington 215-948-3329 Mama's Pizza, 1704 Susquehanna Road., Dresher, 215-540-8280 Maple Glen Pizza, 641 Welsh Road, maple Glen 215-542-7720 Nick's Pizza, Dreshertown Plaza, 1650 Limekiln Pike, Dresher, 215- 628-3775 Jade Garden, 1650 Limekiln Pike, Dresher 215-542-3890 Jarrettown Hotel , 1425 Limekiln Pike, Dresher 215.654.6880 Luciani's Pizza, 471 Commerce Drive, Fort Washington, 215-643-3433 Saladworks, Dreshertown Plaza, 1650 Limekiln Pike, Dresher 215-654-7500 Subway, 285 Commerce Drive, Ft. Washington, 215-643-5560 Little Italy Pizza, 416 S. Bethlehem Pike, Ft. Washington 215-628-3845 Rich's Deli, 430 S. Bethlehem Pike, Ft. Washington 215-646-9860 Toner's Beef & Ale Tavern, 101 E. Pennsylvania Ave., Ft. Washington 215-646-5655 Umami Umami, 1708 Limekiln Pike, Dresher 215-542-6993 Wawa Food Market, 582 S. Bethlehem Pike, Ft. Washington 215-646-2972 West Ave Grille, 1650 Limekiln Pike, Dresher 215-367-5428 Zakes Café, 444 S Bethlehem Pike, Fort Washington 215-654-7600</p>

SESSION #1 Saturday Afternoon – Feb 11 th , 2011 (Warm-up 12:00 PM; Start 12:30 PM)	Women's	Event Description	Men's
	1	13-14 200 Back	2
	3	13-14 100 Breast	4
	5	13-14 200 Fly	6
	7	13-14 200 IM	8
	9	13-14 100 Free	10

SESSION #2 * Saturday Mid-Day – Feb 11 th , 2011 (Warm-up 2:00 PM; Start 2:15 PM)	Women's	Event Description	Men's
	11	9-14 500 Free	12
<i>* events 11-12 will be deck seeded</i>			

SESSION #3 Saturday Afternoon – Feb 11 th , 2011 (Warm-up 3:00 PM; Start 3:30 PM)	Women's	Event Description	Men's
	13	9-10 200 IM	14
	15	11-12 200 IM	16
	17	9-10 50 Back	18
	19	11-12 50 Back	20
	21	9-10 100 Fly	22
	23	11-12 100 Fly	24
	25	9-10 50 Breast	26
	27	11-12 50 Breast	28
	29	9-10 100 Free	30
31	11-12 100 Free	32	

SESSION #4 Sunday Morning – Feb 12 th , 2011 (Warm-up 8:30 AM; Start 9:00 AM)	Women's	Event Description	Men's
	33	13-14 200 Free	34
	35	13-14 100 Fly	36
	37	13-14 100 Back	38
	39	13-14 200 Breast	40
41	13-14 50 Free	42	

SESSION #5 * Sunday Mid-Day – Feb 12 th , 2011 (Warm-up 10:30 AM; Start 10:45 AM)	Women's	Event Description	Men's
	43	9-14 400 IM	44
<i>* events 45-46 will be deck seeded</i>			

SESSION #6 Sunday Afternoon – Feb 12 th , 2011 (Warm-up 11:30 AM; Start 12:00 PM)	Women's	Event Description	Men's
	45	9-10 200 Free	46
	47	11-12 200 Free	48
	49	9-10 50 Fly	50
	51	11-12 50 Fly	52
	53	9-10 100 Back	54
	55	11-12 100 Back	56
	57	9-10 100 Breast	58
	59	11-12 100 Breast	60
	61	9-10 50 Free	62
63	11-12 50 Free	64	

UDAC CLOSED INVITE - FEB 11 & 12, 2012

FINANCIAL SUMMARY

ENTRIES WILL NOT BE PROCESSED
WITHOUT THE FOLLOWING INFORMATION

Team Name: _____ Team Code: _____

Head Coach: _____

Coach's Address: _____

City: _____ State: _____ Zip Code: _____

Phone: Home () _____ Office () _____ e-mail: _____

Person and address designated to receive entry limitation information, if needed:

Name: _____ Phone: _____ Fax: _____

(VERY IMPORTANT) e-mail: _____

Mail Entries to: Brian McMillin 125 Markley Road, Schwenksville, PA 19473

ENTRY DEADLINE: Received by 5:00 pm, February 3, 2012

Please make check payable to UDAC, one check per club.

ENTRY FEES:

_____ Women's Individual events @ \$4.00	\$ _____
_____ Men's Individual events @ \$4.00	\$ _____
_____ Surcharge @ \$15.00 per swimmer (for non-disk entry of 5 or more swimmers only)	\$ _____
TOTAL	\$ _____

NUMBER OF SWIMMERS: 13-Over: Sat _____ Sun. _____
 12-Under: Sat _____ Sun. _____

TOTAL NUMBER OF SWIMMERS ENTERED IN MEET: _____

I attest that the athletes are currently registered with USA Swimming and that they have achieved the seed time recorded.

Signature of Head Coach or Authorized Team Representative

