



**MIDDLE
ATLANTIC
SWIMMING**

**2009 Short Course Zone Team
Assistant Coach Application
Rochester, NY**

Application Deadline is February 15, 2010

If applying to be considered for an Assistant Zone Team Coach, you must be available from March 31, 2010 – April 3, 2010. As a zone coach you will receive an equipment package, transportation to and from the meet, meals and hotel accommodations. You must also agree to remain with the team both on deck and reside at the team hotel with the possibility of rooming with another zone team coach. You must travel to and from the meet with the Zone Team.

Full Name _____ Male/Female _____

Address _____ City _____ State _____ Zip _____

E-mail: _____ Club You Represent _____

Home (____) _____ Work (____) _____ Cell (____) _____

I'd like to coach the following age group:

Please designate your preference by 1, 2, & 3

10&U Boys _____	10&U Girls _____
11-12 Boys _____	11-12 Girls _____
13-14 Boys _____	13-14 Girls _____
15-18 Boys _____	15-18 Girls _____

Have you ever been a zone team coach? _____ If yes, when? _____

Please list your zone coaching experience (if any) and your reasons for wanting to coach the zone team

Please circle sizes:

T-shirt Size	Adult Small, Medium, Large, XL, XXL
Sport Shorts	Adult Small, Medium, Large, XL, XXL
Collared Coaches Shirt Size	Adult Small, Medium, Large, XL, XXL
Warm Up Jacket Size	Adult Small, Medium, Large, XL, XXL
Warm Up Pant Size	Adult Small, Medium, Large, XL, XXL

Mail completed application to:

Middle Atlantic Swimming
1250 New Castle Ave.
New Castle, DE 19720