



## 2005 Middle Atlantic Long Course Zone Meet Information

This year's Long Course Zone Meet will be held in Buffalo, New York on August 10-13, 2005. The meet will be held at two locations Erie Community College Flickinger Aquatic Center, 21 Oak Street, Buffalo, NY 14203 for 13 & Over and ALL finals and at the University of Buffalo Alumni Arena Pool, North Campus, Amherst, NY 14226 for 12 & Unders.

### Eligibility

All applicants must be current members of Middle Atlantic/USA Swimming. Swimmers must have participated in five Middle Atlantic meets in the two years preceding long course JO's. Swimmers having only one year of registration must participate in three Middle Atlantic meets preceding long course JO's. Entrants may not compete in events they have swum individually at Senior Nationals or USA Olympic Trials.

### Qualifying Times

All times must be in long course meters. NO CONVERSIONS are eligible for the zone meet. Times must be swum in long course meters from September 1, 2004 through July 31, 2005. NO CONSIDERATION TIMES WILL BE ACCEPTED! See the Eastern Zone time standards on the Middle Atlantic web page for qualifying times.

### Swimmer Qualifications

Any swimmer who has achieved the qualifying time is eligible to swim in the zone meet. Swimmers may swim a total of six (6) events exclusive of relays and no more than three (3) events per day. Any swimmer who does not swim their qualifying time at zones will be asked to provide proof of that time. Any swimmer failing to prove that time will be fined \$50 per event. Failure to pay that fine will result in suspension from further participation in Middle Atlantic and Zone competitions.

### Entry Deadline

The deadline to submit the Middle Atlantic swimmer entry form is **Monday, July 19, 2005 at 5:00 pm**. Send the completed entry form to: MA Swimming, LC Zone Entry, 2018 Naamans Road, Wilmington, DE 19810. All entries must be submitted on the Middle Atlantic swimmer entry form to be accepted. No entries other than those times achieved at JO's will be accepted after the July 19<sup>th</sup> deadline. For those swimmers who already entered but achieved new qualifying times or faster times at JO's they may submit an add/update form at the Zone Table at JO's. It's important to note that JO times **will not be automatically updated**. You must fill out the add/update form **AT** JO's. There will be no times updated or events added after JO's.

Those swimmers who achieved the qualifying time at JO's can still enter to participate at the zone meet. You will need to fill out a Middle Atlantic swimmer entry form at the Zone Table at JO's.

### Participation Requirement

If a swimmer makes finals or consoles at the zone meet, the parents and swimmer must understand that they are committed to swimming the event. Also, if a swimmer is swimming an individual event and that day they are chosen for a relay, they must swim the relay. If this requirement is not fulfilled, the parents will be fined \$50 and the swimmer will not be permitted to participate in MA meets until such fine is paid.

## **Cost**

Each swimmer will pay for their equipment package and an entry fee of \$4.00 per event. Each swimmer will also be responsible for their hotel, meals and transportation. The equipment cost is \$110.00 Female/\$100.00 Male. All fees must be paid by July 19<sup>th</sup> if qualifying times achieved prior to JO's. If times are achieved at Jo's the fees are due at JO's when the Middle Atlantic swimmer entry form is submitted.

## **Equipment**

If the swimmer achieved qualifying times prior to JO's, they can pick up their equipment at the Zone Table, which will be set up for the duration of the JO's meet. If a swimmer qualifies at JO's, they will complete a swimmer entry form and pick up their equipment but there is no guarantee on the sizes. Although, we will make every effort to accommodate everyone's equipment needs.

## **Hotel**

If you wish to stay at the team hotel, please contact the Zone Manager Monique Termin via email at [monique.s.termin.ce7g@statefarm.com](mailto:monique.s.termin.ce7g@statefarm.com). The deadline to book a room will be August 1, 2005 prior to 3 PM. After the cut off the rooms will be released. Include the following information: Full name, your credit card type and number with expiration date, date of check-in, date of check-out and room type. The Zone Manager is the only person who is authorized to book rooms under the MA block. **DO NOT CALL THE HOTEL!!** The team hotel for 13 & over swimmers is the Doubletree Buffalo. The room rate is \$99.00 per night plus tax. The 12 & under team hotel is the Hampton Inn and their room rate is \$96.00 per night plus tax. **DO NOT E-MAIL THE ZONE MANAGER TO BOOK A ROOM UNTIL YOU HAVE LC CUTS!!** Your credit card will be billed even if you do not show up at the meet, unless written notice is received by July 31, 2005. No cancellations will be accepted after this date!

If you have additional questions or information, please email [monique.s.termin.ce7g@statefarm.com](mailto:monique.s.termin.ce7g@statefarm.com).